

Our Lady of Perpetual Help Parish (North Belconnen)



Delay not, O Blessed Lady, to help me whenever I call on Thee, for, in all my needs, in all my temptations I shall never cease to call on Thee, ever repeating Thy sacred name, Mary, Mary.

St Monica's Church: Deffell Street, Evatt
St Michael's Church: Tyrell Circuit, Kaleen
Parish Office: 2 Tyrell Circuit, Kaleen
Hours: Tuesday & Friday 8.30am to 1pm, Thursday 10am to 1pm
Phone: 6241 3364
Office Email: belconnennorth@cg.org.au
Website: www.cg.org.au/belconnennorth
Parish Youth Coordinators: Katie Brasnett & Rebecca Braddock

Parish Priest: Fr Mick Mac Andrew 0419 010 870
 mick.macandrew@cg.org.au
Pastoral Assistant: Sr Kate McMahon RSM 0421 943 867
 kate.mcmahon@mercy.org.au
Parish Staff: Miss Leanne Smith & Mr Ted Smith
Parish Safeguarding Volunteers: Mr Douglas Widdup & Mrs Anne Hodgkin
Parish Safeguarding Email: belconnennorth.safeguarding@cg.org.au
Parish Youth Coordinator Email: youth.northbelconnen@cg.org.au



Intercede for me, dear St. Monica, that God may favourably hear my plea and grant me the grace to accept His Will in all things.
 St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil.



Acknowledgement of Country: We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past and present.

THE THIRD SUNDAY OF LENT, YEAR A 8th of March 2026

THE WATER OF LIFE

Jesus is the saviour of the world. In today's Gospel he offers the water of life to a Samaritan woman who, in turn, becomes the first missionary of Jesus. She hurries to tell the people of her town about him. We, who have received the life of God in baptism, are also called to be missionaries by inviting others to come and see Jesus.

Entrance Antiphon: (cf. Ps 24:15-16)
 My eyes are always on the Lord,
 for he rescues my feet from the snare.
 Turn to me and have mercy on me,
 for I am alone and poor.

Communion Antiphon: (Jn 4:13-14)
 For anyone who drinks it, says the Lord, the water I shall give will become in him
 a spring welling up to eternal life.

Next Week's Readings: 15th of March 2026
 Fourth Sunday of Lent, Year A
 NOW I CAN SEE
 1 Sam 16:16-7,10-13; Eph 5:8-14; Jn 9:1-41

MASSES AND MORE

Tuesday: 9.30am St Michael's, Kaleen
Wednesday: 9.30am St Monica's, Evatt
Thursday: 9.30am, St Michael's, Kaleen
Friday: 7am, St Monica's, Evatt
Saturday: 9.30am St Michael's, Kaleen
Saturday Vigil: 6pm St Monica's, Evatt
Sunday: 8am, St Michael's, Kaleen
 10am, St Monica's, Evatt
 5.30pm, St Michael's, Kaleen

Reconciliation-Sacrament of Penance
 5.00 - 5.45 pm Saturday, St Monica's
 4.30 - 5.15 pm Sunday, St Michael's

Adoration of the Blessed Sacrament
 8.45 - 9.30am Wednesday, St Monica's
 6.30pm Thursday, St Michael's

Rosary
 4.30 pm Tuesday, St Monica's Chapel
 9.00 am Saturday, St Michael's
 5 pm Sunday, St Michael's

(Zoom Rosary at 4 pm every Wednesday & Friday or nightly at 8:30pm. Meeting No: 697 896 1059, Password: 8Py80J)

Legion of Mary 6:15 pm Wednesday, St Monica's
Novena Devotion to O.L. of Perpetual Succour

7.00pm Thursday, St Michael's
El Shaddai Prayer Group
 2nd & 4th Saturday of each month
 12.30pm to 5.00 pm, St Michael's

Men Alive 7.00pm Thursday, St Monica's
Baptisms, Marriages & Funerals
 Contact Fr. Mick Mac Andrew on 0419 010 870

Important Notices for Families with Children Preparing for their Reconciliation

- * Children's Retreat Day during school hours this Thursday the 12th of March at St Michael's Primary School, Kaleen.
- * Parent and Child Prayer Evening 6pm this Thursday the 12th of March at St Michael's Church, Kaleen.
- * You can now book a time for your child's Reconciliation.

Use the QR code to go to Trybooking. Please only book one time per child and book under the child's first and family name.

Please contact belconnennorth@cg.org.au if you have questions.

Stations of the Cross in Lent

Join us as we follow Jesus through the last days of His life on earth through the Stations of the Cross incorporated into Mass on Fridays through Lent: 12 noon at St Michael's Kaleen and 7pm at St Monica's Evatt.

Cursillo Retreat: Friday the 17th to Sunday the 19th of April

An authentic Christian life is challenging. A Cursillo weekend can help. A Cursillo is a short course in Christian living; encouraging a Christian life based on prayer, study and action. Men and women are invited. For more information and to register go to <https://tinyurl.com/cursillo2026> or use the QR code. Registrations close on Friday the 3rd of April. Contact Michael and Erica michaelderadt@gmail.com for more information.

St Michael's Primary School Piano Update

Thank you for the generous response to the request for assistance with the St Michael's Primary School piano. A solution has been found.

St Monica's Primary School Fete: 11am—3pm Saturday the 21st March *How can you be involved?*

- * **Books.** Books can be brought down to either Church foyer next weekend.
- * **White Elephant:** Have items you no longer need? Donate them to W.E. (White Elephant) in the School Hall. Drop off times: Sunday 8th March 2pm-4pm; Saturday 14th March & Sunday 15th March 2pm-4pm.
- * **Cake Stall:** Love to bake or make preserves? We would like to sell them at our cake stall. They can be dropped off to the office on Friday 20th March between 8.30am – 4.30pm or delivered to the cake stall the morning of the 21st March before 11am. Please label the ingredients in your cake.

If you have any questions or want to get involved please contact Kim at stmfete@gmail.com. Funds raised will go towards technology needs across the school (replacing Clevertouch boards in classrooms and providing laptops for students to use to support the curriculum.)

The Billings Ovulation Method® is a non-invasive method of managing your combined couple fertility, based on understanding the importance of natural symptoms as a marker of fertility. It can be reliably used to plan a baby or to naturally postpone or avoid pregnancy. It gives all women insight into their own reproductive health allowing them to recognise any need to seek early and appropriate medical help. Contact 0414165848 or visit the Billings LIFE website. For your convenience, instruction can also be given via Zoom/Skype. More information: 1800335860.

Looking for flexible work - and a chance to support persecuted Christians?

Aid to the Church in Need (ACN) Australia is seeking a Diocesan Outreach Assistant to give short presentations at weekend Masses across the Archdiocese of Canberra and Goulburn. This part-time role involves sharing stories of the suffering Church and helping build prayerful support within parish communities. If you are comfortable speaking in front of others and have a heart for this mission, we would love to hear from you. For details use the QR code or visit www.aidtochurch.org/work.

The Church, a Visible and Spiritual Reality: Pope Leo's General Audience on Wednesday the 4th of March [Extract]

'...This is what constitutes the holiness of the Church: the fact that Christ dwells in her and continues to give himself through the smallness and fragility of her members. Contemplating this perennial miracle that takes place in her, we understand 'God's method': He makes himself visible through the weakness of creatures, continuing to manifest himself and to act. For this reason, Pope Francis, in *Evangelii gaudium*, exhorts us all to learn "to remove our sandals before the sacred ground of the other (cf. Ex 3:5)" (no. 169). This enables us still today to build up the Church: not only by organizing its visible forms, but by building that spiritual edifice which is the body of Christ, through communion and charity among ourselves.

Indeed, charity constantly generates the presence of the Risen One. "If only we could all just let our thoughts dwell on the one thing, charity! It's the only thing, you see, which both surpasses all things, and without which all things worth nothing, and which draws all things to itself, wherever it may be...'

To read the full transcript use the QR code or visit www.vatican.va, Magisterium and then Audiences.

PRAYER REQUESTS

In Thanksgiving and Special Intentions: Masayuki Ito; Arne Poliquit; Martin Schubert.

Recently Deceased: Denis De Marco (husband of Susan; father of Justin, Damian and Nicholas; Funeral 11.30am Thursday the 12th of March, St Francis Xavier Church Hall); Luigi D'Ambrosio (brother and brother-in-law of John and Liz, in Italy); John Dossan, Glenn Zinkel; Denis Axelby; Tyson Larkham; Wee Soon Lan; Fr Peter Phuong; Tim Mulcahy; John Dwyer; Mary Pavey.

Anniversaries and Remembrances: Angelina Di Iulio; John Pritchard; Paul Clark; Thelma Bush; Louella Dubbelaar; Cvita Haljev; Steven Najdecki; Ken Hutchins; Elaine Farrelly; Paul Clarke; Archbishop Francis Carroll; Jo Kearns; Matthew Dwyer; John Pritchard; Emiliya Klaric; Mary Thomas; Fran Sorrell; Drago & Dragica Cretni; Bogdan Stachurski; Joseph Gerrard; Dario and Aldo Dessi; Brenden Mooney; Marcello Cocco; Paolo Lombardini; Stan and Mary Murugesan; Mirko Kocik; Anna Le Thi Bich Dung; Florentius Sunardi; Gisela Joris Yenny.

Sick: Jo Groves; Baby Connor Glover; Sophy Jacob; Frances McArdle; Anna Blackwell; Sarah Morris; Heno Launa; Katia Banac; Pauline Vatavuk; Celine Matthews; Celine Fernandez; Jeanette Howlett; Bernard Star; Vivian Calma (Gallana Family); Fr. Michael Mullen; Carol Batten; Baby Lucia Beecher; Bernie and Anne Groves; Kerry Raftery; Tony Bui; Russell Fitzgerald; Ivana Deleva; Steve Bilich; Effie de Lopez; Sophy Jacob; Maureen Donoghoe; Jan Gardner; Maisie; Louise Farrelly; Lucia Dessi; Carolyn Pritchard; Rithu Dany; Master Kaihran Taylor; Leena Culas; Carmel Ford; Joseph Cretni; Shelley Knoke; Colin Kish; Nina Wood; Steven Whiting; Rose Rajer; Tricia; Vimala Mahalingam; Bong; Mitchell; Tony Marker; Sarah Driscoll; Royce Miosge; Francis Politano; Tony Murdoch.



Monoranjon lives in a village in Bangladesh close to the sea, where floods and storms often damage his crops and his home. With support from Project Compassion, he learnt climate-resilient farming techniques and new ways to diversify his income, helping his family survive and build a safer, more sustainable future.

You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code. Or online at: www.projectcompassion.org.au/donate or by calling 1800 024 413.

PARISH SCHOOL OF RELIGION

Pre-School to Year 12 who do not go to Catholic Schools. 6-7pm on Tuesday nights during School terms at St Monica's Church Meeting Room. \$30 per child/teen per year. Pre-Schoolers must be accompanied by a parent. Registration is through Qkr! Search for the Parish. You can register anytime.



SACRAMENTAL PROGRAMS 2026

First Holy Communion/Eucharist for children Year 4+ will be held on the weekend of the 29th and 30th of August. Registrations are open on Qkr! until 19th July.

Confirmation for children in Year 6 and above will be held at Pentecost and the evenings of the 26th to the 28th of May. Registrations are open on Qkr! Until the 19th of April.

ROSTERS 14th & 15th of March 2026

St Monica's	6.00pm	10.00am
Acolyte	Dolores Schneider	Frank Brassil
Altar Servers	Emma Albuquerque Ella Falcao	Chelsea Todd
Readers	Peter Donnellan Maryanne Gore	Gabrielle Sullivan Rowena Vimalasiri
Music Warden	Anne	Couples for Christ
Church Cleaning	Gavan Smith	Rowena Vimalasiri
Altar Society Counters	Gabrielle Sullivan, Louise Zinkel, Sam Faraj, Mathew Smith Suzy Grgic, Kelly Grzywacz John Jeffrey, Maureen Delaney	
St Michael's	8.00am	5.30pm
Mass Coordinator	Neil Seabrook	Ivan Cretni
Acolyte	Bobby Goodwin	Ted Smith
Readers	Anne Staines Tony McArthur	Maria Jayan John Jayan
Church Cleaning	Canberra El Shaddai Prayer Group	
Sanctuary Linen	Livia Brown	
Banking	Doug Widdup, Rod Dudfield	

Parish Safeguarding Commitment: Our Lady of Perpetual Help Parish is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking. **Communicating Concerns:** Parishioners are encouraged to raise any concerns they may have regarding safeguarding by emailing Fr Mick, Safeguarding Volunteers or the Parish Office.