

14th June 2026

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

Eleventh Sunday in Ordinary Time



Coming up:

First Holy Communion
21 June

Vinnies Winter Appeal
June-July

St Benedict's Feast Day
11 Jul



cg.org.au/narrabundah

Community and Vision



Two weeks ago we had our Alpha weekend. It was a beautiful couple days, full of the Holy Spirit! Our Alpha Team does a fabulous job running the program!



Please continue to pray for our Alpha participants and the team as we approach the end of this round of Alpha!

Alpha Weekend Retreat



Events and Announcements

11
JUL

St Benedict's Feast Day Celebration – SAVE THE DATE!

Mark your calendars! On **Saturday 11 July**, we will celebrate the Feast Day of our patron, St Benedict, as one parish family. To mark this special occasion, there will be **one parish Mass only** that weekend: **the 5:00pm Saturday Vigil Mass**. We warmly encourage everyone to come together for this joyful celebration of our parish community. After Mass, the festivities will continue **with a parish feast and celebration** in the **School Hall**. Bring along **a plate of food to share**, your family and friends, and don't forget your dancing shoes! There will be plenty of food, fellowship, laughter, and celebration as we give thanks for the gift of St Benedict and the community we share. This is a wonderful opportunity to meet new people, reconnect with old friends, and celebrate all that God is doing in our parish. We hope to see you there!

18
JUN

Alpha Course: WEEK 10-Does God Heal Today?

Thursdays, in the Collins Wing at 6:30pm. Alpha is a 12-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? **Please register via the QR code or** via this link: <https://forms.gle/nWAn56SRjXQx7jBq5>



First Holy Communion - Pray for Our Recipients

Our First Holy Communion recipients from both our Parish and School are receiving the Eucharist for the first time on the **21st of June at our 9am Mass**. Please keep them in your prayers as they prepare for their special day!



Want to be a welcomer?

Hospitality is one of the most simple yet powerful ways we can share the love of Christ to those who we meet. One way you might be able to exercise this gift is through becoming a welcomer at Mass. Greeting parishioners and visitors as they come to mass on a Sunday can be beautiful way to build up our community. If this is a ministry you'd like to be involved in, please contact the Parish office via email (narrabundah@cg.org.au). We'd love to have you on board!



St Vinnies Winter Appeal - Donations and Joining local Conference

St Vincent de Paul is conducting their Winter Appeal over the next few weeks. Your contribution to this important work would be much appreciated. Additionally, joining Vinnies as a member of the Inner South Conference which covers the suburbs of Narrabundah, Manuka, Kingston, Griffith, Red Hill, Deakin, Yarralumla and Symonston means donating your time to help deliver our services in those areas and you can be sure you're making a difference in people's lives. Our volunteers help anyone in need, regardless of their background, culture, religion or political opinion. If you are interested, and for more information, check out our website vinnies.org.au/get-involved/volunteering.



Adoration Roster -Current hours to fill

- Monday 8-9am
- Tuesday 6-7pm
- Friday 7-8pm

If you can fill one of these, please sign up via the QR-Code!



Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien, Oscar.S, Michael and Rita, Peter Robinson, May Agnew and all those sick in our parish.

Recently Deceased: Tony Evans, Catherine Clift

Anniversaries: William and Mary Smith

Priests:



Parish:



How to connect with our Parish?

KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)

Sherice Kazzi (Contact Parish Office)

FUSION YOUTH GROUP

Friday Nights (Fortnightly)

7-9pm Collins Wing

Axel Healey (Contact Parish Office)

MOTHER'S PRAYERS

Each Monday (school term)

9.30am, Parish Centre

Rachael Nano (Contact Parish Office)

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)

7:30pm, Parish Centre

John Murray (Contact Parish Office)

REST IN ME MEDITATIONS

Wednesdays (Fortnightly)

10am-12pm, Parish Centre

Ayanthi Perera (Contact Parish Office)

STREET MINISTRY

Friday Nights

After 5:30pm Mass, Civic

(Contact Parish Office)

Sacrament Dates 2026

First Reconciliation: 25th of March

First Communion: 21st of June

Confirmation: Not happening next year.

RCIA begins TBD

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Ex 19:2-6

You will be a kingdom of priests, a consecrated nation.

From Rephidim the Israelites set out again; and when they reached the wilderness of Sinai, there in the wilderness they pitched their camp; there facing the mountain Israel pitched camp. Moses then went up to God, and the Lord called to him from the mountain, saying, 'Say this to the House of Jacob, declare this to the sons of Israel, "You yourselves have seen what I did with the Egyptians, how I carried you on eagles' wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own, for all the earth is mine. I will count you a kingdom of priests, a consecrated nation."'

Responsorial Psalm

Ps 99:2-3. 5. R. v.3

(R.) We are his people: the sheep of his flock.

1. Cry with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, singing for joy.(R.)
2. Know that he, the Lord, is God. He made us, we belong to him, we are his people, the sheep of his flock (R.)
3. Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from age to age.(R.)

Second Reading Rom 5:6-11

We have been reconciled to God through the death of his Son; we are saved by his life.

We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

Having died to make us righteous, is it likely that he would now fail to save us from God's anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled surely we may count on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

Gospel Acclamation Mk 1:15

Alleluia, alleluia!

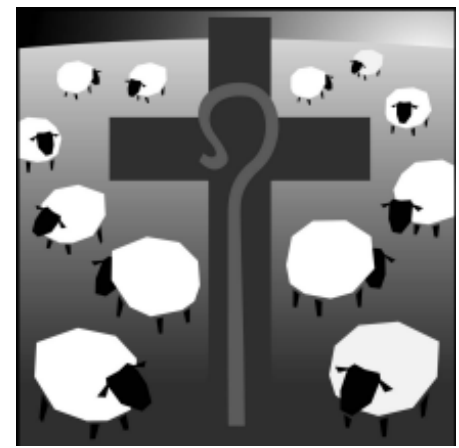
The kingdom of God is near; repent and believe the Good News!

Alleluia!

Gospel Mt 9:36 – 10:8

He summoned his twelve disciples, and sent them out.

When Jesus saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, 'The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.' He summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness. These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows: 'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge.'



Reflection by Fr Michael Tate

When Jesus saw the crowds 'he felt sorry for them'. The Greek original actually says 'his guts were in a knot'. When Jesus saw a desperate need he found it stomach-churning stuff.

Our bodies often tell us what we should pray for. Another good signal is tears, not only of sadness but also of joy.

Body-felt impulse and prayer go together, whether celebrating good things or confronting bad things. This is what our Lord wants and, where possible, leading to effective action... labourers in the harvest.

So, when our body gives us the signal – stomach in a knot, or tremendous joy flooding into our lives – follow the body's signals. Pray for the person or the situation concerned. You can be sure that your prayer will be authentic.

mtate@bigpond.com

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Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION



Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am

ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.



RECONCILIATION

Friday
6:15pm - 7pm
Saturday
5pm - 5.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivaskaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

Parish Secretary & Communications:
Isabelle Seselja
(02) 6295 7879
narrabundah@cg.org.au
Tue/Thurs/Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
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