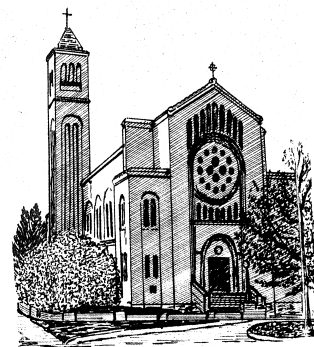


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

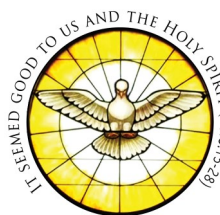


16th Sunday in Ord.
Time, Year B
21st July 2024

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday



YEAR OF THE
HOLY SPIRIT
August 2023– 2024

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets, Yarralumla ACT

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday & Public Holidays:
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Adoration

St Christopher's

Tuesday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun 4:45pm

Baptisms

St Christopher's:

2nd & 4th Sundays: 12.30pm

St Peter Chanel's:

3rd Sunday: 10:30am

Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

The Sheep and the Shepherd

Our readings show us a beautiful scene. Jeremiah prophesies that wickedness and wicked priests will be removed from Israel, and God will tend to the flock Himself. God will gather his sheep back to Himself, out of all the countries they have been scattered to and raise up new shepherds to tend to them.

Today's Gospel is the fulfilment of this prophesy. God Himself, Jesus Christ is training the apostles to be these very shepherds. Our Lord welcomes the apostles back after their mission trips, and seeing them weary he tells them to take a well-deserved rest. Our Lord, then, turns to look over at the crowd who have come searching for Him, seeking out His leadership, like sheep without a shepherd. We can easily imagine Our Lord remembering the conversation He had with Jeremiah centuries earlier, the promise has been kept.

For us Catholics we see ourselves as being this same flock that is tended by Our Lord, and our bishops as the successors, to these new shepherds, the apostles.

There are a few important points to reflect on:

Christ is the source and point of our unity. The people came looking for Christ, the apostles went out and came back at his command. Everything has been brought about because of Jesus.

The apostles aren't going their own way, they aren't doing as they please or what they necessarily believe to best. The apostles, and by extension our bishops and the whole of the faithful Church, are not our own agents but are trying our best to be faithful to the command of Christ. He is the shepherd, we are the sheep.

Likewise, the teaching of the apostles and the authority Our Lord gave them, isn't their own but Christ's authority and teaching. The apostles are not divine, although they have worked miracles, they are mere men. Mere men who need to rest. It's a confused flock if the sheep mistake shepherds for the shepherd. A good illustration of this is that even though the apostles have worked miracles, cured the sick, and cast out demons, the crowd did not come looking for them. The crowd sought Jesus. Our mission is not our own, Jesus is the shepherd.

We see that it is all about Jesus. If our faith stops being about Jesus, it stops being Christianity and becomes something else. St. Paul elaborates this point in our second reading, writing to the Ephesians that they are a single community, no longer Jews and Greeks, but One in Christ. Christ is our focus, our centre, our anchor that keeps us in place.

Let us pray, at the end of another week, we might rest from our labours with Christ, we pray that we might be refreshed, restored in Him, renewed in Him. We pray that we never lose sight of Christ.

Fr. Alex



NOTICES

PARISH MINISTRIES

Director of Music

Ms Jaki Kane

RCIA

*Miss Becky Langworthy
Contact Office*

School of Religion

Miss Chiara Catanzariti

Youth Coordinator

*Miss Anita Donaldson
youth.cathedral@cg.org.au*

Safeguarding Officer

*Mrs Hannah Ozolins
cathedral.safeguarding@cg.org.au*

Weekly Liturgical Calendar

Mon July 22	16th Week in Ord. Time
	St Mary Magdalene
Tues July 23	16th Week in Ord. Time
Wed July 24	16th Week in Ord. Time
Thu. July 25	16th Week in Ord. Time
	St James the Apostle
Fri. July 26	16th Week in Ord. Time
	Sts Joachim and Anne
Sat. July 27	16th Week in Ord. Time
Sun July 28	17th SUNDAY in ORD TIME, YR B

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
*Wednesday at 7pm SPC
Parish Room (Feb-Dec)*

Christian Meditation
*Saturday at 4:30pm SPC
(in recess for the month of July).*

Other Communities

Spanish Community
*First Sunday of the month at
11.30am SPC*

African Community
*Second Sunday of the month at
11.45am SPC begins Feb.*

Filipino Community
*First Sunday bi-monthly at
5.00pm SPC*

**For details of any of the
above, contact the Parish
Office.**

PARISH MORNING TEA— First Sunday of the month in the Haydon Hall after the 8am Mass. Everyone is welcome! Next date: **Sunday 4th August.**

2024/2025 PLANNED GIVING ENVELOPE— Can the person who collected the Planned giving envelopes **number 12** please contact the Parish Office 6239 9846. Thank you

THE CATHOLIC WEEKLY NEWSPAPER— The Catholic Weekly is on sale for \$2 each weekend and is available in the Cathedral side foyer. This service is arranged by the St Vincent de Paul Society, which has to cover the cost of the papers. Please make sure you pay when taking a paper. Payment should be made into the donation box located in the side entrance foyer.

BLESSING FOR MARRIED COUPLES— **Friday, 26 July** is the feast day of Saints Anne and Joachim, the parents of the Blessed Virgin Mary. They give us one example of holiness as a married couple and are powerful intercessors. To celebrate this feast, all married couples are invited to receive a blessing at the conclusion of the 7.30am and 12.15pm Masses. Saints Anne and Joachim - pray for us!

LABOR DEI— Seeking young men to volunteer as workers to assist in various works of maintenance at the Cathedral. More info to come. Contact the parish office cathe-dral@cg.org.au

Ordination to the Priesthood of Rev. Mark Ha— Save the Date Thursday **17 October 2024 at 5.00pm** at St Christopher's Cathedral Forrest, Canberra

READERS TRAINING— Readers formation training for new and current readers to be held at St Christopher's Cathedral 9:30am Saturday **27 July**. For more information, please contact scc.spc.readers@gmail.com

MARY MACKILLOP PILGRIMAGE— You are invited to join Archbishop Christopher Prowse and the Parish of St Peter's Pambula, **3 August**, in commemorating Australia's first saint, Saint Mary of the Cross MacKillop. **11.00am** (optional) Pilgrim's walk from Eden AFL grounds to Our Lady Star of the Sea Church. Refreshments will be available at Church. **12.00 noon** Concelebrated Mass with Archbishop Christopher Prowse and visiting priests. **1.00 pm** Lunch will be provided by the Parish of Pambula. An occasion to share fellowship with other pilgrims. If there are any special dietary requirements, please make these known to us, by emailing our parish office at pambula@cg.org.au Please book in via following link <https://www.trybooking.com/events/landing/1228948?>

ALL SAINTS DAY PARTY— Save the Date for the upcoming annual All Saints Day Party. Sunday **3 November 2024**, after the 11am Mass at St Christopher's Cathedral in the Haydon Hall. More information to come.

Canberra Catholic Bookshop— with a wide array of giftware and greeting cards. Open Mon, Tues, Thurs, Fri - 9:30am to 5pm; Wed - 8:30am to 5pm; Sat - 9am to 1pm; Closed Sundays and public holidays. 55 Franklin Street, Forrest, ACT 2603 (behind St Christopher's Cathedral) Mobile: 0478 248 679 | Tel: (02) 6239 9888 Email: catholic.bookshop@cg.org.au Or shop online at - <https://www.catholicbookshop.org.au/>



SCAN TO FIND OUT
WHAT'S HAPPENING
IN THE PARISH!

JULY 2024

ST CHRISTOPHER'S CATHEDRAL YOUTH

MONTHLY NEWSLETTER



NOTICES

Giving and Receiving— Direct debit and QKR options are available, as well as TapnGo machines Thank you sincerely for your generosity. If you are able, perhaps consider donating to 1st and 2nd collection via direct debit .
The First collection: contributes to clergy of the Archdiocese. If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! Please see flyers located in the parish foyers. **Thank you for your generosity**

CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

LIVING WORD - ARCHDIOCESAN DAILY GOSPEL REFLECTIONS – Stay connected. Sign up for FREE at cgcatholic.org.au/LivingWord/

Tim Fischer Oration on Ethics in Public and Political Life 2024 - 7 August 6pm We are at the crossroads in Australia in particular, and in the Western World in general. Fundamental human values are under great strain, and so an overarching societal narrative is becoming opaque. The Tim Fischer Oration aims to enlighten and encourage us to seek out and promote a free and fair society. Do join us in our noble endeavour. **Speaker:** Professor Helen Alvare, Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University **Q&A:** Chris Uhlmann, Political Journalist and TV Presenter **For more information & tickets visit** www.tfo.org.au

Save the Date: Archdiocesan Women's breakfast with Dr Helen Alvare - Thursday, 8 August, 7.30 - 9.00am Join us as we explore meaningful connections, marriage, family, career, mission and community-building. More details to come! Contact: communications@cg.org.au

Volunteer For Vinnies Roadhouse—Roadhouse is a free meal service for those in need! We provide a hot meal, groceries, and somewhere to have a chat and coffee. We would love you to come to even have a see what we do and get a taste of what Vinnies is all about! If you would like any more info, please call 0480311050. God Bless You, Tim Murray- *Roadhouse Officer.*

Upcoming Marriage Preparation courses for engaged couples—Upcoming Marriage Preparation courses for engaged couples: *FOCCUS* - Tues 13th August 5-9pm plus a private follow up session at Marymead CatholicCare. *Engaged Encounter*- Sydney, Sat 17 & Sun 18 August. *SmartLoving* – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to www.marriagefamily.org.au Enquiries: Text Helena Zobec on **0405 440 463**



Year of the Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light
Of the Holy Spirit,
Did instruct the hearts
Of the faithful,
Grant that by the same
Holy Spirit we may be
truly wise and ever rejoice in His
consolations.
Through the same
Christ our Lord

Amen.

AUGUST 2023— AUGUST 2024

We pray for...

Those to be baptised: Myla Nasr

Those who are ill: Pieter van Gent, Mary Lou Davies, Gregory John McClelland, Cyrus & Maximus Mee, Maria Louisa, Rose Hook, Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano, Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Mitchell Glenn Bush, Karla Attanasio, David Black, Ted Rodrigues, Brothers Vales, Duro Kish, Helen Mary O'Brien, Lady Mary Lawler, Frs Barney & Paddy Lynch, Br Paul Nixon mgl, Dianne Fraser, Gerald Kilmartin, Elizabeth Virgara, Carmel Barton, Domenico Nirta, Kevin Hogan, Lynnette Cousens, Catherine Duffy, Harry Galvin, Irawan Widjaja, Kevin Kelly, Fr Wally Stefanski, Walter Ghirardello, Rosamond Rumble, Vera Urh, Damian McMahon, Judith Campbell, Dr John Connors, Msgr John Hoare, Lilian Green, Richard Halpin, Phyllis Ferry, Colin (Mick) Kilpatrick, Bernabe Baez, Merv O'Brien, Dorothy Clowry, Rita Langsford, Bert & Adrienne, Keith Wong, Uliana Antonelli, Romina S., Maureen & Sean Browne, Nuala Boyce Redhead, Mato Babic

Recently Deceased: Kath Brandon, Fr Pat Kenna, Rosalie Crispe, Felice Lo Pilato, David Grimmond, Agnes Sorrentino, Sheila van Gent, Kevin Conlan, Emilia Belmonte, Domenico Barbatano, Sam Catanzariti, Maria Gallo, Victims of the Bondi Junction attack, Ian "Bob" McPherson



Cathedral QR code

Entrance Antiphon: See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

Responsorial: The Lord is my shepherd; there is nothing I shall want.

Gospel Acclamation: Alleluia, Alleluia! My sheep listen to my voice, says the Lord; I know them, and they follow me. Alleluia!

Communion Antiphon: The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

First Reading

Jer 23:1-6

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks! 'See, the days are coming—it is the Lord who speaks—when I will raise a virtuous Branch for David, who will reign as true king and be wise, practicing honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.'

Second Reading

Eph 2:13-18

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

Gospel

Mark 6:30-34

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

READERS ROSTER JULY

Mass	Lectors		Eucharistic Ministers	
	20/21 July	27/28 July	20/21 July	27/28 July
5.00pm (SCC)	Stewart Unwin Samantha Hazlett	Stewart Unwin Les Buszynski		
8.00am (SCC)	Becky Langworthy Dione Smith	Marcus Smith Zvon Seselja		
9.30am (SPC)	Jaye Corcoran Maria Noronha	Maria Noronha Jaye Corcoran		
11.00am (SCC)	Leeann Galloway Bianca Goh	Les Buszynski Cecilia Flores	Edwina Hyman Bianca Goh	Jacqui Ramesh Kathy Ruston
5.00pm (SCC)	Rebekah O'Meagher Anthony Brierley	Rebekah O'Meagher Lynette Yap		

© The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. All rights reserved. The prayers are from the English Translation of the Roman Missal © 2010 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved.

St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla