

LITURGY OF THE WORD

The Most Holy Body and Blood of Christ Year A

First Reading Dt 8:2-3, 14-16

A reading from the book of Deuteronomy
He gave you food which you and your ancestors did not know.

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord. 'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

The Word of the Lord
R. Thanks be to God

Responsorial

Ps 147:12-15, 19-20. R. v.12

(R.) Praise the Lord, Jerusalem.

1. O praise the Lord, Jerusalem!
Zion, praise your God! He has strengthened the bars of your gates, he has blessed the children within you.
2. He has established peace on your borders, he feeds you with finest wheat. He sends out his word to the earth and swiftly runs his command.

3. He makes his word known to Jacob, to Israel his laws and decrees. He has not dealt thus with other nations; he has not taught them his decrees.

(R.) Praise the Lord, Jerusalem.

Second Reading 1 Cor 10:16-17

A reading from the first letter of St Paul to the Corinthians

Though we are many, we form a single body because we share this one loaf.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The Word of the Lord
R. Thanks be to God

Sequence

Sing forth, O Zion, sweetly sing
The praises of thy Shepherd-King,
In hymns and canticles divine;
Dare all thou canst, thou hast no song
Worthy his praises to prolong, So far sur-

passing powers like thine. Today no theme of common praise Forms the sweet burden of thy lays – The living, life-dispensing food – That food which at the sacred board Unto the brethren twelve our Lord His parting legacy bestowed. Then be the anthem clear and strong, Thy fullest note, thy sweetest song, The very music of the breast: For now shines forth the day sublime That brings remembrance of the time When Jesus first his table blessed. Within our new King's banquet-hall They meet to keep the festival That closed the ancient paschal rite: The old is by the new replaced; The substance hath the shadow chased; And rising day dispels the night. Christ willed what he himself had done Should be renewed while time should run, In memory of his parting hour: Thus, tutored in his school divine, We consecrate the bread and wine; And lo – a Host of saving power. This faith to Christian men is given – Bread is made flesh by words from heaven: Into his blood the wine is turned: What though it baffles nature's powers Of sense and sight? This faith of ours Proves more than nature e'er discerned. Concealed beneath the two-fold sign, Meet symbols of the gifts divine, There lie the mysteries adored: The living body is our food; Our drink the ever-precious blood; In each, one undivided Lord. Not he that eateth it divides The sacred food, which whole abides Unbroken still, nor knows decay; Be one, or be a thousand fed, They eat alike that living bread Which, still received, ne'er wastes away. The good, the guilty share therein, With sure increase of grace or sin, The ghostly life, or ghostly death: Death to the guilty; to the good Immortal life. See how one food Man's joy or woe accomplisheth. We break the Sacrament; but bold And firm thy faith shall keep its hold; Deem not the whole doth more enfold Than in the fractured part resides: Deem not that Christ doth broken lie; 'Tis but the sign that meets the eye; The hidden deep reality In all its fullness still abides. Behold the bread of angels, sent For pilgrims in their banishment, The bread for God's true children meant, That may not unto dogs be given: Oft in the olden types foreshadowed; In Isaac on the altar bowed, And in the ancient paschal food, And in the manna sent from heaven. Come then, good shepherd, bread divine, Still show to us thy mercy sign; Oh, feed us still, still keep us thine; So may we see thy glories shine In fields of immortality; O thou, the wisest, mightiest, best, Our present food, our future rest, Come, make us each thy chosen guest, Co-heirs of thine, and comrades blest With saints whose dwelling is with thee.

Psalm

The Gospel of the Lord
R. Praise to you Lord Jesus Christ
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Gospel Acclamation Jn 6:51-52

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

Gospel Jn 6:51-58

A reading from the holy Gospel according to John

My flesh is real food and my blood is real drink.

Jesus said to the Jews: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

The Gospel of the Lord
R. Praise to you Lord Jesus Christ

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REFLECTION by Fr Michael Tate The Maternal Jesus

I once saw a young mother discreetly breastfeeding her baby during Mass, and thought ... 'What a wonderful thing!' There could not be a better illustration, a better acting out of what Jesus says in today's Gospel: 'The one who eats me will live.' Of course, even mothers who find they cannot breastfeed offer the same gift for nine months as the baby draws its life from the mother's body in the womb. This is a good analogy for what Our Lord was teaching in today's Gospel. 'Those who eat my flesh and drink my blood abide in me and I in them.' Notice the very maternal language. The risen Lord truly abides in us, we truly abide in the risen Lord. This is as intimate as the baby dwelling in the womb of its mother. Moreover, it is a Holy communion which is both a present reality and a foretaste and promise about our place in God's future: 'The one who eats this bread will live forever.' We could pause for a moment to pray with St Thomas Aquinas: 'Oh Sacred Banquet in which Christ is received and a pledge of future glory is given to us.'

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Principal: Mrs. Jacqui Heffernan
Carroll College, Broulee
R.E.C: Erica Drewsen



The Most Holy
BODY and
BLOOD of
CHRIST
YEAR A

Upcoming Events

Choir Practice
1PM Mondays

Cenacle Prayer 9.30
am Fridays after
Mass, and 1st
Saturday of the month
@ 9.30am

ENJOY THE GOOD
NEWS
Wednesdays after
9am Mass

Wrap With Love
TUESDAY 13TH June
10am B/B Library
All Welcome

Craft Group Thursdays
10am

ADORATION
TUESDAY @ 8AM

COFFEE CLUB
Thursdays after Mass
Venue: Corrigans
Cove
All are welcome

On Holy Thursday we commemorated Christ's Institution of the Blessed Eucharist. An event of such significance that Pope John Paul 2 made it the fifth decade of the Luminous Mysteries of the Rosary. It serves as an introduction to Our Lord's Passion and Death in the Sorrowful Mysteries.

Last Sunday, Trinity Sunday, we celebrated the Mystery of the Most Holy Trinity - the sublime mutual Love of the Three Persons in the One Godhead.

This Sunday we celebrate the Love of the Second Person, Jesus Christ, who promised his disciples (and hence us) that he would be with them/us till the end of time.

The celebration of weekly Mass was an established practice of the early Christians, as is testified in the writings of St Justin Martyr (d165 in Rome: Feast day 1st June). It was not till the 13th century that the external cult of the Blessed Eucharist began. It started with a humble and persecuted nun in Liege, later to become St Juliana of Cornillon (c1192-1258). She lived in turbulent times when church/state relations were a shambles. Juliana had visions she thought indicated that public veneration of the Holy Sacrament would promote church and social cohesion.

A local Canon championed her cause to the Archbishop of Liege who went on to become Pope Urban IV in 1261. In 1264, six years after Juliana's death, he instituted **The Solemnity of Corpus Christi** to be celebrated on the Thursday after Pentecost.

Later it was to be after Trinity Sunday, and even after that, in the liturgical reforms of 1969, under Paul VI, all bishops had the option to transfer the feast to the following Sunday, as we do in Australia.

Judging from what we hear and see in the Mainstream Media we live in turbulent times, more complicated than those of the 13th century but I'm not so sure the external cult of the Blessed Eucharist could have much of an effect on a predominantly secular society. Except maybe to boost the morale of practising Catholics. Maybe the best we can do is to apply to ourselves the words in today's Prayer over the Offerings at Mass.

Grant you Church, O Lord, we pray,
The gifts of Unity and Peace,
Whose signs are to be seen in Mystery
In the offerings we here present
Through Christ Our Lord. Amen

Our gifts of Bread and Wine
Will be changed into
the Body and Blood of Christ.
We are to become other Christs,
Agents of Unity and Peace.



Joe Quigley



Masses THIS WEEK
Monday 12th June
Sunday 18th June

Monday 12th: No Mass
Tuesday 13th: Mass 9am
Wednesday 14th: Mass 9am
Thursday 15th: Mass 9am
Friday 16th: Mass 9am
Saturday 17th: Mass 5pm
 Reconciliation 3.30-4.30pm
Sunday 18th: Mass 9am

Masses in Aged Care Facilities

- Mass First Wed of Month @10.30am Denhams Beach Community Care (Opal)
- Mass 2nd Wed of the month @10.30am The Glen
- Mass 3rd Wed of month @2pm The Manor
- Mass 4th Wed of month @2pm Maranatha Lodge

ROSTERS

10/11 JUNE
Cleaning
 12-16 B Coffey/M Paine

5.00PM MASS
 Welcomer: M Devine
 Commentator: D Robinson
 Reader: M Weatherall
 Eucharistic Ministers
 J Wain M Devine
 Computer Screen M O'Neill

9.00 AM MASS:
 Welcomer J McClelland
 Commentator . A Brown
 Reader: B Basevi
 Eucharistic Ministers
 N & L Page
 Computer Screen D May

MORNING TEA:
 N Beatty M deSmet

17/18 JUNE
Cleaning
 19-23 R & K Ison

5.00PM MASS
 Welcomer B Oerder
 Commentator S Ebejer
 Reader: J Quigley
 Eucharistic Ministers
 M Weatherall, Y Oerder
 Computer Screen
 J O'Sullivan

9.00 AM MASS:
 Welcomer L Foran
 Commentator D Robinson
 Reader: A Brown
 Eucharistic Ministers
 M & C Lowe
 Computer Screen T Priest.

MORNING TEA:
 M Vidovic & Zdenka

CLAIM THE DATE:
Convent Garden Weeding and Tidy up Working Bee.
CAN YOU HELP US?
 Saturday June 17: 9-30am – 11-30am Please bring your own tools, garden gloves & bucket for collecting weeds.



Enquiries:
 Marie Weatherall
 [m] 0405 028 057

St Vincent De Paul is trying to assist a Pregnant Mum with 3 small children who is escaping Domestic Violence and need single beds for the children.

If you have a spare bed/mattress in good order could you let Dave May or Marie Weatherall know.
Dave: 0408 627 854 or
Marie: 0405 028 057

LOOKING FOR ACCOMMODATION

Young man 18 years of age who is studying locally requires single room. Very tidy and clean. Can afford around \$200 pw. For further queries please call Norma Dean on 0477759990

PARISH FINANCIAL SUPPORT

If you would like to join the Parish e-platform giving for both the Priest and the Church, the details are as follows:
Acc. Name: St Bernard's **Operating**
 BSB: 062-786
Bank Account: 00012939
Ref: Family Name

WE ACKNOWLEDGE THE TRADITIONAL CUSTODIANS OF THE LAND THE WALBUNJA PEOPLE OF THE YUIN NATION. WE PAY OUR RESPECTS TO THEIR ELDERS, PAST, PRESENT AND EMERGING

CONFIRMATION PREPARATION

Please pray for our students who are preparing for the sacrament of confirmation to be celebrated later this month and for the families, as they offer support and guidance to their children at this time.

We also thank our teachers for their continued support during this important time of preparation



VISITATION & HC NEEDED FOR

Couple in Sunshine Bay

If you are able to assist please ring Marie Weatherall 0405 028 057 ASAP

Vinnies 2023 Winter Appeal June—July 2023

We thank those who were able to donate \$ last weekend and if anyone wishes to donate \$ this weekend, please see collectors in the Foyer of the Church ... receipts are provided if requested.

During June/July we are accepting the following: clean and in good order doonas, blankets, sleeping bags; adult/children scarfs, gloves, beanies and socks.

Please place in containers in Foyer of Church.

Take winter clothes to the shop and no tinned food please.

Many thanks for your continued and much needed support



Remembering the Sick:

Ann Marie McLoughlin, Antionette Doyle, Christine Norman, Anne Gatehouse, Tony Vogel, Suzanne Hughes, Trent Fisk, Carolyn Burns, Sr Marie McAlister, Peter O'Neill, Barry O'Neill, Beverley Biglia, Fr John Walter, Lola, Fr Kevin Murphy, Allan Rogers, Pam Wilson, Antony and Andrew, Rita Condon, Ben Copland, Femia and Mark, Vince Burns, John Dillon, James Lee, Trish Hamilton, Jim Banks, Dennis Sheather, Mary Henderson, Diane Lanzon, Marion O'Grady, Victor Edith, Jan Simpson, Dawn Robinson, Allan Odium, Luke Ward, Andrew Morton, Ken Evendon, Judy Betts, Janet Thornberry, Anica Bautovic, Angela Mylott, Jeanette Clarke, those in hospital and nursing homes.

Death Anniversaries: are listed in the Memorial Book at the front of the Church and names can be added to it if dates are provided.

We pray for the recently deceased in the Parish Community: Rosa Spano, Geza Markovits, Del Bateman, Kayleen Mortlock, Dan Quigley, Maree O'Brien, Rees De Winter, John Dunne, Maria Ivelja, Stjepan Matasin, Peter McGann, Dante Pasqualin, Loretta Jones, Filomena Dela Torre, David Coates, Christopher Horsfall, Dawn Millman, Mara Pranjic, Michael Thornton, Barbara Mills, Travis Basevi, Judith Dewick, Nita Gorzalka, Michael Dove, Wayne Sing, Linda Russell, Ruby Swinton, Anna Backo, Lois White



The Year of Walking Together

The Risen Lord walked together with the disciples on the road to Emmaus, drawing them from anxiety to hope, from confusion to joy.

Jesus, centre of our common Emmaus walk, with You alone to guide us, make Your home in our hearts; as we pour "new wine into fresh wineskins" (Mk 2:22)

Like Mary, imbued by the Holy Spirit, may we give birth to a renewed faith and united pastoral action in this Archdiocese in the years ahead.

St Mary of the Cross, our Great Australian Intercessor, pray for us.

Mary, Mother of the Church, pray for us.

All Saints of God, who name and sanctify our parishes, pray for us. **Amen**

Pope Francis Monthly Prayer Intentions June

For the Abolition of Torture
 We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

BATEMANS BAY & MORUYA DISTRICT FUNERALS
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