

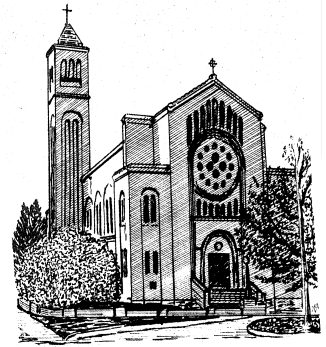


# St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

Fourth Sunday in  
Ordinary Time  
Year B -  
31 Jan 2021

Archdiocese of Canberra & Goulburn  
Archbishop: Most Rev Christopher Prowse DD STD  
Administrator: Fr Trenton van Reesch  
Assistant Priest: Fr Norvin Dias



**Masses at St Christopher's  
will be offered with a maxi-  
mum of 260 people present  
until further notice**

## PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh) Emergency Phone for Priests: 0491 072 304  
cathedral@cg.org.au www.cg.org.au/cathedral  
Online Payments Link: <https://www.bpoint.com.au/payments/sccp>  
Parish Secretary: Michelle O'Connor—Mon-Fri, 8.30am-12.15pm, 12.45pm-4.30pm  
Accounts Officer: Karina Widjaja—Friday, 8am-4pm

## Sunday Mass

### **St Christopher's**

Cnr Canberra Ave & Furneaux  
Street, Forrest (Manuka) ACT

**Sat. Vigil:** 5.00pm

**Sunday:** 8.00am,  
11.00am (livestreamed),  
5.30pm

### **St Peter Chanel's**

Cnr Weston & Loch Streets,  
Yarralumla ACT

**Saturday:** 6.00pm Vigil

**Sunday:** 9.30am  
2.00-3.00pm Adoration  
& Confessions

## Weekday Mass

### **St Christopher's**

**Monday to Friday:** 7.30am &  
12.15pm

**Saturday:** 9.00am & 12.15pm

### **St Peter Chanel's**

**Tuesday:** 5.30pm

**Thursday:** 10.00am (9.30am  
Adoration): Anointing Mass first  
Thursday of the month.

## Reconciliation

### **St Christopher's**

**Wednesday:** 11.30am-12.00noon

**Thursday:** 6.00 - 6.30pm

**Saturday:** 11.00am - 12noon

### **St Peter Chanel's**

**Tuesday:** 6.00 - 6.30pm

**Saturday:** 5.15 - 5.45pm

## Adoration

### **St Christopher's**

**Tuesday to Friday:** 5.00-6.00pm

## Baptisms

**Sundays:** 12.30pm

## Weddings

**St Christopher's:** Saturday  
1.30pm & 3.00pm

**St Peter Chanel's:** By arrangement

Dear parishioners and visitors,

This week, in the Gospel for the 4<sup>th</sup> Sunday in Ordinary Time, we hear the people in the synagogue react to Jesus, whose teaching had a 'deep impression' upon them, for he taught with an authority they had not seen before and not as the scribes (Mk 1:22). What was it about this man now in their midst, that caused such a reaction?

Nobody has ever taught like Jesus. Not only did he speak with authority in that he could cast out evil, but he spoke with an authority which was reliant upon no one else; unlike the teachers of his day. When the rabbis taught in the synagogue, they would often quote one expert, opinion and tradition after another. But here, Jesus speaks with the authority of God Himself. Jesus spoke not of the Word, but as the Word. Indeed, even the unclean spirit itself cries out: "I know who you are: the Holy One of God". Jesus teaches with amazing authority over spirits, over nature, over all things - for He is the Lord of all, the Word of God now in our midst! Let us then, as St Paul exhorts in the second reading, give undivided attention and devotion to the Lord, having the Word of God at the centre of our lives - of all we are, of all we do.

Friends, the Lenten season is fast approaching with Ash Wednesday falling on the 17<sup>th</sup> of February this year, and Easter Sunday on the 4<sup>th</sup> of April. With Lent on the horizon, Archbishop Christopher invites you to join a unique **Archdiocesan Lenten Renewal experience called "Walk in the Spirit."** This retreat experience will be live-streamed for six consecutive Thursdays during Lent from **7.30pm to 9.00 pm, from the 18<sup>th</sup> of February to 25<sup>th</sup> March.** Each session will include talks, a moment of sharing and prayer, as well as discussion opportunities. The sessions will be live streamed on the *Catholic Voice* YouTube site, as well as the **Walk in the Spirit website** (<https://cgatholic.org.au/walk-in-the-spirit>) and will remain available, to be viewed at your own convenience. Participants will also be provided with a series of formation materials to support them on their Lenten journey.

As a parish we are offering the opportunity to make this journey together, by gathering in small 'hubs'. If you are interested, please contact Leeann Galloway c/- the Parish Office at [cathedral@cg.org.au](mailto:cathedral@cg.org.au). Let us prepare well for the coming season. Finally, with another year now well upon us, we are looking forward to recommencing our third session of our Young Adults **HOME Group**. This is a fraternal and catechetical group for those aged 18 to 35. These sessions are about hangout out with friends and looking at the deeper questions, as we work through different topics on the Catholic Faith in a relaxed, informal way. **HOME Group** will return on **Wednesday the 17<sup>th</sup> of February at 6:00pm in the Haydon Hall.** We look forward to welcoming back previous participants, but equally too any newcomers! Save the date! Details to follow soon!

# PARISH NEWS

## PARISH MINISTRIES

### Director of Music

Jaki Kane

### RCIA

Thursday Evenings 6pm. Contact office . Resumes January 28th.

### School of Religion

Watch this space for 2021 Sacramental program dates.

### Youth Minister

Anh Tran

Email: anh.tran@cg.org.au

### Weekly Liturgical Calendar

Mon 1 Feb	Weekday, Ordinary Time
Tue 2 Feb	The Presentation of the Lord
Wed 3 Feb	Weekday, Ordinary Time
Thu 4 Feb	St Thomas Aquinas
Fri 5 Feb	St Agatha, virgin, martyr
Sat 6 Feb	St Paul Miki & Companions, martyrs
Sun 7 Feb	5th Sunday in Ordinary Time

### Legion of Mary

Monday at 5.30pm  
Haydon Hall

### St Vincent de Paul

Assisting people in need and combatting social injustice in our community

### Adventurers Youth Group

(primary school age)  
Sundays, 8.45am SPC—  
Resumes, February 2021

### Good Shepherd Prayer Group

Wednesday at 7pm SPC  
Parish Room (Feb-Dec)

### Christian Meditation

Saturday at 5pm SPC

## Other Communities

### Spanish Community

First Sunday of the month at  
11.30am SPC

### African Community

Second Sunday of the month at  
11.45am SPC

### Filipino Community

First Sunday bi-monthly at  
5.00pm SPC

**PLEASE DO NOT REMOVE OR REPOSITION  
'SIT HERE' SIGNS ON THE PEWS.**

**LET'S KEEP EACH OTHER SAFE—if you are coughing or have flu-like symptoms, please stay at home.**

**7.30am MASS FOR 2 FEB CANCELLED**—Due to the Opening of Parliament Service the 7.30am Mass on Tues 2 Feb will not be on. Unfortunately due to Covid 19 restrictions, this service is not open to the public, but will be livestreamed on the Catholic Voice Youtube Channel <https://www.youtube.com/catholicvoice> or the Catholic Voice website <https://www.catholicvoice.org.au/mass-online/>.

**WALK IN THE SPIRIT—2021 Lenten Renewal Experience.** 18 Feb-25 Mar, 7.30pm-9pm during Lent. Led by Archbishop Prowse via livestreaming every Thursday during Lent. Walk in the Spirit is open to all desiring a new Lenten renewal experience. Talks, prayer, sharing's and Encounter Nights. Register and find out more at <https://cgatholic.org.au/walk-in-the-spirit/>

**PARISH LENTEN REFLECTION GROUPS**—Are you interested in joining a weekly Lenten Reflection Group (or hosting a group) for fellowship and prayer to reflect on the weekly Scripture readings? Group Lenten resource options include the Jesuit Ignatian Spirituality 'Sacred Space' Reflections or the Diocese of Wollongong Reflections. Please email Leeann Galloway c/- the Parish Office at [cathedral@cg.org.au](mailto:cathedral@cg.org.au) to express interest.

**COMFORT LENTEN PROGRAM 2021 BOOKLET**—available for sale at the Cathedral and St Peter Chanel's. Each booklet is \$8.00. Please place payment in the envelope provided or pay online: <https://www.bpoint.com.au/payments/sccp>, selecting DONATION and type 'LENTEN BOOK' in the REASON FOR DONATION.

**DOWNLOAD THE CHECK IN CBR APP:** To assist with COVID-19 compliance and data collection requirements, use the "Check In Cbr" App. The App is free, download onto your smartphone and register, then simply scan the QR code located in the church entrance each time you enter. All data is secure, it saves time and you don't have to touch the pen! Please note on WEEKEND MASSES you must still MANUAL SIGNING IN, ensure numbers are not exceeded.

**REQUEST FOR COVID MARSHALLS FOR WEEKEND MASSES** — Thank you to those who have offered assistance. The parish office is still seeking volunteers who can ensure the correct sign-in procedure is followed at Masses. This would require arriving 30 minutes early and inspecting each sign in. If you are able to assist, please contact the parish office with your details either by phoning 6239 9846 or email [cathedral@cg.org.au](mailto:cathedral@cg.org.au).

**LEGION OF MARY - MEETINGS**—Mondays 5:30pm in the Haydon Hall: Live out your baptism, making the divine message of salvation known to all? Join the Legion of Mary in our parish! For more info, contact Marija Babic on 0402 570 238.

**OUR LADY'S PILGRIM STATUE HOME VISITATION 2021:** The Legion of Mary invite you to have the pilgrim statue of Our Lady, visit your house in 2021. A wonderful way of introducing children to prayer and devotion to Jesus and His mother. The statue of Mary stays for a fortnight with prayers for the parish, for priests and the family provided. Please call Marija Babic on 0402 570 238.

### Parish Collections

Like many in our community, our parish has felt the Covid financial pinch. The finance council encourage you to please consider recommencing your weekly financial contributions. While much has been put to a sudden halt, parish costs have continued to rise. Please consider direct debit and electronic forms of contribution to parish planned giving. Thank you for your generosity and support of your parish.

### New ways of Giving

- Direct Debit
- Qkr app
- Tap & Go
- Collection Point

More information:

[www.cg.org.au/cathedral](http://www.cg.org.au/cathedral)  
or contact Parish office  
6239 9846.

## OTHER NEWS

**Mass live streamed** from the St Christopher's Cathedral. Sunday at 11:00am. The congregation will be filmed during the livestreaming. <https://www.catholicvoice.org.au/mass-online/>

### **PRESENT PROTOCOLS - Please be familiar with current guidelines**

- In accordance with government restrictions, 260 people are permitted in the Cathedral at any one time.
- ALL PARISHIONERS & VISITORS MUST sign in upon entry (including children) . Records are destroyed after 28 days.
- Communion is received in the hand only & not under the species of the Precious Blood.
- Physical distancing rules still apply—respecting the 2sqm p/p rule.
- Please sit where there is a 'Please sit here' marker. Every 2nd pew is closed. *NB:* Families can sit together.
- Please use hand sanitiser upon entry and clean your pew/space with the wipes provided.
- There will be no physical contact at the sign of peace.
- No collection plates are in use, but money/envelopes can be deposited at collection points.
- Please DO NOT return bulletins, but keep or dispose of appropriately. **Please maintain social distancing 1.5m, at all times, including in the single line formed to receive Holy Communion.** Blue squares and yellow markers on the tiles indicate these distances. Thank you for your commitment in keeping everyone safe.

**Canberra Catholic Bookshop** - COMFORT 2021 Lenten Reflection available now. We are located in Manuka, just behind St. Christopher's Cathedral, where there is free parking in front of our building and lots of parking in the neighbourhood. We have an extensive range of Sacramental & Religious Gifts, Books, Music & Church Supplies - You are always welcome: Opening Hours—Monday – Friday 9:30 am – 5 pm; Saturday 9 am – 1 pm. Ph: 6239 9888.



**Aid to the Church in Need:** As we begin a new year please remember the suffering Church. Your donation helps keep the faith alive during these difficult times. Visit [www.aidtochurch.org](http://www.aidtochurch.org).

**The 7 Week Marriage Course via Zoom—9 Feb.** The Archdiocese invites parish couples to build stronger foundations, learn to communicate more effectively and resolve differences all from the comfort of your own home. You may then wish to assist in running the same program for your parish community in the future. Costs \$70 per couple. For more details and to register visit <https://mailchi.mp/b4c3fdd09d6a/tmc21> or contact Steph Ransom [steph.ransom@cg.org.au](mailto:steph.ransom@cg.org.au)

**St Valentine's Mass—13 Feb, 6pm,** St Thomas the Apostle, Kambah, invites you to celebrate the love, romance and Joy of Christian Marriage with a St Valentine's celebration Mass. Includes Renewal of Marriage Promises for married couples, and a Special Blessing for engaged couples. EVERYONE welcome. Contact Elizabeth 62319219.

**Pastoral and Spiritual Care Training—5 Wednesdays 17 Feb-17 Mar, 9am-5pm, Queanbeyan—**Is your New Year's Resolution to try something new? Maybe it's to get more involved in the community? Then why not combine both by enrolling in a Clinical Pastoral Education (CPE) Introductory Course. This 5 day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. Costs \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon. Contact Susanne Schmidt 0431 243 486 or at [susannecpe@gmail.com](mailto:susannecpe@gmail.com)

**Engaged Encounter Retreat—20-21 Feb 2021.** How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. For further information visit: [www.engagedencounter.org.au](http://www.engagedencounter.org.au).

**Men's Cursillo Weekend—25 Mar 2021.** A Cursillo retreat weekend offers you the opportunity for formation through talks, meditations, discussion and prayer led by an experienced local volunteer team. A three-day retreat starts on the evening of Thu 25 Mar in the relaxed monastery grounds of St Clements in Galong. Contact Geoff ([chantel1997@hotmail.com](mailto:chantel1997@hotmail.com), 0451 013 772).

**Safe Church Transport** - A Transport Service that Provides a Companion. Do you or someone close to you wish to attend Mass but don't have the means or a companion to make it happen? CareTaxi is your answer. Your fulfilment is our blessing! Holy Mass, Medical/GP appointments, shopping trips, recreational trips, sightseeing, school trip and more; our qualified and caring drivers can assist you. Visit [www.caretaxi.com.au](http://www.caretaxi.com.au), call +61 451 734 334 or email [services@caretaxi.com.au](mailto:services@caretaxi.com.au).



**Christians for an Ethical Society (CES)** 10 February at 7.30pm. Australian Centre for Christianity and Culture, Blackall Street, Barton ACT 'Political Propaganda, Freedom of Communication and Truth on Social Media' CONTACT Ann: [secretary@ces.org.au](mailto:secretary@ces.org.au).



**CatholicCare** Canberra & Goulburn is the social justice arm for our Archdiocese. It is local, and yet the magnitude of its work is largely unknown. CatholicCare offer a multitude of services in areas including: NDIS, Family Support and Counselling services, Disability, Aged Care, Mental Health, Youth, Homelessness, Alcohol and substance abuse and Housing. Please call: 02 6162 6100. There for any human.

### **A SPIRITUAL COMMUNION PRAYER**

**Dear Lord, I believe in the presence of Your Body and Blood in the Eucharistic celebration of the Last Supper. Since I cannot receive You Sacramentally, I embrace You Spiritually into my heart. Never permit me to be separated from you. My Lord and my God. Amen.**

**We pray for...**

**those who are ill:** Bronwen Grey, 21 Katarina Imsinovic, Clarrie Pickard, Colliss Parrett, Arianna Vignale, Lucy Duncan, Stella Lazar, Rod Duncan, Anthony, David Kibbey, Frank Boyle, Paul Mychailuk, Kalum, Melania Widjaja, Edhie Rahardja, Danny Yuwono

**Anniversaries of death:** Mary Walshe, Silvio Cadona, Sylvia Crossin, Eleanora Gaider, Sheila Semecky, Reginald Gallagher, Des Black, Kathleen Kelly, Margaret Lyons, Vernon Davies, Margaret Mumford, Allen Blundell, John Stephens, Elizabeth, Bill, Hannah & Phoebe Allan, Arthur Burt, Helen Burt, Margaret Burnell, Josef Charles Stefaniak, Rhys Summergreene, Margaret Riley, Julian Radjam, Ronald D'Cruze, Stanley Cubinar

**Recently Deceased:** Katarina Imsirovic, Teresita Ranuds, Peter Theodore, Vera Canciani, Rudy & Maria Rajic, Alexis Saaghy, Curtis Holland (USA), Lino Farronato, Gerald Byrnes, EPrain Barbary, Muriel Morgan, Dominic McKeown, Leena Lemley, Lou Westende, Shirley Cummings (nee Deane), Brian F Savage,

# Readings of the Day – 4th Sunday in Ordinary Time —Year B



Cathedral QR code

**ENTRANCE ANTIPHON:** *Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.*

**RESPONSORIAL PSALM:** *If today, you hear his voice, harden not your hearts.*

**GOSPEL ACCLAMATION:** *Alleluia, alleluia! A people in darkness have seen a great light: a radiant dawn shines on those lost in death. Alleluia!*

**COMMUNION ANTIPHON:** *Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.*

## First Reading

**Dt 18:15-20**

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die."

## Second Reading

**1 Cor 7:32-35**

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

## Gospel Reading

**Mk 1:21-28**

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

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### LITURGICAL MINISTRIES ROSTER

Lectors				
Mass	30-31 Jan 2021	6/7 Feb 2021		
5.00pm (SCC)	Jacob Madden Leeann Galloway	Ruth Meadows Eleanor Noorli		
6.00pm (SPC)	Felicity de Fombelle Fiona Wheeler	Mike Nash Geraldene Ford		
8.00am (SCC)	Phillip Pocock Liza Quinn	Assigned Mineke Peerboom		
9.30am (SPC)	Mineke Peerboom Jaye Longland	Scott Pobihun Dominic Chin		
11.00am (SCC)	Mark Hyman Cecilia Flores	Gabrielle Wright Cecilia Flores		
5.30pm (SCC)	Rebekah O'Meagher Scott Pobihun	Becky Landworthy Jacob Madden		

St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla