

Our Lady of Perpetual Help Parish (North Belconnen)



Delay not, O Blessed Lady, to help me whenever I call on Thee, for, in all my needs, in all my temptations I shall never cease to call on Thee, ever repeating Thy sacred name, Mary, Mary.

St Monica's Church: Deffell Street, Evatt
St Michael's Church: Tyrell Circuit, Kaleen
Parish Office: 2 Tyrell Circuit, Kaleen
Hours: Tuesday & Friday 8.30am to 1pm, Thursday 10am to 1pm
Phone: 6241 3364
Office Email: belconnennorth@cg.org.au
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Parish Youth C

Parish Priest: Fr Mick Mac Andrew 0419 010 870
 mick.macandrew@cg.org.au
Pastoral Assistant: Sr Kate McMahon RSM 0421 943 867
 kate.mcmahon@mercy.org.au
Parish Staff: Miss Leanne Smith & Mr Ted Smith
Parish Safeguarding Volunteers: Mr Douglas Widdup & Mrs Anne Hodgkin
Parish Safeguarding Email: belconnennorth.safeguarding@cg.org.au



Intercede for me, dear St. Monica, that God may favourably hear my plea and grant me the grace to accept His Will in all things.
St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil.



Acknowledgement of Country: We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past and present.

FIFTH SUNDAY OF EASTER, YEAR A 3rd of May 2026

I AM THE WAY

In every age there are people who claim to know the way to a full and happy life. Often their ideas flourish for a while and then fade. But there is one way to the fullness of life that has stood the test of time - and that way is Jesus. If we follow Jesus, the Way, we will come to the fullness of life and truth, and communicate this life to others.

Entrance Antiphon:

(cf. Ps 97:1-2)
 O sing a new song to the Lord,
 for he has worked wonders;
 in the sight of the nations
 he has shown deliverance, alleluia.

Communion Antiphon:

(cf. Jn 15:1,5)
 I am the true vine and you are the branches, says the Lord. Whoever remains in me, and I in him, bears fruit in plenty, alleluia.

Next Week's Readings: 10th of May 2026
 Sixth Sunday of Easter, Year A
PROCLAIM THE GOOD NEWS
 Acts 8:5-8,14-17; 1 Pet 3:15-18; Jn 14:15-21

Prayer for the children who are preparing for Confirmation this term and are being presented to the parish community this weekend

Loving and faithful God, we bring you these children preparing for the Sacrament of Confirmation. Pour out your Holy Spirit upon them, that they may grow in wisdom, courage and understanding.

Strengthen their faith, guide their choices, and help them to follow Jesus with joyful hearts. May they come to know your love more deeply and share that love with others in their words and actions.

Surround them with the support of their families, sponsors, teachers and our community, and lead them to be witnesses of hope, peace, and compassion in the world. We ask this through Christ our Lord, Amen.

No 7am Friday Mass during Eastertide

There will be no 7am Friday Mass at St Monica's between Easter Sunday and Pentecost. There will be two Friday Stations of the Resurrection Masses instead.

Friday Stations of the Resurrection

The Stations of the Resurrection inside Mass on the Fridays between Easter Sunday and Pentecost: 9.30am at St Michael's, Kaleen and 6pm at St Monica's, Evatt.

Parish Pastoral Council Meeting this Wednesday

The Parish Pastoral Council will be meeting at 6pm, this Wednesday, the 6th of May, in the meeting room at the Parish Office, Kaleen. If you would like to raise anything, or give feedback, to the Council, please see Fr Mick, one of the other Council members or email the office at belconnennorth@cg.org.au.

Do you, or someone you know, wish to be Baptised, complete the Sacraments, or join the Catholic Church?

The Rite of Christian Initiation (RCIA) program has recommenced. See Fr Mick or email him at mick.macandrew@cg.org.au.

What would you like to learn more about?

If you have specific topics you'd like to hear about, or questions that you would like answered, please let us know at belconnennorth@cg.org.au. We can then consider them for Bulletin notices or *Pause for Thought: Thinking Catholic* articles.

Australian Catholic University (ACU) Blackfriars Lecture: Misinformation as a Threat to International Security: The Cases of North Korea, Ukraine and Iran at 05:00 pm on Tuesday the 5th of May

The lecture examines misinformation as an emerging threat to international security, a challenge explicitly recognised by the UN Secretary-General during the Summit of the Future (2025). In a global environment shaped by instantaneous information flows, AI-generated content, and coordinated influence operations, misinformation has become a strategic tool capable of destabilising societies, fuelling conflicts, and undermining international peace and security. Date: Tuesday 5 May. Time: 5pm light refreshments 5:30pm lecture + Q&A. Place: ACU Canberra, Veritas Building (Building 301, Level 1, Room 20), 127 Phillip Avenue, Watson. Registration via the QR code.

Public Lecture on Jurisprudence and Theology by a High Court Judge on Wednesday the 13th of May

The Honourable Justice Simon Steward AC of the High Court of Australia will deliver a public address on jurisprudence and theology on 13 May 2026 at 5.30pm at the ANU Law School. Hosted by the ANU Law School, ANU Catholic Society, and the Australian Catholic Students Association (ACSA), this event marks the ACT launch of ACSA's National Conference (3-5 July 2026, Sydney). All are welcome. Registration is essential. Use the QR code or go to events.humanitix.com/public-lecture-by-justice-simon-steward/tickets/

Did you know?

Agnus Dei translates from Latin as 'Lamb of God'.

Miserere nobis translates as 'Have mercy on us'.

Dona nobis pacem translates as 'Grant us peace'.

Guard the gate to our heart and our life: Pope Leo's Regina Caeli (Queen of Heaven) message, Sunday the 26th of April 2026 [Extract]

'Brothers and sisters, we are invited to reflect on, and especially to be vigilant over, the gate to our heart and our life, because whoever enters may either increase our joy, or steal it from us like a thief. "Thieves" can take many forms. They could be: people who, regardless of appearances, suppress our freedom or fail to respect our dignity; beliefs and biases that prevent us from viewing others and life with serenity; mistaken ideas that can lead us to make negative choices; or superficial and consumeristic lifestyles that leave us empty on the inside and push us to live constantly beyond ourselves. And let us not forget those "thieves" who, by pillaging the earth's resources, waging blood-thirsty wars, or fueling evil in any form, do nothing but rob each of us of the possibility of a future marked by peace and serenity.

We must ask ourselves: Who do we want to guide us in life? Which "thieves" have tried to break into our fold? Have they succeeded, or have we managed to ward them off? Today [last Sunday] invites

us to trust in the Lord. He does not come to take anything from us. On the contrary, he is the Good Shepherd who increases life and offers it to us in abundance. May the Blessed Virgin Mary always accompany us on our journey and intercede for us and the whole world.'

Use the QR code for the full transcript and video or go to Vatican.va, Magisterium, Regina Caeli.

Pope's Prayer Intention for May: That everyone might have food

In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Lord of creation, You gave us the fertile earth and, with it, our daily bread, as a sign of Your love and providence. Today we recognise with sorrow that millions of brothers and sisters continue to suffer from hunger, while so many goods are wasted at our tables. Awaken in us a new awareness: that we learn to thank for every food, to consume simply, to share with joy, and to care for the fruits of the earth as a gift from You, destined for all, not just a few.

Good Father, make us capable of transforming the logic of selfish consumption into a culture of solidarity. May our communities promote concrete gestures; awareness campaigns, food banks, and a sober and responsible lifestyle. You who sent us Your Son Jesus, broken bread for the life of the world, give us a new heart, hungry for justice and thirsty for fraternity. May no one be excluded from the common table, and may Your Spirit teach us to see bread not as an object of consumption, but as a sign of communion and care. Amen

Use the QR code or go to www.popesprayer.va to pray with the Pope using this month's video

PARISH SCHOOL OF RELIGION

Pre-School to Year 12 who do not go to Catholic Schools. 6-7pm on Tuesday nights during School terms at St Monica's Church Meeting Room. \$30 per child/teen per year.. Registration is through Qkr! (Search for the Parish) or email the Parish Office.

PRAYER REQUESTS

In Thanksgiving and Special Intentions: Florida and Marvin Serrano; Mary Schubert; Jaqui Lloyd - Masayuki Ho; Zoe Trivino; Miguel Zatarain; Arne Pouquit.

Recently Deceased: Patricia McNamara; Carlo Borromeo; Louise Bell; Anna Thambo; Kam Moon; George Edwards; Jim Lee; Ricarte Polloso; Paz Polloso; Aldo Gomber; Margaret Schmetzer.

Anniversaries and Remembrances: Veronica Lim Sik Ing; Imelda Cahill; Jean & Cliff Seabrook; Harold & Mavis Hewish; Terry Williams; Harry & Lilly Hill; Bob & Molly Dean; Jim Hill; Zacarias Patajo; Avelino Patajo; Robin Tessensohn; Dario and Aldo Dessi; Brenden Mooney; Marcello Cocco; Paolo Lombardini; Stan and Mary Murugesan; Mirko Kokic; Anna Le Thi Bich Dung; Florentius Sunardi; Gisela Joris Yenny.

Sick: Nancy Librandi; Jeff Jeremiah; Peter Hanlon; Samantha Thirkettle; John Kennedy; Anne Lewis; Sophy Jacob; Frances McArdle; Anna Blackwell; Sarah Morris; Heno Launa; Katia Banac; Pauline Vatavuk; Celine Matthews; Celine Fernandez; Jeanette Howlett; Bernard Star; Vivian Calma; Fr. Michael Mullen; Carol Batten; Baby Lucia Beecher; Bernie and Anne Groves; Kerry Raftery; Tony Bui; Russell Fitzgerald; Ivana Deleva; Steve Bilich; Effie de Lopez; Sophy Jacob; Maureen Donoghoe; Jan Gardner; Maisie; Louise Farrelly; Lucia Dessi; Carolyn Pritchard; Rithu Dany; Master Kaihran Taylor; Leena Culas; Carmel Ford; Joseph Cretni; Shelley Knoke; Colin Kish; Nina Wood; Steven Whiting; Rose Rajer; Tricia; Vimala Mahalingam; Bong; Mitchell; Tony Marker; Sarah Driscoll; Royce Miosge; Francis Politano; Tony Murdoch.

MASSES AND MORE

Tuesday: 9.30am St Michael's, Kaleen

Wednesday: 9.30am St Monica's, Evatt

Thursday: 9.30am, St Michael's, Kaleen

Friday: usually 7am St Monica's but during Eastertide (until Pentecost) we celebrate at 9.30am, St Michael's, Kaleen, and 6pm, St Monica's, Evatt

Saturday: 9.30am St Michael's, Kaleen

Saturday Vigil: 5pm St Monica's, Evatt

(The Saturday Vigil is 6pm during Daylight Saving)

Sunday: 8am, St Michael's, Kaleen

10am, St Monica's, Evatt

5.30pm, St Michael's, Kaleen

Sacrament of Penance and Reconciliation

4.00 - 4.45 pm Saturday, St Monica's

(5pm to 5.45pm during Daylight Saving)

4.30 - 5.15 pm Sunday, St Michael's

Adoration of the Blessed Sacrament

8.45 - 9.30am Wednesday, St Monica's

6.30pm Thursday, St Monica's

Rosary

4.30 pm Tuesday, St Monica's Chapel

9.00 am Saturday, St Michael's

5 pm Sunday, St Michael's

(Zoom Rosary at 4 pm every Wednesday & Friday or nightly at 8:30pm. Meeting No: 697 896 1059, Password: 8Py80J)

Legion of Mary 6:15 pm Wednesday, St Monica's

Novena Devotion to O.L. of Perpetual Succour

7.00pm Thursday, St Michael's

El Shaddai Prayer Group

2nd & 4th Saturday of each month

12.30pm to 5.00 pm, St Michael's

Men Alive 7.00pm Thursday, St Monica's

Baptisms, Marriages & Funerals

Contact Fr. Mick Mac Andrew on 0419 010 870

ROSTERS 9th and 10th of May 2026

St Monica's	5.00pm	10.00am
Acolyte	Delores Schneider	Neil Cox
Altar Servers	Celeste Devoy	Marissa Hartog
Readers	Clare Devoy	Rowena Vimalasiri
	Peter Donnellan	Gabrielle Sullivan
Music Warden	Mike Devoy	CFC
		Anna Brunato
		Robert Brunato
Church Cleaning	Lisa Alexander, Maddie Reilly, Attila Pota, Jojo Sabayan	
Altar Society Counters	Suzy Grgic, Kelly Grzywacz	
	John Jeffrey, Maureen Delaney	
St Michael's	8.00am	5.30pm
Mass Coordinator	Tina Fisk	VOLUNTEER
Acolyte	Tony McArthur	Seven Tieupakt
Readers	Marie Seabrook	Rachel Blackwell
	Annett Jose	Kevin Aoun
Church Cleaning	Canberra El Shaddai Prayer Group	
Sanctuary Linen	Carmel Carton	
Banking	Luciana Ciaccia, Clyde Robins	

Parish Safeguarding Commitment: Our Lady of Perpetual Help Parish is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking. **Communicating Concerns:** Parishioners are encouraged to raise any concerns they may have regarding safeguarding by emailing Fr Mick, Safeguarding Volunteers or the Parish Office.