

LITURGY OF THE WORD
Eighteenth Sunday in Ordinary
Time Year B

First Reading *Exodus 16:2-4, 12-15*
 A reading from the book of Exodus
I will rain bread from heaven upon you.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord
R. Thanks be to God

Responsorial Psalm

Ps 77:3-4, 23-25, 54. R. v.24

(R.) The Lord gave them bread from heaven.

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might.

2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven.

3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won.

(R.) The Lord gave them bread from heaven.

Second Reading

Ephesians 4:17, 20-24

A reading from the letter of St Paul to the Ephesians

Put on the new person that has been created in God's image.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly

the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord
R. Thanks be to God

Gospel Acclamation *Matthew 4:4*

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

Gospel *John 6:24-35*

A reading from the holy Gospel according to John

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord

R. Praise to you Lord Jesus Christ

The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. All rights reserved.

REFLECTION by Fr Michael Tate
Who can satisfy human appetites?

Some religions, and even strands of Catholicism, try to suppress appetites in order to achieve some 'out-of-this-world' liberation. But appetites are good things, telling us what we humans need as bodily, social, spiritual beings. They provide a reality check against our tendency to think that salvation is exclusively about the soul. Our appetites for food and drink, for affection and companionship, for the truth about the Big Picture of our life journey, need to be satisfied or we disintegrate in various ways. Our Lord Jesus Christ proclaims in today's Gospel that He is the total satisfaction of our deepest human appetites: 'I am the Bread from Heaven which gives life to the world.' That 'Life' is nothing less than participation in Divine Life, existing in the Big Picture in the way God intended. That is the nourishment offered not to a particular tribe or ethnic group, but to the whole of humanity, indeed to the whole of creation. We could take a moment to pray for faith to recognise that the bread brought up at the Offertory is truly transformed: no longer short term food like manna in the desert, but 'the Bread of Life', the Real Presence of the One who nourishes our humanity, indeed who gives Life to the world.

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ST BERNARD'S PARISH
BATEMANS BAY
 2 David Avenue, Batehaven NSW 2536



P.O. Box 3220, Batehaven, 2536.
 Tel: 4472 4153
 E: batemansbay@cg.org.au
 Website: www.cg.org.au/batemansbay
 Office Hours: 10am to 2pm
 Tuesday-Friday

Priest: Rev. Loi Viovicente
Secretary: Roslynn Trompp
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R.E.C: Anna Smart

WE ACKNOWLEDGE THE TRADITIONAL CUSTODIANS OF THE LAND THE WALBUNJA PEOPLE OF THE YUIN NATION. WE PAY OUR RESPECTS TO THEIR ELDERS, PAST, PRESENT AND EMERGING

EIGHTEENTH Week
in ORDINARY TIME
Year B



CHURCH EVENTS

Choir Practice
1PM Every second
and fourth Monday

Cenacle Prayer 9.30
am Fridays after Mass

Wrap With Love
Tuesday 13th August
10am
BB Library

Enjoy the Good News
Wednesdays after
9am Mass

Craft Group 10am
Thursdays Church
Meeting Room

ADORATION
TUESDAYS @ 4pm

COFFEE CLUB
Thursdays after Mass
Venue: Corrigans
Cove

BREAD OF HEAVEN

There is no doubt about it. The Gospel of John is different from its three predecessors, the Synoptics of Mark, Matthew and Luke. From the first two sentences Jesus (The Word) is introduced as the Son of God, indeed as God himself.

"In the beginning was the Word, and the Word was with God and the Word was God. He was in the beginning with God." Jesus is present to his Father throughout John's Gospel.

This can be seen in how John limits himself to reporting only seven of Jesus' miracles, which he calls signs. He likes to put them in context, usually with some dialogue, then the details of the miracle, and finally a closing dialogue on its spiritual significance.

In last week's Gospel (John 6: 1-15) we read John's version of the Feeding of The Five Thousand. He wrote: "When the people saw the sign he had done, they began to say. This is indeed the prophet who is to come into the world."

The people, who knew the Books of the Torah, were thinking of Moses' deathbed prediction: "The Lord your God will raise up for you a Prophet like me from among your own people". (Deuteronomy 18: 15) Jesus, who could see they were so hungry for a Liberator, a Messiah, a King even, that he escaped up into the hills by himself.

In this week's Gospel (John 6: 24 - 25) we read the aftermath of that miracle/sign. The next day the people tracked Jesus down on the other side of the Sea of Galilee.

(Overnight Jesus had walked across a raging sea to join his disciples who were in danger of drowning and calmed a wild storm!)

Jesus takes the opportunity to make it clear to those he had fed that despite their knowledge of the Torah they are working for food that cannot last, rather than food that endures for eternal life.

And what is this food? "I am the bread of life, He who comes to me will never be hungry."

Alas for most of Jesus' contemporaries! They couldn't see the physical body of Jesus Christ as a sign of God's inexhaustible Love.

How blessed are we, who believe that the Body of Christ in the Eucharist is Jesus Christ, Son of the Living God. Let us adore Him.



Joe Quigley



Mass Schedule

MASSES THIS WEEK

Monday 5th—Sunday 11th Aug

- Monday 5th:** No Mass
- Tuesday 6th:** Adoration 4pm
Mass 5pm
- Wednesday 7th:** Mass 9am
- Thursday 8th:** Mass 9am
- Friday 9th:** Mass 9am
- Saturday 10th:** Mass 5pm
Reconciliation 3.30-4.30
- Sunday 11th:** Mass 9am

FR John will be CELEBRATING MASS with us on Thursday 8th and Friday 9th August as Fr Loi will be away

Masses in Aged Care Facilities

- Mass First Wed of Month @10.30am Denhams Beach Community Care (Opal)
- Mass 2nd Wed of the month @10.30am The Glen
- Mass 3rd Wed of month @2pm The Manor
- Mass 4th Wed of month @2pm Maranatha Lodge

ROSTERS

3/4 AUGUST
Cleaning
5-9 B Coffey/M Paine

5.00PM MASS
Welcomer: J Anderson
Commentator P O'Kelly
Reader: J O'Sullivan
Eucharistic Ministers
C Brownlie
Computer Screen
M O'Neill

9.00 AM MASS:
Welcomer T van den Broek
Commentator B Basevi
Reader: TBA
Eucharistic Ministers
N & L Page
Computer Screen T Priest.

MORNING TEA:
Filipino Community
COUNTERS
T & A Jackson

10/11 AUGUST
Cleaning
12-16 R & K Ison

5.00PM MASS
Welcomer: B Oerder
Commentator S Ebejer
Reader J Quigley
Eucharistic Ministers
N Buick
Computer Screen
J O'Sullivan

9.00 AM MASS:
Welcomer L May
Commentator L Page
Reader: N Beatty
Eucharistic Ministers
K Corbin, L Stevens
Computer Screen D May

MORNING TEA:
J Barroman & G Berryman
COUNTERS
M & C Lowe



**You're invited to
A parish bbq to
celebrate the Annual Parish
Feast Day after Mass on**

SUNDAY 18TH AUGUST

Please bring along a plate to share.
Mass on 18th August will be at 10am

The Church in Australia is celebrating National Vocations Awareness Week this year from the 4-11 August. This week is especially dedicated to promoting and praying for vocations to the priesthood and religious life and coincides with the liturgical celebrations of Australia's first saint, St. Mary of the Cross MacKillop (August 8), and the Patron Saint of Priests, St. John Vianney (August 4).

Feast of St. Mary MacKillop will be celebrated on Thursday August 8 with 9am Mass. **After 9 am mass** we are having a **Cuppa with shared morning tea and Reflection** in the church meeting room .
All welcome to attend.
Facilitated by Carolyn Evenden and Marie Weatherall.
WHY NOT ATTEND?

CLAIM THE DATE:
Invitation to attend a morning session
'I hear but do I really listen!'
facilitated by **Patrick Fleming, Clinical Psychologist** on **Monday August 19, 2024**
9-15am for 9-30am start – 12 noon.
Cost=Free; **BYO shared morning Tea. All welcome.**
BOOKINGS ESSENTIAL by **Monday August 12**
Marie W 0405 028 057.

BBECET Prayer Meeting will be held at the **Anglican Church Hall** on **Monday 5th August @ 5pm.** Please come along and pray for our young people especially those at High School

St Vincent de Paul Volunteers needed:
Our local Conference is looking for volunteers who may be able to give a few hours every month to interview companions who need assistance. You would always be on with an experienced member who will guide you. Why not just turn up to our Conference Meeting on the first Monday of the Month in the Church Meeting Room at 2pm and get to know about this Vincentian Ministry or phone **Gary: 0429 774 101** or **Marie 0405 028 057.**

If you would like to join the Parish e-platform giving for both the Priest and the Church, the details are as follows:
PARISH FINANCIAL SUPPORT
A/C Name: St Bernard's Operating
BSB: 062-786 A/C No: 00012939

PRAYER FOR VOCATIONS

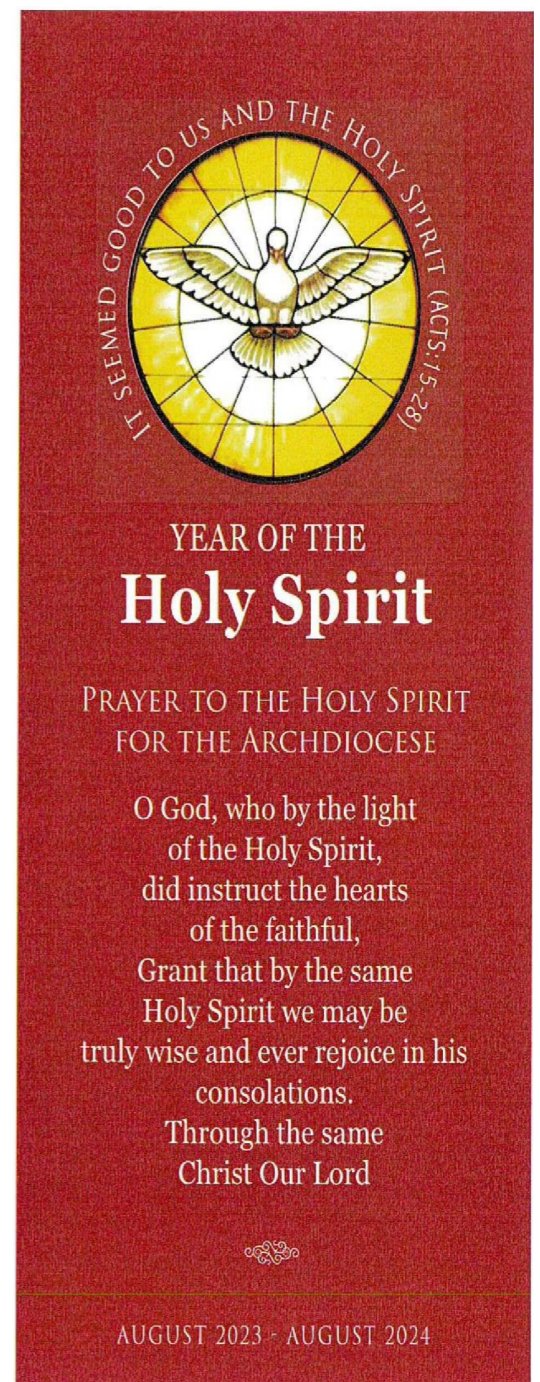
Gracious God,
You have called me to life and gifted me in many ways. Through Baptism You have sent me to continue the mission of Jesus by sharing my love with others.

Strengthen me to respond to Your call each day.
Help me to become all You desire of me.
Inspire me to make a difference in others' lives.
Lead me to choose the way of life You have planned for me.
Open the hearts of all to listen to Your call.

Fill all with Your Holy Spirit that we may have listening hearts and the courage to respond to You.

Enkindle in my heart and the hearts of others the desire to make the world a better place by serving as Lay Minister, Sister, Priest, Brother or Deacon.

Amen



YEAR OF THE Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful,
Grant that by the same Holy Spirit we may be truly wise and ever rejoice in his consolations.
Through the same Christ Our Lord

AUGUST 2023 - AUGUST 2024

Pope Francis Monthly Prayer Intentions AUGUST

For political leaders

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

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Ray and Anne Brown

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0488671118

Remembering the Sick:
Wendy & Pat Roberts, Mark O'Neill, Karen Nixon, John de Smet, Kevin & Pat Totterell, Dawn Robinson, Maria de Rocco, Myrna Glenn, Norma Dean, Ann Marie McLoughlin, Antionette Doyle, Christine Norman, Anne Gatehouse, Tony Vogel, Suzanne Hughes, Trent Fisk, Carolyn Burns, Sr Marie McAlister, Peter O'Neill, Beverley Biglia, Fr John Walter, Fr Kevin Murphy, Allan Rogers, Rita Condon, Ben Copland, Vince Burns, John Dillon, James Lee, Trish Hamilton, Jim Banks, Dennis Sheather, Mary Henderson, Diane Lanzon, Marion O'Grady, Victor Edith, Jan Simpson, Allan Odium, Luke Ward, Andrew Morton, Ken Evendon, Judy Betts, Anica Bautovic, Angela Mylott, Jeanette Clarke, those in hospital and nursing homes.

Death Anniversaries: are listed in the Memorial Book at the front of the Church and names can be added to it if dates are provided.

We pray for the recently deceased in the Parish Community: Tony Puconja, Hazel Nolan, Else McGahey, Richard Smart, Patrick Dunn, Claire Dickens, Laurence Foran, Lynton Ryan, Jacki Harding, Keith Cooke, Kathryn King, Sarah Good, Robert Mitchell, Joyce Hurrell, Archbishop Francis Carroll, Ruth O'Malley, Julie Morgan, Suzanne Houssard, Nancy Sykes, Lillian Burkinshaw, Lynette Arundel, Patricia McKeough, Ivan Trojkovic, Brian O'Connor, Annie Scicluna, Francis Bezzina, Paul O'Callaghan, Pam Wilson, Drago Bandur, Vin Taylor, Fr Don Gunn, Krsto Jarnjevic, Tony Plascak, Janet Thornbury, Michele (Mick) Ferrante, Barry O'Neill, Frank Belsa, Del Bateman, John Dunne, Maria Ivelja, Stjepan Matasin, Peter McGann, Filomena Dela Torre