



Parish of St Matthew & St Vincent de Paul South Belconnen

6th Sunday in Ordinary Time
Year B
14 February 2021

Parish Pastoral Team

Fr Simon Falk PP (6254 1827)
Fr Thomas Jin APP (6254 1827)
Deacon Joe Blackwell
Parish Secretary: Kate Whitton
(6254 1827)

Youth Ministers:
Grace Braybon (grace.braybon@cg.org.au)
Maddie Greenwood
(maddie.greenwood@cg.org.au)

St Matthew's Church

12 Chewings Street, Page

St Vincent de Paul Church

7 Bindel Street, Aranda

Page Office: Tues - Thurs 9.00am-3.30pm (6254 1827)

Email: BelconnenSouth@cg.org.au

Website:

cg.org.au/belconnensouth

Facebook & Twitter:

www.facebook.com/southbelconnen/
https://twitter.com/BelconnenP

Mailing Address:

PO Box 4266 Hawker ACT 2614

Masses:

Saturday Vigil	St Vincent's	6.00pm
(No longer streamed).		
Sunday	St Matthew's	8.30am
	St Vincent's	10.00am
Samoan	St Matthew's	1.00pm
(4th Sun)		
Korean	St Vincent's	3.00pm
Tuesday	St Vincent's	5.30pm
Wednesday	St Matthew's	7.00am
Thursday	St Vincent's	9.30am
Friday	St Matthew's	9.30am
Saturday	St Matthew's	12.00pm

Mass of Anointing:

1st Friday in Mar &		
Sept	St Matthew's	9.30am
1st Thursday in Jun &		
Dec	St Vincent's	9.30am

Confessions:

Saturday		
St Matthew's	11.00am-11.50am	
St Vincent's	5.00pm - 5.30pm	

Liturgy of the Word

with Holy Communion:

Monday	St Matthew's	7.00am
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Adoration & Exposition of the Blessed Sacrament

Tuesdays	St Vincent's	4.20pm
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Cenacle

Thursdays	St Vincent's after	9.30am Mass
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Prayers only

Mondays	St Vincent's	10.00am
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Legion of Mary

Saturday	St Vincent's	10.15am
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Baptisms:

2nd Sunday	St Matthew's	11.30am
4th Sunday	St Vincent's	11.30am

Weddings: By appointment

Hearing Aid Loop is installed in both church centres, St Matthew's only middle 2 sections turn your hearing aid to the T switch

This Week:

Lev 13:1-2, 44-46
I Cor 10:31-11:1
Mk 1: 40-45

Entrance Antiphon: *(as ministers gather in courtyard—not said if hymn is sung)*

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

Responsorial Psalm

R. I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

W. Happy the man whose offence is forgiven, whose sin is remitted.

O happy the man to whom the Lord imputes no guilt, in whose spirit is no guile. **R.**

M. But now I have acknowledged my sins, my guilt I did not hide. I said: 'I will confess my offence to the Lord.' And you, Lord, have forgiven the guilt of my sin. **R.**

W. Rejoice, rejoice in the Lord, exult you just!

O come, ring out your joy, all you upright of heart. **R.**

Gospel Acclamation:

Alleluia, alleluia!

A great prophet has appeared among us; God has visited his people. Alleluia!

Communion Antiphon: *(not said if hymn is sung)*

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

Commissioning of Ministers of Holy Communion:

The Eucharist is "a powerful medicine and nourishment for the weak". Take this Holy Communion to our sisters and brothers unable to join us for Mass today and remind them that we love and pray for them.



Next Week : Gen 9:8-15 | Pet 3:18-22 Mk 1:12-15

Prayer Requests

We pray for the sick:

Caroline Aldridge, Michelle Aldridge, Thirvinder Anand, Martin Baker, David Baker, Lisa Baulman, Sue Bartlett, Nancy Biviano, Fr Laurie Blake, Michael Brayshaw, Ian Brown, Mary Bryan, George Bulbrook, Vince Burns, Leslie Cheeseman, Mary Cleary, John Clerk, Monica & Colin Colquhoun, Mary Coman, June Donnelly, Pat Dunne, Frances Dyball, Joachim Exell, Ryan Fawke, Ivka Ferinas, Grace Fluitsma, Amy Fogarty, Bruce Hassall, Mick Hay, Wilf Hedley, Christine Hermely, Paul Idilton, Graham Jackson, Berty Jacob, Cath Jane Keen, Val Kilmier, Barb Lytle, Michael Mathias, Jill McDonald, Monica Molloy, Peter Naughton, Cedric Netto, Me con Nguyen Thi No, Noel Noonan, Belinda O'Flynn, Louise Powell, Kathleen Preece, Dana Riminic, Peter Robbins, Paul Shanahan, Peter Stewart, Nicole Tavares, Richard Toombs, Lina Varmiento, Jenny Webster, Mariette William, Angela Williams, Berenice Wright and Robert Wrightson. All the sick and suffering.

We pray for the deceased:

Recently: Elisa Amaral, Sr Amy Caldwell, Nihal de Zoysa, Kathy Crick, Al Kabaila, Paula Tippett.

Anniversaries: Penny Durick, Irene, Henry, George & Robert Witynski, Stanislaw & Anna Ziolkowski, Margaret Webster.

Burning of palms will take place after the 5.30pm Mass on Tuesday 16 February. You are invited to bring your palms to Sunday Mass 14/1 to be burnt and join the short ritual after Mass on Tuesday.

Ash Wednesday Mass times:
7am Page, 9.30am Aranda, 6pm Page, 6.30pm (Korean) Aranda.

Parish News

Ash Wednesday and Lent

Wednesday 17th February is **Ash Wednesday** and the beginning of **Lent**. Masses are as advertised. Under COVID protocols, Ashes are to be sprinkled on the top of the head. Although *not* a holy day of obligation, we know people like to come along on the day. Unfortunately, due to number limits (200 persons at 2sqm), we cannot have our parish schools at the Masses. As with **Good Friday**, **Ash Wednesday** is a day of fasting and also abstinence from meat. Hoing into a seafood basket or a serve of lobster possibly isn't in a spirit of fasting though! In Lent we are encouraged to reflect on the Gospel, to look at our prayer life, to consider sensible forms of fasting from food or behaviours, to find a way of supporting those less fortunate than us. There is other information available about Project Compassion and Lenten Programs in other parts of the bulletin.

PROJECT COMPASSION
BE MORE

Project Compassion Sunday 14th February 2021



Please take home a Project Compassion box and/or a set of donation envelopes and support Caritas Australia this Lenten season themed "**Be More**". Through your generosity and by aspiring to be more, you are assisting some of the world's most vulnerable people build better futures for themselves, their families and their communities.

You can donate through Parish boxes and envelopes, or by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

Please do not return Project Compass Boxes (coins) **until the end of Lent**. There will be a drop off station for you to place them in so that donations can be handled in a safe manner.

South Belconnen Parish Choir

There will be choir practice in St Vincent's Church at 5pm on Saturday 20 February, prior to singing the 6pm Mass. All interested in singing will be welcome.

Men's Group Thursday 25 February

The next get together will be at 6.15pm on Thursday 25 February for a BBQ at the Orana Centre, Aranda. All are welcome.

Please RSVP to
paul.pearson@bigpond.com (0412 685 582) by COB Tuesday 23

Tinnies for Vinnies

Vinnies has now received \$2,500 as part of the Tinnies initiative.

Just leave the cans and bottles with the 10c logo near the Orana Centre garage door (opposite the St Vincent's Church front door) and we will do the rest.

Once again, thank you for your support.

2021 Lenten Programs

After some years of famine, this year we have been offered a feast of Lenten Programs. Here are a list of programs and the contacts from within our parish.

Our own Archbishop Prowse wants to promote his own one called 'Walk in the Spirit' <https://www.cgatholic.org.au/walk-in-the-spirit/>. Contact Vince Burns on 0419 999 209 or Lynne Barr on 0414 262 970.

An ecumenical study group on **Climate for Change** is to occur at six Tuesday evening sessions from 730-9pm 23-Feb to 30-Mar at Holy Covenant Anglican Church in Cook. Guidance materials at <https://www.abmission.org/resources.php?action=list-items&catId=33>. Expressions of interest in attending to BelconnenSouth@cg.org.au.

Some of our parishioners will be following a program from Garratt Publishing called 'It's All About Hope'. You can purchase copies of this program at <https://garrattpublishing.com.au/product/9781925009835/>.

There is a Wollongong one called 'Comfort' <https://www.dow.org.au/shop/>.

Brisbane have sent us a promo of theirs 'Look to Jesus' <https://evangelisation-brisbane.myshopify.com/.../look-to...>

Whilst we still have good weather, you might like to walk the Labyrinth behind Marian Hall, Page. The plaques at the Labyrinth have been refreshed giving you some paths to choose while walking through the Labyrinth. Other plaques in our parish buildings have also been refreshed and replaced recently.

In the last year or so where many people have been impacted by ongoing stresses and trauma, especially from the COVID 19, we are reminded of supports available. Our own **CatholicCare** (info@catholiccare.cg.org.au or phone 6162 6100) can provide support. You might like to get a referral from your General Practitioner (Doctor) for assistance under Medicare. For urgent counselling support **Lifeline** on 13 11 14.

Library News

The following items are now available for loan from the library at **St Matthew's Church**

- Keating, Thomas: Meditations on the parables of Jesus [Scripture]
- Brown, R.E. A retreat with John the evangelist: that you may have life [Prayer]
- Rohr, Richard: Breathing under water: spirituality and the twelve steps [Spirituality]

Our libraries are located in the vestibule of each church and is open when the churches are open.

Any queries or suggestions contact Megan Thompson on 6254 0524 (St Matthew's) or Suzanne Groves on 6251 6681 (St Vincent's). **Reminder** - Please follow COVID 19 Protocols for using the Library and return items as soon as you have finished.



CDs for Parishioners - Fr Hilton has invited parishioners to have some of his CDs. A box is in the foyer of St Matthew's Church for you to make your selection and enjoy. The box of CDs will be in St Vincent's Church foyer next week (21/2).

Parishioners are invited to offer themselves or recommend others in the parish for the St Matthew & St Vincent de Paul **Parish Pastoral Council (PPC)**.

Keeping in mind the Vision for our Parish of **Walking together in faith to share God's love with all** and Our Parish Goal to **Invigorate the parish by building an actively engaged community**, what qualities, talents and experience could you or others bring to the PPC?

Recommendation/Offering forms are available in church foyers. A brief overview of the roles and responsibilities of the PPC is provided on the back of this form. You can also see this information at cg.org.au/belconnensouth. Completed forms should be placed in the boxes in the church foyers by **21 February**. A Discernment evening will then be held at **7.30pm on Wednesday 24 February at St Vincent's Church, Aranda**. Please contact the Parish Office at belconnensouth@cg.org.au or 6254 1827 for further information.

Children's Liturgy 2021

We welcome all children of the Parish to participate in the 2021

Children's Liturgy program at St Vincent's. Sessions run during 10 am Mass at Aranda on the 1st and 3rd Sunday of each month (except during school holidays).

Volunteers to assist leaders in running Liturgy sessions are always welcome. If you are interested in becoming involved in this rewarding aspect of Parish life, please contact Justine Molony

(justinemolony@bigpond.com / 041520 4174). **Please note that all helpers are required to have a Working With Vulnerable People card.**

Welcome to
Children's Liturgy



Project Compassion Virtual Immersions

Each week during this Lenten season, Caritas Australia is holding Virtual Immersion opportunities for parishes via Zoom video conferencing. These digital engagements will allow participants to focus on prayer and reflection, Catholic Social Teaching and an interview and Q&A with Caritas International Program staff.

Sessions will run Tuesdays and Thursdays for one hour across Australia. You can register for a Virtual Immersion by going to lent.caritas.org.au.

Project Compassion

Introduction to Christian

Meditation in Lent—7.15pm each Tuesday for 1 hr, from 23 February for 5 successive Tuesdays, at St Peter Chanel's Parish room, Loch St. Yarralumla. The simplicity of Christian Meditation is within Ps 46 – “Be still and know that I am God”. An opportunity to experience this prayer practice, its origins, & its relevance as a form of prayer for the contemporary world. No cost, no RSVP required, just turn up. **Enq:** Rod or Susan: 0401 731 918 (wccmaustralia.org.au)

Mens Cursillo Weekend - 25 March

A Canberra-Goulburn Cursillo men's retreat will be held over a three-day weekend starting on the evening of Thursday 25 March.

Places are limited. For details, contact Geoff (chantell1997@hotmail.com or 0451 013 772).

Roster for St Matthew's and St Vincent de Paul Churches

	14 February			21 February		
	Aranda 6.00pm	Page 8.30am	Aranda 10.00am	Aranda 6.00pm	Page 8.30am	Aranda 10.00am
Readers	Mary Paton	Helen Casey	Michael Allam	Michael White	Denis Daly	Paul Scholtens
Senior Servers	Bernie Leger	Dennis Morris	Robyn Grubmueller	Jenny Murphy	John Woods	John Malycha
EMHC					Jan Woods	Jane Burroughs
A&L	P - Ann Tierney A - No flowers during lent 20/2.			P - Mary Morris A - No flowers during lent.		