



# The Glorious Mysteries of the Rosary

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## *Intention:*

*Jesus says: I am the resurrection and the life. Do you believe this? John 11:25. Living in Christ means that each new dawn brings with it an opportunity to open to a new way of being, a new way of living. We pray for the grace to be surprised by God's unexpected presence in, and through, the simple things of life. Wonder, joy and gratitude are marks of 'Easter people'.*

## The Resurrection – Life

*Why do you look for the living among the dead? He is not here. He has risen. Luke 24:5*

Pondering the resurrection begins from where we are: the women came to the tomb; Mary wept; the disciples hid behind locked doors. We need to be honest about how we are feeling in this crisis. It is in this place of honesty that the risen Christ will visit us, silently filling us with joy and energy. Gone are our tears and fear! We pray for the grace for our eyes to be opened to recognise the risen Christ in the many ways people are bringing life and joy to others. 'The Lord has risen indeed! Alleluia!

Our Father ... Hail Mary ... Glory be to the Father ... O my Jesus...

*Mary, mother of God and our mother, hear our plea; pray for your children in our hour of need. Amen*

## The Ascension – Freedom

*Why do you stand looking up towards heaven? Acts 1:11*

The current safeguards of social distancing may cause us to feel 'stuck to the spot'. Maybe that was how the disciples felt as they watched Jesus disappear into the clouds! With the disciples I'm challenged to reflect: How am I as I grapple with the recent swift changes? Where am I looking? Who or what is holding my attention? My responses will free me to do what Jesus says: 'Go to Jerusalem' ... my people... 'I am with you'!

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## The Descent of the Holy Spirit - Empowerment



*[Jesus]breathed on them and said: 'receive the Holy Spirit'. John 20:22*

Receive the Holy Spirit ... What gift! There are seven, a perfect, abundant number! Take time to ponder what each gift holds for us at this time. Gifts become more precious when shared... so let's do that with and for others. We can 'breathe' the gifts and fruits of the Spirit across time and space, filling our world with God's love, joy, peace, patience, kindness ... (Galatians 5:22) I breathe in Love (or any of the other gifts or fruits of the Spirit), pause to allow it to fill me, and then breathe that gift out to the world (or to a specific person, place or situation). What a gift to the whole world! What a sense of purpose and mission this 'breath prayer' could bring to our lives. We have freely received, let us freely give with each breath!



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## The Assumption – Reverence

*Blessed is the womb that bore you ... Luke 11:27*

Mary was assumed, body and soul into heaven. Her whole person was honoured as giving glory to God. We are invited to reflect on the sacredness. Social distancing is an act of reverence we can offer others. By using our senses: sight, taste, touch, hearing and smell, we are drawn into God's presence. I pray for the grace to live peacefully within the physical capacity of my 'now'.

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## Mary is Crowned Queen of Heaven – Faith

*Here is your mother. John 19:27*

Mary shows us how to live now and for all eternity! As we ponder Mary's life we can be stunned by its simplicity. Her unwavering gaze was on her son, the Word Incarnate. She was with him in times of celebration, fatigue, suffering and death. Mary was blessed because she believed. We pray for the grace to imitate her focus on Christ. We pray with Mary as we witness the unfolding of the Paschal mystery in our time.

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