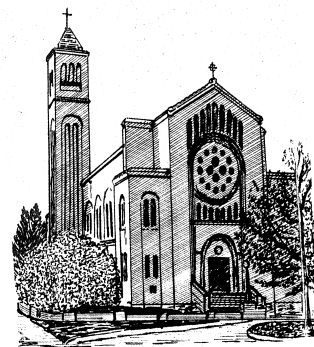


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

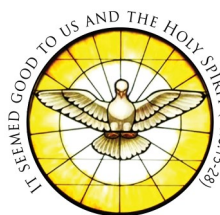


17th Sunday in Ord.
Time, Year B
28th July 2024

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday



YEAR OF THE
HOLY SPIRIT
August 2023– 2024

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets, Yarralumla ACT

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday & Public Holidays:
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Adoration

St Christopher's

Tuesday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun 4:45pm

Baptisms

St Christopher's:

2nd & 4th Sundays: 12.30pm

St Peter Chanel's:

3rd Sunday: 10:30am

Weddings

St Christopher's: Saturday
1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Message of Pope Francis for the Fourth World Day of Grandparents and the Elderly (28 July 2024)

"Do not cast me off in my old age" (cf. Ps 71:9)

Dear brothers and sisters,

God never abandons his children, never. Even when our age advances and our powers decline, when our hair grows white and our role in society lessens, when our lives become less productive and can risk appearing useless. God does not regard appearances (cf. *1 Sam 16:7*); he does not disdain to choose those who, to many people, may seem irrelevant. God discards no stone; indeed, the "oldest" are the firm foundation on which "new" stones can rest, in order to join in erecting a spiritual edifice (cf. *1 Peter 2:5*).

Sacred Scripture as a whole is a story of the Lord's faithful love. It offers us the comforting certainty that God constantly shows us his mercy, always, at every stage of life, in whatever situation we find ourselves, even in our betrayals. The Psalms are filled with the wonder of the human heart before God who cares for us despite our insignificance (cf. *Ps 144:3-4*); they assure us that God has fashioned each one of us from our mother's womb (cf. *Ps 139:13*) and that even in hell he will not abandon our life (cf. *Ps 16:10*). We can be certain, then, that he will be close to us also in old age, all the more because, in the Bible, growing old is a sign of blessing.

At the same time, in the Psalms we also find this heartfelt plea to the Lord: "In my old age do not abandon me" (cf. *Ps 71:9*). Words that are strong, even crude. They make us think of the extreme suffering of Jesus, who cried out on the cross: "My God, my God, why have you forsaken me?" (*Mt 27:46*).

In the Bible, then, we find both the certainty of God's closeness at every stage of life and the fear of abandonment, particularly in old age and in times of pain. There is no contradiction here. If we look around, we have no difficulty seeing that its words reflect an utterly evident reality. All too often, loneliness is the bleak companion of our lives as elderly persons and grandparents. Often, when I was Bishop of Buenos Aires, I would visit rest homes and realize how rarely those people received visits. Some had not seen their family members for many months. ...

Solitude and abandonment have become recurrent elements in today's social landscape. They have multiple roots. In some cases, they are the result of calculated exclusion, a sort of deplorable "social conspiracy"; in others, tragically, a matter of an individual's personal decision. In still other cases, the elderly submit to this reality, pretending that it is their free choice. Increasingly, we have lost "the taste of fraternity" (*Fratelli Tutti*, 33); we find it difficult even to think of an alternative. ...

On this Fourth World Day devoted to them, let us show our tender love for the grandparents and the elderly members of our families. Let us spend time with those who are disheartened and no longer hope in the possibility of a different future. In place of the self-centred attitude that leads to loneliness and abandonment, let us instead show the open heart and the joyful face of men and women who have the courage to say "I will not abandon you", and to set out on a different path.

To all of you, dear grandparents and elderly persons, and to all those who are close to you I send my blessing, accompanied by my prayers. And I ask you, please, not to forget to pray for me.

Rome, Saint John Lateran, 25 April 2024

FRANCIS

The full text of Pope Francis' Letter can be read at: press.vatican.va/content/salastampa/en/bollettino/pubblico/2024/05/14/240514d.html

NOTICES

PARISH MINISTRIES

Director of Music

Ms Jaki Kane

RCIA

Miss Becky Langworthy
Contact Office

School of Religion

Miss Chiara Catanzariti

Youth Coordinator

Miss Anita Donaldson
youth.cathedral@cg.org.au

Safeguarding Officer

Mrs Hannah Ozolins
cathedral.safeguarding@cg.org.au

Weekly Liturgical Calendar

Mon July 29 17th Week in Ord. Time
Sts Martha, Mary & Lazarus
Tues July 30 17th Week in Ord. Time
Wed July 31 17th Week in Ord. Time
St Ignatius of Loyola
Thu. Aug 1 17th Week in Ord. Time
St Alphonsus
Fri. Aug 2 17th Week in Ord. Time
Sat. Aug 3 17th Week in Ord. Time
St Dominic
Sun Aug 4 18th SUNDAY in ORD TIME,
Yr B

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation
Saturday at 4:30pm SPC
(in recess for the month of July).

Other Communities

Spanish Community
First Sunday of the month at
11.30am SPC

African Community
Second Sunday of the month at
11.45am SPC begins Feb.

Filipino Community
First Sunday bi-monthly at
5.00pm SPC

For details of any of the
above, contact the Parish
Office.

PARISH MORNING TEA— First Sunday of the month in the Haydon Hall after the 8am Mass. Everyone is welcome! Next date: **Sunday 4th August.**

THE CATHOLIC WEEKLY NEWSPAPER— The Catholic Weekly is on sale for \$2 each weekend and is available in the Cathedral side foyer. This service is arranged by the St Vincent de Paul Society, which has to cover the cost of the papers. Please make sure you pay when taking a paper. Payment should be made into the donation box located in the side entrance foyer. Thank you.

NATIONAL VOCATIONS WEEK (4—11 AUGUST) - An Archdiocesan Vocations Holy Hour will be held at St. Christopher's Cathedral **6pm** on Tuesday **6th August** (Feast of the Transfiguration) It will include Adoration, Evening Prayer and Rosary.

READ & FEED: A young adults Catholic Spirituality book club held every **Friday at 7pm in Haydon Hall.** Join us for some tea, snacks and deep chats as we read 'Searching For and Maintaining Peace' by Fr. Jacques Philippe. Come with or without the book! (No Read & Feed on August 3rd).

MARY MACKILLOP PILGRIMAGE— You are invited to join Archbishop Christopher Prowse and the Parish of St Peter's Pambula, **3 August**, in commemorating Australia's first saint, Saint Mary of the Cross MacKillop. **11.00am** (optional) Pilgrim's walk from Eden AFL grounds to Our Lady Star of the Sea Church. Refreshments will be available at Church. **12.00 noon** Concelebrated Mass with Archbishop Christopher Prowse and visiting priests **1.00 pm** Lunch will be provided by the Parish of Pambula. An occasion to share fellowship with other pilgrims. If there are any special dietary requirements, please make these known to us, by emailing our parish office at pambula@cg.org.au Please book in via following link <https://www.trybooking.com/events/landing/1228948?>

Prayer for the Fourth World Day for Grandparents and the Elderly 28 July 2024

Lord, faithful God, You who created us in Your image, You who never leaves us alone and who accompanies us through every season of life, Do not abandon us, take care of us, And grant us, once again, The ability to discover ourselves and recognise that we are Your children. Renew our hearts with your Word And do not allow anyone to be cast aside. May your Spirit of love fill us with Your tenderness And teach us to say: "I will not abandon you!" To those we meet on our journey. With the help of your beloved Son, may we not lose the taste for fraternity And may we not conform to the sadness of loneliness. Help us to look to the future with renewed hope, And make the World Day for Grandparents and the Elderly A day without loneliness, and a day abundant with the first-fruits of Your peace. Amen.

GRILL'D & GOD— If you're in grades 7-12 then this is the event for you! Bring a friend and join us on the **6th of August from 5pm-7pm at Grill'd in Manuka** for a night of live music, great conversations and of course great burgers! Email Anita at youth.cathedral@cg.org.au to register.

ALL SAINTS DAY PARTY— Save the Date for the upcoming annual All Saints Day Party. Sunday **3 November 2024**, after the 11am Mass at St Christopher's Cathedral in the Haydon Hall. More information to come.

Fr Peter James Gannon passed away on Wednesday 24 July 2024 in Canberra after a long battle with his health. Born on the 4 October 1944 in Ardlethan, NSW, Fr Peter was ordained on 24 August 1969 at St Mary's, West Wyalong by Archbishop Thomas Cahill. He retired in 2011 from active ministry and spent the next 15 years in care due to his health. Fr Peter's funeral will take place 10:30am on Tuesday 30 July at St Brigid's Catholic Church, Bancroft St, Dickson. May eternal rest and peace be his, now and forever.



SCAN TO FIND OUT
WHAT'S HAPPENING
IN THE PARISH!

JULY 2024

ST CHRISTOPHER'S CATHEDRAL YOUTH

MONTHLY NEWSLETTER



Our parish acknowledges and celebrates the original custodians of this sacred land, the Ngunnawal people.

NOTICES

Giving and Receiving— Direct debit and QKR options are available, as well as TapnGo machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit . **The First collection: contributes to clergy of the Archdiocese.** If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! Please see flyers located in the parish foyers. **Thank you for your generosity**

CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

LABOR DEI— Seeking young men to volunteer as workers to assist in various works of maintenance at the Cathedral. More info to come. Contact the parish office cathe-dral@cg.org.au

Tim Fischer Oration on Ethics in Public and Political Life 2024 - 7 August 6pm We are at the crossroads in Australia in particular, and in the Western World in general. Fundamental human values are under great strain, and so an overarching societal narrative is becoming opaque. The Tim Fischer Oration aims to enlighten and encourage us to seek out and promote a free and fair society. Do join us in our noble endeavour. **Speaker:** Professor Helen Alvare, Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University **Q&A:** Chris Uhlmann, Political Journalist and TV Presenter **For more information & tickets visit** www.tfo.org.au

Save the Date: Archdiocesan Women's breakfast with Dr Helen Alvare - Thursday, 8 August, 7.30 - 9.00am Join us as we explore meaningful connections, marriage, family, career, mission and community-building. More details to come! Contact: communications@cg.org.au

CHRIST OUR FIRM FOUNDATION RETREAT— Queanbeyan parish Retreat open to all. Men and women (ages +18 +) are invited to join the Dominican Sisters of Saint Cecilia. Held on **10 August at 10am—6:30pm**. The day will focus on renewing the foundations of the spiritual life and will include Talks, a Holy Hour, Confession and a time of Fellowship. Lunch will be included. Bookings essential. A \$20 fee assists with retreat expenses. To register: www.trybooking.com/CODMW

Volunteer For Vinnies Roadhouse—Roadhouse is a free meal service for those in need! We provide a hot meal, groceries, and somewhere to have a chat and coffee. We would love you to come to even have a see what we do and get a taste of what Vinnies is all about! If you would like any more info, please call 0480311050. God Bless You, Tim Murray- Roadhouse Officer.



Year of the Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light
Of the Holy Spirit,
Did instruct the hearts
Of the faithful,
Grant that by the same
Holy Spirit we may be
truly wise and ever rejoice in His
consolations.
Through the same
Christ our Lord

Amen.

AUGUST 2023— AUGUST 2024

We pray for...

Those who are ill: Pieter van Gent, Mary Lou Davies, Gregory John McClelland, Cyrus & Maximus Mee, Maria Louisa, Rose Hook, Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano, Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Mitchell Glenn Bush, Karla Attanasio, David Black, Ted Rodrigues, Brothers Vales, Duro Kish, Helen Mary O'Brien, Lady Mary Lawler, Frs Barney & Paddy Lynch, Br Paul Nixon mgl, Dianne Fraser, Gerald Kilmartin, Elizabeth Virgara, Carmel Barton, Domenico Nirta, Kevin Hogan, Lynnette Cousens, Catherine Duffy, Harry Galvin, Irawan Widjaja, Kevin Kelly, Fr Wally Stefanski, Walter Ghirardello, Rosamond Rumble, Vera Urh, Damian McMahon, Judith Campbell, Dr John Connors, Msgr John Hoare, Lilian Green, Richard Halpin, Phyllis Ferry, Colin (Mick) Kilpatrick, Bernabe Baez, Merv O'Brien, Dorothy Clowry, Rita Langsford, Berty & Adrienne, Keith Wong, Uliana Antonelli, Romina S., Maureen & Sean Browne, Nuala Boyce Redhead, Mato Babic, Rosa Mustapic

Recently Deceased: Fr Peter James Gannon, Kath Brandon, Fr Pat Kenna, Rosalie Crispe, Felice Lo Pilato, David Grimmond, Agnes Sorrentino, Sheila van Gent, Kevin Conlan, Emilia Belmonte, Domenico Barbatano, Sam Catanzariti, Maria Gallo, Victims of the Bondi Junction attack



Cathedral QR code

Entrance Antiphon: God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

Responsorial: The hand of the Lord feeds us; he answers all our needs.

Gospel Acclamation: Alleluia, Alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!

Communion Antiphon: Bless the Lord, O my soul, and never forget all his benefits.

First Reading

2 Kings 4:42-44

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some over, as the Lord had said.

Second Reading

Eph 4:1-6

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

Gospel

John 6:1-15

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover. Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

READERS ROSTER JULY

Mass	Lectors		Eucharistic Ministers	
	27/28 July	3/4 Aug	27/28 July	3/4 Aug
5.00pm (SCC)	Stewart Unwin Les Buszynski	Edwina Hyman Mark Hyman		
8.00am (SCC)	Marcus Smith Zvon Seselja	Becky Langworthy		
9.30am (SPC)	Maria Noronha Jaye Corcoran	Raphael Molu Maria Noronha		
11.00am (SCC)	Les Buszynski Cecilia Flores	Les Buszynski Bronwen Grey	Jacqui Ramesh Kathy Ruston	Jacqueline Hipwell Leeann Galloway
5.00pm (SCC)	Rebekah O'Meagher Lynette Yap	Anthony Brierley Liz Porra		

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St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla