

Sunday 7 February 2021

5th Sunday in Ordinary Time

Liturgical Colour: Green.

Readings at Mass

First reading

Job 7:1-4,6-7

My life is but a breath

Job began to speak:

Is not man's life on earth nothing more than pressed service,
his time no better than hired drudgery?

Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.

Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.

Swifter than a weaver's shuttle my days have passed,
and vanished, leaving no hope behind.

Remember that my life is but a breath,
and that my eyes will never again see joy.

Responsorial Psalm

Psalm 146(147):1-6

Praise the Lord, who heals the broken-hearted.

or

Alleluia.

Praise the Lord for he is good;

sing to our God for he is loving:
to him our praise is due.

Praise the Lord, who heals the broken-hearted.

or

Alleluia.

The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name.

Praise the Lord, who heals the broken-hearted.

or

Alleluia.

Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust.

Praise the Lord, who heals the broken-hearted.

or

Alleluia.

Second reading

1 Corinthians 9:16-19,22-23

I should be punished if I did not preach the Gospel

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Gospel Acclamation

Matthew 8:17

Alleluia, alleluia!
He bore our sickness,
and endured our suffering.
Alleluia!

Gospel

Mark 1:29-39

He cast out devils and cured many who were suffering from disease

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.