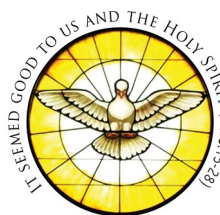
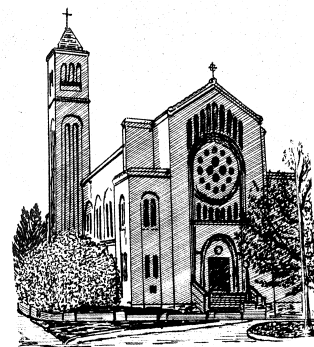


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

4th Sunday of Lent,
Year B
10 March 2024

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne



YEAR OF THE
HOLY SPIRIT
August 2023– 2024

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux
Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets,
Yarralumla ACT

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday & Public Holidays:
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Adoration

St Christopher's

Monday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon–Fri 8am, Sat 11:40am, Sun
4:45pm

Baptisms

St Christopher's:

2nd & 4th Sundays: 12.30pm

St Peter Chanel's:

3rd Sunday: 10:30am

Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Laetare Sunday

This Sunday the Church encourages us to rejoice, this is the meaning of the word Laetare. Why should we rejoice? What reason are we given? We are more than halfway through Lent, you haven't had chocolate for twenty-four days this should be a time for mourning not rejoicing, surely?

We look at our readings and we see heavy topics again, the long and troublesome history of the Jewish people, the exile into Babylon, betrayal, disappointment and defeat. Jesus tells Nicodemus that the Son of Man must be lifted up so that the world might be judged. It almost seems ironic that the Church asks us for joy, among such grim reading.

The call for us to rejoice comes from our entrance antiphon, taken from the prophet Isaiah: "Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning, exult and be satisfied at her consoling breast." This comes from the very last chapter of Isaiah's prophecy, in which God promises a return to Jerusalem and a judgement on all the nations. In this judgement, God will show mercy to his beloved Jerusalem.

This theme is seen again in our psalm, we see the Jewish people led away into captivity, praying to the Lord that they never forget Jerusalem, praying that they prize Jerusalem above all their joys. They have left their land in defeat and disgrace but they still hold on to the memory of what God has done for them. The hope they have that the Lord will be merciful sustains them in their seventy-year exile.

Hope blossoms into Joy. As our hope is certain, our joy is inevitable. Even in the worst of circumstances, we rejoice that God has not forgotten his people and we will know the fullness of his merciful love.

This great truth is echoed again in the letter of Saint Paul to the Ephesians, "God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ." God has not forgotten his people, despite our sins and our many failings, God gives us the fullness of his merciful love. We do not deserve this, and there is no way that we could possibly deserve it. God's love for us is so great that he gives the greatest gift to us who are nothing compared to him. This is the source of our joy, the generosity of God.

This generous mercy of God can never be taken away, nothing can steal it from us, it cannot be exhausted, and it cannot be spent. It does not matter if we are in Babylon or in Jerusalem, rich or poor, safe or in danger. There is nothing that can stop God from his love of us.

This Sunday let us rejoice in this great gift, and give thanks to God for his unending mercy.

Fr. Alex



NOTICES

PARISH MINISTRIES

Director of Music

Ms Jaki Kane

RCIA

Miss Becky Langworthy
Contact Office

School of Religion

Miss Chiara Catanzariti

Youth Coordinator

Miss Anita Donaldson
youth.cathedral@cg.org.au

Safeguarding Officer

Ms Siobhan Reeves
cathedral.safeguarding@cg.org.au

Weekly Liturgical Calendar

Mon	Mar 11	4th Week of Lent
Tues	Mar 12	4th Week of Lent
Wed	Mar 13	4th Week of Lent
Thu.	Mar 14	4th Week of Lent
Fri.	Mar 15	4th Week of Lent
Sat.	Mar 16	4th Week of Lent
Sun	March 17	5th Sunday of LENT Yr B

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation
Saturday at 4:30pm SPC

Other Communities

Spanish Community
First Sunday of the month at
11.30am SPC

African Community
Second Sunday of the month at
11.45am SPC begins Feb.

Filipino Community
First Sunday bi-monthly at
5.00pm SPC

**For details of any of the
above, contact the Parish
Office.**

LENT—STATIONS OF THE CROSS

5pm each FRIDAY during Lent.
Saint Christopher's Cathedral.



- Good Friday is a day of fasting & abstinence (no meat).
- Fridays during Lent are obligatory days of abstinence.
- The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year. In Lent, we omit the "Alleluia" at Mass.

ARCHBISHOP'S LENTEN LIGHTHOUSES

Join Archbishop Christopher Prowse on a Lenten Retreat through his Sunday Homilies. "What have I done for Christ?", "What am I doing for Christ?", "What ought I do for Christ?"

You can find the first and second lighthouse inputs on the Catholic Voice website or via the Qr Code



CANBERRA BACH ENSEMBLE – Bach's *St John Passion* - 300th Anniversary - 1724-2024. Choir, orchestra, and soloists, directed by Andrew Koll. Performances on **Saturday 16 March at 7.45pm & Sunday 17 March at 2.00pm** at **St Christopher's Cathedral**. For more info and to purchase tickets, please visit www.canberrabachensemble.com

Triduum Liturgies—St Peter Chanel's Church

This year, we will be unable to have any of the Triduum Liturgies at SPC. Meaning there will be **no** Holy Thursday Mass or Vigil Mass. Stations of the Cross will continue to take place at 10am on Good Friday as well as the Sunday Morning Easter Mass at 9:30am.

THE ROUNDTABLE— SACRAMENTAL INITIATION— Join others from around the Archdiocese for a time of prayerful dialogue in the spirit of synodality on the realities and process of Sacramental Initiation in the life of our Church . **21 March 4:30pm-6:00pm, Haydon Hall.** REGISTER at cgevangelisation.org.au/roundtables. Online (Zoom) and In-Person.

LENTEN REFLECTION SERIES: Please join us on **15 and 22 March**, after Stations of the Cross, to continue our Lenten journey and prepare for Easter with reflections, Adoration and the opportunity for confession. **6pm in the Cathedral Crypt** - all are welcome!

Vocations Dinner at Pearce Presbytery. Thursday **14 March at 6pm.** For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To RSVP please contact vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.

SCHOOL OF RELIGION— Confirmation classes start **Tues 2 April, 6pm-7:30pm** in St Peter Chanel's Parish Room, Yarralumla. Confirmation will take place on Saturday **18 May 2024** at the **5pm Vigil**. Please contact the office to enroll or for more information. First Holy Communion will start on the **9 May** for the **2 June** and First Reconciliation starts on the **4 June** for the **3 July**.

EXTRODINARY MINISTERS OF HOLY COMMUNION – Volunteers wanted – Calvary Haydon Aged Care, Bruce. Do you have a few hours each week or each fortnight to volunteer? Can you help aged care residents with pastoral care, take them to the chapel for mass and sit with them, or help with an activity? All volunteers require a Working with Vulnerable People's Card. Please contact 62647406/62647540 and leave your details for Edwina. Induction training will be provided on first day.

NOTICES

Giving and Receiving— Direct debit and QKR options are available, as well as TapnGo machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit . **The First collection: contributes to clergy of the Archdiocese.** If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! instructions, visit cgatholic.org.au/2016/10/something-beautiful-god/

Thank you for your generosity

PROJECT COMPASSION APPEAL 2024— Please take a *Project Compassion* box or set of donation envelopes to support *Caritas Australia* this Lent. You can donate at caritas.org.au/project-compassion, or at 1800 024 413. Together, we can help vulnerable communities face their challenges today & build a better tomorrow, for All Future Generations



CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

Caritas Australia's Gaza Crisis Appeal— The sudden escalation of hostilities in Israel and Gaza has seen unimaginable impacts for the people affected by this conflict. Around 1.5 million people have been displaced in Gaza with immediate food, shelter, health, and psychosocial needs. With your compassionate generosity, we can provide emergency support to people displaced and affected by the hostilities to meet basic needs and cope with trauma. **Please donate to Caritas Australia's Gaza Crisis Appeal.** Online www.caritas.org.au/gaza or phone 1800 024 413

A Lenten Journey - The Good Shepherd prayer group invites you to join us each Wednesday evening for talks, sharing groups and worship. Deepen your faith this Lent and draw closer to Jesus. **Weds 21 Feb to Weds 27 March, 7pm-9pm**, Parish Room, St Peter Chancels, Weston St, Yarralumla. Call/text Neda 0415 266 019, Susanna 0419 902 293, Gabriel 0422 285 491 for more info.

THE FARM IN GALONG Ltd (the Farm) - a residential rehabilitation centre established to address the needs of women recovering from drug and alcohol addiction. We help them transition from the live-in program to independent living, restoring children who may have been removed, repairing relationships with family and in the community, and ultimately making a recovery permanent. Hands Across Canberra, consider donating today: giving.handsacrosscanberra.org.au/event/the-farm-in-galong/home



Year of the Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light
Of the Holy Spirit,
Did instruct the hearts
Of the faithful,
Grant that by the same
Holy Spirit we may be
truly wise and ever rejoice in His
consolations.
Through the same
Christ our Lord

Amen.

AUGUST 2023— AUGUST 2024

We pray for...

Those to be baptised: Oliver Favetta & Alexander Barnes

Those to be married: Tass Levantis and Nicole Fuentes

Those who are ill: Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Kevin Conlan, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Anthony Tuskens, Joan Burton, Amparo C de Baez, Patrick Charles & Kerry Agnes Purcell, Annie Duffy, Edrie Mary Duffy, Ralph Martin, Muriel Robbie, Raffaele Franze, Austin Burns, May Ledger, William Lloyd Alick Roberts, Jean Elizabeth Lennon, Catherine Semecky, Kevin Cranwell, Michael Conroy, John Hipwell, Jose Gonzales, Constance Jones, Keith McLaughlin, Shirley Evans, Anthony Donohoe, Nuala Kelly, Maura Kelly, Bri Humphreys, Alberto Alfredo Bonansea, Claudia De Salazar, Zoa Molina, Jose Rafael Naar Salazar, Javier Family, Patricia & Bernie Shepherd, Lea Connellan, Guthrie family, Margaret and Michel Quinn

Recently Deceased: Marie Docherty (sister of Fr Mick Burk), Anthony Kelly, Csr, Maria Crowe, Anna Nguyen Thi Minh (mother of Deacon Don), Suzanne Wall, Dora Marleny Rodriguez Navarro, Kevin Allen, Mark Canning, Meg Dooley, Joan Percy (mother of Father Tony Percy), Ray Finnegan, Margaret "Peggy" Byrnes

4th Sunday of Lent —Year B — 9/10 March



Cathedral QR code

Entrance Antiphon: Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.
Responsorial: Let my tongue be silenced, if ever I forget you!
Gospel Acclamation: Glory and praise to you, Lord Jesus Christ! God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life. Glory and praise to you, Lord Jesus Christ!
Communion Antiphon: Jerusalem is built as a city bonded as one together. It is there that the tribes go up, the tribes of the Lord, to praise the name of the Lord.

First Reading

2 Chronicles 36:14-16. 19-23

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy. Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.' And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."'

Second Reading

Ephesians 2:4-10

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus. This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

Gospel

John 3:14-21

Jesus said to Nicodemus: 'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he have his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son. On these grounds is sentence pronounced: that through the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.'

READERS ROSTER MARCH

READERS ROSTER MARCH				
Lectors			Eucharistic Ministers	
Mass	9/10 March	16/17 March	9/10 March	16/17 March
5.00pm (SCC)	Ruth Meadows Les Buszynski	Crystal Lavien Ruth Meadows		
8.00am (SCC)	Joe Zavone Louise Zavone	Phil Pocock Zvon Seselja		
9.30am (SPC)	Raphael Molu Marcelle Disanayake	Dominic Chin Clarice Poh		
11.00am (SCC)	Les Buszynski Bianca Goh	Leeann Galloway Jacqueline Hipwell	Bronwen Grey Mark Hyman	Edwina Hyman Bianca Goh
5.00pm (SCC)	Francilia Gomes Rebekah O'Meagher	Lynette Yap Francilia Gomes		

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**St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick,
Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla**