

6th September 2026

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

Twenty-Third Sunday in Ordinary Time



<https://stjameschurchtiverton.org.uk/imaginative-contemplation-matthew-11-28-do-not-be-afraid/>

Coming up:

Alpha Course | Round 2
10 Sept

St Lorenzo Feast Day
26 Sept

Explosion Youth Conference
30 Sept- 3 Oct



cg.org.au/narrabundah

Safeguarding

ACCREDITATION AUDIT - SEPTEMBER 2026



The Catholic Archdiocese of Canberra and Goulburn is committed to fostering safe, welcoming and inclusive communities where the dignity, rights and wellbeing of children, young people and vulnerable adults are respected and protected.

Safeguarding is a shared responsibility across our Archdiocese and is embedded in the life of our parishes, ministries, agencies and communities through education, policies, procedures, leadership and continuous improvement.

In August–September 2026, the **Archdiocese will participate in an independent safeguarding audit** against the National Catholic Safeguarding Standards. The audit will include the ministries within the Archbishop's Office for Evangelisation together with a representative sample of **eight parishes from across the Archdiocese** (of which we are one). These parishes reflect the rich diversity of our faith community, and includes our multicultural parish communities, parishes with schools, parishes with clergy formed both within Australia and overseas, and the many people who contribute to parish life.

This audit builds on the work undertaken during our 2023 accreditation against the QIP Safeguarding Standards for Children and Vulnerable Adults (Pilot Edition), which also assessed our alignment with the Australian Catholic Safeguarding Standards. The 2026 audit represents the next stage of our safeguarding journey, focusing on how the National Catholic Safeguarding Standards have been embedded into the culture, governance and everyday practices of the Archdiocese.

We welcome this opportunity to demonstrate our ongoing commitment to safeguarding, reflect on our progress, and identify opportunities for continual improvement. We recognise that safeguarding is an ongoing journey, and we remain dedicated to strengthening our practices to ensure all people can participate in the life of the Church safely, respectfully and with confidence.

The Archdiocese thanks our clergy, staff, volunteers and parish communities for their continued commitment to creating and maintaining safe environments for everyone.

*On behalf of the **Institute for Professional Standards and Safeguarding for the C.G. Archdiocese.***

Events and Announcements

6
SEP

Father's Day Appeal - Collection for our retired priests:

Please give generously to the Father's Day Appeal conducted at all Masses this weekend. Special envelopes are provided in the church, and donors will be issued with a tax-deductible receipt. Donations can also be made at www.cgatholic.org.au/donate or you could call Financial Services on 6239 9876 to donate over the phone.



Priest Movements - Fr Chris and Fr Tony Away

Fr Chris and Fr Tony will be away on their 8-Retreat starting from the 31st of August till 13th of September. Please keep them in your prayers.



ADORATION ROSTER - CALL TO FILL ALL THE HOURS!

ALL Adoration Hours need at least two people at all times!

- Monday/Tuesday - 7am-10pm
- Wednesday/Thursday - 1pm-10pm
- Friday 7am- Saturday 8am (Overnight)

If you can fill **one** of these hours, please sign up via the QR-Code!



10
SEP

ALPHA COURSE | Round 2 - Week 2!

Our 2nd round of Alpha is weekly on **Thursdays, 6:30pm in the Collins Wing**. Please come along and bring that person you have in mind who might be curious about faith!

Please register via this link: <https://forms.gle/nWAn56SRjXQx7jbq5>

13
SEP

Feasts of Nativity of Mary and Mary, Queen of Victories.

Hosted by the Maltese Community, on Sunday, 13th of September, we will be celebrating the Feast of the Birth of Mary (Bambina) and the Feast of Mary, Queen of Victories (Vitorja) here at St Benedict's. There will be Mass at 2pm followed by the Rosary. If weather permits, we will also have a Procession around the Parking area while reciting the Rosary. After that, everyone is invited for Afternoon Tea in the Parish Centre. To help us celebrate this dual feast, we will have the beautiful Statue of Mary (as a young girl) on the Altar. The Order of Malta will be attending helping to build the atmosphere. Hope you can join us too - Sunday next week.



Charism Retreat | 7-9 September | **CANCELLED!**

Due to events outside of their control, the Charism retreat has been cancelled. Apologies for the inconvenience!

19
SEP

ONE DAY Retreat - By Divine Retreat Centre

Join us for a One Day Retreat led by Fr Sam Samuel, Director of the Divine Retreat Centre, Somersby, reflecting on the theme: "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." (Isaiah 40:31). The retreat will be held on Saturday, 19 September 2026, from 10.30am-3.30pm at St Benedict's Catholic Church, 10 Tallara Pkwy, Narrabundah. Admission is free, with lunch available at a nominal cost. To RSVP by 15 September, register at:

<https://forms.cloud.microsoft/r/gEhrAB2xkh?origin=lpLink>

26
SEP

St. Lorenzo Ruiz Feast Day

Celebrate the Feast of San Lorenzo Ruiz de Manila on 26 September. Join us for 10 a.m. Mass, followed by Filipino cuisine, cultural performances, games, raffles, and delightful prizes. Please wear something red and bring a plate to share as we gather at St. Benedict's School Hall in honour of the first Filipino saint.

How to connect with our Parish?

KINGDOM KIDS

Sun 9am Mass
(except school holidays & long weekends)
Sherice Kazzi (Contact Parish Office)

FUSION YOUTH GROUP

Friday Nights (Fortnightly)
7-9pm Collins Wing
Axel Healey (Contact Parish Office)

MOTHER'S PRAYERS

Each Monday (school term)
9.30am, Parish Centre
Rachael Nano (Contact Parish Office)

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)
7:30pm, Parish Centre
John Murray (Contact Parish Office)

REST IN ME MEDITATIONS

Wednesdays (Fortnightly)
10am-12pm, Parish Centre
Ayanthi Perera (Contact Parish Office)

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic
(Contact Parish Office)

LEGION OF MARY

Weekly Saturday Mornings
10am-12pm, Outreach Centre
(Contact Parish Office)

Sacrament Dates 2026

First Reconciliation: 25th of March

First Communion: 21st of June

Confirmation: Not happening next year.

RCIA has begun.

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Caroline Evans, Jackie Carpenter, Mark Ransom, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Helen French, Deirdre O'Brien, Sagar Julie O'Brien, Oscar.S, Michael Reid, Peter Robinson, George Stosic, Maria S, and all those sick in our parish.

Recently Deceased: Edward Oriel, Rita Reid, Gert Fletcher, Barry Murphy, May Agnew, Ron Duncan, Pedro Jose Salazar, Tony Evans

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Ez 33:7-9

If you have not warned the wicked man, then I will hold you responsible for his death.

The word of the Lord was addressed to me as follows, ‘Son of man, I have appointed you as sentry to the House of Israel. When you hear a word from my mouth, warn them in my name. If I say to a wicked man: Wicked wretch, you are to die, and you do not speak to warn the wicked man to renounce his ways, then he shall die for his sin, but I will hold you responsible for his death. If, however, you do warn a wicked man to renounce his ways and repent, and he does not repent, then he shall die for his sin, but you yourself will have saved your life.’

Responsorial Psalm

Ps 94:1-2.6-9. R. v.8

(R.) O that today you would listen to his voice! Harden not your hearts.

- 1. Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks, with songs let us hail the Lord.(R.)
- 2. Come in; let us bow and bend low; let us kneel before the God who made us for he is our God and we the people who belong to his pasture, the flock that is led by his hand. (R.)
- 3. O that today you would listen to his voice! ‘Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.’ (R.)

Second Reading Rom 13:8-10

Love is the fulfilment of the Law.

Avoid getting into debt, except the debt of mutual love. If you love your fellow men you have carried out your obligations. All the commandments: You shall not commit adultery, you shall not kill, you shall not steal, you shall not

covet, and so on, are summed up in this single command: You must love your neighbour as yourself. Love is the one thing that cannot hurt your neighbour; that is why it is the answer to every one of the commandments.

Gospel Acclamation 2 Cor 5:19

Alleluia, alleluia!

God was in Christ, to reconcile the world to himself; and the Good News of reconciliation he has entrusted to us.

Alleluia!

Gospel Mt 18:15-20

If your brother or sister listens to you, you will have won that person back.

Jesus said to his disciples: ‘If your brother does something wrong, go and have it out with him alone, between your two selves. If he listens to you, you have won back your brother. If he does not listen, take one or two others with you: the evidence of two or three witnesses is required to sustain any charge. But if he refuses to listen to these, report it to the community; and if he refuses to listen to the community, treat him like a pagan or a tax collector. ‘I tell you solemnly, whatever you bind on earth shall be considered bound in heaven; whatever you loose on earth shall be considered loosed in heaven. ‘I tell you solemnly once again, if two of you on earth agree to ask anything at all, it will be granted to you by my Father in heaven. For where two or three meet in my name, I shall be there with them.’

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Reflection by Fr Michael Tate

Our Lord acknowledged that the community he was establishing had to set boundaries. Who is to decide who is within or outside those boundaries? In today’s Gospel, Our Lord teaches that a nuanced step by step process should be invoked. First, there is private conversation, then slightly extended to bring in two or three others, then a sort of church community jury before a person is put beyond the pale. Our Lord promises to be with them to help guide their decision. We all know of marriages which are fractured and where one partner has found intimacy and security in a second (civil) marriage. Pope Francis did not suggest that the second marriage be regarded as valid. But he suggested a process of discernment to allow a divorced person to receive ‘the Eucharist . . . a powerful medicine and nourishment for the weak.’ Could a jury of ordinary Catholic lay people help make that discerning judgement, and then advise the Bishop as to the next step? We could pause for a moment to ponder the promise: ‘Where two or three are gathered into my name, I am there with them.’

Our Commitment to Safeguarding:

At St Benedict’s Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.

RECONCILIATION

Friday

6:15pm -7pm

Saturday

4pm - 4.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivaskaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

Parish Secretary & Communications:
Isabelle Seselja
(02) 6295 7879
narrabundah@cg.org.au
Wed: 1-4pm | Thurs & Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
Contact: Narrabundah.Safeguarding@cg.org.au