



Parish of St Matthew & St Vincent de Paul South Belconnen

Parish Pastoral Team

Fr Simon Falk -Parish Priest
Fr. Andrew Yang - Korean Chaplain
Deacon Joe Blackwell
The Parish Pastoral Team can be contacted
on the office number below.

Parish Secretary

Jacinta Dinn

St Matthew's Church

12 Chewings Street, Page

St Vincent de Paul Church

7 Bindel Street, Aranda

Parish Office

Orana Centre, ARANDA
Tues and Thurs 9.00am-3.00pm
(6254 1827)

Email: BelconnenSouth@cg.org.au

Safeguarding: ipss@cg.org.au

Masses:

Saturday	St Vincent's	6:00pm
Sunday	St Matthew's	8:30am
	St Vincent's	10:00am
Samoan (4th Sun)	St Matthew's	1:00pm
	St Vincent's	3:00pm
Monday	Liturgy of the Word	
	St. Matthew's	7:00am
Tuesday	St Vincent's	5:30pm
Wednesday	St Matthew's	7:00am
Thursday	St Vincent's	9:30am
Friday	St Matthew's	9:30am
Saturday	St. Matthew's	12 pm

Children's Liturgy:

During 10am Mass at St. Vincent's
during school terms 1st & 3rd Sunday

Mass of Anointing:

1st Friday in Mar & Sept St Matthew's
9:30am

1st Thursday in Jun & Dec St Vincent's
9:30am

Adoration & Exposition of the Blessed Sacrament

Tuesdays St Vincent's 4:20pm

Confessions:

Saturday
St Matthew's 11am-11:30 am

St Vincent's 5:00pm - 5:30pm

Baptisms:

2nd Sunday St Matthew's 11:30am

4th Sunday St Vincent's 11:30am

Weddings: By appointment

Devotions and Prayer

Prayer Meeting

Monday St Vincent's 10:00am

Ignatian Spirituality

Every 2nd Monday St
Vincent's Church, Aranda
7:30pm OR every 2nd
Wednesday at the Orana
Centre 11 am-12:30pm

Cenacle of the Marian Movement of Priests

Thursdays St Vincent's after
9:30am Mass

Fourth Sunday Ordinary in Time Year B
Sunday 28th January 2024

Hearing Aid Loop is installed in both Mass centres, St Matthew's
only middle 2 sections turn your hearing aid to the T switch

This weeks readings:

Deut 18:15-20; 1 Cor 7:32-35; Mk 1:21-28

Entrance Antiphon

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

when your fathers put me to the
test;
when they tried me, though they
saw my work.' (R.)

Responsorial Psalm

**(R.) If today, you hear his voice,
harden not your hearts.**

(L.) Come, ring out our joy to the
Lord;

hail the rock who saves us.

Let us come before him, giving
thanks,
with songs let us hail the
Lord. **(R.)**

(R.) Come in, let us kneel and
bend low;

let us kneel before the God who
made us

for he is our God and we
the people who belong to his
pasture,

the flock that is led by his
hand. **(R.)**

(L.) O that today you would listen
to his voice!

'Harden not your hearts as
at Meribah,

as on that day at Massah in the
desert

Gospel Acclamation

Alleluia, alleluia!

A people in darkness have seen a
great light:

a radiant dawn shines on those lost in
death.

Alleluia!

Communion Antiphon

Let your face shine on your servant.

Save me in your merciful love.

O Lord, let me never be put to
shame, for I call on you.

Commissioning of Ministers of Holy Communion:

Take the fruits of this celebration to
those who cannot be with us today.
May you bring a knowledge and love
of the Lord to those whom you meet.

Next weeks readings:

Job 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-

Parish Vision:

Inspired by our faith in Jesus, we pray, listen, and welcome all as we reach out in service to transform the world.

Friday 2 February is the Feast of the Presentation of the Lord - Candlemas Parishioners are invited to bring a candle to the 9.30 Mass to be blessed during Mass.

This long held custom celebrates that Mary & Joseph brought Jesus to the Temple forty days after his birth for the rites purification and dedication as prescribed in the Torah.

Ladies' Dinner!!

Our first Ladies' Dinner for 2024 will be on Thursday 8 February at the usual venue and the usual time! The Southern Cross Club, Jamison at 6pm.

Please send your acceptances to me by cob Monday 5 February. (jennymurphys@icloud.com or 0437 034 148)

Parish Book Club

Are you interested in expanding your own reading, sharing ideas with others, or simply getting to meet some other people in our Parish? Then you might like to join the South Belconnen Parish Book Club!

A group of six parishioners came together in September 2015 for the first meeting of our Book Club. Since then we have met each month (except January) to discuss a range of reading material. Our membership has changed from time to time, but has remained steady at about 6-8 people at most meetings.

We have read and shared thoughts on many topics such as:

- * books from our well stocked Parish library.
- * • the Pope's encyclicals and other 'official' documents.
- * • the Australian Bishops' Statements that are produced each year.
- * • books about spirituality, faith development, church movements, and inspirational people.
- * • Scripture readings.
- * • journal articles.
- * • any other relevant reading as determined by the members.

We have discovered we all respond differently to the material, and this enriches our sharing. We meet each month, except January. There is no expectation that all members can complete the reading every month.

Our first meeting for 2024 will be held on **Thursday 15 February at 1.30pm in Marian Hall** at St Matthews in Page.

At this meeting we will be determining our reading list for the year - all members are welcome to contribute to this discussion. New members would be most welcome to join us for this meeting!

If you would like to find out more about the Book Club, please contact Beth Gibson on 0412 846 020 or Megan Thompson on 6254 0524.

Parish Safeguarding Commitment: The Parish of St Matthew and St Vincent de Paul is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected.

Communicating concerns: Parishioners are encouraged to raise any concerns they may have by emailing Fr Simon or the Parish Office; phoning the Parish office to arrange an appointment with Fr Simon. Specific Safeguarding issues can also be emailed to Maria Hicks, Manager for the Archdiocese's Institute for Professional Standards and Safeguarding (IPSS) ipss@cg.org.au

Parish News

The members of the Christian Life Community (CLC) would like to offer the parish another meditation, similar to that offered last July.

The meditation will take place in St Vincent's on Saturday 3 February just before the 6pm Mass. It will begin promptly at 5.35pm and conclude at 5.55pm. We will gather on the side of the church near the confessional.

Anyone wanting to enter the church before Mass is most welcome to do so, but we do ask that silence is respected during the meditation.



The St Vincent's Christian Meditation group is starting up again after the Christmas/New Year recess.

Our first meeting for 2024 is on Wednesday 7 February in the parish hall Orana from 6 to 7 pm.

We meet in person on the first and third Wednesdays. All other Wednesdays we meet on zoom.

Interested newcomers are very welcome.

More info Anne-Marie 0414278774

Ash Wednesday is the 14th February 2024.

As not many Parishioners took up the Advent program 2023 and we ended up having to dispose of many books and wasting money, we will not be ordering the Lenten Program.

Here are some options available this year.

The Catholic Diocese of Wollongong are offering a Lenten Program called PIETA.

Living in Harmony: Garratt Lenten Program Year B

EVANGELISATION BRISBANE A Resurrected Life

In addition to Lenten ones those seeking a year-long one can try Sacred space (book) [https://](https://www.paulinebooks.com.au/product/detail.cgi?id=9781788126403)

www.paulinebooks.com.au/product/detail.cgi?id=9781788126403 or website/app version

<https://sacredspace.com/>

Vocations Dinner at Archbishop's House. Thursday 8 February at 6pm. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To rsvp please contact vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.



Prayer Requests

We pray for the sick:

Will Blackwell,
Trevor Blake,
Ian Brown,
Angela Collier,
Gemma Collier,
Anne Darmody,
Leon Darmody,
Denis Dellamarta,
Greg Donnelly,
Joachim Exell,
Tony Fuller,
Fr Chris Gardiner OFM,
Pat Hannon,
Wendy LeBlanc,
Nick LeRay Meyer,
Bob Longland,
Tony Marker,
Glenn Mowbray,
Pamela Myatt,
Karna O'Dea,
Barry Joseph O'Leary,
Matthew Schembri,
Paul Scholtens,
Terry Stewart,
Anthony Stewart,
John Turyn,
Olga Turyn,
Jennifer Webster,
Angela Williams,
Josie Wright.

All the sick and suffering.

We pray for the deceased:

Recently:

Judith Williamson,

Anniversaries:

Beverley Bailey,
Avril Fuller,
Paul Duck,
Algis Kabaila,
Bob Laracy,
Paul O'Callaghan,
Mary Vas.

Baptisms: This month we welcome into our Parish community

Vivianne Stannard (14/01); Anthony Binetti and Eriella Odimegwu (28/01)

Sewing Group

The parish has a sewing group that meets at Marian Hall on the 2nd and 4th Saturday of each month at 2.30pm. We are a very friendly group. Most of us are interested in quilting and patchwork but we are open to all types of crafts and sewing.

If you fancy coming along for a spot of sewing and a cup of tea please let Jacinta (at the Parish Office) know and she will forward your contact details to Lea or Tanya.

Parish Volunteer Survey

Thank you to those parishioners who responded to the Parish Participation Survey in November. The Survey highlighted the many roles and activities that are undertaken to maintain a safe and vibrant Parish. Those involved in those roles greatly appreciate any extra assistance.

Some of the roles and activities (like dinners, prayer groups, libraries) are regularly advertised in the Bulletin and all are welcome whether or not you responded to the Survey. Some of the other roles are more ad-hoc (like garden working bees) so keep an eye out for these when future opportunities arise. For other roles volunteers will be contacted as rosters are updated or introductory sessions are organised. However, if you volunteered and haven't been contacted in a couple of months please contact the relevant coordinator or the Parish Office.

We had a total of 31 responses to the survey but it's never too late to fill-in a pink form.

Roster for St Matthew's and St Vincent de Paul Churches			
27th January & 28th January			
	Aranda 6.00pm	Page 8.30am	Aranda 10.00am
Readers	Bernie Leger Colleen Meadley	Christina Rowe Paul Coghlan	Ann Cleary Lisa Harris
Senior Servers	Jenny Murphy	Damien Power	John Malycha
EMHC	Mary Williams	Jo Duck Cathy Power	Helen Digan Karna O'Dea
Linen/Altar	Christine Ross		
4th February & 5th February			
	Aranda 6.00pm	Page 8.30am	Aranda 10.00am
Readers	Jenny Murphy Mary Patton	Helen Casey John Duck	Kate Hourigan Colleen Rowe
Senior Servers	David Ross	John Woods	John Malycha
EMHC	Lea Bewick	Kevin McInerney Jan Woods	Rachelle Stannard Robin Taylor
Linen/Altar	Amanda Kabaila Rachelle Stannard		