





RECENTLY @ St Benedicts...?

## OUR LITURGICAL FORMATION & TRAINING DAY

*Last month, we had over 50 Parishioners come and receive formation from Fr Tony about the Liturgy. He focused on the role of Lectors, Extraordinary Ministers of Holy Communion and Sacristans. A very blessed and insightful day!*

*We also had our Liturgical Music training run by Stephen Kirk for our musicians. This was also a rich and fruitful day of formation.*

*In the next few weeks, we will have Commissioning Masses for those who attend on the day to be commissioned as Lectors and Extraordinary Ministers of Holy Communion to serve at our weekend Masses. More details to come!*

**Stay tuned for more @ St Benedict's...**

# Events and Announcements

6  
MAY

## First Holy Communion Information Information & Formation Nights:

- Wednesday 6 May, 5-6pm — Collins Wing
- Wednesday 27 May, 5-6pm - Collins Wing

## Retreat Day:

- Wednesday 15 June — 9am-1:30pm - Collins Wing

## Celebration of the Sacrament:

- Sunday 21st of June, 9am Mass — St Benedict's Church

Please register your child for the sacrament via email by contacting the Parish Office.

7  
MAY

## Alpha Course: WEEK 4- All are welcome!!

**Thursdays, in the Collins Wing at 6:30pm.** Alpha is an 12-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? **Please register via the QR code or** via this link: <https://forms.gle/nWAn56SRjXQx7jbq5>

10  
MAY

## Women's Alive Retreat | Collins Wing

Women are warmly invited to Women Alive – A Spiritual Retreat for Women on Sunday, 10 May 2026, in the Collins Wing.

Inspired by the theme “The joy of the Lord is my strength” (Nehemiah 8:10), this day offers an opportunity to pause, pray, and be renewed through Holy Mass, inspiring talks, testimonies, and a healing service.

🕒 9:00am – 4:00pm | 🍽️ Meals provided | 💎 Free entry

📞 RSVP: Winnie – via Parish Office or this link for free registration

<https://forms.cloud.microsoft/r/XUGfRKCuk9>

14  
MAY

## Coffee at Gryphons

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the second Thursday of each month, the next catch up will be Thursday 14th of May!

Adoration Roster

## Adoration Roster -Current hours to fill

- Tuesday 10-11am
- Thursday 7-8pm
- Friday 8-9am, 11am-12pm

If you can fill one of these, please sign up via the QR-Code!



Weekend Rosters

## Weekend Rosters | May-July

Thank you to all those who have volunteered for the upcoming roster. The roster has been finalised and put up in the sacristy or emailed to you if you are on the roster.

Want to receive an Online Bulletin

## Want to receive an Online Bulletin + Additional Notices?

If you are wanting to receive an online bulletin and join the mailing list, please contact Parish Office at [narrabundah@cg.org.au](mailto:narrabundah@cg.org.au) or call 02 6295 7879. They are also uploaded to the Parish Website each week. Each week in addition to emailing out with the weekly bulletin, we include Archdiocesan-Wide Notices that would not make it to our weekly bulletins.

## How to connect with our Parish?

### KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)

Sherice Kazzi (Contact Parish Office)

### FUSION YOUTH GROUP

Friday Nights (Fortnightly)

7-9pm Collins Wing

Axel Healey (Contact Parish Office)

### MOTHER'S PRAYERS

Each Monday (school term)

9.30am, Parish Centre

Rachael Nano (Contact Parish Office)

### MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)

7:30pm, Parish Centre

John Murray (Contact Parish Office)

### REST IN ME MEDITATIONS

Wednesdays (Fortnightly)

10am-12pm, Parish Centre

Ayanthi Perera (Contact Parish Office)

### STREET MINISTRY

Friday Nights

After 5:30pm Mass, Civic

(Contact Parish Office)

## Sacrament Dates 2026

**First Reconciliation:** 25th of March

**First Communion:** 21st of June

**Confirmation:** Not happening next year.

**RCIA** begins TBD

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

## Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien, Oscar.S, Michael and Rita, Peter Robinson, May Agnew and all those sick in our parish.

**Recently Deceased:** Veronica Smith (Sue Neimanis' Mother), June Pollard (Graham Pollard's Mother)

### Priests:



### Parish:



## Giving / Stewardship

### Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

### Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

## First Reading Acts 6:1-7

*They elected seven men filled with the Spirit and wisdom.*

About this time, when the number of disciples was increasing, the Hellenists made a complaint against the Hebrews: in the daily distribution their own widows were being overlooked. So the Twelve called a full meeting of the disciples and addressed them, 'It would not be right for us to neglect the word of God so as to give out food; you, brothers, must select from among yourselves seven men of good reputation, filled with the Spirit and with wisdom; we will hand over this duty to them, and continue to devote ourselves to prayer and to the service of the word.' The whole assembly approved of this proposal and elected Stephen, a man full of faith and of the Holy Spirit, together with Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus of Antioch, a convert to Judaism. They presented these to the apostles, who prayed and laid their hands on them. The word of the Lord continued to spread: the number of disciples in Jerusalem was greatly increased, and a large group of priests made their submission to the faith.

## Responsorial Psalm

**Ps 32:1-2. 4-5. 18-19. R. v. 22**

**(R.) Lord, let your mercy be on us, as we place our trust in you.**

1. Ring out your joy to the Lord, O you just; for praise is fitting for loyal hearts. Give thanks to the Lord upon the harp, with a ten-stringed lute sing him songs. (R.)
2. For the word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. (R.)
3. The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine. (R.)

## Second Reading 1 Pt 2:4-9

*You are a chosen race, a royal priesthood.*

The Lord is the living stone, rejected by men but chosen by God and precious to him; set yourselves close to him so that you too, the holy priesthood that offers the spiritual sacrifices which Jesus Christ has made acceptable to God, may be living stones making a spiritual house. As scripture says: See how I lay in Zion a precious cornerstone that I have chosen and the man who rests his trust on it will not be disappointed. That means that for you who are believers, it is precious; but for unbelievers, the stone rejected by the builders has proved to be the keystone, a stone to stumble over, a rock to bring men down.

They stumble over it because they do not believe in the word; it was the fate in store for them. But you are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light.

## Gospel Acclamation Jn 14:6

**Alleluia, alleluia!**

**I am the way, the truth, and the life, says the Lord; no one comes to the Father, except through me.**

**Alleluia!**

## Gospel Jn 14:1-12

*I am the way, the truth, and the life.*

Jesus said to his disciples: 'Do not let your hearts be troubled. Trust in God still, and trust in me. There are many rooms in my Father's house; if there were not, I should have told you. I am now going to prepare a place for you, and after I have gone and prepared you a place, I shall return to take you with me; so that where I am you may be too. You know the way to the place where I am going.' Thomas said, 'Lord, we do not know where you are going, so how can we know the way?' Jesus said: 'I am the Way, the Truth and the Life. No one can come to the Father except through me. If you know me, you know my Father too. From this moment you know him and have seen him.' Philip said, 'Lord, let us see the Father and then we shall be satisfied.' 'Have I been with you all this time, Philip,' said Jesus to him 'and you still do not know me? 'To have seen me is to have seen the Father, so how can you say, "Let us see the Father"? Do you not believe that I am in the Father and the Father is in me? The words I say to you I do not speak as from myself: it is the Father, living in me, who is doing this work. You must believe me when I say that I am in the Father and the Father is in me; believe it on the evidence of this work, if for no other reason. 'I tell you most solemnly, whoever believes in me will perform the same works as I do myself, he will perform even greater works, because I am going to the Father.'

The psalm responses are from the English Translation of the Lectionary for the Mass ©1981 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved. The psalm texts, from The Psalms, A New Translation, ©1963 by The Grail, England and used by permission of the publishers. The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers.  
© 2017 Creative Ministry Resources Pty Ltd  
All use must be in accordance with your user licensing agreement.



## Reflection by Fr Michael Tate

The disciples are full of premonitions that their beloved leader was about to be cruelly done to death, leaving them abandoned. Yet he tells them: 'Let not your hearts be troubled.' Why shouldn't their hearts, our hearts, be troubled by the disappearance of Our Lord's physical presence? The answer is because there is a purpose to his passage through death. It was to bring about a situation where our Risen Lord could share his life in ever more intimate fashion with his followers. How does this come about? At every Mass, after the gifts are brought to the altar, I pour a little water into the chalice of wine, saying: 'By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.' What a powerful verb! By grace, we can share in the Divine Life of the Risen Lord. As the Greek saints of the early church used to say in very daring fashion: 'God became human so that humans might become God.' We anticipate this at every Holy Communion when, as Pope John Paul II used to say: 'We digest, as it were, the secret of the Resurrection.' We could pause for a moment after Communion to reverence the Divine Life dwelling in us, a truly Holy Communion! Alleluia!

mtate@bigpond.com

## Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

### MASS TIMES

#### Weekdays

5:30pm (Tues, Thurs)  
12:30pm (Wed)  
5.30pm Friday Healing Mass

#### Saturday

8am  
5pm (Vigil)

#### Sunday

9am  
6pm (Charismatic)



### EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

#### Mon - Tue:

7am - 9pm

#### Wed - Thurs:

1pm - 9pm

#### Friday

7am - Sat 8am



### ROSARY

After each weekday mass except Fridays.  
After Sat 8am Mass.



### RECONCILIATION

#### Friday

6:15pm - 7pm

#### Saturday

5pm - 5.30pm



### SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

### OUR PRIESTS

Fr Chris Eaton MGL (PP)  
Fr Samson Ezemuokwe MGL (APP)  
Fr Joseph Nivakaran MGL (APP)  
Fr Tony Schick MGL

### PARISH OFFICE

Parish Secretary & Communications:  
Isabelle Seselja  
(02) 6295 7879  
narrabundah@cg.org.au  
**Tue/Thurs/Fri: 9am-12pm**

### SAFEGUARDING OFFICER

Julie Long  
Contact: Narrabundah.Safeguarding@cg.org.au