

18th January, 2026, 3rd Sunday in Ordinary Time /A

TEMORA MISSION AREA

Our Lady Help of Christians Parish Ardlethan/Sacred Heart Aria Park

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Sacred Heart Temora

Parish Priest Fr Alex Osborne

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St Therese Barellan

In our Prayers: Lee Jackson, Robyn Richards, Neville Caldwell.

For our Deceased: Tony (Chubb) Cattle, Colleen Stout, Morgan Cumming,
Deceased Family, Friends, Victims of war, violence, accidents &
natural disasters.

Jan 24-25

Aria Park 6.00 p.m. Sat Mass

Mass

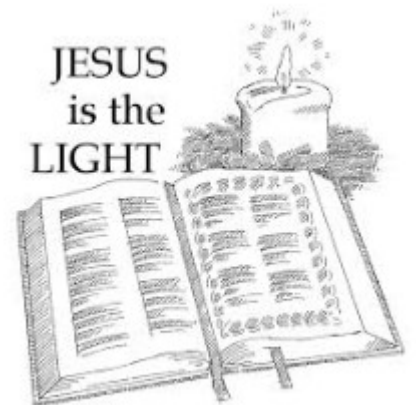
Barmedman 8am. Temora 10am & 5pm Sunday

Liturgy

Ardlethan **9am** Barellan 10am Sunday

Reflection - *Jesus, our Light.*

At times we can find ourselves 'walking in darkness'. We get caught up in difficulties and cannot see a way out. Today's liturgy reminds us that Jesus is our light and our salvation. In the Gospels we have the Good News that brings light into the dark moments of our lives.



This Sunday highlights Jesus as the light that leads people out of darkness. The readings show how God calls people to unity and invites them to follow Jesus.

- **Light in darkness:** Isaiah speaks of people walking in darkness who see a great light. Jesus brings this light by preaching and healing in Galilee.
- **Jesus calls disciples:**

He walked along from there and saw two other brothers, James, the son of Zebedee, and his brother John. They were in a boat, with their father Zebedee, mending their nets. He called them, and immediately they left their boat and their father and followed him.

- **Spreading the good news:** Jesus goes from town to town preaching and healing. He shows that the message of God’s kingdom is for everyone. This Sunday reminds people to **trust in God’s plan.**

On the right of this page is a prayer - St. Anselm of Canterbury, a Benedictine monk and influential theologian, left a lasting impact on Christian thought. One of his notable works, “The Proslogion,” holds great significance in the realm of philosophy and spirituality. Anselm’s philosophy centres around the idea that faith precedes reason. He believed that by embracing a belief in God, one can attain a deeper understanding of Him. Anselm’s approach challenges the notion that reason alone can lead to a comprehensive understanding of God. Instead, he posits that faith is the gateway to divine wisdom. By acknowledging the existence of God and surrendering to His divine presence, individuals can embark on a journey of spiritual enlightenment.

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Feel free to cut out the poem, use it as a bookmark or a daily read if it resonates with you.

PRAYER OF
ST. ANSELM

O my God teach my heart where
and how to seek you,
where and how to find you...

You are my God and you are my All
and I have never seen you.
You have made me and remade
me,
You have bestowed on me all the
good things I possess,
Still I do not know you...

I have not yet done that for which I
was made....
Teach me to seek you...

I cannot seek you unless you teach
me
or find you unless you show yourself
to me.
Let me seek you in my desire, let me
desire you in my seeking.
Let me find you by loving you, let
me love you when I find you.

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Roster 25th Jan

Leader: Suzanne

Reader: Ian

Ex. Minister : Volunteer

Acknowledgement of Country - With respect, we acknowledge the country, the skies, the waterways and spiritual systems of the Wiradjuri people on whose land we gather. We acknowledge the elders for the passing on of knowledge, language and spiritual connections to country.

Parish Safeguarding Commitment — Our Lady Help of Christians Parish Ardlethan/Sacred Heart Ariah Park is committed to safeguarding and upholding the rights of all our children and vulnerable people. We seek to empower children, their families and carers and vulnerable people, to have a say, to be listened to and to be protected. Parishioners are encouraged to raise any concerns they may have by emailing Fr Alex Osborne at alex.osborne@cg.org.au. Parishioners are also welcome to contact Maria Hicks, manager for the Archdiocesan Institute for Professional Standards & Safeguarding (IPSS) at ipss@cg.org.au or phone 02-62399806.