



# St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

16th Sunday, Ordinary  
Time: Year C  
17 July 2022

Archdiocese of Canberra & Goulburn  
Archbishop: Most Rev Christopher Prowse DD STD  
Administrator: Fr Trenton van Reesch  
Assistant Priest: Fr Alexander Osborne



## PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh)

cathedral@cg.org.au www.cg.org.au/cathedral

Online Payments Link: www.bpoint.com.au/payments/sccp

Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday

Accounts Officer: Karina Widjaja—8am-4pm Friday

## Sunday Mass

### St Christopher's

Cnr Canberra Ave & Furneaux  
Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,

11.00am

5.00pm

### St Peter Chanel's

Cnr Weston & Loch Streets,  
Yarralumla ACT

Saturday: 6.00pm Vigil

Sunday: 9.30am

2.00-3.00pm Adoration

& Confessions

## Weekday Mass

### St Christopher's

Monday to Friday: 7.30am &

12.15pm

Saturday (& Public Holidays):

9.00am & 12.15pm

### St Peter Chanel's

Tuesday: 5.30pm

Thursday: 10.00am

Anointing Mass (2nd Thurs of month)

## Reconciliation

### St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

### St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Saturday: 5.15 - 5.45pm

## Adoration

### St Christopher's

Tuesday to Friday: 5.00-6.00pm

## Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun  
4:45pm

## Baptisms

2nd & 4th Sundays: 12.30pm

## Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Below are some excerpts from the full text of Archbishop Christopher's letter, visit:  
[catholicvoice.org.au/plenary-council-report-archbishop-christopher-prowse/](http://catholicvoice.org.au/plenary-council-report-archbishop-christopher-prowse/)

### Second Assembly of the Fifth Plenary Council of Australia (3rd July-10th July)

"Dear Friends in Christ,

I have returned very recently from the Fifth Plenary Council in Sydney (2<sup>nd</sup> Assembly).

...There was a real sense that the Holy Spirit was present. The members, which totalled over 277, were very much aware that people around Australia and even beyond, were praying that the Holy Spirit would guide us. Be careful when you pray to the Holy Spirit! Make sure you have your seat belts on! When the Holy Spirit answers, we are in for quite an unexpected ride! There were plenty of surprises from the Holy Spirit during this week. [...]

### Synodal listening

Listening attentively over a whole week is not as easy as one would think. Pope Francis is always keen to note the difference between hearing and listening. We can hear sounds but when we truly listen, we are trying to communicate.

Most of the discussions did not happen in the general sessions but in small groups around many tables spread throughout the auditorium. The first part of any consideration was the proclamation of the Word of God, the introduction to the topic, and then significant periods of listening in silence and then listening to each other as we responded to what we believe the Holy Spirit was communicating to us. Throughout all this, there was a great sense of joy and hopefulness. Nonetheless, it was very tiring. It is something that requires continual conversion that moves away from our own priorities and agenda to that which seemed to be emerging in the groups.

However, by the end of the week, this new Spiritual Conversation method was something that became a normal part of our discussions and we became far more at ease. There was a great sense that the fruit of Synodality was a real determination for the Catholic Church to advance in the future with a renewed impulse in evangelisation and in our culture and world of today.

### What will be the next steps now that the Plenary Council has concluded?

In one sense, the Plenary Council has concluded, but in another, it has just begun.

The final stage of the Plenary Council is the implementation of the Decrees that we have approved. The next period will be for the refining of these motions, the cataloguing of them and the presentation of them to the Holy See seeking Papal approval. Once this is given, there is a six-month hiatus whereby we can wait for a maturing of the understanding of what these Decrees mean for the Dioceses of Australia. After which they will be implemented in all the Dioceses of Australia.

Over this waiting time, we do need to respond appropriately as the Archdiocese of Canberra and Goulburn. We need to learn to walk together in a Synodal way and really engage all in the Archdiocese in this great movement of the Holy Spirit. I will write a follow up letter to you all in the next few weeks explaining what the next year might mean.

Therefore, on the conclusion of the 2<sup>nd</sup> Assembly of the 5<sup>th</sup> Plenary of the Australian Church, we thank the Lord for His many blessings and the undeniable presence of the Holy Spirit leading us on in the midst of our own selfishness and woundedness.

Whatever the future may look like for the Church's pastoral evangelising in the years ahead, it will be clearly centred on Jesus Christ. Anything that is enacted must help us to become more and more the evangelising people of God that we are called to be.

Thank you so much for your prayers over the last few weeks. Let us now thank the Lord for His many blessings."

Archbishop Christopher Prowse

# PARISH NEWS

## PARISH MINISTRIES

### Director of Music

Ms Jaki Kane

### RCIA

Miss Becky Langworthy  
Contact Office

### School of Religion

Miss Chiara Catanzariti

### Youth Minister

Miss Anh Tran

Email: anh.tran@cg.org.au

### Weekly Liturgical Calendar

Mon July 18 16th week of Ord. Time

Tues July 19 16th week of Ord. Time

Wed July 20 16th week of Ord. Time

Thu. July 21 16th week of Ord. Time

Fri. July 22 16th week of Ord. Time  
St. Mary of Magdalene  
NAIDOC Mass (SCC - 10am)

Sat. July 23 16th week of Ord. Time

Sun. July 24 17th SUNDAY IN  
ORDINARY TIME

## PARISH GROUPS

### Legion of Mary

Monday at 5.30pm  
(Haydon Hall)

### St Vincent de Paul

### Good Shepherd Prayer Group

Wednesday at 7pm SPC  
Parish Room (Feb-Dec)

### Christian Meditation

Saturday at 4:30pm SPC

## Other Communities

### Spanish Community

First Sunday of the month at  
11.30am SPC

### African Community

Second Sunday of the month at  
11.45am SPC begins Feb.

### Filipino Community

First Sunday bi-monthly at  
5.00pm SPC

For details of any of the  
above, contact the Parish  
Office.

**RCIA/ADULT FAITH FORMATION 2022-23 – Interested in becoming Catholic or learning more about our Catholic faith?** The *Rite of Christian Initiation for Adults* (RCIA) is an easy to understand course for all wishing to deepen their knowledge of the faith, as well as for those preparing for adult Baptism and Confirmation. Contact the parish. Gatherings begin first week of **October**, 6pm, Thursday evenings, and will lead up to Easter 2023.

**2022 SCHOOL OF RELIGION—** First Reconciliation classes start **Tues 26 July, 6pm-7.30pm** in St Peter Chanel's Parish Room, Yarralumla. Enroll: [cg.org.au/cathedral](http://cg.org.au/cathedral) or contact the office. 1st Reconciliation will take place on Wed, 24 August 2022 at 6pm. First Eucharist classes start 18 Oct for 13 November.

**YOUR PARISH NEEDS YOU!— Sat 5pm SCC—** readers, money collectors; Sun **6pm SPC & 9:30am SPC—** readers, money collectors and acolytes. Sun **8am SCC—** readers, money collectors. Sun **11am SCC—** readers and money collectors needed. Sun **5pm SCC—** readers and collectors. Sacristans are also sought—Training for all ministries will be provided. Contact the office. *Thanks to all who have already offered assistance, this add will be run for one more week, and then all volunteers will be contacted together.*

**YELLOW 2022 PLANNED GIVING —** Please complete form to *change* your contribution or details. Direct debit forms are available. **THANKYOU** for your continued support of your parish. It is never taken for granted.

**A PARISH READING GROUP –** You are invited to join a Reading Group around the theme "Many Gifts - One Spirit: Living our vocations and callings in the Church and in the World today". Wed Evenings 7:30pm (first and third Wed/month). Details 0401 994 081

**NEW LIFE IN GOD'S SPIRIT SEMINAR—** *Come Holy Spirit!* You are invited to the New Life in God's Spirit seminar, St Peter Chanel's, Yarralumla. 7pm-9pm Wednesdays. From 20 July to 7 September. Talks, worship, prayer ministry, fellowship! For more information call Susanna 0419 902 293, Sue 0409 443 268 or Gabriel 0422 285 491

**DIACONATE ORDINATION OF GAVIN KEATING—** Gavin Keating will be ordained to the Permanent Diaconate in the Catholic Military Ordinariate of Australia on Friday 22 July, 5 pm at *Holy Family Church*, Gowrie. All welcome.

**MARYMEAD CHARITY CARD & GAMES DAY—** Monday 15th August, Royal Canberra Golf Club. \$50pp, lunch with a glass of wine, tea and coffee all day and petit fours. Tables of 4 and start time 10am. There will be a raffle, craft and preserves for sale on the day. RSVP, 8th August via QR code or visit [marymead.org.au](http://marymead.org.au)



**PARISH SECRETARY POSITION, NARRABUNDAH—** Part-time, permanent position (12 hours a week, Tuesday to Friday 9-12noon). To apply or for more information please contact the Parish Office 6295 7879 or [narrabundah@cg.org.au](mailto:narrabundah@cg.org.au)

**NAIDOC Mass 2022—** Saint Christopher's Cathedral, All Welcome. Friday 22 July, 10am. [youtube.com/watch?v=H4ZKT8RNZM](https://www.youtube.com/watch?v=H4ZKT8RNZM)

**WORLDWIDE MARRIAGE ENCOUNTER Virtual Weekend - 19-21 August—**conducted over Zoom. The weekend starts 7pm, Friday 19th August and concludes with Mass at 4PM on Sunday 21 August. Book online at [www.wwme.org.au](http://www.wwme.org.au) or contact Mercy & James Bvirakare, 0409 183 676 or [vicbooking@wwme.org.au](mailto:vicbooking@wwme.org.au)

**SAINT BEDE'S, RED HILL— ENROLLING FOR 2023** [\(02\) 6295 6559](tel:(02)62956559)

## OTHER NEWS

**Giving and Receiving**— Direct debit and QKR options are available, as well as TapnGo machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit .  
**The First collection: contributes to clergy of the Archdiocese.** If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL  
Bank Account: 000029248 Reference: FORREST & SURNAME

**The Second collection: contributes to parish mission and maintenance.** If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral  
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);  
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! instructions, visit [cgcatholic.org.au/2016/10/something-beautiful-god/](http://cgcatholic.org.au/2016/10/something-beautiful-god/) **Thank you for your generosity**

**DIOCESAN PASTORAL COUNCIL WORKING PARTY** – message from Archbishop Christopher. Please see the Catholic Voice website: [catholicvoice.org.au/diocesan-pastoral-council/](http://catholicvoice.org.au/diocesan-pastoral-council/) Enquiries: [workingparty@cg.org.au](mailto:workingparty@cg.org.au)

**TIM FISHER ORATION ON ETHICS IN PUBLIC & POLITICAL LIFE**— Thursday 18<sup>th</sup> of August, in the Great Hall, Parliament House. Tickets are \$30 each and can be purchased through [www.tfo.org.au/](http://www.tfo.org.au/)

**SPIRITUAL ACCOMPANIMENT** – “Conversations of the Heart” - with Sr Lorraine Cupitt. An opportunity to reflect on God’s action and grace in your daily routine. Sr Lorraine has 27 year of journeying with others in Adult Spirituality and Accompaniment. Contact Sr Lorraine. [Lorraine.cupitt@gmail.com](mailto:Lorraine.cupitt@gmail.com) to make an appointment or for more information.

**SPIRITUAL FORMATION** – Br Barry Donaghue cfc. *A short course in Spirituality for the 21st century.* St Anthony, Wanniasa, meeting room, 11:15-12:30pm, every 2<sup>nd</sup> Sun (next: 17th July) 8 sessions – free of charge. email Elizabeth: [Wanniasa@cg.org.au](mailto:Wanniasa@cg.org.au)

**CARETAXI: SAFE CHURCH TRANSPORT**— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit [caretaxi.com.au](http://caretaxi.com.au), or 0451 734 334.

**END OF FINANCIAL YEAR** - From 1<sup>st</sup> July 2021, tax deductions are no longer be available for Planned-Giving. Tax deductibility remains for special Archdiocesan donations e.g. *Annual Retired Priests’ Collection*. In 2022 tax receipts from parishes will not be issued. Please contact the parish office with any enquiries.

**VOLUNTEERS FOR VINNIES**— Vinnies Belconnen, Narrabundah, Kippax & Dickson urgently need volunteer workers. A range of different shifts are available every day, including weekends. Training provided. For further information, please contact Retail Support Manager Isla Smith on (02) 6234 7490 (Monday, Thursday or Friday) or email [isla.smith@vinnies.org.au](mailto:isla.smith@vinnies.org.au)

**TRENDSETTERS, 22-26 July 2022**—An Initiative of Jesus Youth Canberra presents a 5 day programme for Young People, aimed at equipping them to Stand For Jesus. Held at Camp Cottermouth, 1435 Cotter Rd, Stromlo ACT. To find out more & register go to: [www.trendsetters.net.au](http://www.trendsetters.net.au).

### We pray for...

**Those to be baptised:** Timothée George

**Those who are ill:** Medardo Balmaceda, Sally Barber, Gerry Dullard OSA, Fr Bill, Leung Man Kon, Matthew Hurley, Beryl Johnson, Teddy Kartadinata, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Anthony, Paul Mychailuk, Kalum, Nicholas Dyne

**Anniversaries of death:** Karla Attanasio, David Black, Ted Rodrigues, Brothers Vales, Duro Kish, Helen Mary O'Brien, Lady Mary Lawler, Frs Barney & Paddy Lynch, Br Paul Nixon mgl, Dianne Fraser, Gerald Kilmartin, Elizabeth Virgara, Carmel Barton, Domenico Nirta, Kevin Hogan, Lynnette Cousens, Catherine Duffy, Harry Galvin, Irawan Widjaja, Kevin Kelly, Fr Wally Stefanski, Walter Ghirardello, Rosamond Rumble, Vera Urh, Damian McMahon, Judith Campbell, Dr John Connors, Msgr John Hoare, Lilian Green, Richard Halpin, Phyllis Ferry, Colin (Mick) Kilpatrick, Bernabe Baez, Merv O'Brien, Dorothy Clowry, Rita Langsford, Berty & Adrienne

**Recently Deceased:** Rozalia Spadafora, Adrienne Brown, Frances Monica Beattie (Wellach-Smith), Claudine Radjam, Tony Corkeron, Stephen Brooks, Claudine Ignace, Tobias Barry, Ros Allen, Fred Thorpe, Bruce Lotton (Fr. Andrew Lotton’s Brother), Gwen Gleeson, Those killed by gunmen in St Francis Catholic Church, Owo, Nigeria; Berty Jacob, Dr Helen Bourke, Peter Kavanagh, Molly Reid, Wilhelmina Bosman, Children & Adults in Texas Shooting, Mary June Slocum, Cinara Tonga, Mary Prosser, Bill Hibberson,



Cathedral QR code

**Entrance Antiphon:** See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

**Responsorial:** The just will live in the presence of the Lord.

**Gospel Acclamation:** Happy are they who have kept the word with a generous heart and yield a harvest through perseverance.

**Communion Antiphon:** Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

### First Reading

**Gen 18:1-10**

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said, 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.' Abraham hastened to the tent to find Sarah. 'Hurry,' he said, 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree. 'Where is your wife Sarah?' they asked him. 'She is in the tent,' he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

### Second Reading

**Col 1:24-28**

It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

### Gospel

**Lk 10:38-42**

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

### LITURGICAL MINISTRIES ROSTER

Lectors			
Mass	16/17 July	23/24 July	30/31 July
5.00pm (SCC)	Rebekah O'Meagher Jacob Madden	Kristina Faigl Ruth Meadows	Leszek Buszynski Roseanne McGrath
6.00pm (SPC)	Felicity de Fombelle Melissa Dixon	Wanda Kaucz Mike Nash	Felicity de Fombelle Ruth Meadows
8.00am (SCC)	Dione Smith Marcus Smith	Joe Zavone Louis Zavone	Dione Smith Phil Pocock
9.30am (SPC)	Dominic Chin Clarice Poh	Jaye Corcoran	<b>St Bede's Children Liturgy</b>
11.00am (SCC)	Leszek Buszynski Cecilia Flores	Cecilia Flores Mark Hyman	Bronwen Grey Jacqui Ramesh
5.00pm (SCC)	Bronwen Grey Francilia Gomes	Lynette Yap Becky Langworthy	Kevin Woods Kristina Faigl

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