

ST MATTHEW & ST VINCENT DE PAUL SOUTH BELCONNEN PARISH MASS REFLECTIONS FOR YOUTH

Feast of the Most Holy Trinity - Year A (7th June 2020)



South Belconnen Online Mass Saturdays at 6pm: <https://1983-roo.my.webex.com/webappng/sites/1983-roo.my/meeting/download/abd5239852f94f46aaafb7155d3ac7e0?siteurl=1983-roo.my&MTID=m0f501ebb3f9a88069755283691084e96>

Setting up a Prayer Space

Setting up a prayerful space at home is a great way to connect with Mass online and bring Jesus into your home.

What are some items that you can have in your family prayer space this week?



My Intentions

Before Mass starts, we should think about some of the things that we would like to pray for. Jesus loves to listen to our prayers and help us in our lives.

Write or draw in the space below some of the people or things that you want to hold close to your heart this week.



The Gospel

JOHN 3:16-18
GOD SENT HIS SON, SO THAT
THROUGH HIM THE WORLD MIGHT
BE SAVED

As you listen to the Gospel today reflect on what Fr Simon is saying. Try to write some of the words from the Gospel that stand out to you in the space below.

FOR GOD SO
LOVED
THE
WORLD
THAT HE GAVE
HIS
ONLY
SON,
THAT WHOEVER BELIEVES IN HIM
SHOULD NOT PERISH BUT HAVE
ETERNAL LIFE.
JOHN 3:16

My Notes and Reflections

Spiritual Communion Prayer

We cannot come together to physically celebrate Mass. This means that we are unable to receive the Eucharist. However, you can pray this prayer with your family as an act of Spiritual Communion after Fr Simon breaks the bread.

Jesus, I believe that you are truly present in the Blessed Sacrament.

I love you so much and I want to receive you through communion.

Since I cannot receive you through the sacrament at Mass at this time, I ask that you come spiritually into my heart.

Never let me be separated from you.

Amen

The Most Holy Trinity

On the feast of the Most Holy Trinity, we celebrate that God is our loving Father, Jesus is His Son and Holy Spirit was sent to live with us and in us.



Weekly Challenge

The Holy Trinity can be really tricky to understand sometimes. The kids catechism has some great explanations to help you understand. Find some time this week to research what the Holy Trinity is. Write down any questions you might have and bring them to our next Youth Group.