



# Parish of St Matthew & St Vincent de Paul South Belconnen

## Parish Pastoral Team

Fr Simon Falk -Parish Priest  
Fr. Andrew Yang - Korean Chaplain  
Deacon Joe Blackwell  
The Parish Pastoral Team can be contacted on  
the office number below.

## Parish Secretary

Jacinta Dinn

## St Matthew's Church

12 Chewings Street, Page

## St Vincent de Paul Church

7 Bindel Street, Aranda

## Parish Office

Orana Centre, ARANDA

Tues and Thurs 9.00am-3.00pm  
(6254 1827)

**Email:** BelconnenSouth@cg.org.au

**Safeguarding:** ipss@cg.org.au

**SafeGuarding.BelconnenSouth@cg.org.au.**

**Website:** cg.org.au/belconnensouth

## Facebook & Twitter:

[www.facebook.com/southbelconnen/](http://www.facebook.com/southbelconnen/)

<https://twitter.com/BelconnenP>

## Mailing Address:

PO Box 4266 Hawker ACT 2614

## Masses:

Saturday	St Matthew's	6:00pm
Sunday	St Matthew's	8:30am
	St Vincent's	10:00am
	St Matthew's	1:00pm
Samoan (4th Sun)		
Korean	St Matthew's	3:00pm
Monday	Liturgy of the Word	
	St. Matthew's	7:00am
Tuesday	St Vincent's	5:30pm
Wednesday	St Matthew's	7:00am
Thursday	St Vincent's	9:30 am
Friday	St Matthew's	9:30am
Saturday	St. Matthew's	12 pm

## Children's Liturgy:

During 10am Mass at St. Vincent's  
during school terms 1st & 3rd Sunday

## Mass of Anointing:

1st Friday in Mar & Sept St Matthew's  
9:30am

1st Thursday in Jun & Dec St Vincent's  
9:30am

## Adoration of the Blessed Sacrament

Tuesday

## Confessions: Saturday

St Matthew's 11am-11:30 am

St Matthew's 5:00pm - 5:30pm

## Baptisms:

2nd Sunday St Matthew's 11:30am

4th Sunday St Vincent's 11:30am

**Weddings:** By appointment

## Devotions and Prayer

### Centering Prayer

2nd & 4th Wednesday of month  
7.30pm Marian Hall, Page

### Prayer Meeting

Monday St Vincent's 10:00am

### Ignatian Spirituality

Every 2nd Monday St Vincent's  
Church, Aranda 7:30pm OR every  
2nd Wednesday at the Orana  
Centre 11 am-12:30pm

### Cenacle of the Marian Movement of Priests

Thursdays St Vincent's after  
9:30am Mass

18th Sunday in Ordinary Time Year B  
Sunday 4th August 2024

**Hearing Aid Loop** is installed in both Mass centres, St Matthew's  
**only middle 2 sections turn your hearing aid to the T switch**

## **This weeks readings:**

Ex 16:2-4, 12-15; Eph 4:17, 20-24; Jn 6:24-35

## Entrance Antiphon

○ God, come to my assistance;  
○ Lord, make haste to help me!  
You are my rescuer, my help;  
○ Lord, do not delay.

## Responsorial Psalm

**(R.) The Lord gave them bread  
from heaven.**

**(L.)** The things we have heard and  
understood,  
the things our fathers have told  
us,  
we will tell to the next  
generation:  
the glories of the Lord and his  
might. **(R.)**

**(R.)** He commanded the clouds  
above  
and opened the gates of heaven.  
He rained down manna for their  
food,  
and gave them bread from  
heaven. **(R.)**

**(L.)** Mere men ate the bread of  
angels.  
He sent them abundance of food.  
He brought them to his holy land,  
to the mountain which his right  
hand had won. **(R.)**

## Gospel Acclamation

Alleluia, alleluia!  
No one lives on bread alone,  
but on every word that comes from  
the mouth of God.  
Alleluia!

## Communion Antiphon

I am the bread of life, says the Lord;  
whoever comes to me will not hunger  
and whoever believes in me will not  
thirst.

## Commissioning of Ministers of Holy Communion:

Take this holy sacrament to those who  
are sick and housebound. May they  
know the joy of the Lord's presence  
and nearness to them in this Holy  
Communion, through Christ our Lord.



## **Next weeks readings:**

1 Kg 19:4-8; Eph 4:30-5:2; Jn 6:41-51

## *Parish Vision:*

*Inspired by our faith in Jesus, we pray, listen, and welcome all as we reach out in service to transform the world.*



During the pandemic our two schools, St Vincent's (2020) and St Matthew's (2022) celebrated their 50th Anniversaries. In the more than fifty years, many lay and religious educators have lived the vocation of teaching. Some were from among the Sisters of St Joseph, followers of St Mary MacKillop. You can find out more at <https://www.sosj.org.au/become-involved/>. At St Francis Xavier College, together with many dedicated lay educators have been the Sisters of the Good Samaritan. You can find out more about them at <https://www.goodsams.org.au/get-involved-2/becoming-a-good-samaritan-sister-2/>.

Here in the Canberra and Goulburn Archdiocese the Vocations Team have several vocation events coming up in National Vocations Awareness Week (4-11 August). There are some posters marking events. The events are:

1. **Vocations Awareness Week Holy Hour** – Archbishop Christopher will lead a prayer vigil for vocations on Tuesday 6 August at St. Christopher's Cathedral at 6pm.
2. **Monthly Dinner for men** – The next monthly discernment dinner for men will be on Thursday 8 August at The Archbishop's House at 6pm.

**Feast Day** at Mary MacKillop Place, North Sydney on Thursday, 8th August.

Throughout the day, we will hold Mass at 8 am, 10 am, 1 pm and 6 pm, providing meaningful moments of prayer and reflection.

The Chapel will be open from 7.30 am to 7:30 pm for personal prayer and contemplation at the tomb of St Mary of the Cross MacKillop.

Additionally, visitors are welcome to explore the MMP Museum, with free entry, from 7:30 am to 3:30 pm, immersing themselves in the legacy of Mary MacKillop and for your convenience, the Gift Shop & Café will be open from 7:30 am to 7:30 pm, giving you the chance to browse and purchase Mary MacKillop inspirational items and memorabilia, and meals during the festivities.

We kindly request that pilgrims enter Mary MacKillop Place via 80 William Street, North Sydney, on this special occasion.

Let this Feast Day of St Mary of the Cross be an opportunity to come together and celebrate the gift that is Mary MacKillop. See flyer in the foyer for more information.

**The Australian Catholic Bishops Conference** is undertaking a research project aimed at investigating why Catholics do not participate in regular weekly Sunday Mass (Sunday Mass includes the Saturday Vigil). The project will provide in-depth information about contemporary religious practices and beliefs of Catholics in Australia. The insights would enable parishes, movements, and school communities to respond to the trends in participation in the Church, update the Church's awareness and understanding of the present-day context, and enable responses and collaboration around the underlying factors for non/dis-engagement.

We would like to invite you to take part in this research. Please click on the link below (or copy and paste the link into your browser) to access information about the project, and to enter the survey itself.

<https://bit.ly/AbsentFromTheTableSurvey>

You are welcome to share this invitation with others who would be interested in participating in the survey. The survey will run from **Monday, 17 June 2024** and close on **Tuesday, 20 August 2024**. Thank you for considering this invitation to participate.

## Parish News



- **Morning Tea** after 8:30am Mass 1st Sunday of the month at **St Matthew's, Page,** 4th August
- **Cheese and bikkies** with wine 2nd weekend of the month after 6pm Vigil Mass at **St. Matthew's, Page,** 10th August
- **Morning Tea** after 10am Mass 3rd Sunday of the Month at **St Vincent's, Aranda,** 18th August

### **Archdiocesan Days**

Thursday 8 August - Clergy Compliance Day.

Friday 9 August - Key Leaders Day with Catholic Education Leadership Staff (office-schools) and Parish Priest.

**Reminder:** Centering Prayer is held the 2nd and 4th Wednesday of the month in Marian Hall (next to St Matthew's Church, Page). For further information, please contact Peter on 6254 7168 or Judith on 0403 598 262.

### **The Feast of St Ignatius of Loyola 31 July**

To celebrate the feast of St Ignatius, the members of the Christian Life Community (CLC) are again offering the parish the opportunity to participate in an Ignatian style meditation known as a Field Hospital Exercise. This title refers to a statement made by Pope Francis in 2013 in an interview when asked about his feelings for the Church. The Pope's response was that he saw the Church like a Field Hospital where many broken souls could go to have their wounds cared for.

The day and time for the meditation:

**Sunday 4 August: St Vincent's** beginning 10 minutes after the 10am Mass. We will use the sunny, side block of the Church facing the Orana Centre. The meditation will take 25 minutes.

Any questions? Contact Jenny 0437 034 148 or [jennymurphys@icloud.com](mailto:jennymurphys@icloud.com)

### **Presentations on the Synod**

Various seminars and presentations relevant to the upcoming Synod assembly are scheduled in the next few weeks. These may be of interest to you:

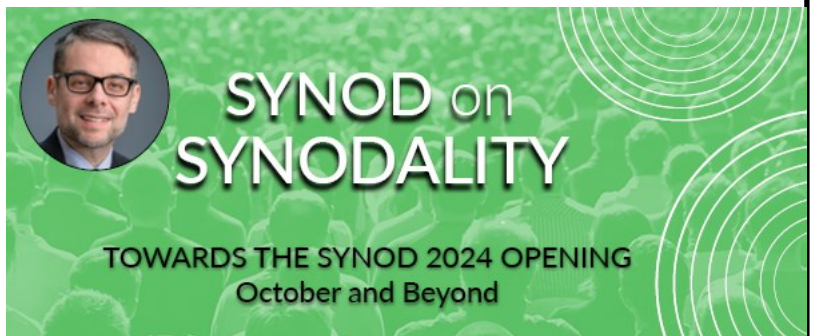
#### ***Synod on Synodality: Toward the Synod 2024 Opening October and Beyond!***

Massimo Faggioli and John Warhurst will discuss the upcoming Synod and the future beyond.

**When:** Thursday 15 August 2024, 4:30pm (AEST)

**Where:** Via Zoom

**Registration:** <https://garrattpublishing.us7.list-manage.com/track/click?u=f40de2f365c592f61392a808&id=411233317c&e=bbc16a1099>



**Parish Safeguarding Commitment:** The Parish of St Matthew and St Vincent de Paul is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected.

**Communicating concerns:** Parishioners are encouraged to raise any concerns they may have about current safeguarding issues by contacting Fr Simon by emailing or phoning the Parish office to arrange an appointment, or by contacting our Safeguarding Volunteer, Ann Cleary, at [SafeGuarding.BelconnenSouth@cg.org.au](mailto:SafeGuarding.BelconnenSouth@cg.org.au). Specific Safeguarding concerns (including potentially criminal current or historical matters) can be emailed to Maria Hicks, Manager for the Archdiocese's Institute for Professional Standards and Safeguarding (IPSS) [ipss@cg.org.au](mailto:ipss@cg.org.au).

## Prayer Requests

### We pray for the sick:

Kathryn Anderson,  
Trevor Blake,  
Ian Brown,  
Angela Collier,  
Gemma Collier,  
Ann Crooks,  
Anne Darmody,  
Leon Darmody,  
Denis Dellamarta,  
Joachim Exell,  
Tony Fuller,  
Fr Chris Gardiner OFM,  
Pat Hannon,  
Margaret Keen,  
Charlie King,  
Wendy LeBlanc,  
Nick LeRay Meyer,  
Bob Longland,  
John Malycha,  
Tony Marker,  
Mary Matthews,  
Glenn Mowbray,  
Pamela Myatt,  
Stephen New,  
Karna O'Dea,  
Barry Joseph O'Leary,  
Francis Power,  
Matthew Schembri,  
Pat Stakelum,  
Terry Stewart,  
Anthony Stewart,  
Sophie Turner,  
John Turyn,  
Olga Turyn,  
Jennifer Webster,  
Daniel William,  
Angela Williams.

### All the sick and suffering.

### We pray for the deceased:

Kathleen Paterson  
Clare Meneses  
Ralph Peters,  
Wendy White

### Anniversaries (August)

John Deane,  
Sisifo Gisa (Mother of Fr Lolesio),  
Paul Hemsley,  
Fr Rafael Cabezon OP,  
Fr Laurie Beath,  
Dr Gil Rodriguez,  
Robyn Sherrin Ryan,  
Mebel Stephens,  
David Clarke,  
Amando Doronila,  
Alexandra Wallace,  
Kyle Biddle,  
Don Falk.  
Abdon Berdin,  
Pedrito Berdin  
John (Barry) Faulkner,  
Sr Mary Geradine Agnew rsj,  
Carol O'Donnell,  
Ivan Markac,  
Terence Quinane,  
Nora Gaffney,  
Brian Robinson  
Kevin Moyle,  
Vida Kabaila,  
Michael Craft

### 6 August | National Vocations Week (4- 11 August)

An Archdiocesan Vocations Holy Hour will be held at St. Christopher's Cathedral on Tuesday 6<sup>th</sup> August (Feast of the Transfiguration) It will include Adoration, Evening Prayer and Rosary.

### 7 August | Tim Fischer Oration on Ethics in Public and Political Life 2024 | 6PM

LAST CALL FOR TICKETS. Tim Fischer Oration for Ethics in Public and Political Life, Great Hall of Parliament House, Canberra, on Wednesday, August 7, 2024, at 6 p.m. World renown Law Scholar and social commentator, Dr Helen Alvare is the keynote speaker. 6pm -7pm canapes and wine, 7pm - 8pm Keynote talk plus Q&A.

For more information & tickets visit [www.tfo.org.au](http://www.tfo.org.au)

### 8 August | Archdiocesan Women's breakfast with Dr Helen Alvare

LAST CALL FOR TICKETS. The Women's breakfast with Dr Helen Alvare offers Catholic women and friends a chance to connect, explore ethical leadership and community-building in the Church, and discuss navigating life's changing seasons. Tickets: \$30 - Students \$25. Purchase online at [www.tfo.org.au/women-breakfast/](http://www.tfo.org.au/women-breakfast/)

### 10 August | Christ Our Firm Foundation Retreat | 10AM

Queanbeyan parish Retreat open to all. Men and women (ages +18 +) are invited to join the Dominican Sisters of Saint Cecilia. The day will focus on renewing the foundations of the spiritual life and will include Talks, a Holy Hour, Confession and a time of Fellowship.

### 13 August | Marriage Preparation Courses

Upcoming Marriage Preparation courses for engaged couples: Tues 13<sup>th</sup> August 5-9pm plus a private follow up session at Marymead CatholicCare. *Engaged Encounter*- Sydney, Sat 17 & Sun 18 August. *SmartLoving* – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to [www.marriagefamily.org.au](http://www.marriagefamily.org.au) Enquiries: Text Helena Zobec on 0405 440 463

### 17-18 August | ENGAGED ENCOUNTER RETREAT

How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. For further information visit: [www.engagedencounter.org.au](http://www.engagedencounter.org.au). Choose any of the Weekends: Aug 17-18, Nov 09-10, Feb 22-23

### 31 August | Cultural Competency | 10:00AM

The Catholic Women's Taskforce, Archdiocese of Canberra and Goulburn has a workshop on 31 August. Kylie Shea, a Ngunnawal woman will facilitate the sessions where we will learn about Ngunnawal culture. Venue: Orana Centre Aranda Register via [www.cgwomen.org.au](http://www.cgwomen.org.au)

### 17 October | Ordination to the Priesthood of Rev. Mark Ha

Save the Date Thursday 17 October 2024 at 5.00pm at St Christopher's Cathedral Forrest, Canberra

### 26 September | Encountering God in Lectio Divina

Lectio Divina is Sacred Reading. It is a way of prayer whereby we allow the Word of God to touch our hearts and change our lives. It is a dialogue of love between the person and God as heart speaks to heart through the Word. This weekend retreat focusses on the process of lectio divina by engaging participants in the ancient art of reading and praying with the Word of God in scripture. For more details ring 0242360011 Ext. 114 Cost: \$150

## Roster for St Matthew's and St Vincent de Paul Churches

### 3rd August & 4th August

	Page 6.00pm	Page 8.30am	Aranda 10.00am
<b>Readers</b>	Lea Bewick Michael White	Irena Dennis John Duck	Conor Bradley Marie Carroll
<b>Senior Servers</b>	Bernie Leger	John Woods	Jenny Murphy
<b>EMHC</b>	Judi Ahern	Jo Duck Jan Woods	Jane Burroughs Mina Chiu
<b>Linen/Altar</b>			

### 10th August & 11th August

	Page 6.00pm	Page 8.30am	Aranda 10.00am
<b>Readers</b>	Peter Davies Lynne Foster	Yvonne McAdoo Mary Morris	Belen Lamond Colleen Rowe
<b>Senior Servers</b>	Damien Sloane	Vince Burns	Jenny Murphy
<b>EMHC</b>	Joan Murphy	Carolyn Burns	Helen Digan
<b>Linen/Altar</b>			