

St Peter's Catholic Parish

31st January, 2021 – Fourth Sunday in Ordinary Time

Our mission as the Christian community of St Peter's Parish, enlightened and inspired by the Holy Spirit, is to be salt and light through the loving way of our words, actions and respect for the dignity of all, so that other may experience the love of Christ.

We sincerely acknowledge the traditional owners of this land the Yuin people.

REFLECTION by Fr Michael Tate

Evil Spirits versus the Holy One of God

The word 'diabolical' comes from a Greek word referring to something broken in two, shattered. Looking at persons and societies torn apart, it is obvious that the diabolical spirit is powerful. However, it harbours a fear that a more powerful Holy Spirit could reintegrate a personality, could make a community out of divided groups.

'Have you come to destroy us?' indicates that this fear was realised in the coming on to the scene of Jesus Christ. Jesus' answer was a resounding 'Yes', not in words but in action, healing a man torn apart by a diabolical spirit.

Jesus Christ invites and empowers us to join in his healing mission to overcome whatever it is which tears people apart, whether at the individual, community or global levels. We do so in the confidence of His Resurrection which overcame the diabolical tearing apart of His body and soul.

We could pause for a moment to commit ourselves to joining Jesus' mission, so putting the fear of God into the devil!

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Contact Details

Parish Priest

Fr Paletasala (Pale) Leota

Parish Secretary

Mrs Patricia Field

Parish Council Chair

Mrs Bernadette Wood

Liturgy Coordinator

Ms Sue Heffeman

Finance Chair

Mr Neil Ffrench

Lumen Christi Catholic College

Mr Shane Giles (02)64958888

Parish Office

Hours - 10am to 1pm

Wednesday to Thursday,

Phone – 0435 036 236

Email - pambula@cg.org.au

Web -

www.cg.org.au/pambula

Address - 79 Main Street, PO

BOX 249, Merimbula, NSW,

2548



"Repent, and believe the Good News"

Churches, Mass Celebrations and Prayer

Churches

Our Lady Star of the Sea, Eden

St Joseph's, Merimbula

St Peter's, Pambula

St Joseph's, Wyndham

Reconciliation (Confession)

Saturday, 9:30am-10am, Merimbula

Saturday, before Vigil Mass, Eden

Adoration

1st Friday of the month at 8:30am, Merimbula

1st Sunday at 3pm, Eden

Weddings

By appointment only – at least 6 months notice in advance.

Mass Times

Saturday, 6pm, Eden

Sunday, 8am, Merimbula

Sunday, 10am, Merimbula

Tuesday 5pm, Merimbula

Wednesday, 9:30am, Merimbula

Thursday, 9:30am Eden

Friday, 9:30am Merimbula

Sacrament of Baptism

Welcoming Mass – 4th Sat/Sun of the month prior to Baptism. During

Mass on 1st Saturday/Sunday of the month. Please ring office for

all Baptism preparation enquiries

Divine Mercy Chaplet & Rosary

Tuesdays at 4:30pm, St Joseph's

Merimbula

"Enlightened and inspired by the Holy Spirit"

In consideration the Church as *the home of the word*, attention must first be given to the sacred liturgy, for the liturgy is the privileged setting in the which God speaks to us in the midst of our lives; he speaks today to his people, who hear and respond.
Verbum Domini (2010)52

Feast of the Week

Tuesday - The Presentation of the Lord (Feast)
Friday - St Agatha, virgin, martyr
Saturday - St Paul Miki & companions, martyrs



Parish News and Events ... Please ring 0435036236 for any parish enquiries

First Friday of the month: Exposition and Adoration 8:30am followed by Mass, Merimbula. All welcome
First Sunday of the month: Exposition and Adoration 3pm at Eden. All welcome

Liturgy Committee Meeting on Tuesday 9th February at 7pm, Parish Center

Book-in for Mass

Please remember that as per restrictions we are still expected **to book and check in for mass**, maintain a spacial-distance of 2 square metres, receive Holy Communion in the hand only, refrain from physical contact when offering the Sign of Peace, and to sanitise when entering and exiting the premises. Please email or ring the parish office between 10am - 1pm Wed - Fri. Ph: 0435036236 –

https://www.catholicvoice.org.au/wpcontent/uploads/2020/10/201008_UpdatedArchProtocols_PercyA.pdf

REMINDER: The maximum number of people at a religious service (*not including weddings and funerals*) must not exceed 300 (120) people in or outside (30) subject to the 2 square meter rule.

PLEASE KEEP FOLLOWING ALL OF THE COVID-19 PROTOCOLS IN THE CHURCH

When you are checking in for mass, it would be appreciated if you use the online booking links on the parish website. <http://cg.org.au/pambula/Home.aspx> They are clearly visible under the heading BOOK IN FOR MASS. Please click on the relevant link and register your details. This system is being regularly monitored and is much easier than using the email or voice message at the parish office.

Please note that bookings for Eden Vigil Mass and 8:00 am Merimbula Mass close at 3:00 pm on Saturday and 10:00 Merimbula Mass closes at 8:00 pm on Saturday.

Please pass this to your friends and family also. Thank you.

LENTEN PREPARATION GROUP—Expression of Interest.

Orders for *Comfort* the 2021 Lenten Program are now being taken at the office. If you would like to be part of the program or you would like the program for yourself, please contact the office.

Columban Calendars 2021 are now available in the Parish Office at \$10 each.

The Ordo....available from the office. The Ordo is a reference book and an aid to the Celebration of the Eucharist and the Liturgy of the Hours. It is a comprehensive list of daily and Sunday readings and follows the General Roman Calendar found in the Roman Missal.

The Catholic Daily Voice is available for you to subscribe to and receive via email by clicking on the attached link: <https://www.catholicvoice.org.au/> and follow instructions online to subscribe.

Planned Giving Collections; Planned Giving Collections; First: \$747.65; Second: Envelopes \$705.50, Loose \$333.55 Direct Debit Payments Jan: \$425.00
Thank you for your generosity and God bless you all

“Enlightened and inspired by the Holy Spirit”

Let Us Pray for and support those who are sick

Maree Linfoot, Mary O'Donnell, Judy O'Donnell, John Reynolds, Bill Petrie, Ysmael Valencia, Danielle Sou, Max Andrew, David Went, Ros Beveridge, Roy Bugden, Eric Mangion, Marie Hart, Anselmo Guiffre, Beata Denkwicz.

For the Faithful departed or whose anniversaries occur including,

Brian Wyndham, Albina Dal Piva, Ruza Novinc, Maureen Partridge, Ken Clear, Millicent Clear, Anotnio Ziino, Maureen Frances DuBock, Sr Philomena Kalmund RSJ, Sr St Jude Doyle RSC, Peter Hamer, John Hulme, Milvia Silveri, Catherine Randazzo, Robert Gianfrotta, Jeanette Robert, Louis Pintin, Joy Bugden, Olga Novinc, Kieth Balantyne, Kim Geraghty, Dawn Lucas, James Barry, Greg Morrison, Claire Thomas, Glyneth Middlemiss, Brian Middlemiss, Errol Cole, Mary D'Arcy.

May the souls of the faithful departed, through the mercy of our Lord, Rest in Peace. Amen.

Please advise the Office if you would like to be added to or taken off the list for prayers.



The Divine Mercy of Jesus - 3 O'clock Prayer "The Hour of Great Mercy"

Jesus said: Call upon My mercy on behalf of sinners; I desire their salvation. When you say this prayer, with a contrite heart and with faith on behalf of some sinner, I will give that person the grace of conversion. This is the prayer; "O Blood and Water which gushed forth from the Heart of Jesus as a Fount of Mercy for us, I trust in you."

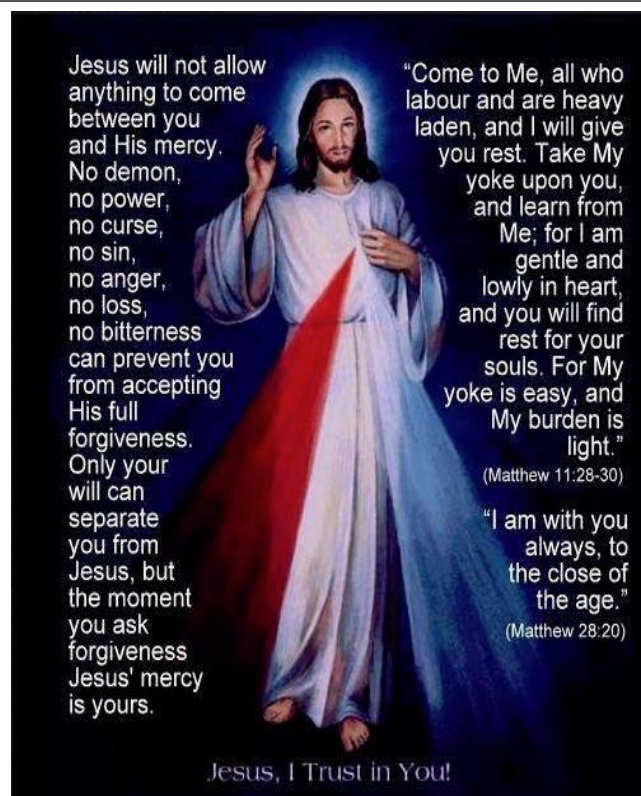
The Divine Mercy Chaplet is prayed before Mass on Sunday and Adoration and Benediction on every First Friday at 8.30am Merimbula Church; First Sunday 3pm at Eden

Act of Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Prayer for Australia

Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.



CODE OF CONDUCT: All volunteers in our parish need to read the Code of Conduct for the **Protection of Children**, then sign and return the form to the parish Office stating you have read it. This needs to happen before you start your ministry. For those in the Caring Groups, Senior Servers, Catechists, Priests and Deacons they need to have a Working With Children Approval from the Government. The Parish Office is legally bound to keep up to date records of Signed Code of Conduct forms and WWC Approvals and forward regular reports to the Institute of Professional Standards and Safeguarding in Canberra. Please check with the Parish Office to make sure those on Rosters have been given a copy of the Code of Conduct or Working With Children forms to comply with regulations. We are all charged with the responsibility of looking after children.

Workers Health and Safety (WH&S. Previously (O.H.&S)

Is another area where we are all charged with making sure that each of us are safe by reporting any dangerous situation to the parish office or official or by taking an immediate step if needed. This is another Government Regulations and there are many Reports needing to be made concerning Fire, Electricity, signage and many other areas. Neil Ffrench and Frank Davie are the volunteers in charge of this area and will be working in consultation with the Parish Finance Committee.

Copyright is also a legal requirement and all hymns sung in our liturgies need to be under our copyright agreement and their titles reported regularly to our Licence provider so the composers can be paid.

Thank you to all in ministry, those needing a break and welcome to the new volunteers ministering to our parish

Pope Francis has announced the ‘Year of St. Joseph.’

For the occasion, a special “Year of St. Joseph” will be held from today through Dec. 8, 2021.

The prayer to St. Joseph that Francis has said for more than 40 years

By Kathleen N. Hattrup

“It expresses devotion and trust, and even poses a certain challenge to Saint Joseph,” the Holy Father reflects. In a footnote in his new apostolic letter on St. Joseph, Pope Francis notes that for more than 40 years, he has said a special prayer to St. Joseph after morning prayer. He explains that it is taken from a 19th-century French prayer book of the promise of your Son. As light from this candle, may the blessings of Christ come upon us brightening way and guiding us by His truth. May Christ our Saviour bring light into the darkness of our world and to us as we await for His coming.

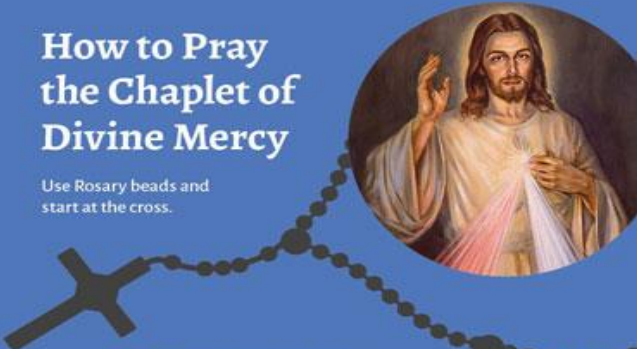
Glorious Patriarch Saint Joseph, whose power makes the impossible possible, come to my aid in these times of anguish and difficulty.

Take under your protection the serious and troubling situations that I commend to you, that they may have a happy outcome.

My beloved father, all my trust is in you. Let it not be said that I invoked you in vain, and since you can do everything with Jesus and Mary, show me that your goodness is as great as your power. Amen.

How to Pray the Chaplet of Divine Mercy

Use Rosary beads and start at the cross.



- 1** Make the Sign of the Cross, then pray the following:
O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!
- 2** Lord's Prayer (Our Father)
- 3** Hail Mary
- 4** Apostles' Creed
- 5** For each of the five sets of beads, on the large bead, say:
Eternal Father, I offer you the body and blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ, in atonement for our sins and those of the whole world.
- 6** On each of the ten smaller beads, say:
For the sake of his sorrowful passion, have mercy on us and on the whole world.
- 7** After reciting this set of prayers five times (on all five decades), conclude by saying the following prayer three times:
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.
End by making the Sign of the Cross.

First Reading Dt 18:15-20

A reading from the book of Deuteronomy

I will put my words into the prophet's mouth, and he will tell them all I command.

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

Responsorial Psalm Ps 94: 1-2, 6-9, R. v.9

(R.) **If today, you hear his voice, harden not your hearts.**

1. Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord. **(R.)**
2. Come in, let us kneel and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. **(R.)**
3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.'
(R.)

ENTRANCE ANTIPHON

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

COMMUNION ANTIPHON

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

Second Reading 1 Cor 7:32-35

A reading from the first letter of St Paul to the Corinthians

The unmarried woman dedicates herself to the things of the Lord, that she might be holy.

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

Gospel Acclamation: Jn 1:41. 17

Alleluia, alleluia!

A people in darkness have seen a great light: a radiant dawn shines on those lost in death.

Alleluia!

Gospel Mk 1:21-28

A reading from the holy Gospel according to Mark

This is a new kind of teaching that speaks with authority.

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.