



Bombala-Delegate Catholic Parish



PARISH BULLETIN: FOURTH SUNDAY IN ORDINARY TIME , YEAR A, 1 FEBRUARY 2026

PRAYER OF THE FAITHFUL

Response:(R) Lord, hear our prayer
LEADER: Dear friends, Jesus sketches out for us the blessings of God's realm. Taking his teaching to heart, let us pray for God's blessing on our world.

READER: For the church, that, in this Special Year of St Francis declared by Pope Leo to mark 800 years since his death, we shall be inspired more than ever by Francis' joyful living of the beatitudes. We pray to the Lord. **(R)**

For communities devastated by natural disasters in recent years, that in the slow process of recovery they will not be forgotten and left unsupported. We pray to the Lord. **(R)**

For the Australian community, that gratitude for the abundance of natural and civic blessings we enjoy will disarm division and overcome every form of injustice. We pray to the Lord. **(R)**

For children, parents and teachers as the school year returns, that together they will enjoy a new year of discovery, learning and development. We pray to the Lord. **(R)**

For the sick among our families, friends and parish community, and all who seek our prayers, may they know strength, comfort and healing. For those who have died recently, and those whose anniversaries we remember at this time, may they rest in the peace of the Risen Lord. We pray to the Lord. **(R)**

For Our Lady's intercession for all our needs and especially for the people in war torn places. We pray **Hail Mary...**

LEADER: God of all blessedness, Jesus your Son walked among us in humility and peace. Give us the wisdom to abandon our pride and find strength in our weakness. We ask this through Christ our Lord. **AMEN**



A journey with
SAINT MARY
of the Cross
MACKILLOP

Many things we condemn are pleasing to God, because God sees the motives. (1907)

Death of Father Donald MacKillop sj, Mary's brother, 2.2.1925.

POPES INTENTION FEBRUARY

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

PRAYER INTENTIONS

We pray for the weak and foolish of the world, that they will confound the false wisdom of those who hold the reins of power.

We pray for rural dioceses and country parishes, including our own, that they may be strengthened by the Holy Spirit, finding creative ways to build a vibrant community and proclaim the Gospel with renewed faith and hope.



We pray for our sick family members, friends and fellow parishioners. May the soothing presence of God's light grant them healing and solace.

John Elliott, Christine Cowell
Lorna Thornton, Clive Cottrell
Joyce Crotty, John Liston
Roma Brownlie, Jenny Chaplin
Peter & Joyce Reed, Glad Hurley
Jim Parkes, Marilyn Holdsworth
Jen Farrell, Patricia Guthrie
Mary Anne Dillon, Terry Perkins
Kath Farrell, Val Perkins
Kim Peisley, Heather Whitby
Peter Hopkins, Marlene Kennedy



REMEMBERING THEIR FAITH AND LOVE

Recently Deceased Fr Frank Fuchs, Ronald Crawford **February Anniversaries**

Val Buckley, Sonia Clear
Veronica Cottrell, Ron Cowell
Kevin Crotty, Gordon Ingram
Heather Jones, Brian Lock
Jean Muir, Marion O'Hehir
Jean Parkes, Keith Parkes
Sue Robinson, Daphne Smith
Sheila White

**"We have loved them in Life:
Let us not forget them in death."**

PARISH CALENDAR

MON PRESENTATION OF THE LORD

TUE *Saints Blais & Ansgar*
WED **Mass Bombala 12.30pm**
THU *Saint Agatha*
FRI *Ss Paul Miki & Companions*
SAT **LW&HC Delegate 5pm**
SUN **LW&HC Bombala 9am**

HYMNS - ONE LICENSE 3642645A

- 1. Seek Ye First** *Karen Lafferty*
1. Seek ye first the kingdom of God And His righteousness; And all these things shall be added unto you. Hallelu, Hallelujah!
2. Ask, and it shall be given unto you; Seek, and you shall find. Knock, and it shall be opened unto you. Hallelu, Hallelujah!
- 2. Galilee Song** *Frank Andersen*
1. Deep within my heart, I feel voices whispering to me. Words that I can't understand; meanings I must clearly hear! Calling me to follow close, lest I leave myself behind! Calling me to walk into evening shadows one more time!
Refrain: *So I leave my boats behind! Leave them on familiar shores! Set my heart upon the deep! Follow you again, my Lord!*
2. In my memories, I know how you send familiar rains, Falling gently on my days, dancing patterns on my pain! And I need to learn once more in the fortress of my mind, To believe in falling rain as I travel deserts dry!
- 3. Our Supper Invitation** *Fr Kevin Bates*
1. Take of my bread and eat, drink my new wine. Take of my life and live, branch of my vine. Let me befriend you now; eat take your fill. Don't be afraid to dream; love has its will.
2. Take up your burden now, walk 'til you find Just what the journey means; walk while there's time. Food for the journey will answer your need. Don't be afraid to walk; love, my love will lead.
- 4. Blest Be the Lord** *Dan Schutte*
Blest be the Lord, blest be the Lord, The God of mercy, the God who saves, I shall not fear, the dark of night Nor the arrow that flies by day.
1. He will release me from the nets of sinful men, He will protect me from their wicked hands, Beneath the shadow of His wings I will rejoice, To find a dwelling place secure.
2. I need not shrink before the terrors of the night, Nor stand alone before the light of day, No harm shall come to me, no arrow strike me down, No evil settle in my soul.



Bombala-Delegate Catholic Parish



Fourth Sunday in Ordinary Time, Year A

1 February 2026

First Reading Zep 2:3; 3:12-13

In your midst I will leave a humble and a lowly people.

Seek the Lord
all you, the humble of the earth,
who obey his commands.
Seek integrity,
seek humility:
you may perhaps find shelter
on the day of the anger of the Lord.
In your midst I will leave
a humble and lowly people,
and those who are left in Israel will seek
refuge in the name of the Lord.
They will do no wrong,
will tell no lies;
and the perjured tongue will no longer
be found in their mouths.
But they will be able to graze and rest
with no one to disturb them.

Responsorial Psalm

Ps 145:7-10. R. Mt 5:3

**(R.) Happy the poor in spirit;
the kingdom of heaven is theirs!**
or

(R.) Alleluia!

1. It is the Lord who keeps faith forever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord, who sets prisoners free. (R.)
2. It is the Lord who gives sight to the
blind,
who raises up those who are bowed
down,
the Lord, who protects the stranger
and upholds the widow and orphan. (R.)
3. It is the Lord who loves the just
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion's God, from age to age. (R.)

Second Reading 1 Cor 1:26-31

God has chosen what is weak by human reckoning.

Take yourselves, brothers, at the time when
you were called: how many of you were
wise in the ordinary sense of the word,
how many were influential people, or came
from noble families? No, it was to shame
the wise that God chose what is foolish
by human reckoning, and to shame what
is strong that he chose what is weak by
human reckoning; those whom the world

thinks common and contemptible are the
ones that God has chosen – those who
are nothing at all to show up those who are
everything. The human race has nothing to
boast about to God, but you, God has made
members of Christ Jesus and by God's
doing he has become our wisdom, and our
virtue, and our holiness, and our freedom.
As scripture says: if anyone wants to boast,
let him boast about the Lord.

Gospel Acclamation Mt 5:12

Alleluia, alleluia!

Rejoice and be glad;

Your reward will be great in heaven.

Alleluia!

Gospel Mt 5:1-12

Happy are the poor in spirit.

Seeing the crowds, Jesus went up the hill.
There he sat down and was joined by his
disciples. Then he began to speak. This is
what he taught them:

'How happy are the poor in spirit:
theirs is the kingdom of heaven.

Happy the gentle:
they shall have the earth for their
heritage.

Happy those who mourn:
they shall be comforted.

Happy those who hunger and thirst for
what is right:

they shall be satisfied.

Happy the merciful:
they shall have mercy shown them.

Happy the pure in heart:
they shall see God.

Happy the peacemakers:
they shall be called sons of God.

Happy those who are persecuted in the
cause of right:
theirs is the kingdom of heaven.

'Happy are you when people abuse you
and persecute you and speak all kinds
of calumny against you on my account.
Rejoice and be glad, for your reward will be
great in heaven.'



Reflection by Fr Michael Tate

Jesus doesn't start in a fantasy
dream world of perfection. Jesus
looks at the world as it often is for
many people, perhaps for most
people around the world: 'the poor
in spirit', 'those who mourn', 'those
who are gentle', 'those who hunger
and thirst for justice'.

Jesus astonishes the crowd by
saying that such people are
'Blessed'. How can this be? The
answer lies in our Lord's emphasis
on the new community he is
establishing under the reign of
God: what he calls 'the Kingdom of
God'.

Those in such wretched
circumstances *will* have things set
right, but only if followers of Jesus
do everything possible to lift the
poor out of the poverty which
crushes their spirit, do everything
possible to comfort those who
mourn, do everything possible to
make sure the gentle share the
earth's resources, do everything
possible to satisfy the craving for
justice.

We could pause for a moment to
pray the 'Our Father' pledging
ourselves to help construct this
new society where the Beatitudes
can come true:

'Thy Kingdom come. Thy will be
done on *earth* as it is in heaven.'

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