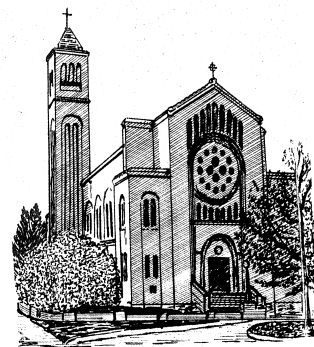


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)



15th Sunday in Ord.
Time, Year B
14 July 2024

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday



YEAR OF THE
HOLY SPIRIT
August 2023– 2024

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets, Yarralumla ACT

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday & Public Holidays:
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Adoration

St Christopher's

Tuesday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun 4:45pm

Baptisms

St Christopher's:

2nd & 4th Sundays: 12.30pm

St Peter Chanel's:

3rd Sunday: 10:30am

Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Realise what a disciple is... not perfect... just desperately faithful

Setting out for the first time, Jesus instructs his disciples to rely upon Him alone. They're told to take none of those things we consider standard (and even prudent) for such a journey.

In first century Palestine, a devout Jew, after years of study and discipline, might approach the rabbi to be questioned. After examining the student's knowledge of scripture and its interpretation, the rabbi could determine, 'yes!' you have what it takes to become like me'. And so, he would accept them as a 'disciple'. Jesus however revolutionises this norm of discipleship, calling not the most learned or proven, but those with ears to hear, and hearts open to responding. In fact, those he calls could only be collectively identified as 'misfits'!

John and Andrew had been disciples of John the Baptist, but now they leave to follow Jesus. Then there is Peter, who was not even looking for a rabbi! A fisherman, and a reasonably successful one, he too hears and follows. And then... Matthew sitting at his tax booth; loathed by his fellow Jews as one working for the oppressive Roman occupation. Jesus looked at them... and said, 'yes, ... you can be like me'.

We think ourselves so different from the 12. Yet, we are astoundingly alike. This Sunday calls us to reflect upon our own discipleship, and what it means. The call and purpose of the disciple is to become *like the Master*. Having within us what St. Paul called, the mind of Christ (Phil 2:5). The disciple is one interiorly conformed to the Father's will – this is the ultimate goal, to be *alter Christus* in the world. To act, to feel, to look like Christ. The question is, how do I know I am moving in this direction, moulded in this image? What makes me a disciple?

I was once told of four marks, or habits of the disciple. The first and most fundamental is *relationship*. The disciple is one who is in a relationship. They know this, and they live accordingly. All genuine relationships ask something of us, whereby they have two things: *rights* and *responsibilities*. As a child of God, you have real rights – real access to the Father through the Son, in the Holy Spirit. But... you also have real responsibilities. I need to live in the way God is calling me to live. This relationship changes and challenges me. I need to grow. The temptation of the world is to follow a Jesus created in its own image and likeness, as opposed to the objective person, the second Person of the Trinity, of whom I have a real, intimate, personal, and living relationship with. This too means, I can't expect that such a relationship will be the same in 10, 15, 30 years from now.

The second habit – simply showing up. When it comes time for us to act, in any relationship, we need to be there. For prayer, for Mass; living a regular prayer life and intimate communion in the Eucharist and reconciliation. And yet being 'present' is also interior. In any relationship, you can tell when someone isn't really 'present', when their mind and even worse, their heart is somewhere else! For that relationship to grow the disciple needs to be present exteriorly (physically) but even more truthfully, interiorly.

Building upon this is the habit of consistency, or 'faithfulness'. When I am *inconsistent* with something, by definition, I am unfaithful to it. The disciple is someone who consistently lives out of the relationship they have through and in God. Consistently they 'show up' to prayer, even (or most especially) when difficult or dry. The relationship does not cease, and nor should honesty or intimacy. We might occasionally pray intensely and then 'fall away' from prayer, only to return again... but consistency beats intensity every time!

Consistency – or fidelity – is what changes our hearts, and makes disciples. The disciple literally lives every moment in the Son – through every storm and every joy. Again, just look at the twelve, it's not even about intensity... only consistency, not being discouraged by our wounds but simply being there with Jesus, as we are. Faithfulness is consistency.

Finally, a disciple keeps their commitments – they make decisions and accept the commitments that flow from them. Being in a relationship means being less about self, and more about the other, in this case... the Master. The disciple keeps their commitments to others, as well as to God. If I am in a relationship – a covenant relationship none the less – that means I have been given commandments and if I want to be in Him, I need to keep them; united to Him even when I fail. Jesus himself encourages us, "If you love Me, keep My commandments" (John 14:15), and so, "remain in my love. (John 15:9).

Friends, Jesus calls the broken and imperfect, and sends us out as more than just 'followers'. He calls and sends us as disciples. Renew your discipleship in Christ, strengthened by the knowledge that each and every moment of our lives matters, in the called to become more and more, a faithful disciple and friend of Christ.

Fr Trenton

NOTICES

PARISH MINISTRIES

Director of Music

Ms Jaki Kane

RCIA

Miss Becky Langworthy
Contact Office

School of Religion

Miss Chiara Catanzariti

Youth Coordinator

Miss Anita Donaldson
youth.cathedral@cg.org.au

Safeguarding Officer

Ms Siobhan Reeves
cathedral.safeguarding@cg.org.au

Weekly Liturgical Calendar

Mon July 15 15th Week in Ord. Time
St Bonaventure
Tues July 16 15th Week in Ord. Time
Wed July 17 15th Week in Ord. Time
Thu. July 18 15th Week in Ord. Time
Fri. July 19 15th Week in Ord. Time
Sat. July 20 15th Week in Ord. Time
Sun July 21 16th SUNDAY in ORD TIME,
YR B

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation
Saturday at 4:30pm SPC
(in recess for the month of July).

Other Communities

Spanish Community
First Sunday of the month at
11.30am SPC

African Community
Second Sunday of the month at
11.45am SPC begins Feb.

Filipino Community
First Sunday bi-monthly at
5.00pm SPC

For details of any of the
above, contact the Parish
Office.

PARISH MORNING TEA— First Sunday of the month in the Haydon Hall after the 8am Mass. Everyone is welcome! Next date: **Sunday 4th August.**

THE CATHOLIC WEEKLY NEWSPAPER— The Catholic Weekly is on sale for \$2 each week-end and is available in the Cathedral side foyer. This service is arranged by the St Vincent de Paul Society, which has to cover the cost of the papers. Please make sure you pay when taking a paper. Payment should be made into the donation box located in the side entrance foyer.

LABOR DEI— Seeking young men to volunteer as workers to assist in various works of maintenance at the Cathedral. More info to come. Contact the parish office cathedral@cg.org.au

2024/2025 PLANNED GIVING ENVELOPES— are now available for pick up in the church foyer. Please note, envelope givers have had their giving numbers changed, therefore it is EXTREMELY important that envelope givers only use the CURRENT/NEW envelopes from July onwards - (please note the new **RED** envelopes) - if you have any envelopes left from last year, please discard them as there is a risk that your generous contribution may be allocated to someone else. Thank you for your continuous contribution.

READERS TRAINING— Readers formation training for new and current readers to be held at St Christopher's Cathedral 9:30am Saturday **27 July**. For more information, please contact scc.spc.readers@gmail.com

MARY MACKILLOP PILGRIMAGE— You are invited to join Archbishop Christopher Prowse and the Parish of St Peter's Pambula, **3 August**, in commemorating Australia's first saint, Saint Mary of the Cross MacKillop. **11.00am** (optional) Pilgrim's walk from Eden AFL grounds to Our Lady Star of the Sea Church. Refreshments will be available at Church. **12.00 noon** Concelebrated Mass with Archbishop Christopher Prowse and visiting priests **1.00 pm** Lunch will be provided by the Parish of Pambula. An occasion to share fellowship with other pilgrims. If there are any special dietary requirements, please make these known to us, by emailing our parish office at pambula@cg.org.au Please book in via following link <https://www.trybooking.com/events/landing/1228948?>

Canberra Catholic Bookshop— with a wide array of giftware and greeting cards. Open Mon, Tues, Thurs, Fri - 9:30am to 5pm; Wed - 8:30am to 5pm; Sat - 9am to 1pm; Closed Sundays and public holidays. 55 Franklin Street, Forrest, ACT 2603 (behind St Christopher's Cathedral) Mobile: 0478 248 679 | Tel: (02) 6239 9888 Email: catholic.bookshop@cg.org.au Or shop online at - <https://www.catholicbookshop.org.au/>

Vocations Dinner & Lunch with the Archdiocese seminarians at Pearce Presbytery. Friday **19 July 5:30pm** evening prayer in Sacred Heart Church 115 Hodgson St Pearce and 6pm dinner with our three seminarians- sharing their experiences. Then Saturday **20 July a 12noon** talk by Fr John Armstrong Spiritual Director of Homebush seminary on the formation process, followed by a light lunch. For men interested in discerning a call to the Priesthood. To rsvp please contact vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.

Fr Pat Kenna, a priest from Wollongong, died peacefully Monday morning 8 July 2024 in Cootamundra. Fr Pat recently celebrated his 94th birthday and was preparing to celebrate 70 years of priestly service in the Church. His funeral will take place **19 July at 1pm** at St Anthony's Church in Harden followed by interment Monumental section of the Harden cemetery.



SCAN TO FIND OUT
WHAT'S HAPPENING
IN THE PARISH!

JULY 2024

ST CHRISTOPHER'S CATHEDRAL YOUTH

MONTHLY NEWSLETTER



NOTICES

Giving and Receiving— Direct debit and QKR options are available, as well as TapnGo machines Thank you sincerely for your generosity. If you are able, perhaps consider donating to 1st and 2nd collection via direct debit .
The First collection: contributes to clergy of the Archdiocese. If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! Please see flyers located in the parish foyers. **Thank you for your generosity**

CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

LIVING WORD - ARCHDIOCESAN DAILY GOSPEL REFLECTIONS – Stay connected. Sign up for FREE at cgatholic.org.au/LivingWord/

Tim Fischer Oration on Ethics in Public and Political Life 2024 - 7 August 6pm We are at the crossroads in Australia in particular, and in the Western World in general. Fundamental human values are under great strain, and so an overarching societal narrative is becoming opaque. The Tim Fischer Oration aims to enlighten and encourage us to seek out and promote a free and fair society. Do join us in our noble endeavour. **Speaker:** Professor Helen Alvare, Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University **Q&A:** Chris Uhlmann, Political Journalist and TV Presenter **For more information & tickets visit** www.tfo.org.au

Save the Date: Archdiocesan Women's breakfast with Dr Helen Alvare - Thursday, 8 August, 7.30 - 9.00am Join us as we explore meaningful connections, marriage, family, career, mission and community-building. More details to come! Contact: communications@cg.org.au

Marymead Catholic Care Winter Warmer Luncheon— you are warmly invited to a Winter Warmer Luncheon for the MCCG Fundraiser at the Royal Canberra Golf Club, 71 Bentham Street, Yarralumla. Monday **22 July, 11:30am for a 12pm start.** With Guest speaker Hannah Andrevski, founder of Roundabout and 2024 Canberran of the year. Tickets \$75.00 per person. Craft stall and raffle prizes will be available for purchase on the day. To book, visit mccg.org.au

Volunteer For Vinnies Roadhouse—Roadhouse is a free meal service for those in need! We provide a hot meal, groceries, and somewhere to have a chat and coffee. We would love you to come to even have a see what we do and get a taste of what Vinnies is all about! If you would like any more info, please call 0480311050. God Bless You, Tim Murray- Roadhouse Officer.



Year of the Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light
Of the Holy Spirit,
Did instruct the hearts
Of the faithful,
Grant that by the same
Holy Spirit we may be
truly wise and ever rejoice in His
consolations.
Through the same
Christ our Lord

Amen.

AUGUST 2023— AUGUST 2024

We pray for...

Those to be baptised: Layla Negus

Those who are ill: Pieter van Gent, Mary Lou Davies, Gregory John McClelland, Cyrus & Maximus Mee, Maria Louisa, Rose Hook, Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano, Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Mitchell Glenn Bush, Karla Attanasio, David Black, Ted Rodrigues, Brothers Vales, Duro Kish, Helen Mary O'Brien, Lady Mary Lawler, Frs Barney & Paddy Lynch, Br Paul Nixon mgl, Dianne Fraser, Gerald Kilmartin, Elizabeth Virgara, Carmel Barton, Domenico Nirta, Kevin Hogan, Lynnette Cousens, Catherine Duffy, Harry Galvin, Irawan Widjaja, Kevin Kelly, Fr Wally Stefanski, Walter Ghirardello, Rosamond Rumble, Vera Urh, Damian McMahon, Judith Campbell, Dr John Connors, Msgr John Hoare, Lilian Green, Richard Halpin, Phyllis Ferry, Colin (Mick) Kilpatrick, Bernabe Baez, Merv O'Brien, Dorothy Clowry, Rita Langsford, Bert & Adrienne, Keith Wong, Uliana Antonelli, Romina S., Maureen & Sean Browne

Recently Deceased: Fr Pat Kenna, Rosalie Crispe, Felice Lo Pilato, David Grimmond, Agnes Sorrentino, Sheila van Gent, Kevin Conlan, Emilia Belmonte, Domenico Barbatano, Sam Catanzariti, Maria Gallo, Victims of the Bondi Junction attack, Ian "Bob" McPherson, Tom Greally, Keith Drury, Ger-Jan Bruins OSA

15th Sunday in Ordinary Time —Year B — 13/14 July



Cathedral QR code

Entrance Antiphon: As for me, in justice I shall behold your face; I shall be filled with the vision of your glory

Responsorial: Lord, show us your mercy and love and grant us your salvation

Gospel Acclamation: Alleluia, Alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our hearts that we might see how great is the hope to which we are called. Alleluia!

Communion Antiphon: The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

First Reading

Amos 7:12-15

Amaziah, the priest of Bethel, said to Amos, 'Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets.' Amos replied to Amaziah, 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."

Second Reading

Eph 1:3-14

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ. Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to live through love in his presence, determined that we should become his adopted sons, through Jesus Christ for his own kind purposes, to make us praise the glory of his grace, his free gift to us in the Beloved in whom, through his blood, we gain our freedom, the forgiveness of our sins. Such is the richness of the grace which he has showered on us in all wisdom and insight. He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth. And it is in him that we were claimed as God's own, chosen from the beginning, under the predetermined plan of the one who guides all things as he decides by his own will; chosen to be, for his greater glory, the people who would put their hopes in Christ before he came. Now you too, in him, have heard the message of the truth and the good news of your salvation, and have believed it: and you have been stamped with the seal of the Holy Spirit of the Promise, the pledge of our inheritance which brings freedom for those whom God has taken for his own, to make his glory praised.

Gospel

Mark 6:7-13

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals, but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

READERS ROSTER JULY

| Mass | Lectors | | Eucharistic Ministers | |
|------------------|-------------------------------------|---------------------------------------|----------------------------|----------------------------|
| | 13-14 July | 20/21 July | 13/14 July | 20/21 July |
| 5.00pm (SCC) | Becky Langworthy Jacob Madden | Stewart Unwin Samantha Hazlett | | |
| 8.00am (SCC) | Joe Zavone Louise Zavone | Becky Langworthy Dione Smith | | |
| 9.30am (SPC) | Raphael Molu Marcelle Disanayake | Jaye Corcoran Maria Noronha | | |
| 11.00am (SCC) | Cecilia Flores Samantha Hazlett | Leeann Galloway Jacqueline Hipwell | Bronwen Grey Mark Hyman | Edwina Hyman Bianca Goh |
| 5.00pm (SCC) | Anthony Brierley Liz Porra | Rebekah O'Meagher Anthony Brierley | | |

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St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla