



Parish of St Matthew & St Vincent de Paul South Belconnen

**18th Sunday in Ordinary Time
Year B
1 August 2021**

Parish Pastoral Team

Fr Simon Falk PP (6254 1827)
Fr Thomas Jin APP (6254 1827)
Deacon Joe Blackwell
Parish Secretary: Kate Whitton
(6254 1827)

Youth Ministers:

Grace Braybon (grace.braybon@cg.org.au)
Maddie Greenwood
(maddie.greenwood@cg.org.au)

St Matthew's Church

12 Chewings Street, Page

St Vincent de Paul Church

7 Bindel Street, Aranda

Page Office: Tues - Thurs 9.00am-3.30pm
(6254 1827)

Email: BelconnenSouth@cg.org.au

Website:

cg.org.au/belconnensouth

Facebook & Twitter:

www.facebook.com/southbelconnen/
<https://twitter.com/BelconnenP>

Mailing Address:

PO Box 4266 Hawker ACT 2614

Hearing Aid Loop is installed in both church centres, St Matthew's only middle 2 sections turn your hearing aid to the T switch

Masses:

Saturday Vigil	St Matthew's	6.00pm
(No longer streamed).		
Sunday	St Matthew's	8.30am
	St Vincent's	10.00am
Samoan	St Matthew's	1.00pm
(4th Sun)		
Korean	St Vincent's	3.00pm
Tuesday	St Vincent's	5.30pm
Wednesday	St Matthew's	7.00am
Thursday	St Vincent's	9.30am
Friday	St Matthew's	9.30am
Saturday	St Matthew's	12.00pm

Mass of Anointing:

1st Friday in Mar & Sept	St Matthew's	9.30am
1st Thursday in Jun & Dec	St Vincent's	9.30am

Confessions:

Saturday		
St Matthew's	11.00am-11.50am	
St Matthew's	5.00pm - 5.30pm	

Liturgy of the Word with Holy Communion:

Monday	St Matthew's	7.00am
--------	--------------	--------

Adoration & Exposition of the Blessed Sacrament

Tuesdays	St Vincent's	4.20pm
----------	--------------	--------

Cenacle

Thursdays	St Vincent's after 9.30am Mass	
-----------	-----------------------------------	--

Prayers only

Mondays	St Vincent's	10.00am
---------	--------------	---------

Legion of Mary

Saturday	St Vincent's	10.15am
----------	--------------	---------

Baptisms:

2nd Sunday	St Matthew's	11.30am
4th Sunday	St Vincent's	11.30am

Weddings: By appointment

This Week:

Ex 16:2-4 12-15
Eph 4:17, 20-24
Jn 6:24-35

Entrance Antiphon: *(as ministers gather in courtyard—not said if hymn is sung)*

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

Responsorial Psalm

R. The Lord gave them bread from heaven.

W. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. **R.**

M. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. **R.**

W. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **R.**

Gospel Acclamation:

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

Communion Antiphon: *(not said if hymn is sung)*

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

Commissioning of Ministers of Holy Communion:

Take this holy sacrament to our sisters and brothers who are sick that they, too, may share in the Eucharist celebration which nourishes and unites us.



Next Week: 1 Kg 17:8-16 Col 3:12-17 Mt 6:25-34

Prayer Requests

We pray for the sick:

Caroline Aldridge, Michelle Aldridge, Thirvinder Anand, Martin Baker, David Baker, Lisa Baulman, Sue Bartlett, Nancy Biviano, Fr Laurie Blake, Ian Brown, Mary Bryan, George Bulbrook, Vince Burns, Di Carter, John Clerk, Mary Coman, Elizabeth Davis, Jeanette Demetriou, Peter Donnan, June Donnelly, Frances Dyball, Joachim Exell, Ivka Ferinas, Grace Fluitsma, Amy Fogarty, Mick Hay, Wilf Hedley, Christine Hermely, Lorraine Higgins, Max Holmes, Paul Idilton, Graham Jackson, Bert Jacob, Cath Jane Keen, Michael Mathias, Jill McDonald, Cedric Metto, Tanya Mihajlovic, Monica Molloy, Peter Naughton, Cedric Netto, Me con Nguyen Thi No, Noel Noonan, Rita Notte, Louise Powell, Kathleen Preece, Dana Riminic, Peter Robbins, Daphne Robinson, Paul Shanahan, John Shiels, Peter Stewart, Nicole Tavares, Richard Toombs, Lina Varmiento, Max Walsh, Jenny Webster, Mariette William, Angela Williams, Berenice Wright and Robert Wrightson. All the sick and suffering.

We pray for the deceased:

Recently: Mary Cleary, Ambrosio Sedillo, Francesco Spadaro, Teresa Staltari, Robert Logue, Jack Laracy, John Nguyen, Corine de Vries, Pauline Larkey.

Anniversaries: Maria Dang, Joseph Falk, Stephen Garrett, Tim Durick.

You can help rescue a child from homelessness and help end the pain of poverty by donating to the **Vinnies Winter Appeal**. Envelopes have been put in the foyer of both churches and donations can be left at the collection point at the back of the church. Alternatively you can give by calling 13 18 12 or by visiting vinnies.org.au; Thank you

Parish News

Planned giving **tax receipts** and **new envelopes** are available in the foyer of St Matthew's Church this weekend.

Saint Ignatius Loyola

Ignatius was born in 1491 in the Basque province of northern Spain, the youngest of thirteen children. Aged sixteen, he left home to serve as a page for the Treasurer of Castile in whose service he was often at court where he developed a taste for the material world. He became an officer in the Spanish army but was wounded at Pamplona, suffering a broken leg. Bedridden for twelve months, Ignatius asked for books on chivalry. There were none available so Ignatius was forced to read about the life of Christ and the saints; surprisingly, he found this literature unexpectedly riveting and his heroes became Francis of Assisi and Catherine of Siena.

His reading led Ignatius to realise that God was working within him so in 1522, having decided to serve God, he visited the shrine of Our Lady of Montserrat where he spent much time in prayer. He was determined to follow the call of God and his first step was to relinquish his sword, thus indicating he was no longer a soldier. This was followed by laying aside his fine clothes to which he held a great attachment. He gave the clothes to a poor man, dressing himself from then on in the rough garments and sandals suited to one who was considered poor.

This very different Ignatius visited a cave outside Manresa where he stayed for some time and began writing The Spiritual Exercises. Continuing his life of prayer, he felt called to the priesthood but since he lacked the necessary education, Ignatius went back to school with young children as classmates and later went to the university of Paris where he introduced The Spiritual Exercises to his fellow students. He boarded with two men who would become his close followers and future saints: Francis Xavier and Peter Faber. Ignatius now founded the Society of Jesus and said his first Mass in 1538.

By 1540 there were seven Jesuits and Pope Paul 3rd declared the Society of Jesus a religious order with Ignatius as Father General. The Jesuits took the three vows of poverty, chastity and obedience and a fourth vow of obedience to the Pope.

Ignatius died in 1556 and was beatified in 1609 by Pope Paul 5th. In 1622 he was canonized by Pope Gregory 15th. His feast is 31 July.

Today the Jesuits number more than sixteen thousand members and Pope Francis is the first Jesuit to become Pope. (*Liturgy Committee*)

Archbishop Christopher Prowse has written a letter that talks about the **Extraordinary Form of Mass, Euthanasia or Assisted Suicide** in ACT & NSW and **Plenary Council** Member formation. His letter is available on notice boards and the parish website (cg.org.au/belconnensouth).

In addition, some may find these links of assistance CathNews <https://bit.ly/2VdpwrR> and Australian Catholic Bishops <https://www.catholic.org.au/commission-documents/bishops-commission-for-pastoral-life-1/euthanasia/1647-real-care-love-and-compassion-the-alternative-to-euthanasia-dl/file>. Please also see the 'Fan the Flame' notice on the Plenary Council.

Reflection on 'Being On Earth the Heart of God'

Last Thursday evening, 22 July, about 12 parishioners gathered at the Orana Centre in Aranda to participate in a session on Heart Spirituality, led by Cheryl Hamill, who is Assistant Principal - Mission at Daramalan College, and a member of our Parish Pastoral Council.

Cheryl gently shared her knowledge of the story of Heart Spirituality, as lived by the Missionaries of the Sacred Heart (MSC) Order and many lay people around the world.

Cheryl described how this spirituality enables people to live the Gospel with a focus on the heart of Jesus, who reveals God's love for all creation through his words and actions, his compassion and justice, hospitality and forgiveness. We were encouraged to open our hearts to Jesus.

The evening included times for words and shared reflections, prayer and silence.

Sometimes it is a challenge to find ways to nurture our faith. This was one such occasion, and all people present expressed their thanks to Cheryl for sharing her understanding and experience of living Heart Spirituality.

Please go to <http://cg.org.au/belconnensouth/Home.aspx> for the recorded zoom presentation and notes from the presentation.

Parish Finance Council Update

At its July meeting the Parish Finance Council discussed the year to date financial position and outlook. The good news is that the Parish's income has been holding up reasonably well and a number of projects have been successfully progressed including long overdue maintenance at the Presbytery to ensure it is in the same condition that we would like in our own homes.

This and other activities undertaken in the Parish would not be possible without the generous financial support of parishioners (via the first collection, Planned giving and special collections) and the invaluable assistance of those who so kindly volunteer their time and expertise. A sincere thank you to all those contributing.

The Planned giving program remains the cornerstone of our financial planning as it enables the Finance Council to budget for the current and future years. Contributions via direct debit or credit card are particularly important representing about 78% of pledges for the last 12 months but over 83% of the amount actually received. While all contributors to Planned giving are greatly appreciated, moving to direct debit or credit card from envelopes or cash on the plate provides greater certainty and minimises the risks of handling and storing cash. Thanks again to all those supporting the Parish. Parish Finance Council

For readers, servers, acolytes and EMHCs

Andrea Dean has accepted an invitation from the Liturgy Committee to give an inservice session to acolytes, servers, EMHC and readers on **Thursday 12 August at 7.30pm in St Matthew's Church**. This session will cover the theology and spirituality of participating in these ministries and will take about an hour.

For those who don't know Andrea she is a popular facilitator with Catholic organisations, with Catholic leaders and with specialist groups. Andrea has lectured in programs offered through the Australian Catholic University and the University of Canberra and was a member of the Archdiocesan Liturgical Commission. She has more than 25 years' experience in promoting growth through education, facilitation and retreat work.

All existing ministers and readers are expected to attend this session - it is part of our commitment to these ministries that we undertake some formation regularly.

Identity Retreat - Sunday 8 August from 11am-1pm at the Orana Centre, Aranda

Hosted by Youth Ministers: Grace Braybon & Maddie Greenwood - Upper primary school children (years 4, 5 & 6) are invited to come along for loads of fun, games, eating yummy food, meeting new friends and learning about identity and Jesus. Bring along your friends! *(Please bring \$5 for food and drinks for the day).*

Position Vacant

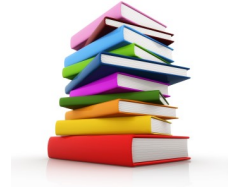
The South Belconnen Parish is seeking a **Parish Sacramental Programmes and Administration Coordinator**, 10-12 hours per week, to commence duties as soon as possible. For skills and experience required, please visit contact the parish office belconnensouth@cg.org.au or visit cg.org.au/belconnensouth. Applications must be submitted by email by 19 August 2021.

The **Serra Club** supports vocations from seminarians through to priests and all professed Religious. Please consider joining the Serra group in prayer and monthly gathering. Michael Allam 0416 206360 and John Malachy 0413 384656 for more details.

Library News

The following items are now available for loan at St Matthew's.

- Warhurst, John: **Wrestling with the Church hierarchy** [Church and Catholic Faith]
- Pacwa SJ, Mitch: **Growing in Faith: a Bible study guide for Catholics** [Scripture]
- Lambert, Willi: **Directions for communication: discoveries with Ignatius Loyola** [Biography]
- Muggeridge, Malcolm: **A third testament** [Biography]



Our libraries are located in the vestibule of each church and are open when the churches are open. Any queries or suggestions contact Megan Thompson on 6254 0524 (St Matthew's) or Suzanne Groves on 6251 6681 (St Vincent's).
Reminder - Please follow COVID 19 Protocols for using the Library and return items as soon as you have finished.

Inaugural Tim Fischer Oration on Ethics in Public & Political Life - HAS BEEN POSTPONED TO AUGUST 2022

Recently it was announced that Parliament House will be closed to members of the public from Monday, August 2 until September 3 2021.

As a result, we have decided to postpone the event until **August 2022**.

Former Deputy Prime Minister of Australia, John Anderson AO has been confirmed as the main speaker for next year's event.

All tickets will be reimbursed through Eventbrite. Please allow 5-7 business days.

If you have any questions about this event please contact jeanie.alberto@cg.org.au



**Catholic Archdiocese
of Canberra and
Goulburn**

Calvary Hospital Auxiliary is holding a Book Fair on Wednesday 18 & Thursday 19 August, 8am-4pm, in the Main Foyer, Calvary Public Hospital, Bruce. Find a great selection of paperbacks, novels, cookbooks, children's books, biographies and more. Nothing over \$3! All funds raised go towards the purchase of equipment for the care and comfort of public hospital patients and staff.

St Francis Xavier College presents The Addams Family Musical Comedy - The show runs each day from 9-14 August 2021. Tickets can be purchased at trybooking.com/BTDGZ.

Fan the Flame - Towards Plenary Assembly One October 2021

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.' *Matthew 28:16-20*

The ethical and missionary implications of the Eucharist for the Church's communion of faith will always be incomplete while the poor go hungry, for "we cannot properly receive the Bread of Life without sharing the bread for life with those in want". (*Pedro Arrupe, "Address prior to Eucharistic Congress 1976", The Portal to Jesuit Studies, access 3 April 2021, https://jesuitportal.bc.edu/research/documens/1976_arrupeeucharist/.*)

www.plenarycouncil.catholic.org.au/fanthe flame/



Roster for St Matthew's and St Vincent de Paul Churches

1 August				8 August		
	Page 6.00pm	Page 8.30am	Aranda 10.00am	Page 6.00pm	Page 8.30am	Aranda 10.00am
Readers	Lorraine Higgins Bernie Leger	Janet Moyle Jen Muscat	Belen Lamond Tom Liddiard	Colleen Meadley Jenny Murphy	Helen Casey Christina Rowe	Anne McCarthy Paul Scholtens
Senior Servers	Paul Scholtens	Damien Power	Robyn Grubmueller	Damien Sloane	John Woods	John Malycha
EMHC		Jo Duck	Helen Digan	Margaret Sloane	Denise Hampson	Irene Scholtens
A&L	P - Ann Tierney A - Amanda Kabaila, Rachele Stannard			P - Mary Morris A - Judy Spence, Robin Taylor		