



**ST BERNARD'S PARISH**

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Batemans Bay, 2536.  
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E: batemansbay@cg.org.au  
Website: www.cg.org.au/  
batemansbay

Office Hours: 10am to 2pm  
Tuesday-Friday

**Rev. Martins Aloga**

Parish Priest

**Don Nguyen**

Parish Deacon

**Sr. Marie McAlister**

0429383333

**Roslynn Trompp**

Parish Secretary

**Mrs. Jo Wain, Principal**

St. Bernard's Prim. Sch.

**Mrs. Jacqui Heffernan,**

Principal, Carroll College

Carroll College, Broulee

**DAILY ONLINE**

**MASS  
RESOURCES:**

[https://](https://www.catholicvoice.org.au/mass-online/)

[www.catholicvoice.org.au/mass-](https://www.catholicvoice.org.au/mass-online/)

[online/](https://www.catholicvoice.org.au/mass-online/)

[https://mass-](https://mass-online.org/daily-holy-mass-live-online/)

[online.org/daily-](https://mass-online.org/daily-holy-mass-live-online/)

[holy-mass-live-](https://mass-online.org/daily-holy-mass-live-online/)

[online/](https://mass-online.org/daily-holy-mass-live-online/)

[https://](https://www.catholic.org.au/prayathome)

[www.catholic.org.](https://www.catholic.org.au/prayathome)

[au/prayathome](https://www.catholic.org.au/prayathome)



**T**oday I am staying with the rejoicing crowd on Palm Sunday. (I personally cannot understand why we have the Passion on this day when it is really a rejoicing Day!)

How can I concentrate on rejoicing when we are physically distancing but hopefully socially connecting?

There is no doubt we are in a very different world and many are suffering but I want to look at the positives in our lives through today's readings.

Isaiah tells me I have a disciple's tongue .. so that I may 'know how to reply to the wearied'. How are we using our gift of speech these days? Very powerful ways of being together in families is to be the giver of positive words. I am not saying this is easy...it is not! But we know that we, as adults, have a tremendous responsibility to be positive models especially to our children.

St Paul reiterates that yes, 'Jesus was Divine', but He took on our humanity'. Jesus does know what it is like to suffer...God is in this mess and we must believe that we are not abandoned. We have witnessed many good people helping others through our own excursions to the shops and on social media. Let us keep these positives in our minds and not the negatives that are portrayed as well.

It is through my humanity that I express the Divine. 'Christ has no voice, hands or feet on earth but yours' so let us be His disciples to all those around us.

We as humans can be very fickle as the Entry Gospel (Matthew 21:1-11) notes today. Our jubilation on cheering Jesus as He enters Jerusalem on a colt is quickly changed on Good Friday when the chant becomes 'Crucify Him'. Staying with the jubilation, Jesus is recognised by the crowd but who would recognise someone coming in on such a lowly animal today? We must realise that God is visible in those whom we sometimes ignore. Our isolation helps us to confront those with whom we live and perhaps may not even not like. **Are we able to see God in this?** Let us continue to pray for each other as we face each day and its offerings.

God bless.

*Sr Marie*



**PROJECT COMPASSION 2020  
IN HOLY WEEK LET US PRAY FOR THESE  
PEOPLE ACROSS OUR WORLD**

**'Not all of us can do great things. But we can do small things, with great love' (Saint Teresa of Calcutta)**

**Teresa of Calcutta)**

Through your generosity during Project Compassion in 2020, you are empowering communities with hope and helping those in need to shape a better future for themselves, their families and their communities. Mindful of all the needs here locally in our own community perhaps we can give **'something small with great love'**

**WEEK 6: DOMINIC – PAPUA NEW GUINEA**

Dominic, 47 is a father of six from Papua New Guinea. In 2016, he became involved with Caritas Australia's partner, Centre of Hope, who runs safe house and family anonymous programs and turned a difficult life and an unhappy relationship around. In 2016, Caritas Australia and its PNG partner, Centre of Hope, invited Dominic to join its Safe House program. It provides Gender-Based-Violence prevention training, counselling services and safe accommodation for women and children survivors of violence. "After entering the Caritas program, I have actually changed some of my bad attitudes. It has really opened my mind and heart to see where my weaknesses are and I'm trying to improve," Dominic says.



*As we encounter Holy Week in 2020 we are perhaps stretched to the limits of our belief and at the same time more dependent than ever on our faith in God, who is ever present and loves us unconditionally.*

*This range of emotion is perhaps similar to that of the human Jesus—who as we know is both human and divine—a core teaching of our faith. During what we now celebrate as Holy Week, Jesus encountered the crowds in Jerusalem who cheered and welcomed him with palms (Palm Sunday) - those very same crowds who would days later, condemn him to death.*

*Later in the week he gathered with his friends for the Jewish Feast of Passover which we now celebrate on Holy Thursday as the Mass of the Lord's Supper—the very heart of our Eucharistic celebrations.*

*Heavy of heart Jesus prayed in the Garden of Gethsemane, perhaps wishing 'this cup would pass him by' but he responded to his Father's will and endured the passion and pain of crucifixion, out of love for all humanity on Good Friday.*

*During this week as we await the hope of the Resurrection, we pray the Psalm from Holy Thursday :*

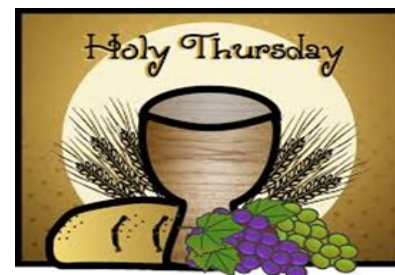
**Our blessing cup is a communion with the blood of Christ**

*How can I repay the Lord*

*For His goodness to me?*

*The cup of salvation I will raise*

*I will call on the Lord's Name*



**HERE'S HOW TO MAKE A SPIRITUAL COMMUNION**

For various reasons we may be prevented from receiving the Eucharist at Mass. This could be because we are unable to leave our home to attend Mass. This is especially relevant for us in this time of the COVID-19 pandemic. In these cases the Church encourages us to make an act of "spiritual communion," where we unite ourselves to God through prayer. It is a beautiful way to express to God our desire to be united with him when we are unable to complete that union in the reception of Holy Communion.

Below is a traditional prayer of spiritual communion that many saints have prayed over the years. It can be prayed if you find yourself at Mass unable to receive the Eucharist, or at any time at home, especially if you are unable to attend Mass.

The ultimate goal of our lives should be communion with God and an act of spiritual communion can help a person draw closer to that goal.

*My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.*

*Adapted from <https://aleteia.org/2018/09/20/cant-receive-the-eucharist-heres-how-to-make-a-spiritual-communion/>*

**OPENING OUR HEARTS AND OUR LIVES TO GOD**

The Feast of the Annunciation on March 25th reminded us of Mary's open, generous and trusting heart—her YES to God would not have been easy. She would have been confused at first, but God's Grace would have given her the courage to say YES. As we look at this small word 'Yes' - let us remind ourselves of how we grow into our YES every day—our Yes to God, our YES to our spouse, our YES to our children, our YES to our neighbours, our YES to our life commitments—a small word but if our first YES is to God, it opens our heart to possibility and hope.

If you would like to receive the bulletin by email, could you please let the office know and we will add you to our list @batemansbay@cg.org.au

THE ORDER OF MALTA will not be able to come down for their regular visit due to the coronavirus restrictions. They are holding everyone in their prayers and wish you all the best for Easter and beyond. They look forward to meeting again in person when possible.



**Banking details**  
1st Collection  
Acc. Name:  
Central  
Presbytery Fund  
Bank Acc: 29248  
BSB: 062-786  
Ref: SUBURB/  
TOWN &  
SURNAME.  
Eg: Batebay jones

**2nd Collection**  
Supports the  
running of the  
Parish  
Acc. Name:  
St Bernard's  
Operating  
Account  
Bank Acc:0012939  
BSB: 062-786  
Ref: FAMILY  
NAME. Eg: Jones

**Remembering the Sick:** Dennis Sheather, Mary Henderson, James Lee, George Fitzgerald, Declan Holmes, Diane Lanson, Marion O'Grady, Victor Edith, Jan Simpson, Dawn Robinson, Margaret Harris, Bill Giust, Allan Odium, Luke Ward, Rosemary Cooley, Andrew Morton, Judy Betts, Ken Evendon, Janet Thornberry, Anica Bautovic, Glenda Gallagher, Joan, Robert Craddy, Angela Mylott, Jeanette Clarke and those in our local Nursing Homes and Hospital.

**We pray for the recently deceased in the Parish Community:**

Des Jeffs, Louise Keeley, Peter Burum. Collette Winter,

**Anniversaries:** Janice Marion, Terence Thomson, Franciscus Timmer, Leon Pallamoutagne, Anica Hratic, Elsie Waltham, Gregory Parsons, Robyn Albert,

**Pope Francis' Monthly Prayer Intention**  
**APRIL**  
Freedom From Addiction  
We pray that those suffering addiction may be helped and accompanied

Batemans Bay, Moruya & Narooma  
**District Funerals**  
Mark Hewson JP  
Funeral Director  
Phone 02 4472 8886  
Moruya 02 4474 3555  
Narooma 02 4476 3888

**OCEAN BREEZE TAKEAWAY**  
Fish & Chips, Burgers, Sandwiches & Coffee  
100% BEEF BURGER  
248 Beach Road  
Batemans Bay NSW 2536  
0478 146 837  
02 4472 1802

**CARROLL COLLEGE**  
ENROLLING NOW  
Ph 4471 5600  
Member of the Eurobodalla K-12 Catholic Schools' Community

Ray and Anne Brown  
**COASTAL CONCRETE & QUARRY**  
02 4474 0320

**INDUSTRIAL REPLACEMENTS**  
1 Sharon Road, Batemans Bay  
Buy fuel any time  
EFTPOS  
VISA  
AMEX  
MASTERCARD

**ST BERNARDS PRIMARY SCHOOL**  
ENROLLING NOW  
Ph 4472 4446  
Member of the Eurobodalla K-12 Catholic Schools' Community

**excell**  
Ideaspeople  
P 4472 1589  
E batemansbay@excellprint.com.au  
www.excellprint.com.au  
Shop 1/25, Old Princess Hwy  
Batemans Bay NSW 2536

**EUROCOAST**  
Veterinary Centre  
4471 3400

**"MASS FOR YOU AT HOME"**

Channel 10 at 6.00am.

Sunday morning