



# Parish of St Matthew & St Vincent de Paul South Belconnen

## Parish Pastoral Team

Fr Simon Falk -Parish Priest  
Fr. Andrew Yang - Korean Chaplain  
Deacon Joe Blackwell  
The Parish Pastoral Team can be contacted  
on the office number below.

## Parish Secretary

Jacinta Dinn

## St Matthew's Church

12 Chewings Street, Page

## St Vincent de Paul Church

7 Bindel Street, Aranda

## Parish Office

Orana Centre, ARANDA  
Tues and Thurs 9.00am-3.00pm  
(6254 1827)

**Email:** BelconnenSouth@cg.org.au

**Safeguarding:** ipss@cg.org.au

### Masses:

Saturday	St Vincent's	6:00pm
Sunday	St Matthew's	8:30am
	St Vincent's	10:00am
Samoan (4th Sun)	St Matthew's	1:00pm
	St Vincent's	3:00pm
Monday	Liturgy of the Word	
	St. Matthew's	7:00am
Tuesday	St Vincent's	5:30pm
Wednesday	St Matthew's	7:00am
Thursday	St Vincent's	9:30am
Friday	St Matthew's	9:30am
Saturday	St. Matthew's	12 pm

### Children's Liturgy:

During 10am Mass at St. Vincent's  
during school terms 1st & 3rd Sunday

### Mass of Anointing:

1st Friday in Mar & Sept St Matthew's  
9:30am  
1st Thursday in Jun & Dec St Vincent's  
9:30am

### Adoration & Exposition of the Blessed Sacrament

Tuesdays St Vincent's 4:20pm

### Confessions: Saturday

St Matthew's 11am-11:30 am  
St Vincent's 5:00pm - 5:30pm

### Baptisms:

2nd Sunday St Matthew's 11:30am  
4th Sunday St Vincent's 11:30am

**Weddings:** By appointment

### Devotions and Prayer

### Prayer Meeting

Monday St Vincent's 10:00am

### Ignatian Spirituality

Every 2nd Monday St  
Vincent's Church, Aranda  
7:30pm OR every 2nd  
Wednesday at the Orana  
Centre 11 am-12:30pm

### Cenacle of the Marian

### Movement of Priests

Thursdays St Vincent's after  
9:30am Mass

Third Sunday Ordinary in Time Year B  
Sunday 21st January 2024

**Hearing Aid Loop** is installed in both Mass centres, St Matthew's  
**only middle 2 sections turn your hearing aid to the T switch**

### This weeks readings:

I Jonah 3:1-5, 10; I Cor 7:29-31; Mk 1:14-20

## Entrance Antiphon

O sing a new song to the Lord;  
sing to the Lord, all the earth.  
In his presence are majesty and  
splendour,  
strength and honour in his holy place.

## Responsorial Psalm

**(R.) Teach me your ways, O  
Lord.**

**(R.)** Lord, make me know your  
ways.

Lord, teach me your paths.  
Make me walk in your truth, and  
teach me:

for you are God my saviour. **(R.)**

**(L.)** Remember your mercy, Lord,  
and the love you have shown  
from of old.

In your love remember me,  
because of your goodness, O

Lord. **(R.)**

**(R.)** The Lord is good and upright.  
He shows the path to those who  
stray,  
he guides the humble in the right  
path;  
he teaches his way to the  
poor. **(R.)**

## Gospel Acclamation

Alleluia, alleluia!  
The kingdom of God is near:  
believe the Good News!  
Alleluia!

## Communion Antiphon

Look toward the Lord and be radiant;  
let your faces not be abashed.

## Commissioning of Ministers of Holy Communion:

Father, bless our brothers and sisters  
entrusted with the ministry of bringing  
the body of Christ your Son to those  
who are sick. May they also carry your  
love and hope to those they serve.  
We ask this through this same Christ  
our Lord, Amen.



"The kingdom of God is close at hand.  
Repent, and believe the Good News."

Mark 1:15

### Next weeks readings:

Deut 18:15-20; I Cor 7:32-35; Mk 1:21-28

Excerpts from the English translation of The Roman Missal © 2010,  
International Commission on English in the Liturgy Corporation. All rights  
reserved.. Commissioning: © Redemptionist Publications,  
Hampshire.

## *Parish Vision:*

*Inspired by our faith in Jesus, we pray, listen, and welcome all as we reach out in service to transform the world.*

There will be a **Memorial Mass** for David, son of Helen Baker on Wednesday 24th January at 7 am at St Matthew's Church, Page.

### **Men's Group – Thursday 25 January 2024**

The next get together will be at 6:15 PM on Thursday 25 January 2024 at the Parish Centre, Aranda.

Please RSVP to [paul.pearson@bigpond.com](mailto:paul.pearson@bigpond.com) (0412 685 582) by COB Tuesday 23 January 2024.



### **Parish Book Club**

Are you interested in expanding your own reading, sharing ideas with others, or simply getting to meet some other people in our Parish? Then you might like to join the South Belconnen Parish Book Club!

A group of six parishioners came together in September 2015 for the first meeting of our Book Club. Since then we have met each month (except January) to discuss a range of reading material. Our membership has changed from time to time, but has remained steady at about 6-8 people at most meetings.

We have read and shared thoughts on many topics such as:

- \* books from our well stocked Parish library.
- \* • the Pope's encyclicals and other 'official' documents.
- \* • the Australian Bishops' Statements that are produced each year.
- \* • books about spirituality, faith development, church movements, and inspirational people.
- \* • Scripture readings.
- \* • journal articles.
- \* • any other relevant reading as determined by the members.

We have discovered we all respond differently to the material, and this enriches our sharing. We meet each month, except January. There is no expectation that all members can complete the reading every month.

Our first meeting for 2024 will be held on **Thursday 15 February at 1.30pm in Marian Hall** at St Matthews in Page.

At this meeting we will be determining our reading list for the year - all members are welcome to contribute to this discussion. New members would be most welcome to join us for this meeting!

If you would like to find out more about the Book Club, please contact Beth Gibson on 0412 846 020 or Megan Thompson on 6254 0524.

**Parish Safeguarding Commitment:** The Parish of St Matthew and St Vincent de Paul is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected.

**Communicating concerns:** Parishioners are encouraged to raise any concerns they may have by emailing Fr Simon or the Parish Office; phoning the Parish office to arrange an appointment with Fr Simon. Specific Safeguarding issues can also be emailed to Maria Hicks, Manager for the Archdiocese's Institute for Professional Standards and Safeguarding (IPSS) [ipss@cg.org.au](mailto:ipss@cg.org.au)

## Parish News



- Morning Tea after 8:30am Mass  
1st Sunday of the Month at **St. Matthew's, Page.**
- Cheese and bikkies with wine after 6pm Vigil Mass at **St. Vincent's, Aranda** 2nd weekend of the month.
- Morning Tea after 10am Mass 3rd Sunday of the Month  
at **St. Vincent's, Aranda.**

### **Welcome to New Parishioners!**

If you are new, or have new contact details, please drop us a note at [belconnensouth@cg.org.au](mailto:belconnensouth@cg.org.au) or pop into the Parish Office, in the Orana Centre in Aranda during the week. Open Tuesday and Thursday 9 am to 3pm.

**A New Year** also gives us an opportunity to look around the congregation at Mass. *Who do we know? What gifts have we noticed in them? Might there be a group, or activity, or committee they could be invited to?* 'Time and Talent' surveys are helpful, but the action of *noticing someone and inviting them has another level of impact.*

### **Ash Wednesday is the 14th February 2024.**

As not many Parishioners took up the Advent program 2023 and we ended up having to dispose of many books and wasting money, we will not be ordering the Lenten Program. Here are some options available this year.

The Catholic Diocese of Wollongong are offering a Lenten Program called PIETA.

[dow.org.au/shop](http://dow.org.au/shop) or email [orders@dow.org.au](mailto:orders@dow.org.au) or phone 02 4222 2411

Posters on display in the church foyer.

Living in Harmony: Garratt Lenten Program Year B

<https://www.garrattpublishing.com.au/product/9781922484734/>

EVANGELISATION BRISBANE A Resurrected Life

[https://evangelisation-brisbane.myshopify.com/products/a-resurrected-life\\_pos=1&\\_sid=34e18ac86&\\_ss=r](https://evangelisation-brisbane.myshopify.com/products/a-resurrected-life_pos=1&_sid=34e18ac86&_ss=r)

In addition to Lenten ones those seeking a year-long one can try Sacred space (book) [https://](https://www.paulinebooks.com.au/product/detail.cgi?id=9781788126403)

[www.paulinebooks.com.au/product/detail.cgi?id=9781788126403](https://www.paulinebooks.com.au/product/detail.cgi?id=9781788126403) or website/app

version <https://sacredspace.com/>

**Loreto Ex Students' Reunion**— in Canberra Saturday, 16 March 2024

For further details: [loreto.canberra@gmail.com](mailto:loreto.canberra@gmail.com)

## Prayer Requests

### We pray for the sick:

Will Blackwell,  
Trevor Blake,  
Ian Brown,  
Angela Collier,  
Gemma Collier,  
Anne Darmody,  
Leon Darmody,  
Denis Dellamarta,  
Greg Donnelly,  
Joachim Exell,  
Tony Fuller,  
Fr Chris Gardiner OFM,  
Pat Hannon,  
Wendy LeBlanc,  
Nick LeRay Meyer,  
Bob Longland,  
Tony Marker,  
Glenn Mowbray,  
Pamela Myatt,  
Barry Joseph O'Leary,  
Matthew Schembri,  
Paul Scholtens,  
Terry Stewart,  
Anthony Stewart,  
John Turyn,  
Olga Turyn,  
Jennifer Webster,  
Angela Williams.

### All the sick and suffering.

### We pray for the deceased:

#### Recently:

David Baker,  
Judith Szmerler,  
Judith Williamson,

#### Anniversaries:

Terry Williams,  
Beverley Bailey,  
Avril Fuller,  
Paul Duck,  
Algis Kabaila,  
Bob Laracy.

## Sewing Group

The parish has a sewing group that meets at Marian Hall on the 2nd and 4th Saturday of each month at 2.30pm. We are a very friendly group. Most of us are interested in quilting and patchwork but we are open to all types of crafts and sewing.

If you fancy coming along for a spot of sewing and a cup of tea please let Jacinta (at the Parish Office) know and she will forward your contact details to Lea or Tanya.

### Parish Volunteer Survey

Thank you to those parishioners who responded to the Parish Participation Survey in November. The Survey highlighted the many roles and activities that are undertaken to maintain a safe and vibrant Parish. Those involved in those roles greatly appreciate any extra assistance.

Some of the roles and activities (like dinners, prayer groups, libraries) are regularly advertised in the Bulletin and all are welcome whether or not you responded to the Survey. Some of the other roles are more ad-hoc (like garden working bees) so keep an eye out for these when future opportunities arise. For other roles volunteers will be contacted as rosters are updated or introductory sessions are organised. However, if you volunteered and haven't been contacted in a couple of months please contact the relevant coordinator or the Parish Office.

We had a total of 31 responses to the survey but it's never too late to fill-in a pink form.

<b>Roster for St Matthew's and St Vincent de Paul Churches</b>			
<b>20th January &amp; 21st January</b>			
	<b>Aranda 6.00pm</b>	<b>Page 8.30am</b>	<b>Aranda 10.00am</b>
<b>Readers</b>	Gabrielle Jarvis Geraldine Lillingston	Mary Morris Janet Moyle	Anne McCarthy Kate Hourigan
<b>Senior Servers</b>	Damien Sloane	Dennis Morris Sacristan	John Malycha
<b>EMHC</b>	Margaret Sloane	John Churchill Helen Baker Joan Murphy	Annette Charge Mina Chiu
<b>Linen/Altar</b>	Ladies of the Korean Community		

<b>27th January &amp; 28th January</b>			
	<b>Aranda 6.00pm</b>	<b>Page 8.30am</b>	<b>Aranda 10.00am</b>
<b>Readers</b>	Bernie Leger Colleen Meadley	Christina Rowe Paul Coghlan	Ann Cleary Lisa Harris
<b>Senior Servers</b>	Jenny Murphy	Damien Power	John Malycha
<b>EMHC</b>	Mary Williams	Jo Duck Cathy Power	Helen Digan Karna O'Dea
<b>Linen/Altar</b>	Christine Ross		