



St Patrick's Parish Cooma

St Columbkille's Parish Jindabyne



30-31 May 2026

The Most Holy Trinity Year A

PARISH CALENDAR



Week 1 June 2026

Monday

11am Funeral 'Lida' Illek

Tuesday

10:00am Mass

Wednesday

Bombala Parish Mass

Thursday

10:00am Mass

Friday

10:00am Mass

First Sunday of the month

Saturday

3pm Nimmitabel Vigil

5pm Jindabyne Vigil

5pm Bombala Vigil

Sunday

10:00am Cooma Mass

Living the Trinity at Home and in Community

The Feast of the Trinity reminds us that God is not distant or disconnected from everyday life. Father, Son and Holy Spirit reveal a God of relationship, love and communion. This week we hear the heart of that message clearly: "For God so loved the world that God gave God's only Son ... not to condemn the world, but that the world might be saved through him."

That message feels especially important in today's world. Many families are carrying heavy loads. People are stretched by rising costs, busy schedules, anxiety, loneliness and constant digital noise. It is easy for relationships to become rushed, reactive or disconnected.

The Trinity offers another way to live. At the centre of our faith is a God who exists in loving relationship. The Trinity reminds us that faith is not simply about beliefs or rituals. It is about the way we love, forgive, include and care for one another each day. In parish life, this matters deeply. Our parishes are called to be more than places we attend. They are communities where people experience welcome, compassion and belonging. A smile at Mass, a patient conversation, support for a struggling family or simply making time to truly listen can reveal something of God's presence.

John's Gospel also reminds us that Jesus came not to condemn, but to save. In a culture where people are often quick to judge online and in public life, Christians are called to be people of hope, mercy and understanding. The way we speak to one another at home, online and in our parish communities becomes part of our witness to the Gospel. The Feast of the Trinity invites us to reflect on a simple but challenging question. Do our relationships reflect the love of the God we proclaim? When people encounter kindness, patience and genuine care through us, they experience something of the Trinity alive in the world today.

Action Response

This week, make one intentional choice to strengthen a relationship through listening, kindness or forgiveness. Small moments of love help reveal God's presence in everyday life.

Kids' Corner

Camilla and her grandma have a special way of greeting each other. It's a combination high five, hug and kiss on each cheek. They never miss a chance to say hello and goodbye this way, and it make Camilla smile – knowing how much she loves her grandma. We have a special way of greeting our sisters and brothers in Christ too. At the beginning of Mass, the priest always makes the Sign of the Cross. This reminds us that it is Jesus' Cross that gives us life with the Father, Son, and Holy Spirit. When you make the Sign of the Cross, think of God's great love for you!

Jesus, help me greet others with your love. - www.gpbs.com.au

Just like God

My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?"

I mentally polished my halo while I asked, "No, how are we alike?"

"You're both old," he replied.



Readings for the Most Holy Trinity Year A

Entrance Antiphon

Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

First Reading | Exodus 34:4-6. 8-9

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there.

He called on the name of the Lord. The Lord passed before him and proclaimed, 'Lord, Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said, 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.'

Responsorial Psalm | Dn 3:52-56. R. v.52

(R.) Glory and praise for ever!

You are blest, Lord God of our fathers. **(R.)**

Blest your glorious holy name. **(R.)**

You are blest in the temple of your glory. **(R.)**

You are blest on the throne of your kingdom. **(R.)**

You are blest who gaze into the depths. **(R.)**

You are blest in the firmament of heaven. **(R.)**

Second Reading | 2 Corinthians 13:11-13

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss. All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

Gospel Acclamation | See Apocalypse 1:8

Alleluia, alleluia! Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come. Alleluia!

Gospel | John 3:16-18

Jesus said to Nicodemus,

'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

Communion Antiphon | Galatians 4:6

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

Source: Liturgy Help © 2026

Pray for our Confirmation Candidates

We ask our school and parish community to keep in their prayers the 15 young people who are currently preparing to receive the Sacrament of Confirmation with Archbishop Christopher Prowse on the 14th of June. Over the coming weeks, they will continue to grow in their understanding of the Holy Spirit and their commitment to live as followers of Jesus. May we support them with our prayers as they take this important step in their faith journey.

Loving God, Be with our Confirmation candidates as they prepare for the Sacrament of Confirmation. Guide their thoughts, their prayers, and their learning in these coming weeks. Open their hearts to your Holy Spirit, that they may grow in faith, courage, and understanding. Help them to know your love more deeply and to follow Jesus in the way they live each day. May they learn to use their gifts to serve others with kindness and joy. We ask this through Christ our Lord. Amen.



Squirrels

A small town had four churches Presbyterian, Methodist, Catholic and Baptist.

All four had a serious problem with squirrels in the church. Each church in its own fashion had a meeting to deal with the problem.

The Presbyterians decided that it was predestined that squirrels be in the church and that they would just have to live with them.

The Methodists decided they should deal with the squirrels lovingly in the style of Charles Wesley. They humanely trapped them and released them in a park at the edge of town. Within 3 days, they were all back in the church.

The Catholics also humanely trapped them and attempted to teach them the "rhythm" method which of course did not work.

The Baptists had the best solution. They voted the squirrels in as members Now they only see them at Christmas and Easter.

Source: <https://www.makeitclearnow.org/re humor.html>



Remembering their faith and love

We pray for those who have recently departed this life.
"We have loved them in Life: Let us not forget them in death."

Ludmila "Lida" Illek of Kalkite,
Margaret Barron

Anniversaries & Intentions
for those whom we pray and remember, may they be welcomed into the glory of the Risen Lord and rest in eternal peace.

Greg McGufficke
Graeme 'Ross' Russell

For the sick and all who have asked for our prayers, may they be granted strength, comfort and healing.

Patrick Umback



Pastoral Visits to the Sick and Housebound

Fr Mark and Fr Daniel are keen to know of people in the region who are sick or housebound and who may like to receive a home visit and Holy Communion from one them. Maybe you know someone who has been away from the church for a while who may appreciate a connection again.

Please let us know if we can help you, or pass this information onto family, friends or neighbours and encourage them to contact the Parish Office on 02 6452 2062 or cooma@cg.org.au.

Monaro Men's Breakfast

The men from St Paul's Anglican Cooma invite you to join them in a breakfast of bacon, eggs, sausages, tomatoes, hash browns, toast, juice, tea, & coffee to build friendship together, and hear an informal talk by **Chief Inspector Gary Raymond (by ZOOM)**.



When: Saturday 6 June at 7:30am

Speaker: Chief Inspector Gary Raymond (by ZOOM) — Danger was my Business

Venue: Church Hall (St Paul's Anglican), 136 Commissioner St, Cooma

Cost: \$7.00

Invitation to: Men Only

RSVP: cooma.mensbreakfast.com.au or by phone 0468-320-916

See the flyer on the **St Patrick's Cooma website:** www.cg.org.au/cooma

Brunch with Archbishop Christopher Prowse

Sunday 14 June after Mass

All are invited to join a casual brunch with our Archbishop after Mass. **Please bring a casserole or some luncheon delights to share.**

Could you please indicate what you are bringing in the Food list at the church foyer so that we can ensure there is a good supply of food in preparation of the visit.



Readings for next week: The Most Holy Body and Blood of Christ

First Reading: Deuteronomy 8:2-3, 14-16

Second Reading: 1 Corinthians 10:16-17

Gospel: John 6:51-58

A Sunday Story

Seen, Heard and Loved

A young barista in a busy city café noticed an elderly man coming in alone every Friday morning. He always ordered the same coffee, sat at the same table and quietly looked out the window. Most people barely noticed him.

One Friday, the café was overflowing with customers and the staff were stressed and rushed. The young barista saw the man walk in, pause when there were no free tables and begin to leave. Without making a fuss, she quickly cleaned a small corner table, brought his usual coffee over and simply said, "Glad you made it in today."

The man smiled and quietly replied, "This is sometimes the only conversation I have all week."

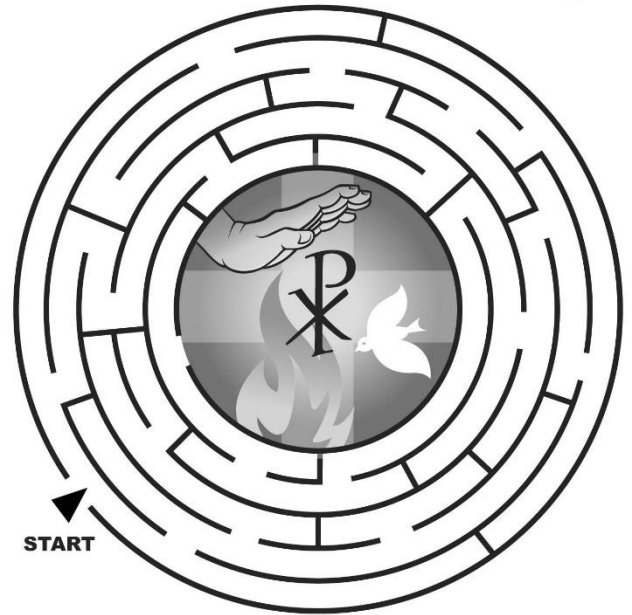
Nothing dramatic happened. No grand speech. No miracle moment. Just a small act of attention and kindness in the middle of an ordinary day.

The Trinity reminds us that God's life is relationship, connection and love shared outward. In John's Gospel, we hear that God did not send Jesus to condemn the world, but to save it. Often, that saving presence appears through ordinary people who choose compassion over indifference and connection over distraction.

In a world where many people feel unseen, unheard or isolated, even the smallest moments of genuine care can become deeply sacred. www.gpbs.com.au

Young at Heart

Find your way to the Father, the Son and the Holy Spirit



Think of all the wonderful things that God has made.

How can we praise God, the Father, Son and Holy Spirit for all that we have been given?

God sent his Son Jesus because he loves us. How can we return that love?

PARISH CONTACTS

Parish Priest

Father Mark Croker
0428 190 759
02 6452 2062

Assistant Priest

Father Daniel Ukpong

Sacramental Program

Father Mark Croker
Mrs Belinda Wilkins

Parish Website

www.cg.org.au/cooma

Parish Secretary

Mrs Sharon Nesbitt
02 6452 2062
Mon, Wed & Thu
9am - 1pm & 2pm - 4.30pm
Email: cooma@cg.org.au

St Patrick's School

02 6452 1721

School Principal

Dr Mangan
School Website:
www.stpatscooma.nsw.edu.au

Parish Pastoral Council

Darren 0429 904 291

MASS TIMES

Weekend Mass and LW&HC Times

Adaminaby

No Mass until further notice

Berridale

2nd & 4th Sunday
Vigil Mass Saturday 3.30pm
All other Sundays
LW&HC 10am Sunday

Cooma

Mass Sunday's 10am
Mass Tue, Thu & Fri 10am
Except 3rd Friday of month
Mass Yallabee Lodge 9.30am
Mass Hudson House Respect 11am

Jindabyne

Vigil Mass Saturday 5pm
Except 5th Sunday
LW&HC 5pm Saturday

Nimmitabel

1st Sunday of month
Vigil Mass Saturday 3pm
All other Sundays
LW&HC at 5pm Saturday

Numeralla

2nd Sunday LW&HC 5pm
4th Sunday Mass 5pm

WE NEED YOUR SUPPORT



Parish Collections

There are **two collections** during every Mass.

First Collection is banked to the Archdiocese of Canberra-Goulburn and contributes to priests' stipends.

Second Collection is our parish church collection for our church upkeep and running costs such as electricity, rates, water, maintenance superannuation etc.

We value your contribution and appreciate any support you can give the parish.

We have **Direct Giving Forms** available. Please talk to Fr Mark Sharon at Parish Office, Thank you