

# Our Lady of Perpetual Help Parish (North Belconnen)



*Delay not, O Blessed Lady, to help me whenever I call on Thee, for, in all my needs, in all my temptations I shall never cease to call on Thee, ever repeating Thy sacred name, Mary, Mary.*

**St Monica's Church:** Deffell Street, Evatt  
**St Michael's Church:** Tyrell Circuit, Kaleen  
**Parish Office:** 2 Tyrell Circuit, Kaleen  
**Hours:** Tuesday & Friday 8.30am to 1pm, Thursday 10am to 1pm  
**Phone:** 6241 3364  
**Office Email:** belconnennorth@cg.org.au  
**Website:** www.cg.org.au/belconnennorth  
**Parish Youth Coordinators:** Katie Brasnett & Rebecca Braddock

**Parish Priest:** Fr Mick Mac Andrew 0419 010 870  
 mick.macandrew@cg.org.au  
**Pastoral Assistant:** Sr Kate McMahon RSM 0421 943 867  
 kate.mcmahon@mercy.org.au  
**Parish Staff:** Miss Leanne Smith & Mr Ted Smith  
**Parish Safeguarding Volunteers:** Mr Douglas Widdup & Mrs Anne Hodgkin  
**Parish Safeguarding Email:** belconnennorth.safeguarding@cg.org.au  
**Parish Youth Coordinator Email:** youth.northbelconnen@cg.org.au



*Intercede for me, dear St. Monica, that God may favourably hear my plea and grant me the grace to accept His Will in all things.*  
*St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil.*



**Acknowledgement of Country:** We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past and present.

## PENTECOST SUNDAY, YEAR A 24th of May 2026

### I AM SENDING YOU

*The disciples of Jesus were transformed when they received the Holy Spirit. They burst open the doors of the upper room, which they had locked in fear, and boldly proclaimed the Good News. May the Holy Spirit fill our hearts this Pentecost giving us the courage to break down the walls we have built around ourselves. May the Spirit free us to proclaim the peace, joy and forgiveness of God to everyone.'*

### Entrance Antiphon: (Wis 1:7)

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

### Communion Antiphon: (Acts 2:4,11)

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia

**Next Week's Readings: 31st of May 2026**  
 The Most Holy Trinity, Year A  
 A GOD OF TENDERNESS  
 Ex 34:4-6,8-9; 2 Cor 13:11-13; Jn 3:16-18

## Congratulations to the children celebrating Confirmation this week

We have sixty nine children celebrating Confirmation this week. Please keep them, and their families, in your prayers.

Pope Leo welcomed candidates for Confirmation to Rome on Saturday the 16th of May. Here is some of what he had to say. '...it is beautiful to receive this Sacrament, because the fullness of the Holy Spirit gives us this enthusiasm, this strength, this ability to follow Jesus Christ, to say "Yes" to the Lord always, to have no fear of following Him courageously, and to live our faith in a world that so often seeks to lead us away from Jesus.

And the Holy Spirit is with us in a special way...when we celebrate Pentecost: the memorial of the experience of the first disciples, the apostles, who receive the Holy Spirit to then go on to proclaim the Gospel, to proclaim the love of God. And you will all take part in this mission, because we are all sent: to our families, to our friends, to all people. And you must be a living witness to the Spirit who dwells in us...

It is beautiful to receive the Sacrament, it is wonderful to receive the fullness of the Holy Spirit, but it is also important that each of you also makes this commitment, this promise to the Lord: that you truly wish to continue as His friends, His disciples, His missionaries, and that you wish to persevere in the faith....May this day also be a great help to you in your journey of faith...'

For the full transcript use the QR code or go to [www.vatican.va](http://www.vatican.va), Magisterium, Speeches.

## Join with the community for a cuppa and catch up after 6pm Vigil, 8am and 10am Masses this weekend

All parishioners are warmly invited to stay for a cuppa and have a chat after the 8am Mass at St Michael's this Sunday.

Kelly Grzywacz is hosting Australia's Biggest Morning Tea events after the 6pm Vigil Mass his Saturday the 23rd of May and the 10am Mass on Sunday the 24th of May. Please join us in the Church Meeting Room for a cuppa and a chat and help raise some much needed funds for those impacted by cancer. If you can't attend but would like to donate use the QR code of go to [biggestmorningtea.com.au](http://biggestmorningtea.com.au) and search in the 'Find a friend' search bar for Kelly Grzywacz.

### A message from Sr Kate after the celebration last weekend

Heartfelt thanks to Fr Mick, Gavan, Anne and to each and every one of you for the time, effort and generosity that you contributed towards making my 80th Birthday celebrations so enjoyable last weekend. Every detail reflected the strong sense of faith and community that we share and I am so grateful to God for allowing me to be part of that journey. May God continue to keep us All in His loving care.

### 7am Friday Mass returns this Friday

With the end of Eastertide we have completed the Stations of the Resurrection. 7am Friday Mass will return as normal this Friday.

### How great is the Rosary prayer

Our Lady of Fatima asked us to pray the Rosary daily. May is the month of the Rosary. Join the daily 8.30pm Rosary on Zoom (Zoom Meeting no. 697 896 1059, Password 8Py80J). The Rosary is also prayed via Zoom at 4pm on Wednesday and Fridays, and on Tuesdays, Saturdays and Sundays in our Churches (see the 'Masses and More' box to the right for times).

### Do you, or someone you know, wish to be Baptised, complete the Sacraments, or join the Catholic Church?

The Rite of Christian Initiation (RCIA) program has recommenced. See Fr Mick or email him at [mick.macandrew@cg.org.au](mailto:mick.macandrew@cg.org.au).

### Young Women's Flame Night: Saturday the 30th of May

Young Women aged 18-35 are invited to come and celebrate Pentecost with pizza, praise and a bonfire with the Missionaries of God's Love Sisters. Saturday 30th May 6pm. For more info & to register, scan the QR code.

### Breen Fox, the Principal of St Michael's Primary School is participating in the Vinnies CEO Sleepout

Breen Fox, the Principal of St Michael's will be participating in the Vinnies CEO Sleepout on the 18th of June. For one evening, Breen will get a glimpse of the reality that 122,000 people in Australia experience every day - a long, cold night without shelter. To donate to Breen's fundraising use the QR code or go to [ceosleepout.org.au/fundraisers/breenfox](http://ceosleepout.org.au/fundraisers/breenfox).

### A message of Pope Leo to the "Thy Kingdom Come 2026" ecumenical prayer event [Extract]

'Dear brothers and sisters,...Each year, during the Advent season, Christians address God with the words, "Come Emmanuel." With great urgency we cry out for the fulfilment of Isaiah's prophecy: the birth of Emmanuel, whose name means God is with us. Throughout that season, in our songs and our carols, we repeat this call with ever greater urgency, "Come, God-with-us," as we long for his presence. We long for him to save us from our sins,

our foolishness and all that might harm us. We long for him to heal what is broken in us and what is broken in our world. Even through we know that God is almighty and transcendent, we are still bold enough to ask him to be truly with us - not distant, but close...In Jesus, God has indeed come close. He revealed himself in flesh to us, and through his Holy Spirit he is with us now.

...in the weeks of Eastertide, "Alleluia" is our song in a particular way, as we offer praise and thanksgiving for the resurrection of the Lord from the dead. He is still God-with-us! At the same time, we learn from the Gospels that even those closest to Jesus did not always recognise him in the days following his resurrection. Even Mary Magdalene at first thought that the risen Lord was a gardener. Yet, even through he was not immediately recognised, he was truly present. And Jesus is still present, for when he returned to the Father's side, he did not leave us orphans (cf. *Jn 14:18*). He remains with us through the gift of the Holy Spirit, and we encounter him in a variety of ways, for he is always present in the Church...

Dear friends, Christ is everything for us! In him, we find the fullness of life and its meaning. This is not something about which we can keep silent. It is something to proclaim boldly (cf. *Mt 10:27*), for it is indeed Good News and needs to be shared. God is with us, and we who have encountered him are called to tell others about him...Just as the women rushed to tell the disciples, we too should be desiring to set out...to bring to all the good news that Jesus has risen and that having risen with him, through his power, we too can give life to a new world of peace and unity...'

For the full transcript use the QR code or go to [Vatican.va](http://Vatican.va), Magisterium, Audiences

### Parish School of Religion

Pre-School to Year 12 who do not go to Catholic Schools. 6-7pm on Tuesday nights during School terms at St Monica's Church Meeting Room. \$30 per child/teen per year. Pre-Schoolers must be accompanied by a parent. Registration is through Qkr! Search for the Parish. You can register anytime.

### PRAYER REQUESTS

**In Thanksgiving and Special Intentions:** Mary Schubert.

**Recently Deceased:** Lucette O'Dea; Blassios Ligeros; Italina Barro; George; Alexandra; Sr Patricia Mary Bell LCM; Jim Littleton MSC, Frances McArdle; Kumanjayi Little Baby; Patricia McNamara; Carlo Borromeo.

**Anniversaries and Remembrances:** Mathew Stark; Giacomo 'Jim' Raccosta; Marie Wickremeratne; Amy Lobo; Margherita Bianco; Elvira Pasquariello; Almerinda Ciacia; Ruth Glover; Rachel Jones; Margot Prout; Maria Evans; Veronica Lim Sik Ing; Dario and Aldo Dessi; Brenden Mooney; Marcello Cocco; Paolo Lombardini; Stan and Mary Murugesan; Mirko Kokic; Anna Le Thi Bich Dung; Florentius Sunardi; Gisela Joris Yenny.

**Sick:** Mary Young; Nancy Librando; Jeff Jeremiah; Peter Hanlon; Samantha Thirkettle; John Kennedy; Anne Lewis; Sophy Jacob; Anna Blackwell; Sarah Morris; Heno Launa; Katia Banac; Pauline Vatavuk; Celine Matthews; Celine Fernandez; Jeanette Howlett; Bernard Star; Vivian Calma; Fr. Michael Mullen; Carol Batten; Baby Lucia Beecher; Kerry Raftery; Tony Bui; Russell Fitzgerald; Ivana Deleva; Steve Bilich; Effie de Lopez; Sophy Jacob; Maureen Donoghoe; Jan Gardner; Maisie; Louise Farrelly; Lucia Dessi; Carolyn Pritchard; Rithu Dany; Master Kaihrran Taylor; Leena Culas; Carmel Ford; Joseph Cretni; Shelley Knoke; Colin Kish; Nina Wood; Steven Whiting; Rose Rajer; Tricia; Vimala Mahalingam; Bong; Mitchell; Tony Marker; Sarah Driscoll; Royce Miosge; Francis Politano; Tony Murdoch.

### MASSES AND MORE

**Tuesday:** 9.30am St Michael's, Kaleen  
**Wednesday:** 9.30am St Monica's, Evatt  
**Thursday:** 9.30am, St Michael's, Kaleen  
**Friday:** usually 7am St Monica's but during Eastertide (until Pentecost) we celebrate at 9.30am, St Michael's, Kaleen, and 6pm, St Monica's, Evatt  
**Saturday:** 9.30am St Michael's, Kaleen  
**Saturday Vigil:** 5pm St Monica's, Evatt (The Saturday Vigil is 6pm during Daylight Saving)  
**Sunday:** 8am, St Michael's, Kaleen 10am, St Monica's, Evatt 5.30pm, St Michael's, Kaleen  
**Sacrament of Penance and Reconciliation**  
 4.00 - 4.45 pm Saturday, St Monica's (5pm to 5.45pm during Daylight Saving)  
 4.30 - 5.15 pm Sunday, St Michael's  
**Adoration of the Blessed Sacrament**  
 8.45 - 9.30am Wednesday, St Monica's 6.30pm Thursday, St Monica's  
**Rosary**  
 4.30 pm Tuesday, St Monica's Chapel  
 9.00 am Saturday, St Michael's  
 5 pm Sunday, St Michael's (Zoom Rosary at 4 pm every Wednesday & Friday or nightly at 8:30pm. Meeting No: 697 896 1059, Password: 8Py80J)  
**Legion of Mary** 6:15 pm Wednesday, St Monica's  
**Novena Devotion to O.L. of Perpetual Succour**  
 7.00pm Thursday, St Michael's  
**El Shaddai Prayer Group**  
 2nd & 4th Saturday of each month  
 12.30pm to 5.00 pm, St Michael's  
**Men Alive** 7.00pm Thursday, St Monica's  
**Baptisms, Marriages & Funerals**  
 Contact Fr. Mick Mac Andrew on 0419 010 870

ROSTERS 30th and 31st of May 2026		
<b>St Monica's</b>	<b>5.00pm</b>	<b>10.00am</b>
<b>Acolyte</b>	Gary Compton	Ciaran Gerrard
<b>Altar Servers</b>	Emma Albiquerque	Jessie Akkidasari
	Ella Falcao	
<b>Readers</b>	Jojo Sibayan	Neill Cox
	Adel Sibayan	Gabrielle Sullivan
<b>Music</b>	Anne	Anne
<b>Warden</b>	Jojo Sibayan	Kelly Grzywacz
<b>Church Cleaning</b>	Gabrielle Sullivan, Louise Zinkel, Sam Faraj, Mathew Smith	
<b>Altar Society</b>	Lucia Carbone, Flo Jeremiah	
<b>Counters</b>	Robert Jepsen, Robert Brunato, Kelly Grzywacz	
<b>St Michael's</b>	<b>8.00am</b>	<b>5.30pm</b>
<b>Mass Coordinator</b>	Tina Fisk	Ivan Cretni
<b>Acolyte</b>	Neil Seabrook	Seven Tieupakt
<b>Readers</b>	Sr Kate	Maya Jayan
	Linda Townrow	John Jayan
<b>Church Cleaning</b>	Sue Collins, Diane Watters, Gil Watters, Tracy Sinclair	
<b>Sanctuary Linen</b>	Sr Kate	
<b>Banking</b>	Doug Widdup, Rod Dudfield	

**Parish Safeguarding Commitment:** Our Lady of Perpetual Help Parish is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking. **Communicating Concerns:** Parishioners are encouraged to raise any concerns they may have regarding safeguarding by emailing Fr Mick, Safeguarding Volunteers or the Parish Office.