



Parish of St Matthew & St Vincent de Paul South Belconnen

1st Sunday of Lent
Year C
10 March 2019

Hearing Aid Loop is installed in both church centres, turn your hearing aid to the T switch

This Week:

Deut 26:4-10
Rom 10:8-13
Lk 4:1-13

Entrance Antiphon:

(not said if hymn is sung)

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

Responsorial Psalm :

R. Be with me, Lord, when I am in trouble.

W. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!' **R.**

M. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. **R.**

W. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. **R.**

M. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you.' I will save him in distress and give him glory. **R.**

Next Week: Gen 15:5-12, 17-18 Phil 3:17-4:1 Lk 9:28-36

Parish Pastoral Team

Fr Simon Falk PP (6254 1827)
Fr Thomas Jin APP (6254 1827)
Deacon Joe Blackwell
Deacon Alex Osborne
Youth Minister: Sarah Larkin
(sarah.larkin@cg.org.au)

St Matthew's Church

12 Chewings Street, Page

St Vincent de Paul Church

7 Bindel Street, Aranda

Page Office: Tues - Thurs 9.00am-3.30pm (6254 1827)

Email: BelconnenSouth@cg.org.au

Website:

cg.org.au/belconnensouth

Facebook:

www.facebook.com/southbelconnen/

Twitter:

https://twitter.com/BelconnenP

Mailing Address:

PO Box 4266
Hawker ACT 2614

Masses:

Saturday Vigil	St Vincent's	6.00pm
Sunday	St Matthew's	8.30am
	St Vincent's	10.00am
Samoan (2nd Sun)	St Matthew's	1.30pm
Korean	St Vincent's	3.00pm
Tuesday	St Vincent's	5.30pm
Wednesday	St Matthew's	7.00am
Thursday	St Vincent's	9.30am
Friday	St Matthew's	9.30am
Saturday	St Matthew's	12.00pm

Mass of Anointing:

1st Friday in Mar & Sept	St Matthew's	9.30am
1st Thursday in Jun & Dec	St Vincent's	9.30am

Children's Liturgy:

1st & 3rd Sun	St Vincent's	10.00am
1st, 2nd & 4th Sun	St Matthew's	8.30am

Confessions:

Saturday		
St Matthew's	11.00am-11.50am	
St Vincent's	5.00pm - 5.30pm	

Liturgy of the Word with Holy Communion:

Monday	St Matthew's	7.00am
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Legion of Mary

Saturday	St Matthew's	9.30am
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Baptisms:

2nd Sunday	St Matthew's	11.30am
4th Sunday	St Vincent's	11.30am

Weddings: By appointment

Calvary Public Chapel

Sunday Mass 11.15am

Calvary Private Chapel

Thursday Mass 11.15am

Gospel Acclamation:

Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

Communion Antiphon:

(not said if hymn is sung)

One does not live by bread alone, but by every word that comes forth from the mouth of God.

Commissioning of Ministers of Holy Communion:

In this Lenten season, Jesus prepares our hearts to serve him through word and sacrament. Take the Good News you have heard today and this sacred food to our brothers and sisters in Christ.

FIRST SUNDAY IN
LENT

Prayer Requests

We pray for the sick:

Naomi Aldons, Caroline Aldridge, Martin Baker, David Baker, Nancy Biviano, Fr Laurie Blake, Michael Brayshaw, Ian Brown, George Bulbrook, Lisa Baulman, Leslie Cheeseman, Mary Cleary, John Clerk, Monica Colquhoun, Mary Coman, June Donnelly, Frances Dyball, Joachim Exell, Ryan Fawke, Ivka Ferinas, Grace Fluitsma, Amy Fogarty, Monica Garrett, Terry Guinane, Jonathan Hardy, Bruce Hassall, Mick Hay, Barbara Hayes-Rosario, Christine Hermely, Richard Hourigan, Paul Idilton, Graham Jackson, Cath Jane Keen, Val Kilmier, Michael Mathias, Phyl McAlister, Jill McDonald, Dr Graeme McIntosh, Terry Miners, Peter Mowbray, Peter Naughton, Cedric Netto, Me con Nguyen Thi No, Noel Noonan, Belinda O'Flynn, Fay Potter, Dana Riminic, Peter Robbins, Sister Yvonne, Peter Stewart, Don Stott, Nicole Tavares, Richard Toombs, Lina Varmiento, Jenny Webster, Margaret Wilkinson, Berenice Wright and Robert Wrightson.

We pray for the deceased:

Recently: Fr Adrian Meaney MSC, Norah McKenzie.

Anniversaries: Merle & Arthur Bryan, Noel Falk, Sean Reiher, Archbishop Leonard Faulkner, Thomas Donnelly.

Parish News

What's On ...

Mon 11/3 - There will be **no** Liturgy of the Word on Mondays during March.
Mon 25/3
Sat 23/3 6pm Youth Mass, Aranda
Sun 24/3 Fr Ray Sanchez CP to speak at all Masses about Passionist Family Group Movement
12pm Shared lunch in MH with Fr Ray Sanchez CP

You are all invited to join in a shared lunch in Marian Hall on **Sunday 24 March** at 12noon. Fr Ray Sanchez CP is visiting us that weekend to talk about the Passionist Family Group Movement. The PFGM is a great way to be with fellow parishioners and get to know them in relaxed and informal ways. Come along and hear more about Passionist Family Groups. Everyone is welcome!

South Belconnen Parish Choir:

There will be choir practice in St Vincent's church at **5pm on Saturday 16 March**, prior to singing the 6pm Mass. All interested in singing will be welcome.

South Belconnen Parish Youth Choir

will be practising on **Monday 11 and 18 March** from 6.30pm to 7.30pm at St Vincent's Church, Aranda. We welcome children and youth aged 7 to 20 who like to sing and/or play an instrument. We will be singing at the **Youth Masses**. Please contact Charmaine Miranda on 0402 292 862 or email

Children's Liturgy of the Word

From March, Children's Liturgy at South Belconnen will be as follows:

Aranda: 1st and 3rd Sunday (as is now)

Page: 1st, 2nd and 4th Sundays

We welcome new volunteers to conduct and assist with kids liturgy at both centres. Mentoring and resources are provided. Please contact the Parish Office or have a chat to our friendly catechists. Note: during terms 2 & 3, we will have some absences at Page and times will change to reflect this.

Church leaders from across

Australia pray and make comment regarding Cardinal George Pell - see <https://www.catholicvoice.org.au/acr-oss-australia-church-leaders-pray-for-survivors-write-to-faithful/>.

During Lent, parishioners may wish to visit the church and walk or pray the Stations of the Cross.

A selection of booklets on the Way of the Cross has been placed in the foyer of each church for parishioners' use during this time.

Have a read of 2019 Lenten

Message from Pope Francis at <https://www.catholicvoice.org.au/2019-lenten-message-of-his-holiness-pope-francis/>.

Library News

A display of resources suitable for the Lenten season has been set up in the library at **St Matthew's Church**. These resources are available for loan to all parishioners.

This library is located in the vestibule of the church. To borrow, fill in the sheet in the blue **Borrowing Folder** located on the shelf. Any queries or suggestions contact Megan Thompson on 6254 0524.

Reminder - Please return items as soon as you have finished.

St Vincent's Primary Fete Sunday 24 March - Donations to the WHITE ELEPHANT STALL are welcome and can be left in THE BLUE TUB in the St Vincent's Primary School foyer, or contact Justine Molony (justinemolony@bigpond.com / 0415 204 174) for collection or to arrange a time to drop them off. Suitable items include clothing, jewellery, accessories, handbags, kitchenware, platters, plates, cups, mugs, bowls, glasses, craft materials and equipment, hand tools and hardware, stationery, toys, vintage (pre-1980s) tupperware, china, glassware, plastics and homewares. **Please, we cannot accept BOOKS, CDs or DVDs.**

All notices for this bulletin should be submitted to the Parish Office by 10am Thursdays. Thank you.

South Belconnen Youth Group

Inviting all students in year 3-6 to join us for an afternoon of faith, friendship and fun at South Belconnen Parish's Youth Group and Youth Mass.

Join us at outside St Vincent's Church, Aranda on **Saturday 23 March** at 4:45pm for youth group (yr 3-6) then come to celebrate the Youth Mass (all ages) at 6pm.

Contact Youth Minister Sarah Larkin for more information at Sarah.Larkin@cg.org.au

First Spiritual Exercises Retreat in the South Belconnen Parish

Inner Peace In Divine Love

(Please note change of start date) 28 April - 25 May 2019

This retreat is for: Men and Women; Young and Old; Married or Singles

It is designed for people just like you. The retreat allows you to continue your ordinary daily life with its usual round of going to work, caring for the family or whatever is the shape of your busy life. The retreat will guide your prayer and reflection on life within your daily routine.

The Jesuit giving the retreat will be offering a retreat from the book by Michael Hansen SJ "*The First Spiritual Exercises - Four Guided Retreats*". Ideally each retreatant will be able to purchase a copy of the book before the retreat commences. Copies cost \$35 each. The Parish Office can provide an electronic copy if needed. There is a brochure with an application form in church foyers, on the parish website, Facebook or Twitter. Please request to order a copy of the book or an electronic copy on the application form provided. Applications and book orders must be provided to the South Belconnen Parish Office by **3 April**.

For more details contact the Parish Office at belconnensouth@cg.org.au or phone 6254 1827.

Please take home a **Project Compassion box** and/or a set of donation envelopes and support Caritas Australia this Lenten season themed "**Give Lent 100%**". You are empowering communities with hope and helping those in great need to shape a better future for themselves, their families and their communities.

Lives change when we all give 100%.

You can donate through Parish boxes and envelopes, or by phoning 1800 024 413 or visiting www.caritas.org.au/projectcompassion.

Around the Archdiocese

'It's a matter of Time'

The Lenten invitation to allow God to lead us forward.

Presenter: Shane Dwyer

When: Wednesday 13 March, 7.30pm

Where: St Thomas Aquinas School Library, 25 Lhotsky Street Charnwood.

Lent 2019 with Bruce Downes The Catholic Guy

Be inspired, Be refreshed, Be renewed!

Come on a 40 day journey with me and I know this will be a powerful and prayerful Lenten journey together. Receive a video each Sunday and an inspirational email each day during Lent. This program is FREE and you can sign up here: www.TheCatholicGuy.com/Lent or call 1300 734 880 for more info.

Worldwide Marriage Encounter Weekend -

relationship enrichment for married couples 26-28 April at Mt Carmel Retreat Centre, Varroville NSW. Bookings online at www.wwme.org.au or Adrian & Janet Sullivan on 0490 774 419 or Adrian.janet1@bigpond.com.

Calvary Public Hospital Auxiliary Book Fair

Calvary Public Hospital Auxiliary is hold a Books and Beanies Fair on Wed 20 & Thu 21 March, 8am-4pm. There are fiction paperbacks, children's books, cook-books, biographies, books on crime, car, hobbies and more. All books under \$2, beanies \$5. All funds raised go towards the purchase of equipment for Calvary Public Hospital patients and staff. Come to Calvary Hospital Xavier Building Foyer, adjacent to Zouki Café, cnr Haydon Dr & Belconnen Way, Bruce. Enquiries: Daphne 0407 835 846.

The Journey Catholic Radio Program - Airs 1/7/3

This week on The Journey, our Gospel Luke: 4:1-13, Mother Hilda talks to us about "I don't want a god like that" with her wisdom from the Abbey, Our Men Alive program encourages us "be more and the rest will follow, Bruce Downes, The Catholic Guy reminds us to find our AWE. Some of our music highlights during Lent will be the Responsorial Psalm from our very own Lenten program, TRUST, along with other talented Christian music artists. Tune into 1Way FM 91.9 Canberra or www.jcr.org.au to listen anytime.

Introduction to Christian Meditation in Lent -

7.15pm each Monday for 1 hr, from 11 March for 5 successive Mondays, St Peter Chanel's Parish room, Yarralumla. The key to understanding the simplicity of Christian Meditation is within Psalm 46 - "Be still and know that I am God". An opportunity to experience this prayer practice, learn about its origins & discover its relevance as a form of prayer for the contemporary world. No Cost, no RSVP required. (wccmaustralia.org.au) Rod or Susan: 0401 731 918

Footsteps of St Paul - Pilgrimage to Greece

Journey with St Paul as you relive the Acts of the Apostles and his letters from the New Testament following his footsteps on a 14-day pilgrimage to Greece departing 1 October 2019.

Please see the brochure in the church foyer for more information or visit pilgrimage@magiholidays.com.au.

Holy Ordinary - Finding God in the ordinariness of life - **Thursday 20 March**, 10.30am - 2.30pm at the Charnwood Parish Centre, 23 Lhotsky Street Charnwood. Presenter: Sr Ann Morrison RSJ. Bring your own lunch.

Have a look at <https://catholicoutlook.org/bishop-vincent-address-to-the-concerned-catholic-of-canberra-and-goulburn/> to see **Bishop Vincent's** address to the Concerned Catholic of Canberra and Goulburn.

Called and Gifted Workshop

You're invited to come on an exciting journey of discovery! This workshop covers the 24 most common spiritual gifts God has given Christians throughout history. Most importantly, you get an opportunity to discover what spiritual gifts He has given you for the sake of the Church and the world today.

The workshop will run over 5 Thursday evenings from 7.30 to 9pm in the Greg Collins Wing, St Benedict's Parish Narrabundah, starting Thursday 7 March. The cost is \$50. Please register and pay by contacting the Parish office (62957879). The workshop will be taught by Clara Geoghegan and Adrian Wellspring.

For more information contact Adrian Wellspring (adrianw.stbenedicts@hotmail.com).

St Vincent de Paul Society is currently looking for enthusiastic and passionate volunteers to take part in our Compeer program.

Compeer matches people with a mental health diagnosis with a "friend" who is a caring and compassionate volunteer, to circumvent social isolation for people with mental health issues. The program promotes social inclusion and the reduction of stigma through friendship, based on the simple premise that "friendship is powerful medicine". This low-time volunteer commitment is the perfect opportunity for anyone who is enthusiastic about meeting new people and giving back to our community. No previous experience is required as all volunteer will receive specialised training and support. Attributes: A Working with Vulnerable People card is required to undertake this volunteering opportunity. Spend 4 hours (minimum) per month in social/recreational activities for a 12 month period. To be supportive, respectful and have empathy for people living with a mental health challenges.

Please contact compeer@svdp-cg.org.au for further information.

South Belconnen Parish - Prayer Groups

Adoration & Exposition of the Blessed Sacrament at St Vincent's Tuesdays 4.20pm-5.20pm.

Prayers only at St Vincent's on Mondays 10am-11am.

Christian Meditation each Wednesday 6pm (contact Suzanne Groves 6251 6681).

Centering Prayer Meditation at St Matthew's Marian Hall every 2nd & 4th Wednesday 7.30pm (contact Peter Ahern 6254 7168).

Rosary at St Vincent's Thurs 9.05am & St Matthew's Saturday 11.30am.

Join an informal group of 30 parishioners at St Matthew's who individually pray once a week for 10-15 mins. (contact Lee Hardy 6254 7445).

Roster for St Matthew's and St Vincent de Paul Churches

10 March				17 March		
	Aranda 6.00pm	Page 8.30am	Aranda 10.00am	Aranda 6.00pm	Page 8.30am	Aranda 10.00am
Readers	Victoria Gonzales Mary Patton	Mary Morris John Duck	Ann Cleary Stewart Chapman	Jenny Murphy Ralph Peters	Marie James Daniel Marks	Elizabeth Hannan Gerard Hogan
Acolyte/ SS	Roger FitzGerald	Dennis Morris	Brenda Healy	Damien Sloane	Vince Burns	Michael Allam
EMHC	Catharina Koopman	Helen Baker Denise Hampson Mary Morris	Mina Chiu	Lorraine Higgins Margaret Sloane	Carolyn Burns Shahenie Burns Margaret Toye Judy Williamson	Helen Digan Max Stannard
Counters Banker	John Duck, Bernard Williams			Kate Whitton, Parish Secretary		
A&L	P - Christina Rowe A - No flowers during lent.			P - Judy Williamson A - No flowers during lent.		