

ST MATTHEW & ST VINCENT DE PAUL SOUTH BELCONNEN PARISH MASS REFLECTIONS FOR YOUTH

The 14th Sunday in Ordinary Time - Year A (5th July 2020)



Saturday 6pm, St Matthew's Page - Sunday 8:30am, St Matthew's Page - Sunday 10am, St Vincent's, Aranda

My Intentions

Before Mass starts, we should think about some of the things that we would like to pray for.

Jesus loves to listen to our prayers and help us in our lives.

Write or draw in the space below some of the people or things that you want to hold close to your heart this week.



The Gospel

MATTHEW 11:25-30

As you listen to the Gospel today reflect on what Fr Simon is saying. Try to write some of the words from the Gospel that stand out to you in the space below.



Let's look at the Gospel

Jesus said "if you are tired from carrying heavy burdens, come to me and I will give you rest." Draw or write in the space below - What is a burden? How does God help you carry your burdens and the burdens of others? What can we do to help others carry their burdens?

My Notes and Reflections

E	R	R	E	V	E	L	C	E	D	BLESS	EARTH	CLEVER
S	S	E	L	B	L	U	H	E	E	ENTRUSTED	LABOUR	YOKE
A	T	E	D	A	B	E	T	R	S	GENTLE	HUMBLE	HEART
G	A	S	B	L	M	S	T	E	A	REST	BURDEN	LIGHT
A	E	O	E	H	U	T	K	B	E			
S	U	N	E	R	H	O	U	E	L			
R	N	A	T	G	Y	R	H	R	P			
E	R	N	I	L	D	E	A	S	Y			
T	E	L	H	E	E	A	R	T	H			
S	T	E	N	T	R	U	T	S	D			

Weekly Challenge

See if you can write a prayer for those who are carrying a heavy burden. Pray for them this week that they find peace and rest in their lives.

Calendar of Youth Events

Youth ministry is young people sharing the messages of God with other young people. Youth ministry is fun, relevant and faith filled.

Do you want to get involved in youth ministry?

This space will soon be updated with a Belconnen region Youth Ministry Calendar.

Next face to face youth group for students in years 3-7 will be held at Marian Hall, St Matthew's Page on the 25th July at 5pm.

Social distancing will be in place and we hope to see you there

Contact your South Belconnen youth ministers Sarah and Claire via email for more information.