



# St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

18th Sunday in  
Ordinary Time  
Year B -  
1 Aug 2021

Archdiocese of Canberra & Goulburn  
Archbishop: Most Rev Christopher Prowse DD STD  
Administrator: Fr Trenton van Reesch  
Assistant Priest: Fr Norvin Dias



Masses numbers at  
St Christopher's &  
St Peter Chanel's  
will be limited until  
further notice.

Check in here!



the code **941461** mar

## PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh) Emergency Phone for Priests: 0491 072 304  
cathedral@cg.org.au www.cg.org.au/cathedral  
Online Payments Link: <https://www.bpoint.com.au/payments/sccp>  
Parish Secretary: Michelle O'Connor—Mon-Fri, 8.30am-12.15pm, 12.45pm-4.30pm  
Accounts Officer: Karina Widjaja—Friday, 8am-4pm

## Sunday Mass

### St Christopher's

Cnr Canberra Ave & Furneaux  
Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,  
11.00am (livestreamed),  
5.30pm

### St Peter Chanel's

Cnr Weston & Loch Streets,  
Yarralumla ACT

Saturday: 6.00pm Vigil

Sunday: 9.30am  
2.00-3.00pm Adoration  
& Confessions

## Weekday Mass

### St Christopher's

Monday to Friday: 7.30am &  
12.15pm

Saturday: 9.00am & 12.15pm

### St Peter Chanel's

Tuesday: 5.30pm

Thursday: 10.00am (9.30am  
Adoration): Anointing Mass first  
Thursday of the month.

## Reconciliation

### St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

### St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Saturday: 5.15 - 5.45pm

## Adoration

### St Christopher's

Tuesday to Friday: 5.00-6.00pm

## Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun  
4:45pm

## Baptisms

Sundays: 12.30pm

## Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Dear parishioners and visitors,

This Friday, August 6th, the Church celebrates the *Feast of the Transfiguration*. It is a moment, witnessed by three of Jesus' closest disciples, which reveals the truth of Who Jesus is, in a way the disciples had never seen before.

"Jesus took with Him Peter, James, and John, and led them up a high mountain by themselves. There He was transfigured before them. His clothes became radiantly white, brighter than any launderer on earth could bleach them" (Mark 9:2-3)

It is a moment which comes at a crucial time in the journey of the disciples, as Jesus prepares them for his Passion. Indeed, it can be said, that it comes at a crucial time in our own journey too, especially of late.

Jesus takes his disciples up the mountain and unveils his Divinity. Yet note, that this depth dimension to *Who* Jesus really is, is only briefly apparent. And yet... it was and is a reality ever present.

Jesus reveals his divine, eternal Glory (John 1:1-5), dwelling perfectly in his humanity, and in doing so reminds those with him of how close God is; of how close the divine really is— especially when it seems he is most distant.

Jesus is however, in this moment, also instructing his disciples. In *this* relationship alone, not only will they endure the trials to come, but they will be able to make sense of all that lay ahead of them. He reveals to, and reminds them (and us), to 'take courage!' For the *divine* now dwells *in the midst of the human*. As if to comfortingly utter once more: *I AM (and will always) be with you!*

In these days once again, we are reminded that things are never as they seem. When all appears to be lost, when the "chips are down", when God's presence seems more wishful thinking and more distant than ever.... Christ whispers a warning... "do not be fooled. I am closer and more united to and aware of all that is going on, than you might first think".

Christ's Transfiguration strengthens the apostles' faith in anticipation of his Passion. That, while there is suffering, while there is pain, while there is doubt... *I am there*. Indeed, the ascent onto the 'high mountain' prepares for the ascent to Calvary.

This feast is the great reminder to us of Who our God is, the One true God, who never loves from a distance.

Every Mass, this same Transfiguration takes place. God reveals his Presence in the world. At the elevation of the Host, we glance upon the Divinity dwelling in what appears merely human, and almost familiar – we are consumed, we are fortified – and for that brief period, all can make sense again, before we too are instructed as the disciples were, to "Go back down the mountain".

We are not alone, and the Eternal Word echoes, not as he did in Exodus, saying, 'I give the bread of life', but now, in this moment, "I AM the Bread of Life" present in your midst – *and the one who comes to me will never be hungry, the one who believes in me, will never thirst!*

**Father Trenton van Reesch**

Administrator, St Christopher's Cathedral Parish

Friends, if you haven't already taken a copy of Archbishop Prowse's most recent Pastoral Letter: **Breathe in .... Breathe out: On evangelisation and the Plenary Council of Australia** "...Receive the power of the Holy Spirit which will come on you, and then you will be my witnesses .... to earth's remotest end." (Acts 1:8) Copies are available in Church foyers or on the Cathedral website.

# PARISH NEWS

## PARISH MINISTRIES

### Director of Music

Jaki Kane

### RCIA

Please contact parish office for next program.

### School of Religion

See ad under Parish News.

### Youth Minister

Anh Tran

Email: anh.tran@cg.org.au

### Weekly Liturgical Calendar

Mon 2 Aug Weekday, Ordinary Time  
Tue 3 Aug St Dominic, priest  
Wed 4 Aug St John Vianney, priest  
Thu 5 Aug Weekday, Ordinary Time  
Fri 6 Aug The Transfiguration of the Lord  
Sat 7 Aug Weekday, Ordinary Time  
Sun 8 Aug St Mary of the Cross, virgin

### Legion of Mary

Monday at 5.30pm  
Haydon Hall

### St Vincent de Paul

Assisting people in need and combatting social injustice in our community

### Adventurers Youth Group

(primary school age)  
every 1st & 3rd Sunday of the month, 8.45am - 9.25am @ SPC

### Good Shepherd Prayer Group

Wednesday at 7pm SPC  
Parish Room (Feb-Dec)

### Christian Meditation

Saturday at 5pm SPC

### Other Communities

#### Spanish Community

First Sunday of the month at 11.30am SPC

#### African Community

Second Sunday of the month at 11.45am SPC

#### Filipino Community

First Sunday bi-monthly at 5.00pm SPC

**LET US NOT BECOME COMPLACENT - Maintain social distancing at all times, particularly when forming the line for Communion. Please remain familiar with current protocols.**

**RCIA 2021-22** - Interested in learning more about Jesus, exploring faith and life's meaning? Come and journey with a like-minded community? RCIA (the *Rite of Christian Initiation for Adults*) is an opportunity to learn more about the Catholic faith in a supportive, welcoming environment. The program is open to all and is particularly designed for those interested in exploring the idea of becoming Catholic or receiving the Sacraments for the first time. We Thursday evenings, 6pm, starting 16 September. To register for more information, email [cathedral@cg.org.au](mailto:cathedral@cg.org.au)

**SACRAMENT OF RECONCILIATION/CONFESSION** - "God never tires of forgiving us; we are the ones who tire of seeking his mercy." — Pope Francis, *Evangelii Gaudium*. Cathedral: Wed: 11:30am-12noon; Thurs: 6:00pm; Sat: 11:00am-12noon. St Peter Chanel's: Tues: 6:00pm & Sat: 5:15pm (before Mass). *Come back to me with all your heart* - Joel 2:12

**PLENARY COUNCIL** – members of our Archdiocese on the Plenary Council have recently finished their formation in preparation for the first session in October. Let us continue to pray for this historic, hope-filled moment in the Australian Church. [www.plenarycouncil.catholic.org.au](http://www.plenarycouncil.catholic.org.au)

**ST. JOHN MARIE VIANNEY, Patron Saint of Parish Priests, FEAST DAY** – Wednesday 4<sup>th</sup> August. On this day we pray for an increase in vocations to the priesthood, that young men will answer Christ's Call, to become ministers of His Mercy, Body and Blood.

*We pray for all priests of our Archdiocese, and too for those Jesus is calling today. May they have courage to hear and trust in the One who calls them, courage to leap out in faith, to be ardent, yet gentle ministers of your Gospel. St. John Vianney. Pray For Us*

If you feel called to explore the possibility of the priesthood or consecrated life, or for more information contact our Archdiocesan Vocations Director Fr Paul, [paul.nulley@cg.org.au](mailto:paul.nulley@cg.org.au) ; or Asst. Fr Trenton, [trenton.vanreesch@cg.org.au](mailto:trenton.vanreesch@cg.org.au).

**COME AND SEE!** (John 1:39) – Each first Thursday of the month. Holy Hour and dinner at Archbishop's House for those exploring a vocation to the priesthood. If you are wanting to meet other like-minded men, contact Fr Paul Nulley, [paul.nulley@cg.org.au](mailto:paul.nulley@cg.org.au).

**END OF FINANCIAL YEAR (EOFY)** - In Canberra parishes, from July 1<sup>st</sup>, no more tax deductions will be available for Planned-Giving. A small percentage of Planned-Giving in each parish was previously given to the *Canberra Catholic Schools Building Fund*; the only tax deductible component of your offering. That Fund is no longer attached to our parishes. Tax deductibility remains for special Archdiocesan donations e.g. The *Annual Retired Priests' Collection*. In 2022 tax receipts from parishes will not be necessary. Please contact the parish office if you are unsure of this explanation, we *sincerely* thank you for your ongoing financial support in our Gospel mission.

**PLANNED GIVING CONTRIBUTION RECEIPTS:** Tax receipts for 2020/21 have been emailed to you if you have provided your email to the Cathedral Parish Office. All other receipts will be provided on request only to the Parish Office. Planned Giving Envelopes for the 2021-2022 financial year are available for pick up in the foyer of the church. Please use only these new envelopes from July onwards, rather than any remaining 2020-2021 envelopes. (Some envelopes numbers will be changed for this coming financial year so we want to avoid any confusion from using the old envelope numbers). Thank you very much to all our generous givers.

## 2021 CATHEDRAL PARISH SCHOOL OF RELIGION PROGRAM

**First Reconciliation** classes continues 3 Aug for 11 Aug.

**First Eucharist** classes start 17 Aug for 12 Sept. More information and Enrolment forms can be found on [www.cg.org.au/cathedral](http://www.cg.org.au/cathedral) or contact the Parish Office on 6239 9846.

### Parish Collections

Like many in our community, our parish has felt the Covid financial pinch. The finance council encourage you to consider recommencing your weekly financial contributions. Please consider direct debt and electronic forms of contribution to parish planned giving. Thank you for your generosity and support of your parish.

### New ways of Giving

- Direct Debit
- Qkr app
- Tap & Go
- Collection Point

More information:  
[www.cg.org.au/cathedral](http://www.cg.org.au/cathedral) or  
contact Parish office 6239 9846.

**Mass will be live streamed** from the St Christopher's Cathedral. Sunday at 11:00am. The congregation will be filmed during the livestreaming. <https://www.catholicvoice.org.au/mass-online/>

#### PRESENT PROTOCOLS - Please be familiar with current guidelines

- In accordance with government restrictions, 260 people are permitted in the Cathedral, respecting the 2sqm p/p rule.
- ALL PARISHIONERS & VISITORS **MUST USE THE CBR CHECKIN APP** and sign in upon entry (including children) . Records are destroyed after 28 days.
- Facemasks are MANDATORY. Facemasks can only be removed to receive Holy Communion.
- Holy Communion is received only under one Species and only on the hand.
- Physical distancing rules **still apply**. Families can sit together. Please use hand sanitiser upon entry.
- There will be no physical contact at the sign of peace.
- Please DO NOT return bulletins, but keep or dispose of appropriately. **Please maintain social distancing 1.5m, at all times, including in the single line formed to receive Holy Communion.**

**PLEASE DOWNLOAD THE CHECK IN CBR APP** —To assist with COVID-19 compliance and data collection requirements, use the "Check In Cbr" App. Download onto your smartphone and register, then simply scan QR code at the church entrance each visit.

**Canberra Catholic Bookshop**— Extensive range of Sacramental & Religious Gifts, Books, Music & Church Supplies - You are always welcome: Opening Hours—Monday – Friday 9:30 am – 5 pm; Saturday 9 am – 1 pm. Ph: 6239 9888, Ground floor, St Christopher's Pastoral Centre, 55 Franklin Street, Forrest.



**The Inaugural Tim Fisher Oration**— **postponed** to August 2022. Parliament House will be closed to the public from August 2 to September 3 2021. Former Deputy Prime Minister of Australia, John Anderson AO will remain the guest speaker of next year's event. Any enquires contact [jeanie.alberto@cg.org.au](mailto:jeanie.alberto@cg.org.au)

**New Life in God's Spirit seminar** - a time for you to encounter Jesus more deeply! Wednesday evenings from 28 July to 15 September, 7-9pm at St Peter Chanel's, Weston Street, Yarralumla. Free! For more information, call Neda 0415 266 019; Sue 0409 443 268; or Gabriel 0422 285 491.

**Catholic Bookshop Fireside Chats:** Mons John Woods – Sport in Culture and Theology an opportunity to consider spirituality through athletics to address social issue and deepen our faith. 6 Aug, 1:30-2:30pm, Canberra Catholic Bookshop, 55 Franklin St Forrest. Info: Elizabeth on 6239 9888.

**Online Archdiocesan Alpha Course** –13 Aug, 5.30pm—series of interactive sessions that explore life, faith and meaning with Archbishop Christopher and other leaders. Alpha is completely free and everyone is welcome. An Archdiocesan Registration and information at [cgatholic.org.au/alpha](http://cgatholic.org.au/alpha).

**Engaged Encounter Retreat** - 7-8 Aug. How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. More information visit: [www.engagedencounter.org.au](http://www.engagedencounter.org.au). Choose any of the Weekends: Aug 7-8, Nov 13-14 2021; Feb 19-20 2022

**Profession Learning Seminar—THLS601 Eucharist** - August 7 & 8, 28 & 29- via Zoom. ACU *Centre for Liturgy* in conjunction with ACU's Faculty of Theology and Philosophy. The Eucharist in the Roman Catholic tradition, explores the biblical and anthropological roots of the Eucharist and traces the development of its major theological themes, and more. Visit <https://www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/professional-development/professional-learning-seminar> Close of registrations, July 30.

**CHANGE OF DATE Archdiocesan Women's Taskforce Dinner** Due to COVID considerations the Mary Magdalene dinner will now be held on Friday 3rd September, still 6.30pm at the Southern Cross Club, Woden. Your ticket remains valid for Fri 3rd September. If you require a refund, no problem, contact [elisabeth\\_doherty@hotmail.com](mailto:elisabeth_doherty@hotmail.com) or ring 0432 608 310. Limited tickets still available. Three course meal \$65. Bookings essential at <http://bit.ly/MaryMagdaleneDinner>

**Fan the Flame** - PLENARY ASSEMBLY 3 Oct 2021 - Let us listen to this Wisdom Jesus' speaks now, in our time and place. Updates, formation materials and resources for personal and communal prayer, reflections can be found at: [www.plenarycouncil.catholic.org.au/fanthefflame/](http://www.plenarycouncil.catholic.org.au/fanthefflame/)

#### We pray for...

**Those to be married:** Edward Tamsett and Walkiria Perez Mora

**Those who are ill:** Fr Laurie Blake, Teddy Kartadinata, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Anthony, David Kibbey, Paul Mychailuk, Kalum, Ira Tirtobudi, Nicholas Dyne, Hubo Ballivian, Fr Peter Gannon.

**Anniversaries of death:** Bruna Stevenson, Maria Memmolo, Clare O'Connor, Rosa Morabito, Pat Boyle, Alejandro & Orlando Cerda, Alex Skleplic, Petty Gonsalvez, Paul Ryan, Francesco & Francesca Barbaro, Joan Kaucz, Anka Gnjec, Tulla & Sam Brown, Gwen & Mick Gallagher, Michael O'Brien, Odette Gaspardis, Michael McKeown, Flo Daley, Fr Vincent Dowdy, Amelia Kneipp, William Saw, Anna Kieswimmer, Margaret Mary Kelly, Kath Durie, Annie James, Eileen Biggs, Annie Davis, Sr Gertrude Ryan, Michael Heath, Michael O'Connor, Cardinal EB Clancy, Fr Giuseppe Canova, Fr Adrian Cork, James Rice, Kit Dale, Rita Dodson, Noel Honan, Marjorie Kenny, Patricia Robertson, Charlie Morella, Norman Stevenson, Clive Waldren, Clarita Flores, Laurus Westende

**Recently Deceased:** Ferry Tedjajadi, Aurelio Biurra, Eduardo Telaez Tan, Stephen Evans, Lois Billings, John Cusack, Maev O'Collins, Fr Brian Maher, Martin Toohey, Joseph Meli, Carmelo Makabenta, Joy Finlayson, Fernando Urbaz Levi, Debbie Kensey, Clarence Pickard, John Thompson,

# Readings of the Day – 18th Sunday in Ordinary Time —Year B



Cathedral QR code

**Entrance Antiphon:** *O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.*

**Responsorial Psalm:** *The Lord gave them bread from heaven.*

**Gospel Acclamation:** *Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!*

**Communion Antiphon:** *You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.*

## First Reading

Ex 16:2-4, 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## Second Reading

Eph 4:17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

## Gospel Reading

Jn 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

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## LITURGICAL MINISTRIES ROSTER

Lectors			
Mass	31 July/1 Aug	7/8 Aug	
5.00pm (SCC)	Joe Zavone Louise Zavone	Ruth Meadows Stewart Unwin	
6.00pm (SPC)	Fiona Wheeler Felicity de Fombelle	Fiona Wheeler Mike Nash	
8.00am (SCC)	Liza Quinn Assigned	Louise Zavone Joe Zavone	
9.30am (SPC)	Jaye Longland Gloria Osborne	Lynn Chan Jaye Longland	
11.00am (SCC)	Cecilia Flores Kristina Faigl	Ceciley Matthews Leeann Galloway	
5.30pm (SCC)	Annabelle Devitt Francilia Gomes	Rebecca O'Meagher Jacob Madden	

St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla