

Parish Office Hours:

Wednesday - Thursday 9.30am—1.30pm

CONTACT DETAILS

Parish Priest: Fr Paletasala (Pale) Leota

Parish Secretary: Mrs Patricia Field

Parish Council Chair: Mrs Bernadette Wood

Lumen Christi College Principal

Mr Shane Giles

Tel: 64958888

Liturgy Co-Ordinator: Ms Sue Heffernan

Finance Chair: Mr Neil Ffrench

Our Lady Star of the Sea - Eden

St. Joseph's - Merimbula

St. Peter's - Pambula

St. Joseph's - Wyndham

MASS TIMES

Saturday 5pm Eden

Sunday 8am Merimbula

10am Merimbula

Tuesday 4:30pm Merimbula

Wednesday 9:30am Pambula

Thursday 9:30am Eden

Friday 9:30am Merimbula

Reconciliation (Confession)

Saturday 9:30am - 10am Merimbula

Saturday Before Vigil Mass Eden

Sacrament of Baptism:

Welcoming Mass 4th Sat/Sunday of the month prior to Baptism during Mass on 1st Saturday/Sunday of the month.

(Ring Office first for all Baptism Preparation enquiries)

Weddings: By appointment only *(at least 6 months notice in advance)*

Adoration:

First Friday 8:30am Merimbula

Tuesday at 4pm - Divine Mercy Chaplet & Rosary Prayed at St Joseph's, Merimbula

THE MASS consists in some sense of two parts, namely the Liturgy of the Word and the Liturgy of the Eucharist, these being so closely interconnected that they form but one single act of worship. For in the Mass is spread the table both of God's Word and of the Body of Christ, and from it the faithful are to be instructed and refreshed. *GIRM 28*

THE ACTION OF CHRIST: The celebration of Mass, as the action of Christ and of the People of God arrayed hierarchically, is the centre of the whole of Christian life for the Church both universal and local, as well as for each of the faithful individually. For in it is found the high point both of the action by which God sanctifies the world in Christ and of the worship that the human race offers to the Father, adoring him through Christ, the Son of God, in the Holy Spirit. *GIRM 16*

ST. PETER'S CATHOLIC PARISH OF PAMBULA

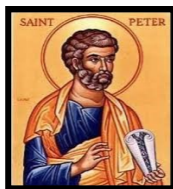
We sincerely acknowledge the traditional owners and custodians of this land, the Yuin people.

79 Main Street, Merimbula, NSW 2548; (P.O. Box 249)

Tel: (02) 64951880; email: pambula@cg.org.au

Website: www.cg.org.au/pambula

July 5th, 2020 - Fourteenth Sunday in Ordinary Time



A TIME FOR REST

The invitation of Jesus to find peace in his presence is one of the most popular of his sayings. He is contrasting his message with the burdensome law, which somehow had lost the heart of religion by over-emphasising the externals of laws and rituals. He is not devaluing laws and rituals, but putting them in their place. He offers an invitation that everyone can hear; and at many times of life we really need to hear it. These may be times of illness, bereavement, anxiety, depression and/or worry. It is an invitation to come into his presence, which is a loving presence. It's not just an invitation to enjoy a restful time, but to rest in the presence of love.

Any notion we have of Jesus that is harsh, is false: he is 'gentle and humble in heart'. This is the atmosphere he asks us all to spread. 'Once you have received the refreshment and comfort of Christ, we are called in turn to become refreshment and comfort for our brothers and sisters, with a meek and humble attitude, in imitation of the Master' (*Pope Francis, July 2014*).

The church is a place of rest for the weary; the place where we find encouragement in the ordinary situations in our lives, where we are called to respond to those who suffer through poverty, homelessness and many other unjust social situations that are part of our world, near and far.

Recall last week where you needed to hear these words, or met someone else who needed to hear them, maybe through you. Speak to the Lord in your own words.

Take into your hands, Lord, the burdens in my life; help me to trust in you.

READINGS OF THE WEEK

Sunday Zechariah 9, 9-10; Rom 8, 9-13; Matt 11, 25-30

Monday Hosea 2, 16-18. 21-22; Matt. 9, 18-26

Tuesday Hosea 8, 4-7. 11-13; Matt. 9, 32-38

Wednesday Hosea 10, 1-3. 7-8. 12; Matt. 10, 1-7

Thursday Hosea 11, 1-4. 8-9; Matt 10, 7-15

Friday Hosea 14, 2-10. Matt. 10, 16-23

Saturday Is 6, 1-8; Matt. 19, 27-29

WELCOME: Jocelyne Fagan, Jasmin Hurley & Joanne Hurley (Eden)

A big welcome to you who are new to our Parish family, St Peter's Pambula. Welcome to our Parish! The people of Pambula, Eden, Merimbula & Wyndham have always extended the hand of friendship to newcomers. I trust your time in our Parish will be spiritually and socially enriching. We have plenty of information on what is happening in our Parish, what support is available, and how you can be involved in Parish life. If you have any queries or feedback, please contact Parish Office.

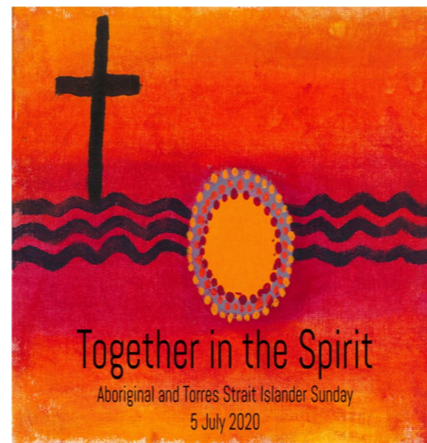
ACT OF SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen. +

NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER SUNDAY

The COVID-19 pandemic has forced NATSICC to rethink the ways in how we empower Catholics to celebrate our special day. This year, we have modified our Aboriginal and Torres Strait Islander Sunday resources to work in a digital setting. We are also holding the first-ever live-streamed, Aboriginal and Torres Strait Islander Sunday Mass from the St Francis Xavier Cathedral in Adelaide from 11.30am EST. The livestream will be available from the NATSICC homepage.

We are inviting everyone around Australia - and the World - to join us on 5 July 2020, as we come 'Together in the Spirit' to celebrate the gifts of spirituality and culture. *We respectfully acknowledge the Yuin Nation and the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and we commit ourselves to the ongoing journey of reconciliation.*



St. Peter's Parish, Pambula Mission Statement

Our mission as the Christian community of St. Peter's Parish, enlightened and inspired by the Holy Spirit, is to be salt and light through the loving way of our words, actions and respect for the dignity of all, so that others may experience the love of Christ.

THE DIVINE MERCY OF JESUS

3 O'clock Prayer

THE HOUR OF GREAT MERCY

Jesus said:

Call upon My mercy on behalf of sinners; I desire their salvation. When you say this prayer, with a contrite heart and with faith on behalf of some sinner, I will give that person the grace of conversion.

This is the prayer;

"O Blood and Water which gushed forth from the Heart of Jesus as a Fount of Mercy for us, I trust in you."

The Divine Mercy Chaplet is prayed before Mass on Sunday and the Adoration and Benediction on every First Wednesday at 4pm Pambula Church.

PLENARY COUNCIL 2020

What is God asking of us in Australia at this time?

PLENARY COUNCIL PRAYER

Come, Holy Spirit of Pentecost.

Come, Holy Spirit of the great South Land. O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council.

Give us the grace to see your face in one another and to recognize Jesus, our companion on the road.

Give us the courage to tell our stories and to speak boldly of your truth.

Give us ears to listen humbly to each other and a discerning heart to hear what you are saying.

Lead your Church into a hope-filled future, that we may live the joy of the Gospel.

Through Jesus Christ our Lord, bread for the journey from age to age. Amen.

Our Lady Help of Christians, pray for us. St Mary MacKillop, pray for us.

Let us pray for and support those who are sick

Ruth Mercieca, Hank Westerlaken, Matthew O'Leary, Glenn Alcock, Danielle Sou, Craig Field, Alex Andrew, David Went, Dawn Lucas, Ros Beveridge, Roy & Joy Bugden, David Fancourt, Penny McEwan, Eric Mangion, Maureen Partridge, Marie Hart, Anselmo Giuffre, Beata Denkiewicz, Irene Spinks, Peter Hamer.

For the faithful departed or whose Anniversaries occur including

Mary Roberson, Gerald John Edward, Tony Colosimo, Sr Mary Agnes, Caleb Pointon, Tess Rizetti, Ian Thomas, John Seychelles, Robert "Stumpy" Wallis, Anna Marie Weinlich, Christine Fogg, Robert Gianfrotta and Ramira Gomez. *May the souls of the faithful departed, through the mercy of God, rest in peace. Amen*

Catholic Church's National Appeal for SEA SUNDAY

Next week is Sea Sunday, when the church prays for those who live and work at sea. There will be a national Appeal for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. Donations will provide practical and spiritual support to seafarers in these challenging times of COVID-19.

Please give generously at bit.ly/seasundayaustralia For further information, please call: Ros Rajasingam on 0481 910 245 or visit our website: www.aos-australia.org

THE EUCHARIST: The Eucharist joins heaven and earth; it embraces and penetrates all creation. The world which came forth from God's hands returns to him in blessed and undivided adoration: in the bread of the Eucharist, "creation is projected towards divinization, towards the holy wedding feast, towards unification with the Creator himself". Thus, the Eucharist is also a source of light and motivation for our concerns for the environment, directing us to be stewards of all creation.

In considering the Church as 'the home of the word', attention must first be given to the sacred liturgy, for the liturgy is the privileged setting in which God speaks to us in the midst of our lives; he speaks today to his people, who hear and respond. *Verbum Domini (2010) 52*

SCRIPTURE: When the Sacred Scriptures are read in the Church, God himself speaks to his people, and Christ, present in his word, proclaims the Gospel. *GIRM 29*

PRAYER: Christian prayer is not a way of being at peace with oneself or finding some inner harmony. We pray in order to take everything to God, to entrust the world to him. *Pope Francis.*

PRAYER FOR AUSTRALIA: Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, on God for ever and ever. Amen.

PRAYER AFTER COMMUNION: *Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith the day of our risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you.*

**O Sacrament Most Holy, O Sacrament Divine.
All Praise and All Thanksgiving be every moment thine.**

PLANNED GIVING ENVELOPES

One downside of the lockdown, is that Planned Giving Envelopes will arrive late this year. Hopefully they will be available within the next two weeks. There has been a falling trend in contributor numbers in recent years and accordingly fewer envelopes (80 this year at a cost of \$8 per packet) have been ordered Therefore:

* If your current number is over 80, we ask that you hold your contribution until the new envelopes arrive and your new number is allocated.

* If your number is less than 80 you may either hold your contributions until the new envelopes arrive or you may make your contribution in a plain envelope with your number clearly marked.

* If any contributor has recently switched their contributions from envelopes to direct debit or bank card, please advise the Parish Office so that your name can be removed from the envelope system.

* In addition if any Contributor wishes to make the switch and has not yet done so, please let the Parish Office know and they will help you with this change.

PARISH COLLECTIONS

The forced closure of the Parish Churches has not only impacted on everybody's spiritual well-being, it has also had a major impact on Parish finances. Prior to the closure your generous contributions to both the first collection (*supports the clergy*) and second collection (*supports the Parish*) assisted the Parish in meeting its financial obligations. The marked fall in collections since the Church closures, has forced the Parish to establish an overdraft to meet its financial obligations.

Three months ago an email was sent to all parishioners offering the option of making first and second collection contributions by moving to direct debit or credit card arrangements. If any other parishioner would like to make this change please contact the Parish Office.

If you would prefer to continue making contributions via the cash/envelope system rather than direct debit/credit card, there are two boxes in the Eden and Merimbula Churches labelled "First Collection" and "Second Collection" in which to place your contribution after Mass.

PLANNED GIVING PROGRAM

First Collection: \$824.10 Second Collection: Envelopes \$502.50 Loose \$160.80
Many thanks for your ongoing support and generous contributions. God bless. Fr Pale.

UPDATED PARISH MASS GUIDELINES

The Archdiocese has outlined the precautions it is taking to prevent children and adults from contracting the COVID-19 coronavirus. We continue to take precautionary measures to protect the health and safety of our people.

Starting 1st July 2020, we can now maximise the seating capacity of our Churches. Observing the spatial distancing as required by the government, following are the maximum seating capacity for our respective churches: Merimbula Heads : 74 Eden: 60. With this regards, bookings are still essential for WEEKEND MASSES only. Please call or email the Parish office. You can reserve a place for one Mass each weekend and for the following week as well. Should there be no answer, please leave your name and number and we will get back to you. **Until we are back to full swing, following must be observed when attending Mass for the meantime: 1. Sign in with your name, contact number and signature before taking your seat. 2. SPATIAL DISTANCING OF AT LEAST 1.5 METERS FROM EACH OTHER MUST BE OBSERVED. PLEASE SIT ONLY IN MARKED PLACES. 3. Holy communion shall be received on the hand only. Chalice will not be distributed. 6. No Passing of Collection plates - you may drop your envelopes / donations in the designated boxes placed at the side of the entrance door. 7. No Offertory Procession 8. No Sign of Peace, no Holy Water 9.**

Those who are unwell or at high risk due to

compromised immune or respiratory system should not attend, those over 70 should exercise particular caution. *"You can keep Sunday holy by setting aside some time for prayer at home, reading the Scriptures of the day, watching Mass on television or online, and asking God for the graces you would normally received in Holy Communion."* (excerpts from the memo of Bishop Christopher). God Bless, Fr Pale

2020 SACRAMENTAL PROGRAM RESUMES (Please see attached letter)

WORD AND LIFE this week.....

1. **We need to unload our burdens before the Lord.** One of the functions of Worship for many of us is to give us a time for rest and refreshment, when we let the overheated radiators of our hectic lives cool down before the Lord. This is especially true when we unload the burdens of our sins and worries on the altar and offer them to God during the Holy Mass. But whether we are in Church, alone in our quiet spot where we come before God each day, in our homes or in the homes of our friends and neighbours we find that prayer and Christian fellowship bring us the rest and refreshment that we all need so much. Jesus promises rest from the burdens that we carry— rest from the burdens of sins, legalism and judgment, from the weight of anxiety and worry, from the yoke of unrewarding labour and from the endless labour for that which cannot satisfy. The absolution and forgiveness which we have received as repentant sinners take away our spiritual burden as well and enable us to share the joy of the Holy Spirit.

2. **We need to be freed from unnecessary burdens:** Life's greatest burden is not having too much to do, nor having too much to care about because some of the happiest folk are the busiest and those who care the most. Rather the greatest burden we have is our constant engagement with the trivial and the unimportant, with the temporary and the passing and with the ultimately uncontrollable and unpredictable. The issue in life is not whether we shall be burdened but with what we shall be burdened. The question is not "Shall we be yoked?" but "To what and with whom shall we be yoked?" Jesus has no interest in unburdening us from our exaggerated self-esteem or from other modern infatuations which are themselves debilitating burdens so that we will have nothing to carry, no work to do. Instead, Jesus is interested in lifting off our backs the burdens that drain us and suck the life out of us, so that he can place around our necks his own yoke, his burden, that brings to us and to others through us, new life, new energy, new joy. God's incomparable, compassionate forgiveness is a gift that releases us into life with God as responsible human beings who want to grow deeper in love and joyful obedience. We are called, not only to find peace, refreshment and rest for ourselves, but also to live the kind of life through which others, too, may find God's peace, God's refreshing grace, and the joy of placing their lives in God's hands.

PLENARY COUNCIL—SOME CHALLENGES

Due to COVID-19, the Plenary Council will now take place in Adelaide on October 2021 and Sydney in July 2022.

May I offer four challenges and reflections.

1. **A Journey of the Holy Spirit:** The Plenary Council is a work of the Holy Spirit. This means we journey together by way of silence, listening and patient discernment. This is the most important foundation we must all share. Already this journey has taken us over two years. We need to assess how we have fared in this challenge. I would say we have much room for improvement.

2. **Confusion over the word "governance":** The key word "governance" requires greater definition. It has a theological meaning; it is a derivative of our baptism whereby we share in the mission of Christ as Priest (sanctifying), Prophet (teaching) and King (governing). It also has a corporate meaning. Good governance is anchored in administrative processes and protocols alongside essential words like "transparency" and "accountability". The Catholic Church has much to learn from this corporate meaning.

3. **The change in Catholic demographics:** The recently deceased and loved member of the Plenary Council Facilitation Team, Columban priest Fr Noel Connolly, wrote: "By 2050, 80% of Catholics (globally) will live in or trace their origins to the Global South.

"The typical Christian will soon be a poor coloured woman from a shantytown in Kinshasa, Buenos Aires, Manila or some other large city in the majority world... 49% of all Australians are born overseas or have a parent born overseas." We are challenged to do more to engage our huge vibrant Catholic migrant and youth communities.

4. **To agree on evangelisation as the key:** Surely we all agree evangelisation is the key pastoral paradigm of the Plenary Council. Discernment is still required as to how this paradigm is to engage practically our complex Australian evolving culture and those on the periphery of life, especially our First Australians.

BRINGING THE SCRIPTURES TO LIFE

Are you interested in developing your ability to proclaim the scriptures in a way which brings them to life for the listener, simply by telling the story as though we are first-hand witnesses? Please contact the Parish Office at 6495 1880, or email pambula@cg.org.au if you would like to take part in such a workshop, especially those involved in Ministry of the Word.

DATE: Saturday July 18th, 2020

VENUE: Eden Church

OUTLINE OF THE DAY

9.30am	Registration/Morning tea
10am	First Session
11am	Break
11:15	Second Session
12pm	Group Discussion
12:30pm	Third Session
1pm	Q & A

The presenter, Ray Termmerman studied theology and scripture at St Paul's Seminary in Kensington, NSW, 1976-80, then in retirement completed a Masters in Sacred Theology at the University of Winnipeg. He now offers workshops on proclaiming the scriptures. Ray (Catholic) and his wife Fenella (Anglican) are also involved in the Inter-church Families International Network (IFIN). The IFIN encourages couples married across denominational lines to explore together their faiths. Ray administers the Inter-church Families website, <http://interchurchfamilies.org> as well as the international Inter-church Families discussion group at <https://mylist.net/listinfo/aifw/>