

13th September 2026

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

Twenty-Fourth Sunday in Ordinary Time



<https://christian.art/daily-gospel-reading/matthew-18-21-35-2023-2/>

Coming up:

Alpha Course | Round 2
17 Sept

St Lorenzo Feast Day
26 Sept

Explosion Youth Conference
30 Sept- 3 Oct



cg.org.au/narrabundah

SAFEGUARDING SUNDAY



OUR THEME: LOVE PROTECTS

Safeguarding is one practical way Christian love becomes visible.

For our community, love is not sentiment alone. It becomes visible when we notice vulnerability, respect boundaries, listen without judgement, challenge unsafe practice and follow through when concerns are raised.



DIGNITY

Every person deserves care, respect and protection



BELONGING

People should be able to participate without fear



VOICE

People need safe opportunities to be heard and taken seriously

A question for our community:

"What are we doing in practice that helps people feel safe, heard and respected?"

Love protects when it notices risk, respects boundaries, challenges unsafe practice, listens to people who speak up and follows through when concerns are raised. It also protects by creating systems that reduce opportunities for harm before any harm occurs.

"Let us love not in word and speech, but in action and truth"

John 3:18



Events and Announcements



ADORATION ROSTER -CALL TO FILL ALL THE HOURS!

ALL Adoration Hours need at least two people at all times!

- Monday/Tuesday - 7am-10pm
- Wednesday/Thursday - 1pm-10pm
- Friday 7am- Saturday 8am (Overnight)

If you can fill **one** of these hours, please sign up via the QR-Code!



13
SEP

Feasts of Nativity of Mary and Mary, Queen of Victories.

Hosted by the Maltese Community, on Sunday, 13th of September, we will be celebrating the Feast of the Birth of Mary (Bambina) and the Feast of Mary, Queen of Victories (Vitorja) here at St Benedict's. There will be Mass at 2pm followed by the Rosary. If weather permits, we will also have a Procession around the Parking area while reciting the Rosary. After that, everyone is invited for Afternoon Tea in the Parish Centre. To help us celebrate this dual feast, we will have the beautiful Statue of Mary (as a young girl) on the Altar. The Order of Malta will be attending helping to build the atmosphere. Hope you can join us too - Sunday next week.

17
SEP

ALPHA COURSE | Round 2 - Week 3!

Our 2nd round of Alpha is weekly on **Thursdays, 6:30pm in the Collins Wing**. Please come along and bring that person you have in mind who might be curious about faith!

Please register via this link: <https://forms.gle/nWAn56SRjXQx7jbq5>

19
SEP

ONE DAY Retreat - By Divine Retreat Centre

Join us for a One Day Retreat led by Fr Sam Samuel, Director of the Divine Retreat Centre, Somersby, reflecting on the theme: "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." (Isaiah 40:31). The retreat will be held on Saturday, 19 September 2026, from 10.30am-3.30pm at St Benedict's Catholic Church, 10 Tallara Pkwy, Narrabundah. Admission is free, with lunch available at a nominal cost. To RSVP by 15 September, register at:

<https://forms.cloud.microsoft/r/gEhrAB2xkh?origin=IprLink>

19
SEP

Vessels | Young Women's Twilight Retreat | MGL Sisters

The Missionaries of God's Love Sisters invite all single young women to participate in a Twilight Retreat at 2pm Saturday 19th September. Be reminded of the beauty of how we are created to be witnesses of God's love and how it is through our brokenness that His light can shine all the more. For more info or to register, scan the QR code.



26
SEP

St. Lorenzo Ruiz Feast Day

Celebrate the Feast of San Lorenzo Ruiz de Manila on 26 September. Join us for 10 a.m. Mass, followed by Filipino cuisine, cultural performances, games, raffles, and delightful prizes. Please wear something red and bring a plate to share as we gather at St. Benedict's School Hall in honour of the first Filipino saint.

How to connect with our Parish?

KINGDOM KIDS

Sun 9am Mass
(except school holidays & long weekends)
Sherice Kazzi (Contact Parish Office)

FUSION YOUTH GROUP

Friday Nights (Fortnightly)
7-9pm Collins Wing
Axel Healey (Contact Parish Office)

MOTHER'S PRAYERS

Each Monday (school term)
9.30am, Parish Centre
Rachael Nano (Contact Parish Office)

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)
7:30pm, Parish Centre
John Murray (Contact Parish Office)

REST IN ME MEDITATIONS

Wednesdays (Fortnightly)
10am-12pm, Parish Centre
Ayanthi Perera (Contact Parish Office)

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic
(Contact Parish Office)

LEGION OF MARY

Weekly Saturday Mornings
10am-12pm, Outreach Centre
(Contact Parish Office)

Sacrament Dates 2026

First Reconciliation: 25th of March

First Communion: 21st of June

Confirmation: Not happening next year.

RCIA has begun.

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Caroline Evans, Jackie Carpenter, Mark Ransom, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Helen French, Deirdre O'Brien, Sagar Julie O'Brien, Oscar S, Luke S, Michael Reid, Peter Robinson, George Stosic, and all those sick in our parish.

Recently Deceased: Maria Soudis, Edward Oriel, Rita Reid, Gert Fletcher, Barry Murphy, May Agnew, Ron Duncan, Pedro Jose Salazar, Tony Evans

Anniversaries: Alfie McKenna, Zeta Evans, Bishop Pat Power

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading sir 27:30–28:7

Forgive your neighbour's faults and when you pray, your sins will be forgiven.

Resentment and anger, these are foul things, and both are found with the sinner. He who exacts vengeance will experience the vengeance of the Lord, who keeps strict account of sin. Forgive your neighbour the hurt he does you, and when you pray, your sins will be forgiven. If a man nurses anger against another, can he then demand compassion from the Lord? Showing no pity for a man like himself, can he then plead for his own sins? Mere creature of flesh, he cherishes resentment; who will forgive him his sins? Remember the last things, and stop hating, remember dissolution and death, and live by the commandments. Remember the commandments, and do not bear your neighbour ill-will; remember the covenant of the Most High, and overlook the offence.

Responsorial Psalm

Ps 102:1-4. 9-12. R. v.8
(R.) The Lord is kind and merciful;
slow to anger and rich in compassion.

- 1. My soul, give thanks to the Lord, all my being, bless his holy name. My soul, give thanks to the Lord and never forget all his blessings.(R.)
- 2. It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion. (R.)
- 3. His wrath will come to an end; he will not be angry for ever. He does not treat us according to our sins nor repay us according to our faults (R.)
- 4. For as the heavens are high above the earth so strong is his love for those who fear him. As far as the east is from the west so far does he remove our sins. (R.)

Second Reading Rom 14:7-9

Whether alive or dead, we belong to the Lord. The life and death of each of us has its influence on others; if we live, we live for the Lord; and if we die, we die for the Lord, so that alive or dead we belong to the Lord. This explains why Christ both died and came to life, it was so that he might be Lord both of the dead and of the living.

Gospel Acclamation Jn 13:34

Alleluia, alleluia!
I give you a new commandment: love one another as I have loved you.
Alleluia!

Gospel Mt 18:21-35

I tell you that you forgive not seven times but seventy times seven.

Peter went up to Jesus and said, ‘Lord, how often must I forgive my brother if he wrongs me? As often as seven times?’ Jesus answered, ‘Not seven, I tell you, but seventyseven times. ‘And so the kingdom of heaven may be compared to a king who decided to settle his accounts with his servants. When the reckoning began, they brought him a man who owed ten thousand talents; but he had no means of paying, so his master gave orders that he should be sold, together with his wife and children and all his possessions, to meet the debt. At this, the servant threw himself down at his master’s feet. “Give me time,” he said “and I will pay the whole sum.” And the servant’s master felt so sorry for him that he let him go and cancelled the debt. Now as this servant went out, he happened to meet a fellow servant who owed him one hundred denarii; and he seized him by the throat and began to throttle him. “Pay what you owe me”, he said. His fellow servant fell at his feet and implored him, saying, “Give me time and I will pay you.” But the other would not agree; on the contrary, he had him thrown into prison till he should pay the debt. His fellow servants were deeply distressed when they saw what had happened, and they went to their master and reported the whole affair to him. Then the master sent for him. “You wicked servant,” he said. “I cancelled all that debt of yours when you appealed to me. Were you not bound, then, to have pity on your fellow servant just as I had pity on you?” And in his anger the master handed him over to the torturers till he should pay all his debt. And that is how my heavenly Father will deal with you unless you each forgive your brother from your heart.’

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Reflection by Fr Michael Tate

I don’t like the phrase: ‘Forgive and forget’. Remembering can be an important part of healing. Forgiving is about giving up the desire ‘to get even’, making sure that the ‘punishment fits the crime’. It is that sort of forgiveness which we dare to ask of God for ourselves. But here’s the catch: it is that sort of forgiveness which we must practise towards others. When we don’t, we are like the principal debtor in Jesus’ story. In harshly dealing with a minor debtor, he refused to share his king’s quality of forgiveness. If we don’t pass on this aspect of God’s life to others, then we are warned that we will end up in a hellish situation unable to share in the fullness of Divine life. It is easy to talk ‘Big Picture’ forgiveness. It is much harder within the family or circle of acquaintances. It seems impossible to simply will it. But we have to ask for the grace to do it. We could pause for a moment to pray: ‘Our Father who art in Heaven . . . forgive us our trespasses as we forgive those who trespass against us.’

Our Commitment to Safeguarding:

At St Benedict’s Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.

RECONCILIATION

Friday

6:15pm -7pm

Saturday

4pm - 4.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivaskaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

Parish Secretary & Communications:
Isabelle Seselja
(02) 6295 7879
narrabundah@cg.org.au
Wed: 1-4pm | Thurs & Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
Contact: Narrabundah.Safeguarding@cg.org.au