

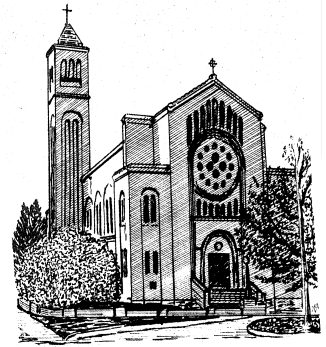


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

Third Sunday in
Ordinary Time
Year B -
24 Jan 2021

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Norvin Dias



**Masses at St Christopher's
will be offered with a maxi-
mum of 260 people present
until further notice**

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh) Emergency Phone for Priests: 0491 072 304
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: <https://www.bpoint.com.au/payments/sccp>
Parish Secretary: Michelle O'Connor—Mon-Fri, 8.30am-12.15pm, 12.45pm-4.30pm
Accounts Officer: Karina Widjaja—Friday, 8am-4pm

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux
Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.30pm

St Peter Chanel's

Cnr Weston & Loch Streets,
Yarralumla ACT

Saturday: 6.00pm Vigil

Sunday: 9.30am
2.00-3.00pm Adoration
& Confessions

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday: 9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Thursday: 10.00am (9.30am
Adoration): Anointing Mass first
Thursday of the month.

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Saturday: 5.15 - 5.45pm

Adoration

St Christopher's

Tuesday to Friday: 5.00-6.00pm

Baptisms

Sundays: 12.30pm

Weddings

St Christopher's: Saturday
1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Forgiveness

Forgiveness can be one of the hardest teachings of Christianity and yet, as we know, it is the most essential. To forgive, is to love. Saint Paul to the Corinthians tells us: 'Love keeps no record of rights and wrongs' (1 Cor 13:5). But what does forgiveness really mean? Where does it leave us? The ones Jesus called in our Gospel today, had to learn this lesson themselves; as do all who are too called to follow Christ. In Matthew, Peter proposes seven times as a generous, reasonable number. Jesus' reply however challenges him, and us, with an incalculable number 'seventy times seven' (Matt 18: 21-22). But again...what does that mean?

Saint Paul writes: "Forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity (Col 3:13ff.)." Now all of this is well and good, yet I think that often, many believe other things are harder than forgiveness. But pause and think deeply. If you have ever really been hurt, you will know that forgiveness is one of the most difficult, most radical things one can offer another. And I say *offer* because forgiveness is not always something that the other wants to receive.

The seriousness of forgiveness is so clear, that at the centre of the Our Father – of Jesus' own prayer – he has us pray: "forgive us our trespasses, as we forgive those... who trespass against us!" That is to say: "Father... do not forgive me... if I do not forgive those who hurt me," which is extraordinary! Contemplating this, we see that the stakes are high when it comes to forgiveness.

Now a lot of time (don't ever think you're alone) we struggle to reconcile with others, we struggle to forgive; which is understandable. For this reason, it is important to reflect upon what forgiveness really means and asks of us. The first thing to see is what forgiveness is not. It does not mean we are no longer hurt, nor that we necessarily need to have a relationship again with the one who has hurt us. Many people get trapped into thinking that forgiveness means: "oh, its ok... I don't 'feel' bad anymore, I'm not angry anymore or, I 'feel' like I have forgiven them... but really we don't need to feel anything; because forgiveness is not a feeling, but a decision. As is faith. Both can be accompanied by feelings and often, when they are, that's great. However they can never be reduced to these. This is especially true of forgiveness. Forgiveness does not mean you need to trust the person again, in order to forgive them. Quite often a person has demonstrated that you should not trust them! And in some cases, to do so could be more foolish, than forgiving. And finally, we see from this that forgiveness is never a 'once off'. We are called to forgive daily, to chose to forgive the hurt, and this always requires God's grace.

So, forgiveness does not mean that you are no long hurt, and we don't need to be 'past' that hurt in order to forgive – otherwise we would be stuck. We do not need to forget past hurts, nor in serious cases dismiss the need of justice for the one who has hurt us. This to is important. However, here we begin to see how difficult the instruction from Christ can be - and yet he never asks us to do something which he does not give us the grace to achieve.

What makes us most like God? We cannot heal at the click of our fingers, nor create out of nothing, nor raise the dead! But what makes us most like God, is our ability to forgive. Just as God forgave us through the *decision* Jesus made in his humanity, though in great anguish (Lk 22:39-43), so too we are called to forgive, and thus love one another.

Have a blessed week.

PARISH NEWS

PARISH MINISTRIES

Director of Music

Jaki Kane

RCIA

Thursday Evenings 6pm. Contact office . Resumes January 28th.

School of Religion

Watch this space for 2021 Sacramental program dates.

Youth Minister

Anh Tran

Email: anh.tran@cg.org.au

Weekly Liturgical Calendar

Mon 25 Jan The Conversion of St Paul

Tue 26 Jan Australia Day

Wed 27 Jan Weekday, Ordinary Time

Thu 28 Jan St Thomas Aquinas

Fri 29 Jan Weekday, Ordinary Time

Sat 30 Jan Weekday, Ordinary Time

Sun 31 Jan 4th Sunday in Ordinary Time

Legion of Mary

Monday at 5.30pm
Haydon Hall

St Vincent de Paul

Assisting people in need and combatting social injustice in our community

Adventurers Youth Group

(primary school age)
Sundays, 8.45am SPC—
Resumes, February 2021

Good Shepherd Prayer Group

Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation

Saturday at 5pm SPC

Other Communities

Spanish Community

First Sunday of the month at
11.30am SPC

African Community

Second Sunday of the month at
11.45am SPC

Filipino Community

First Sunday bi-monthly at
5.00pm SPC

**PLEASE DO NOT REMOVE OR REPOSITION
'SIT HERE' SIGNS ON THE PEWS.**

LET'S KEEP EACH OTHER SAFE—if you are coughing or have flu-like symptoms, please stay at home.

7.30am MASS FOR 2 FEB CANCELLED—Due to the Opening of Parliament Service the 7.30am Mass on Tues 2 Feb will not be on. Unfortunately due to Covid 19 restrictions, this service is not open to the public, but will be livestreamed on the Catholic Voice website.

PARISH LENTEN REFLECTION GROUPS—Are you interested in joining a weekly Lenten Reflection Group (or hosting a group) for fellowship and prayer to reflect on the weekly Scripture readings? Group Lenten resource options include the Jesuit Ignatian Spirituality 'Sacred Space' Reflections or the Diocese of Wollongong Reflections. Please email Leeann Galloway c/- the Parish Office at cathedral@cg.org.au to express interest.

DOWNLOAD THE CHECK IN CBR APP: To assist with COVID-19 compliance and data collection requirements, use the "Check In Cbr" App. The App is free, download onto your smartphone and register, then simply scan the QR code located in the church entrance each time you enter. All data is secure, it saves time and you don't have to touch the pen! Please note on WEEKEND MASSES you must still MANUAL SIGNING IN, ensure numbers are not exceeded.

REQUEST FOR COVID MARSHALLS FOR WEEKEND MASSES — Thank you to those who have offered assistance. The parish office is still seeking volunteers who can ensure the correct sign-in procedure is followed at Masses. This would require arriving 30 minutes early and inspecting each sign in. If you are able to assist, please contact the parish office with your details either by phoning 6239 9846 or email cathedral@cg.org.au.

LEGION OF MARY - MEETINGS—Mondays 5:30pm in the Haydon Hall: Live out your baptism, making the divine message of salvation known to all? Join the Legion of Mary in our parish! For more info, contact Marija Babic on 0402 570 238.

OUR LADY'S PILGRIM STATUE HOME VISITATION 2021: The Legion of Mary invite you to have the pilgrim statue of Our Lady, visit your house in 2021. A wonderful way of introducing children to prayer and devotion to Jesus and His mother. The statue of Mary stays for a fortnight with prayers for the parish, for priests and the family provided. Please call Marija Babic on 0402 570 238.

Parish Collections: Like many in our community, our parish has felt the Covid financial pinch. The finance council encourage you to please consider recommencing your weekly financial contributions. While much has been put to a sudden halt, parish costs have continued to rise. Please consider direct debit and electronic forms of contribution to parish planned giving. Thank you for your generosity and support of your parish.



We thank God, for Our Land and its people.

O God, the wonders of our vast and rugged land reflect your beauty, ever ancient, ever new.
May Your blessings flow upon us as a stream in the desert, and may Your Spirit prompt us to use Your gifts for the good of all. You love this great southern land and all its peoples, old and new. As the Cross shines in our heavens so may Christ bring light to our nation. As the waves encircle our shores so may Your mercy enfold us all.
Amen.

New ways of Giving

- Direct Debit
- Qkr app
- Tap & Go
- Collection Point

More information:

www.cg.org.au/cathedral
or contact Parish office
6239 9846.

Our parish acknowledges and celebrates the original custodians of this sacred land, the Ngunnawal people.

OTHER NEWS

Mass live streamed from the St Christopher's Cathedral. Sunday at 11:00am. The congregation will be filmed during the livestreaming.
<https://www.catholicvoice.org.au/mass-online/>

PRESENT PROTOCOLS - Please be familiar with current guidelines

- In accordance with government restrictions, 260 people are permitted in the Cathedral at any one time.
- ALL PARISHIONERS & VISITORS MUST sign in upon entry (including children) . Records are destroyed after 28 days.
- Communion is received in the hand only & not under the species of the Precious Blood.
- Physical distancing rules still apply—respecting the 2sqm p/p rule.
- Please sit where there is a 'Please sit here' marker. Every 2nd pew is closed. *NB:* Families can sit together.
- Please use hand sanitiser upon entry and clean your pew/space with the wipes provided.
- There will be no physical contact at the sign of peace.
- No collection plates are in use, but money/envelopes can be deposited at collection points.
- Please DO NOT return bulletins, but keep or dispose of appropriately. **Please maintain social distancing 1.5m, at all times, including in the single line formed to receive Holy Communion.** Blue squares and yellow markers on the tiles indicate these distances. Thank you for your commitment in keeping everyone safe.

CANBERRA CATHOLIC BOOKSHOP—Bookshop - We are located in Manuka, just behind St. Christopher's Cathedral, where there is free parking in front of our building and lots of parking in the neighbourhood. We have an extensive range of Sacramental & Religious Gifts, Books, Music & Church Supplies - You are always welcome: Opening Hours—Monday – Friday 9:30 am – 5 pm; Saturday 9 am – 1 pm. Ph: 6239 9888.



Aid to the Church in Need: As we begin a new year please remember the suffering Church. Your donation helps keep the faith alive during these difficult times. Visit www.aidtochurch.org



Remembrance: 50th Anniversary of Woden Floods - 26 January. On 26 January 1971, a flash flood took the lives of seven Canberrans in a tragedy that is sadly, indelibly marked in the memories of the Canberrans of the time. Of the seven who lost their lives that day, 5 members were from the family of Ben and Mona Smith, parishioners of Holy Trinity Parish, Curtin, they were: their children Carmel, Margaret and Michael Smith, and nieces Jennifer and Diane Seymour who were visiting on holidays from Wangaratta, Victoria. This year, to mark the 50th Anniversary, special prayers will be incorporated in the Australia Day mass at Holy Trinity Curtin, at 9 am mass. Members of the Smith family will be in attendance. All are warmly invited to attend this mass of remembrance.

The 7 Week Marriage Course via Zoom—9 Feb. The Archdiocese invites parish couples to build stronger foundations, learn to communicate more effectively and resolve differences all from the comfort of your own home. You may then wish to assist in running the same program for you parish community in the future. Costs \$70 per couple. For more details and to register visit <https://mailchi.mp/b4c3fdd09d6a/tmc21> or contact Steph Ransom steph.ransom@cg.org.au

Pastoral and Spiritual Care Training—5 Wednesdays 17 Feb-17 Mar, 9am-5pm, Queanbeyan—Is your New Year's Resolution to try something new? Maybe it's to get more involved in the community? Then why not combine both by enrolling in a Clinical Pastoral Education (CPE) Introductory Course. This 5 day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. Costs \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon. Contact Susanne Schmidt 0431 243 486 or at susannecpe@gmail.com

Engaged Encounter Retreat—20-21 Feb 2021. How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. For further information visit: www.engagedencounter.org.au.

Men's Cursillo Weekend—25 Mar 2021. A Cursillo retreat weekend offers you the opportunity for formation through talks, meditations, discussion and prayer led by an experienced local volunteer team. A three-day retreat starts on the evening of Thu 25 Mar in the relaxed monastery grounds of St Clements in Galong. Contact Geoff (chantel1997@hotmail.com, 0451 013 772).

Safe Church Transport - A Transport Service that Provides a Companion. Do you or someone close to you wish to attend Mass but don't have the means or a companion to make it happen? CareTaxi is your answer. Your fulfilment is our blessing! Holy Mass, Medical/GP appointments, shopping trips, recreational trips, sightseeing, school trip and more; our qualified and caring drivers can assist you. Visit www.caretaxi.com.au, call +61 451 734 334 or email services@caretaxi.com.au.



A SPIRITUAL COMMUNION PRAYER

Dear Lord, I believe in the presence of Your Body and Blood in the Eucharistic celebration of the Last Supper. Since I cannot receive You Sacramentally, I embrace You Spiritually into my heart. Never permit me to be separated from you. My Lord and my God. Amen.

We pray for...

Those to be Married: Salam Al-Khoury and Abeer Qaqo; Gabriella Macor & Christian Pratezina

Those who are ill: Bronwen Grey, 21 Katarina Imsinovic, Clarrie Pickard, Colliss Parrett, Arianna Vignale, Lucy Duncan, Stella Lazar, Rod Duncan, Anthony, David Kibbey, Frank Boyle, Paul Mychailuk, Kalum, Melania Widjaja, Edhie Rahardja, Danny Yuwono

Anniversaries of death: Mary Walshe, Silvio Cadona, Sylvia Crossin, Eleanora Gaider, Sheila Semecky, Reginald Gallagher, Des Black, Kathleen Kelly, Margaret Lyons, Vernon Davies, Margaret Mumford, Allen Blundell, John Stephens, Elizabeth, Bill, Hannah & Phoebe Allan, Arthur Burt, Helen Burt, Margaret Burnell, Josef Charles Stefaniak, Rhys Summergreene, Margaret Riley, Julian Radjam, Ronald D'Cruze

Recently Deceased: Katarina Imsirovic, Teresita Ranuds, Peter Theodore, Vera Canciani, Rudy & Maria Rajic, Alexis Saaghy, Curtis Holland (USA), Lino Farronato, Gerald Byrnes, EPrain Barbary, Muriel Morgan, Dominic McKeown, Leena Lemley, Lou Westende, Shirley Cummings (nee Deane), Brian F Savage,

Readings of the Day – 3rd Sunday in Ordinary Time —Year B



Cathedral QR code

ENTRANCE ANTIPHON: *O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendour, strength and honour in his holy place.*

RESPONSORIAL PSALM: *Teach me your ways, O Lord.*

GOSPEL ACCLAMATION: *Alleluia, alleluia! The kingdom of God is near: believe the Good News! Alleluia!*

COMMUNION ANTIPHON: *Look toward the Lord and be radiant; let your faces not be abashed.*

First Reading

Jon 3:1-5. 10

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least. God saw their efforts to renounce their evil behaviour. And God relented: he did not inflict on them the disaster which he had threatened.

Second Reading

1 Cor 7:29-31

Brothers, our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.

Gospel Reading

Mk 1:14-20

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.' As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him. Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

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LITURGICAL MINISTRIES ROSTER

Lectors				
Mass	23/24 Jan 2021	30-31 Jan 2021		
5.00pm (SCC)	Stewart Unwin Scott Pobihun	Jacob Madden Leeann Galloway		
6.00pm (SPC)	Melissa Dixon Geraldene Ford	Felicity de Fombelle Fiona Wheeler		
8.00am (SCC)	Mineke Peerboom Assigned	Phillip Pocock Liza Quinn		
9.30am (SPC)	Lynn Chan Ruth Meadows	Mineke Peerboom Jaye Longland		
11.00am (SCC)	Ceciley Matthews Jacqueline Hipwell	Mark Hyman Cecilia Flores		
5.30pm (SCC)	Liz Porra Becky Langworthy	Rebekah O'Meagher Scott Pobihun		

St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla