

21<sup>st</sup> June 2026

in the care of the Missionaries of God's Love

# St Benedict's

St Benedict's Catholic Church, Narrabundah

*Twelfth Sunday in Ordinary Time*



<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.thechurchnews.com%2Fliving-faith%2F2025%2F02%2F23%2Fcome-follow-me-february-24-march-2-what-have-church-leaders-said-about-doctrine-and-covenants-18%2F&psig=AOvVaw0sKdyFnRahcg65UMTKOKsx&ust=1743299178844000&source=images&cd=vfe&opi=89978449&ved=0CBMqjRxfFwoTCPIY9SVrowDFQAAAAAdAAAAABBO>

*Coming up:*

**First Holy Communion**  
21 June

**Vinnies Winter Appeal**  
June-July

**St Benedict's Feast Day**  
11 Jul



[cg.org.au/narrabundah](http://cg.org.au/narrabundah)



# St Benedict's

## Feast Day Celebration

11th of July

Starting with the  
**Saturday 5pm Vigil Mass**

*\*To celebrate our feast day as one Parish,  
there will be only one Sunday Mass, the Saturday 5pm Vigil.  
Please note there will be no Sunday 9am and 6pm Mass.\**

Followed by our Feast Day Celebrations

**In the School Hall**

**Food | Fellowship | Dancing**

Bring your family and friends along!

*And a plate to share!*



# Events and Announcements

11  
JUL

## **St Benedict's Feast Day Celebration – SAVE THE DATE!**

Mark your calendars! On **Saturday 11 July**, we will celebrate the Feast Day of our patron, St Benedict, as one parish family. To mark this special occasion, there will be **one parish Mass only** that weekend: **the 5:00pm Saturday Vigil Mass**. We warmly encourage everyone to come together for this joyful celebration of our parish community. After Mass, the festivities will continue **with a parish feast and celebration** in the **School Hall**. Bring along **a plate of food to share**, your family and friends, and don't forget your dancing shoes! There will be plenty of food, fellowship, laughter, and celebration as we give thanks for the gift of St Benedict and the community we share. This is a wonderful opportunity to meet new people, reconnect with old friends, and celebrate all that God is doing in our parish. We hope to see you there!

25  
JUN

## **Alpha Course: WEEK 11- What about the Church?**

**Thursdays, in the Collins Wing at 6:30pm.** Alpha is an 12-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? **Please register via the QR code or** via this link: <https://forms.gle/nWAn56SRjXQx7jbq5>



## **Congratulations to our First Holy Communion Recipients!**

Our First Holy Communion recipients from both our Parish and School are receiving the Eucharist for the first time **this weekend at our 9am Mass**. Please keep them in your prayers as they prepare for their special day!



## **Want to be a welcomer?**

Hospitality is one of the most simple yet powerful ways we can share the love of Christ to those who we meet. One way you might be able to exercise this gift is through becoming a welcomer at Mass. Greeting parishioners and visitors as they come to mass on a Sunday can be beautiful way to build up our community. If this is a ministry you'd like to be involved in, please contact the Parish office via email ([narrabundah@cg.org.au](mailto:narrabundah@cg.org.au)). We'd love to have you on board!



## **St Vinnies Winter Appeal - Donations and Joining local Conference**

St Vincent de Paul is conducting their Winter Appeal over the next few weeks. Your contribution to this important work would be much appreciated. Additionally, joining Vinnies as a member of the Inner South Conference which covers the suburbs of Narrabundah, Manuka, Kingston, Griffith, Red Hill, Deakin, Yarralumla and Symonston means donating your time to help deliver our services in those areas and you can be sure you're making a difference in people's lives. Our volunteers help anyone in need, regardless of their background, culture, religion or political opinion. If you are interested, and for more information, check out our website [vinnies.org.au/get-involved/volunteering](http://vinnies.org.au/get-involved/volunteering).



## **Adoration Roster -Current hours to fill**

- Monday 8-9am
- Tuesday 6-7pm
- Friday 7-8pm

If you can fill one of these, please sign up via the QR-Code!



## How to connect with our Parish?

### **KINGDOM KIDS**

Sun 9am Mass (except school holidays & long weekends)

Sherice Kazzi (Contact Parish Office)

### **FUSION YOUTH GROUP**

Friday Nights (Fortnightly)

7-9pm Collins Wing

Axel Healey (Contact Parish Office)

### **MOTHER'S PRAYERS**

Each Monday (school term)

9.30am, Parish Centre

Rachael Nano (Contact Parish Office)

### **MEN'S SHARING GROUP**

Tuesday Nights (Fortnightly)

7:30pm, Parish Centre

John Murray (Contact Parish Office)

### **REST IN ME MEDITATIONS**

Wednesdays (Fortnightly)

10am-12pm, Parish Centre

Ayanthi Perera (Contact Parish Office)

### **STREET MINISTRY**

Friday Nights

After 5:30pm Mass, Civic

(Contact Parish Office)

## Sacrament Dates 2026

**First Reconciliation:** 25th of March

**First Communion:** 21st of June

**Confirmation:** Not happening next year.

**RCIA** begins TBD

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

## Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien, Oscar.S, Michael and Rita, Peter Robinson, May Agnew and all those sick in our parish.

**Recently Deceased:** Tony Evans, Catherine Clift

**Anniversaries:** William and Mary Smith, Antoinette Martin

### **Priests:**



### **Parish:**



## Giving / Stewardship

### **Give now using QKR!**

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

### **Donation via Deposit**

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

## First Reading Jer 20:10-13

*He has delivered the soul of the needy from the hands of those who are evil.*

Jeremiah said: 'I hear so many disparaging me, "Terror from every side! Denounce him! Let us denounce him!" All those who used to be my friends watched for my downfall, "Perhaps he will be seduced into error. Then we will master him and take our revenge!" But the Lord is at my side, a mighty hero; my opponents will stumble, mastered, confounded by their failure; everlasting, unforgettable disgrace will be theirs. But you, Lord of Hosts, you who probe with justice, who scrutinise the loins and heart, let me see the vengeance you will take on them, for I have committed my cause to you. Sing to the Lord, praise the Lord, for he has delivered the soul of the needy from the hands of evil men.'

## Responsorial Psalm

**Ps 68:8-10. 14. 17. 33-35. R. v.14**

**(R.) Lord, in your great love, answer me.**

1. It is for you that I suffer taunts, that shame covers my face, that I have become a stranger to my brothers, an alien to my own mother's sons. I burn with zeal for your house and taunts against you fall on me. (R.)
2. This is my prayer to you, my prayer for your favour. In your great love, answer me, O God, with your help that never fails: Lord, answer, for your love is kind; in your compassion, turn towards me. (R.)
3. The poor when they see it will be glad and God-seeking hearts will revive; for the Lord listens to the needy and does not spurn his servants in their chains. Let the heavens and the earth give him praise, the sea and all its living creatures. (R.)

## Second Reading Rom 5:12-15

*God's gift to us is nothing like our sin against him.*

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given.

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law. Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

## Gospel Acclamation Jn 15:26. 27

**Alleluia, alleluia!**

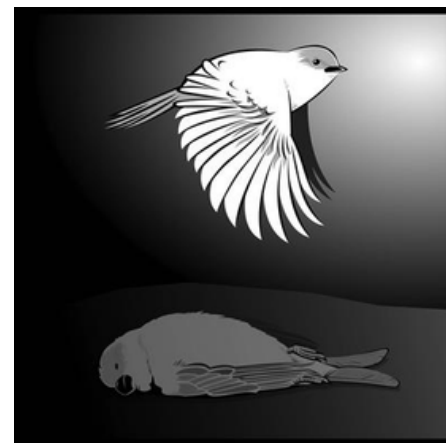
**The Spirit of Truth will bear witness to me, says the Lord, and you also will be my witnesses.**

**Alleluia!**

## Gospel Mt 10:26-33

*Do not fear those who can kill the body.*

Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the rooftops. 'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows. 'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'



## Reflection by Fr Michael Tate

Our Gospel reads: '... not one [sparrow] falls to the ground without your Father knowing.' But that is a bad translation. The Greek simply says 'not one [sparrow] will fall to the ground without your Father.' Full stop! Our Heavenly Father accompanies a dying sparrow as it dies! That is the measure of the Creator's love for all creatures. God wants to – does – enter into the moment of death, our moment of death. Now, that would be consoling if I were facing what Jesus was foreseeing for his disciples in the first century. One of the first Christian groups to hear this Gospel was that set around the Tigris River running through Baghdad in modern day Iraq. During the warfare that raged there, that Christian community faced terrible persecution from fanatical Muslims. We can barely imagine hearing today's Gospel amongst the remnant, left in Baghdad today. How does 'Do not be afraid' really sound to them? So, we could pause for a moment to pray for those for whom today's Gospel is a challenge beyond our imagining. mtate@bigpond.com

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## Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

### MASS TIMES

#### Weekdays

5:30pm (Tues, Thurs)  
12:30pm (Wed)  
5.30pm Friday Healing Mass

#### Saturday

8am  
5pm (Vigil)

#### Sunday

9am  
6pm (Charismatic)



### EUCCHARISTIC ADORATION



Come adore Jesus in the Blessed Sacrament.

#### Mon - Tue:

7am - 9pm

#### Wed - Thurs:

1pm - 9pm

#### Friday

7am - Sat 8am

### ROSARY

After each weekday mass except Fridays.  
After Sat 8am Mass.



### RECONCILIATION

**Friday**  
6:15pm - 7pm  
**Saturday**  
5pm - 5.30pm



### SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

### OUR PRIESTS

Fr Chris Eaton MGL (PP)  
Fr Samson Ezemuokwe MGL (APP)  
Fr Joseph Nivaskaran MGL (APP)  
Fr Tony Schick MGL

### PARISH OFFICE

Parish Secretary & Communications:  
Isabelle Seselja  
(02) 6295 7879  
narrabundah@cg.org.au  
**Tue/Thurs/Fri: 9am-12pm**

### SAFEGUARDING OFFICER

Julie Long  
Contact: Narrabundah.Safeguarding@cg.org.au