



Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed Sacrament (SSS)

Fr Anthony (Thonn) Riosa SSS Moderator - anthony.riosaa@cg.org.au

Fr Renoir Oliver Jr SSS - renoir.oliver@cg.org.au

Fr Sebastian Luistro SSS - sebastian.luistro@cg.org.au

Parish Secretary: Kathie Guillester | **Parish Manager:** Julie Barnes

Telephone: 0416 823 447 | Email: innernorth@cg.org.au | Mail: PO Box 900, Dickson ACT 2602

Baptisms, Marriages & Funerals: by Appointment contact the Parish Office

Acknowledgement of Country

We Acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

Issue 11– 3 February 2024 - Year B

FIFTH SUNDAY IN ORDINARY TIME



THEY BROUGHT ALL TO HIM WHO WERE SICK

Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3.

Enquiries or concerns please contact:

- Fr Anthony Riosa SSS
anthony.riosaa@cg.org.au
- Maria Hicks (Manager)
Phone 02 6239 9806
- Institute of Professional Standards & Safeguarding (IPSS) ipss@cg.org.au



BLACKFRIARS PARISH
Cnr Phillip Avenue &
Antill Street,
Watson ACT
2602

Fr Renoir Oliver Jr SSS
Website:

www.cg.org.au/watson

Facebook:

www.facebook.com/Holy-Rosary-Parish-Watson



ST JOSEPH'S PARISH
61 Boronia Drive,
O'Connor ACT 2602

Fr Anthony Riosa SSS
Website:

<https://cgcatholic.org.au/parishes/oconnor/>

Facebook:

www.facebook.com/stjosephsoconnor



CANBERRA CENTRAL inc:
ST BRIGID'S 2 Bancroft St
Dickson ACT 2602

ST PATRICK'S 1 Donaldson St
Braddon ACT 2612

Fr Sebastian Luistro SSS
<http://cg.org.au/canberracentral>



ST THOMAS MORE PARISH
30 White Crescent
Campbell ACT 2612

Fr Anthony Riosa SSS

Website:

www.stthomasmore.org.au

Facebook:

[facebook.com/
st.thomasmore.campbell](https://facebook.com/st.thomasmore.campbell)



Entrance Antiphon - Ps 94:6-7

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

First reading - Job 7:1-4,6-7

Is not man's life on earth nothing more than pressed
service, his time no better than hired drudgery?
Like the slave, sighing for the shade, or the workman
with no thought but his wages, months of delusion I
have assigned to me, nothing for my own but nights of
grief. Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!' Restlessly I
fret till twilight falls. Swifter than a weaver's shuttle my
days have passed, and vanished, leaving no hope be-
hind. Remember that my life is but a breath, and that
my eyes will never again see joy.

The word of the Lord.

Thanks be to God.

Responsorial Psalm - Psalm 146(147):1-6

Praise the Lord, who heals the broken-hearted.

Praise the Lord for he is good;
sing to our God for he is loving;
to him our praise is due.

Praise the Lord, who heals the broken-hearted.

The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name.

Praise the Lord, who heals the broken-hearted.

Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust.

Praise the Lord, who heals the broken-hearted.

Second reading - 1 Corinthians 9:16-19,22-23

I do not boast of preaching the gospel, since it is a duty
which has been laid on me; I should be punished if I did
not preach it! If I had chosen this work myself, I might
have been paid for it, but as I have not, it is a

responsibility which has been put into my hands. Do
you know what my reward is? It is this: in my preaching,
to be able to offer the Good News free, and not insist
on the rights which the gospel gives me. So though I am
not a slave of any man I have made myself the slave of
everyone so as to win as many as I could.

Cont... I made myself all things to all men in order to
save some at any cost; and I still do this, for the sake of
the gospel, to have a share in its blessings.

The word of the Lord.

Thanks be to God.

Gospel Acclamation - Mt 8:17

Alleluia, alleluia!
He bore our sickness,
And endured our suffering.
Alleluia!

Gospel - Mark 1:29-39

On leaving the synagogue, Jesus went with James and
John straight to the house of Simon and Andrew. Now
Simon's mother-in-law had gone to bed with fever, and
they told him about her straightaway. He went to her,
took her by the hand and helped her up. And the fever
left her and she began to wait on them. That evening,
after sunset, they brought to him all who were sick and
those who were possessed by devils. The whole town
came crowding round the door, and he cured many
who were suffering from diseases of one kind or another;
he also cast out many devils, but he would not allow
them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left
the house, and went off to a lonely place and prayed
there. Simon and his companions set out in search of
him, and when they found him they said, 'Everybody is
looking for you.' He answered, 'Let us go elsewhere, to
the neighbouring country towns, so that I can preach
there too, because that is why I came.' And he went all
through Galilee, preaching in their synagogues and
casting out devils.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Communion Antiphon is Not recited when hymns are sung.

Communion Antiphon - Psalm 106:8-9

Let them thank the Lord for his mercy,
His wonders for the children of men, for he satisfies the
thirsty soul, and the hungry he fills with good things.

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CAN WE PRAY FOR YOU?

The Holy Rosary Women's Faith Circle meets online
every second Thursday at 8pm. Faith circles are
gatherings of two or more women who meet fortnightly
to read scripture, pray and share life. The group is a
space where members can connect, grow together
in faith and hold each other up in prayer. If you would
like us to pray for you or a special intention please email
Emily at emilykathrynhall@gmail.com. All prayer
requests will be held in the strictest of confidences.



Marriage Preparation Courses

Upcoming Marriage Preparation courses for engaged couples: **FOCCUS** - Tues 13th Feb 5-9pm plus a private follow up session at CatholicCare. **Evenings for the Engaged** - Sat 10th & 17th Feb 9-3pm. **Engaged Encounter**- Sydney, Sat 24 & Sun 25. **Smart Loving** (online), 9 lessons, learn at your own pace when suits you. For more information contact marriage.preparation@cg.org.au To register go to www.marriagefamily.org.au **Enquiries:** Lara Kirk on lara.kirk@cg.org.au or Helena Zobec on **0405 440 463**

VOCATIONS DINNER AT ARCHBISHOP'S HOUSE.

Thursday 8 February at 6pm.

For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To rsvp please contact vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.

WATSON BLACKFRIARS MEDITATION GROUP

Meets on Thursday evenings at 7.30pm in the Watson Parish Centre. For all enquiries call John Jarvis 6296 2001 or email jjarivis1@bigpond.net.au

CAN YOU ANSWER THIS QUESTION ?

Would the person who left the box of books outside the Parish Office at Watson, with a note saying they were for "Jim" please contact Jim on 0448 737 700.

THE ARCHDIOCESAN CARING FOR CREATION MOVEMENT

We will open the year with prayers and Mass at 11am on Saturday, 10 February, at ANU in the chapel at John XXIII College, 51 Daley Road ANU. To be followed at noon by a light picnic lunch near the Sullivans Creek Road carpark. In association with ANU Chaplaincy for O-week. **All Inner North Parishioners welcome.** Enquiries: LaudatoSiACT@gmail.com or Roger Paul at rpaul2572@gmail.com.

IF YOU HAVE ANY OLD PALMS

If you have any Palms from last year, could you please leave them at your Parish, by 11 February at the latest. We will be using them for Ash Wednesday this year.

FOUNDERS BIRTHDAY

Saint Peter Julian Eymard, Apostle of the Eucharist.
Is the Founder of the Blessed Sacrament Congregation (Men)
And Servants of the Blessed Sacrament (Women)
We celebrate his Birthday on 4 February

Parish Offices Opening Hours

Watson Blackfriars 9am-12.30pm Thursdays & Fridays
Campbell St Thomas More 9am – 12.30pm Tuesdays
Dickson St Brigid's Mondays 9am-12.30pm Mondays
O'Connor St Joseph's 9am – 12.30pm Wednesdays and Thursdays

SAVE THE DATE

ST THOMAS MORE PARISH

Fr Emil's Farewell 25 Feb 10am Mass
And morning tea after Mass– All welcome

ST. THOMAS MORE FORUM

(A pastoral initiative of the Parish of St. Thomas More Campbell)

Wednesday 20 March 2024 7.30 to 9pm
Holy Faith Hall, 30 White Crescent, CAMPBELL

Keynote Speaker:

Greg Sheridan

Title "How Christianity Triumphs
in a Newly Pagan Society"

Bookings Open Now at

Eventbrite <https://bit.ly/stmf-200324> or
forum@sthomasmore.org.au or
0416823447

ST JOSEPH'S PARISH

FRIDAY 2 February from 5pm to 10pm
Vigil, Holy Adoration and
Reparation prayers and Hymns
All Inner North Parishioners Welcome

PARENTS GROUP AT ST JOSEPH'S

Commencing in March
For new parents if you are interested, please contact
David Gereis on 0415 286 080

CRAFT MORNINGS

If you are interested in joining in with lovely ladies for enjoyable conversation and lots of laughter, we have 2 craft groups in our Inner North Community. You would be most welcome to attend either group.
Dickson Parish Centre - will commence again 14 Feb and then fortnightly Wednesdays from 1pm.
For more information call Mary Boyle on 0450 060 256
Watson Parish Centre - 1st, 2nd, 4th & 5th Wednesdays of each month, from 12-4pm. For more information contact Pat Savas on 6248 0470

LENTEN GROUP



You are invited to join a Lenten group which will open up the Sunday readings through commentary by six insightful authors. Uniting these insights is the theme of building, in the face of contemporary divisiveness and polarisation, a vital and dynamic response of Christian harmony. The group will meet online for discussion and prayer, 7.30 – 8.30pm, starting on 12 February and finishing on 25 March. Sign-on sheets in the Holy Rosary Church foyer or contact Roger Paul at rpaul2572@gmail.com. \$8.95 for the booklet, *Living in Harmony*, to be used in the program. Payment to the parish office. (correct money required please).

If you are interested in a face-to-face Lenten group, please record your name on the corresponding sign-on sheet and whether you are willing to be a facilitator for the group. Efforts will be made to form such a group if there is sufficient interest.

HEALING LOVE

On the one hand, there are suffering human beings like Job, slaves longing for the shade. On the other hand, there is God who cares about us, who heals the broken hearted and sustains the lowly. Jesus comes into this world of suffering as God the healer: Those whom he cured were many. The community of the followers of Jesus has a calling to bring healing to this world full of suffering. They are to go about this by means of service: just as Simon's mother-in-law did, they are to use their healing from Jesus as an opening to serve others. They are to be like Paul, making themselves all things to all people, the slaves of all. The Catholic Church challenges us to hunger and thirst for what is right so that, like God, we might fill the hungry with good things. Especially through his life-style and through his actions, Jesus revealed that love is present in the world in which we live—an effective love, a love that addresses itself to man and embraces everything that makes up his humanity. This love makes itself particularly noticed in contact with suffering, injustice and poverty— In contact with the whole historical 'human condition,' which in various ways manifests man's limitations and frailty, both physical and moral.

Pope John Paul II, Dives in Misericordia, 1980: 3.

OUR RECENTLY DECEASED

Our recently Deceased: May they find peace and comfort in the embrace of the Lord.

Joan Percy, (Mother of Fr Tony), David Ficken, Rowan Andrew, Shirley Dunn, Geraldine Conlon, Brian Mahoney, Margaret Byrne

IN LOVING MEMORY

Alvy Raymundo, Josie Simbulan, Jose Rico, Romeo Cabardo, Heather Pook, John Collett, Jack O'Brien, Alice McDonald

CONTRIBUTIONS TO PRIEST & PARISH

Contribute to the First Collection.

Account Name: Central Presbytery Fund
BSB: 062-786 - Bank Account: 000029248
Reference: Use your Parish Location to assist in correct allocation & Your Name (e.g. Campbell Smith)

Planned Giving: Planned Giving is a weekly, fortnightly or monthly contribution to the first and/or second collection via cash, direct Debit or credit card. By contributing set amounts regularly you help the parish to forecast and budget its ongoing expenses. If you are new to Planned Giving and would like more information, please contact the Parish Office.

PLEASE NOTE: Existing Planned Giving arrangements have not changed. If you have established a regular deduction, that will continue. For information, Planned Giving account details for each Parish follow. These can be used to set up new regular deductions.

Canberra Central : A/C Name Canberra Central Parish
BSB: 062786 **A/C:** 000013150 **Ref:** Name & Giving Number

Blackfriars: A/C Name: Blackfriars Parish Watson
BSB: 062786 **A/C:** 000013341 **Ref:** Name & Giving Number

St Joseph's: A/C Name: St Joseph's Parish
BSB: 062 786 **A/C:** 000012798 **Reference:** Parish & Name

St Thomas More: A/C Name: St Thomas More Parish
BSB: 062786 **A/C:** 000014869 **Ref:** Campbell/Surname

PARISH BULLETIN - DEADLINE for notices is 4 pm TUESDAY
Ph: 0416 823 447 email: innernorth@cg.org.au

In Your Prayers please remember those in our community who are ill:

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Evelyn Matriano, Davide Verri, Bedelia delos Santos Sabina –Mary Coles, Mary Pavey, Anne Corver, Sue King, Barbara Wilson, Una Bell, Philip Bailey, Peter Catlin, Veronica Cornelly, Rosa Maria Santos, Gloria Sibley, Beth Delos Santos, Fr Ellis Clifford, June Pollard, Philip Cruz, Maureen Blood, Awny El-Ghitany, Pamela Sandy, Una Ford, Robin Lees, Elizabeth Webster, Ann Moran, Colleen Brackett (& friend Jackie), Brenda Curren, Joan Goodwin, Nadine Hartley, Gabriel Hengkiarto Indra, Mary O'Hanlon, Baby Remi Elliott, Tony Bandle, Clare Packer, Robyn Cross, Paul Thorpe, Joycelyn Maclean, & Kahren (daughter of Joycelyn), Mahsa Raoofian, Christopher Douglas, Kahren, Lyn Mowbray Lily Copeland, Neville Caulfield, Maggie McKeon, Alphonsa & Maria Bankovsky, Carmel Slammon, Carol - Jayne McManus

WEEKDAY MASSES

	Mon	Tue	Wed	Thu	Fri	Sat
St Patrick's (Braddon)		12:30pm	12:30pm	12:30pm	12:30pm	
St Thomas More's (Campbell)					10:00am*	
St Brigid's (Dickson)			9:00am	9:00am		9:00am
St Joseph's (O'Connor)		9:15am	8:00am	9:15am	9:15am	8:30am
Holy Rosary (Watson)		5:30pm	5:30pm	5:30pm	5:30pm	
ACU-Signadou (Watson)			12:00noon**			

* During school term, as advised when Classes attend.

** First Wednesday of month during University Terms

SATURDAY VIGIL & SUNDAY MASSES

	Saturday Vigil Mass	Sunday Morning & Evening Masses				
		8:00am	8:30am	9:30am	10:00am	5:00pm
St Patrick's (Braddon)		8:00am			10:00am *	
St Thomas More's (Campbell)					10:00am	
St Brigid's (Dickson)	6:00pm			9:30am		5:00pm**
St Joseph's (O'Connor)	6:00pm	8:30am				
Holy Rosary (Watson)	5:00pm				10:00am	5:00pm
ACU-Signadou (Watson)						

* German Mass

** Vietnamese Mass (1st & 3rd Sundays)

ADORATION & SACRAMENTS

	Reconciliation
St Patrick's (Braddon)	12:00 noon Friday
St Brigid's (Dickson)	9:30am - 10:00am Saturday 5:30pm - 5:50pm Saturday
St Joseph's (O'Connor)	5:30pm - Saturday (during Holy Hour)
Holy Rosary (Watson)	4:00pm - 4:30pm Saturday
	Adoration of the Eucharist
St Brigid's (Dickson)	9:30am - 8:00pm Wednesday
St Joseph's (O'Connor)	8:15am - 9:15am Tuesday, Thursday & Friday
Holy Rosary (Watson)	6:00pm - 7:00pm Friday
	Pray the Rosary
St Brigid's (Dickson)	8:30am Tuesday to Saturday
St Joseph's (O'Connor)	After morning Mass Tuesday, Wed (Cenacle), Thursday, Friday
Holy Rosary (Watson)	Before 10:00am Mass, 1 st & 3 rd Sundays
	Anointing of the Sick
St Joseph's (O'Connor)	8:30am First Saturday of the month
St Thomas More (Campbell)	11:15am First Sunday of the month