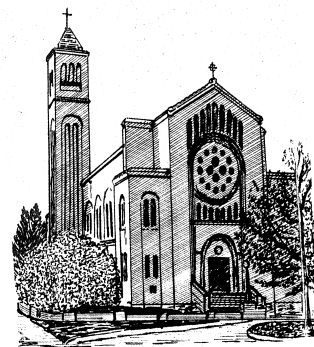


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)



20th Sunday in Ord.
Time, Year B
18th August 2024

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday

Come, Holy Spirit

Archdiocesan Assembly

18 - 20 October 2024



Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets,
Yarralumla ACT

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday & Public Holidays:
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Adoration

St Christopher's

Tuesday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun
4:45pm

Baptisms

St Christopher's:

2nd & 4th Sundays: 12.30pm

St Peter Chanel's:

3rd Sunday: 10:30am

Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Be filled with the Spirit, not with wine

One of the messages from our readings today is that the truth is not impossible to find. Jesus is drawing people to Himself, and as our first reading says beautifully: 'Wisdom has her doors wide open and is inviting everyone to come inside.'

What is stopping us from getting wisdom? If the doors are wide open, the implication is that the only obstacle comes from ourselves. Maybe we are too far away from the house of wisdom, or maybe we lack the motivation to enter inside.

This feels so true in our own times, when information is so readily accessible. Never before in the history of world has so much been right at our finger tips. In your pocket or handbag you have access to about 85% of the world's written works. Our ancestors and fathers in the faith must be so jealous! Those scholars who journeyed, days upon days, braving hardship on the roads, to go to remote places in search of books and knowledge. If anyone is allowed to be envious in heaven – it must be them. In less than a minute we can access documents they spent their lives searching for. We have an invitation to wisdom right in the palm of our hand, one of the pinnacles of human achievement, a great gift from God and our neighbour. And how do we use it? Paul writes to the Ephesians that theirs is a wicked age, I'm sure that our own must make them blush.

Wisdom has her gates open, but we prefer the comforts of lies, lusts, gossip and slander. We go in search of truth and we find constant chatter, little understanding. Never ending arguments that serve only to divide and dishearten the world.

But there is hope for us, Paul tells the Ephesians that they can redeem their society if they are to be genuine witnesses to Christ. Lies can never stand in the face of truth. Paul tells the Ephesians how they should be:

Don't be thoughtless – Instead recognize God

Don't be dissipated – Instead be filled with the Spirit

Remind each other of these truths – don't fill your neighbours with gossip, or rumours, or worries, but instead fill them with trust and compassion.

Let us pray in our Mass that we will draw life from Christ, that He will lead us to the fullness of truth. We pray too that we might always seek wisdom not comfort, and if it pleases God that He will use us as His witnesses to our world.

Fr. Alex

NOTICES

PARISH MINISTRIES

Director of Music

Ms Jaki Kane

RCIA

Miss Becky Langworthy
Contact Office

School of Religion

Miss Chiara Catanzariti

Youth Coordinator

Miss Anita Donaldson
youth.cathedral@cg.org.au

Safeguarding Officer

Mrs Hannah Ozolins
cathedral.safeguarding@cg.org.au

Weekly Liturgical Calendar

Mon Aug 19 20th Week in Ord. Time
Tues Aug 20 20th Week in Ord. Time
St Bernard
Wed Aug 21 20th Week in Ord. Time
St Pius the Tenth
Thu. Aug 22 20th Week in Ord. Time
Virgin Mary our Mother & our Queen
Fri. Aug 23 20th Week in Ord. Time
Sat. Aug 24 20th Week in Ord. Time
St Bartholomew, Apostle
Sun Aug 25 21st SUNDAY in ORD TIME,
Yr B

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation
Saturday at 4:30pm SPC

Other Communities

Spanish Community
First Sunday of the month at
11.30am SPC

African Community
Second Sunday of the month at
11.45am SPC begins Feb.

Filipino Community
First Sunday bi-monthly at
5.00pm SPC

For details of any of the
above, contact the Parish
Office.

PARISH MORNING TEA— First Sunday of the month in the Haydon Hall after the 8am Mass. Everyone is welcome! Next date: **Sunday 1st September**.

SPAM EMAILS— There are a range of spam emails circulating. These email addresses look similar to clergy, parish or religious addresses and request money, gift cards and often mention someone who is very sick or dying. Please know, Fr Trenton & Fr Alex would never reach out personally to request any of these. Please **do not** respond to any of these emails/texts and just block and delete these messages.

SACRAMENT OF RECONCILIATION “God never tires of forgiving us; we are the ones who tire of seeking his mercy.”— Pope Francis, *Evangelii Gaudium*. Cathedral: Wed: 11:30am-12noon; Thurs: 6:00pm; Sat: 11:00am-12noon. St Peter Chanel's: Tues: 6:00pm. *Come back to me with all your heart - Joel 2:12*

APOLOGETICS WITH FR ALEX— 19th August at 6:30pm in the Haydon Hall. Learn how to talk about our faith in a convincing and persuasive way. This series will be more than lectures, it will feature workshops, simulations and practical content. We will explore the topic of attitude and appearance.

ORDINATION TO THE PRIESTHOOD of Rev. Mark Ha— Save the Date Thursday 17 October 2024 at 5.00pm at St Christopher's Cathedral, Canberra. Deacon Mark will celebrate his first Mass on **Friday, 18th October at 11:00am**, at the Cathedral.

ARCHDIOCESAN ASSEMBLY— ‘COME HOLY SPIRIT’ - You are invited to take part in the Archdiocesan Assembly that will explore the theme ‘Come Holy Spirit’. Focusing on celebrating the Year of the Holy Spirit and explore new opportunities for evangelization and synodality in the life and mission of our local Church going forward. Where: Canberra + Narooma + Cooma + Young + Goulburn. **Friday 18th October—Sunday 20th October 2024**. To register or for more information, visit cgevangalisation.org.au/assembly

RCIA 2024-25 Interested in learning more about Jesus, exploring faith and life's meaning? Journey with a like-minded community. RCIA (*the Rite of Christian Initiation for Adults*) is an opportunity to learn more about the Catholic faith in a welcoming environment. Open to all and particularly designed for those interested in exploring the idea of becoming Catholic or receiving the Sacraments for the first time. We gather Thursday evenings, 6pm, starting **26 September**. To register or for more Information, email cathedral@cg.org.au

YOUNG ADULTS DINNER GROUP: Want to get involved in the parish and meet new people? Come along to our young adult dinners, held **every 2nd Sunday after St Christopher's Cathedral 5pm Mass**. Email Anita Donaldson at youth.cathedral@cg.org.au to join our Facebook group chat and stay up-to-date about when and where our dinner meet-ups will be!

READ & FEED: A young adults Catholic Spirituality book club held every **Friday at 7pm in Haydon Hall**. Join us for some tea, snacks and deep chats as we read ‘Searching For and Maintaining Peace’ by Fr. Jacques Philippe. Come with or without the book!

ALL SAINTS DAY PARTY— Save the Date for the upcoming annual All Saints Day Party. Sunday **3 November 2024**, after the 11am Mass at St Christopher's Cathedral in the Haydon Hall. More information to come.



SCAN TO FIND OUT
WHAT'S HAPPENING
IN THE PARISH!

AUGUST 2024

ST CHRISTOPHER'S CATHEDRAL YOUTH

MONTHLY NEWSLETTER

<https://cgevangalisation.my.canva.site/>

Our parish acknowledges and celebrates the original custodians of this sacred land, the Ngunnawal people.

NOTICES

Giving and Receiving— Direct debit and **QKR** options are available, as well as **TapnGo** machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit .
The First collection: contributes to clergy of the Archdiocese. If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! Please see flyers located in the parish foyers. **Thank you for your generosity**

CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

LABOR DEI— Seeking young men to volunteer as workers to assist in various works of maintenance at the Cathedral. More info to come. Contact the parish office cathedral@cg.org.au

THE CATHOLIC WEEKLY NEWSPAPER— The Catholic Weekly is on sale for \$2 each weekend and is available in the Cathedral side foyer. This service is arranged by the St Vincent de Paul Society, which has to cover the cost of the papers. Please make sure you pay when taking a paper. Payment should be made into the donation box located in the side entrance foyer. Thank you.

50th Anniversary Mass Carmelite Sisters— You are invited to the Solemn Mass celebrated by Archbishop Christopher Prowse for the 50th Anniversary of the Foundation of Carmel in the Archdiocese in Canberra Goulburn and to mark the closure of the Carmelite Monastery in Canberra. Saturday **24 August, 10am** at St Christopher's Cathedral. Light refreshments to follow in the Haydon Hall. Please RSVP for catering purposes ph:62953805 or email: carmelite@iinet.net.au

Marymead CatholicCare High Tea Buffet—Join the Marymead CatholicCare Auxiliary for a high tea buffet while raising much needed funds for Marymead CatholicCare. **8 September 2024, 2pm** at Mecure Canberra, corner of Ainslie & Limestone Av, Braddon. Tickets are \$60 per person & bookings close on 22 August 2024. Visit mccg.org.au for more details on how to book.



Come, Holy Spirit

Archdiocesan Assembly

18 - 20 October 2024

"It seems good to the Holy Spirit and to us..."
- Acts 15:28

You are invited to take part in the Archdiocesan Assembly that will explore the theme **'Come Holy Spirit.'**

This is a chance for all to gather, discuss and discern the Holy Spirit at work in our midst.

The Archdiocesan Assembly will be a gathering of the Catholic Church in the Archdiocese of Canberra and Goulburn.

When?
Friday 18 (5:00pm) to Sunday 20 (12:30pm) October, 2024

Where?
Canberra + Goulburn + Young + Narooma + Cooma + Online

Who?
Parishes + Catholic Schools + Catechists + Movements + Ministries + Communities + Organisations.

cgevangelisation.org.au/assembly
evangelisation@cg.org.au

All the Church, preaching all the Gospel, to all people, all the time.

We pray for...

Those to be baptised: Lucille Powell, Matias Pinzon

Those who are ill: Pieter van Gent, Mary Lou Davies, Gregory John McClelland, Cyrus & Maximus Mee, Maria Louisa, Rose Hook, Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano, Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Bruna Stevenson, Maria Memmolo, Clare O'Connor, Rosa Morabito, Pat Boyle, Alejandro & Orlando Cerda, Alex Skleplic, Petty Gonsalvez, Paul Ryan, Francesco & Francesca Barbaro, Joan Kaucz, Anka Gnjec, Tulla & Sam Brown, Gwen & Mick Gallagher, Michael O'Brien, Odette Gaspardis, Michael McKeown, Teddy Kartadinata, Flo Daley, Fr Vincent Dowdy, Amelia Kneipp, William Saw, Anna Kieswimmer, Margaret Mary Kelly, Kath Durie, Annie James, Eileen Biggs, Annie Davis, Sr Gertrude Ryan, Michael Heath, Michael O'Connor, Cardinal EB Clancy, Fr Giuseppe Canova, Fr Adrian Cork, James Rice, Kit Dale, Rita Dodson, Noel Honan, Marjorie Kenny, Patricia Robertson, Charlie Morella, Norman Stevenson, Clive Waldren, Clarita Flores, Laurus Westende, Thomas Bradshaw, Kathleen Ford, Christopher Ford, Adrienne Brown, Rodrigo de Guzman, Marie Therese Pocock, Mary Euphrasia Fernando, Keith Wong, Gabriella Antonelli, Marie Hargraves, Marjorie Kenny, Amelia LoPilato, Kevin and Peg Guthrie, Fernando Antonelli, Mark Doyle

Recently Deceased: Brian Tozer, Judy McBrien, Jaroslaw Jakiwczyk, Fr Peter James Gannon, Kath Brandon, Fr Pat Kenna, Rosalie Crispe, Felice Lo Pilato, David Grimmond, Agnes Sorrentino, Sheila van Gent, Kevin Conlan, Emilia Belmonte, Domenico Barbatano, Sam Catanzariti, Maria Gallo



Cathedral QR code

Entrance Antiphon: Turn your eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere

Responsorial: Taste and see the goodness of the Lord

Gospel Acclamation: Alleluia, Alleluia! All who eat my flesh and drink my blood live in me and I in them, says the Lord. Alleluia!

Communion Antiphon: With the Lord there is mercy; in him is plentiful redemption

First Reading

Prvb 9:1-6

Wisdom has built herself a house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table. She has despatched her maidservants and proclaimed from the city’s heights: ‘Who is ignorant? Let him step this way.’ To the fool she says, ‘Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.

Second Reading

Eph 5:15-20

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

Gospel

John 6:51-58

Jesus said to the crowd: ‘I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.’ Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied: ‘I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.’

READERS ROSTER AUGUST

Mass	Lectors		Eucharistic Ministers	
	17/18 Aug	24/25 Aug	17/18 Aug	24/25 Aug
5.00pm (SCC)	Stewart Unwin	Les Buszynski Samantha Hazlett		
8.00am (SCC)	Zvon Seselja	Marcus Smith Zvon Seselja		
9.30am (SPC)	Jaye Corcoran	Damien Balachandran		
11.00am (SCC)	Cecilia Flores	Leeann Galloway Jacqueline Hipwell	Edwina Hyman Bianca Goh	Jacqui Ramesh Kathy Ruston
5.00pm (SCC)	Anthony Brierley Rebekah O’Meagher	Rebekah O’Meagher		

© The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. All rights reserved. The prayers are from the English Translation of the Roman Missal © 2010 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved.