

18th October 2026

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

Twenty-Ninth Sunday in Ordinary Time



<https://acatholiclife.blogspot.com/2013/10/traditional-mass-propers-22nd-sunday.html>

Coming up:

All Saints Day
1 Nov

Christ the King
22 Nov

Walk with Christ
22 Nov



cg.org.au/narrabundah

World Mission Sunday



Freecall: 1800 257 296
catholicmission.org.au/united



This week, you are invited to partner with Catholic Mission and the Church in Malawi as we support families rebuilding after devastating floods and help children access education close to home.

Through projects like St Peter's Nyamikuta Primary School, the Church is creating a place where children can learn, be nourished, and grow with dignity, regardless of their background or beliefs.

As we celebrate 100 years of World Mission Day, we are reminded by Pope Leo XIV that we are 'One in Christ, United in Mission'.

Join with us in celebration and action by supporting this work with a compassionate gift. Use the provided appeal envelope, scan the QR code, or visit catholicmission.org.au/united to make a difference today.

Events and Announcements

20
OCT

Weekend Rosters - Want to Volunteer?

If you've been thinking for a while, "I'd like to get involved at St Ben's...but I don't know how or where to start?" This is your chance!

Every three months, we create the upcoming volunteers roster for all weekend masses for readers, welcomers, ministers of Holy Communion, offertory, musicians, flowers and altar cleaning, church cleaning, and weekend visits to the sick and elderly.

If any of these ministries you'd like to be involved in, please contact the Parish office via email (narrabundah@cg.org.au) by the **20th of October**. We will discuss and see where best your gifts and our Parish needs meet. **All volunteers need to have a WWVP card (Working with Vulnerable People) and sign our Code of Conduct.** For particular liturgical roles, formation will be provided before entering the various ministries.



Kingdom Kids | NEW REGISTRATION FORM!

To formalise our processes and ensure safeguarding of our children, we have a new registration and parent consent form for Kingdom Kids. This is a one-time form. It is one form per family and should take no more than 5 mins to complete! Current families and new families of Kingdom kids, can we ensure you register your family via the QR Code!

22
NOV

Feast of Christ the King – Walk with Christ

Come and join us as we celebrate the Feast of Christ the King! Following the 6pm Charismatic Mass on Sunday, 22 November, we'll gather for a Eucharistic Procession around the grounds of St Benedict's Church. Everyone is warmly welcome to come along, pray together and walk with Christ!



St Vincent De Paul | Blessed Ozanam Appeal 2026

Many of you will know that St Vincent de Paul works to support people in need—both here in our local community and overseas. One way we do this internationally is through twinning. Twinning is where one local area (Conference) directly supports another somewhere in the world walking alongside our fellow members in developing countries—offering spiritual support, financial assistance, and mutual encouragement. Here in the Canberra/Goulburn region, we have 57 "twin" Conferences in Indonesia, India, Thailand, and the Solomon Islands. Your support and financial assistance is paramount to the ongoing of this part of the work of SVdP. Donations may be via the web link <https://www.vinnies.org.au/act-surrounds> - reference 1423Twinning. There are also envelopes available in the Church. Of course, as always, we ask for your prayers to give strength and assistance to those working in these under resourced areas.



Adoration Roster -Call to fill ALL the hours!

ALL Adoration Hours need at least two people at all times! In particular, we are looking to fill:

- **Tuesday: 10am-12pm**
- **Wednesday: 2pm-4pm**
- **Friday: 2-3pm**

If you can fill **one** of these hours, please sign up via the QR-Code!



How to connect with our Parish?

Contact the Parish Office for any enquiries.

KINGDOM KIDS | PRE-YR 6

Sunday 9am Mass
(except school holidays
& long weekends)

REGISTRATION & CONSENT FORM



FUSION YOUTH GROUP | YR 7-12

Friday Nights (Fortnightly)
7-9pm Collins Wing

YOUNG ADULTS GROUP | 18-25

Monday Nights Fortnightly
6-8pm, Outreach Centre

MOTHER'S PRAYERS

Each Monday (school term)
9.30am, Parish Centre

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)
7:30pm, Parish Centre

REST IN ME MEDITATIONS

Wednesdays (Fortnightly)
10am-12pm, Parish Centre

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic

LEGION OF MARY

Weekly Saturday Mornings
10am-12pm, Outreach Centre

ALPHA COURSE

Weekly Thursday Nights*
6:30pm-9pm, Collin Wing
*(2 x 12 week program throughout year)

Complaint / Concern Form

We take safeguarding our community very seriously here at St Benedict's.

This is a QR-code to an Archdiocesan Form of any safeguarding complaints and concerns that goes straight to the IPSS Manager of the Archdiocese.



SCAN ME!

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Caroline Evans, Jackie Carpenter, Mark Ransom, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Helen French, Deirdre O'Brien, Sagar Julie O'Brien, Oscar S, Luke S, Michael Reid, Peter Robinson, George Stosic, and all those sick in our parish.

Recently Deceased: Ernestina Ballivian, Kay Juilette Honner, Nellie Cook, Bill McMaster (Bronwyn's father), Edward Oriel, Rita Reid, Gert Fletcher

Anniversaries:

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Is 45:1.4-6

I have taken the hand of Cyrus to subdue nations before his countenance.

Thus says the Lord to his anointed, to Cyrus, whom he has taken by his right hand to subdue nations before him and strip the loins of kings, to force gateways before him that their gates be closed no more: It is for the sake of my servant Jacob, of Israel my chosen one, that I have called you by your name, conferring a title though you do not know me. I am the Lord, unrivalled; there is no other God besides me. Though you do not know me, I arm you that men may know from the rising to the setting of the sun that, apart from me, all is nothing.

Responsorial Psalm

Ps 95:1. 3-5. 7-10. R. v.7

(R.) Give the Lord glory and honour.

1. O sing a new song to the Lord,
sing to the Lord all the earth.
Tell among the nations his glory
and his wonders among all the peoples. (R.)
2. The Lord is great and worthy of praise,
to be feared above all gods;
the gods of the heathens are naught.
It was the Lord who made the heavens. (R.)
3. Give the Lord, you families of peoples,
give the Lord glory and power,
give the Lord the glory of his name.
Bring an offering and enter his courts. (R.)
4. Worship the Lord in his temple.
O earth, tremble before him.
Proclaim to the nations: 'God is king.'
He will judge the peoples in fairness (R.)

Second Reading 1 Thes 1:1-5

We are mindful of your faith, hope, and love.

From Paul, Silvanus and Timothy, to the Church in Thessalonika which is in God the Father and the Lord Jesus Christ; wishing you grace and peace from God the Father and the Lord Jesus Christ.

We always mention you in our prayers and thank God for you all, and constantly remember before God our Father how you have shown your faith in action, worked for love and persevered through hope, in our Lord Jesus Christ. We know, brothers, that God loves you and that you have been chosen, because when we brought the Good News to you, it came to you not only as words, but as power and as the Holy Spirit and as utter conviction.

Gospel Acclamation Phil 2:15. 16

Alleluia, alleluia!

Shine on the world like bright stars; you are offering it the word of life.

Alleluia!

Gospel Mt 22:15-21

Give to Caesar the things that belong to Caesar and to God the things that are God's.

The Pharisees went away to work out between them how to trap Jesus in what he said. And they sent their disciples to him, together with the Herodians, to say, 'Master, we know that you are an honest man and teach the way of God in an honest way, and that you are not afraid of anyone, because a man's rank means nothing to you. Tell us your opinion, then. Is it permissible to pay taxes to Caesar or not?' But Jesus was aware of their malice and replied, 'You hypocrites! Why do you set this trap for me? Let me see the money you pay the tax with.' They handed him a denarius, and he said, 'Whose head is this? Whose name?' 'Caesar's' they replied. He then said to them, 'Very well, give back to Caesar what belongs to Caesar – and to God what belongs to God.'

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Reflection by Fr Michael Tate

Jesus first cleverly throws his questioners on the defensive. They are the ones carrying the coinage, not him. Then he poses the crucial question, 'Whose image is it and whose inscription?' They said to him, 'Caesar's'. Then he said to them: 'Render to Caesar what is Caesar's and to God what is God's.' The coin bore the image and inscription of Caesar. Genesis teaches us that human beings are made in the image and likeness of God. Our Lord is saying, 'Let the political and financial authorities have their coinage. It is their legal tender. But they cannot have human beings. Human beings belong to Another. They belong to God.' We are fortunate to live in a wonderful democracy. But even a democracy can violate the dignity of a human being created in the image and likeness of God. As Pope John Paul II said: 'Authentic democracy is possible only in a state ruled by law, and on the basis of a correct conception of the human person.' (Italics added) We could pause for a moment to thank God for the inscription, 'Child of God', effectively engraved on our hearts by baptism.

Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus
in the Blessed
Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday
mass except Fridays.
After Sat 8am Mass.

RECONCILIATION

Friday

6:15pm - 7pm

Saturday

4pm - 4.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivaskaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

Parish Secretary & Communications:
Isabelle Seselja
(02) 6295 7879
narrabundah@cg.org.au
Wed: 1-4pm | Thurs & Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
Contact: Narrabundah.Safeguarding@cg.org.au