

ST. PETER'S CATHOLIC PARISH OF PAMBULA

We sincerely acknowledge the traditional owners and custodians of this land, the Yuin people.

79 Main Street, Merimbula, NSW 2548; (P.O. Box 249)
Tel: (02) 64951880; email: pambula@cg.org.au
Website: www.cg.org.au/pambula

AUGUST 2ND, 2020 EIGHTEENTH SUNDAY IN ORDINARY TIME

CONTACT DETAILS

Parish Office Hours: Wednesday -Thursday 9.30am—1.30pm

Parish Priest: Fr Paletasala (Pale) Leota
Parish Secretary: Mrs Patricia Field
Parish Council Chair: Mrs Bernadette Wood
Lumen Christi College Principal: Mr Shane Giles Tel: 64958888
Liturgy Co-Ordinator: Ms Sue Heffernan
Finance Chair: Mr Neil Ffrench

Our Lady Star of the Sea - Eden
St. Joseph's - Merimbula
St. Peter's - Pambula
St. Joseph's - Wyndham

MASS TIMES

Saturday	5pm	Eden
Sunday	8:30am	Merimbula
	10am	Merimbula
Tuesday	4:30pm	Merimbula
Wednesday	9:30am	Merimbula
Thursday	9:30am	Eden
Friday	9:30am	Merimbula

Reconciliation (Confession)

Saturday 9:30am — 10am Merimbula
Saturday Before Vigil Mass Eden

Sacrament of Baptism:

Welcoming Mass 4th Sat/Sunday of the month prior to Baptism during Mass on 1st Saturday/Sunday of the month. (*Ring Office first for all Baptism Preparation enquiries*)

Weddings: By appointment only (*at least 6 months notice in advance*)

Adoration: First Friday 8:30am Merimbula

Divine Mercy Chaplet & Rosary - Tuesday at 4pm, Prayed at St Joseph's, Merimbula

Feeding the needy Pope Francis remarks:

We find Jesus' wounds in carrying out works of mercy caring for the body of your wounded brother, because he is hungry because he is thirsty because he is naked, because he is humiliated, because he is a slave, because he is in jail, because he is in the hospital. Those are the wounds of Jesus today. And Jesus asks us to take a leap of faith, towards him, but through his wounds in his people today. We need to touch the wounds of Jesus, we must caress the wounds of Jesus, we need to bind the wounds of Jesus with tenderness, and we have to kiss the wounds of Jesus, and this literally. Just think of what happened to St Francis, when he embraced the leper. (*May 2016*)

This is what is behind Jesus' wish to feed the hungry. He feeds bread for physical hunger, but the story of the gospel today is more than bread for hungry people. It is getting fully involved in the lives of those in need. It is the calling of the church: to practise the works of mercy.

Any Christian group, parish or otherwise, tries to reach out to those most in need in their area. Today the hungry need to be fed, refugees and homeless need a home, and those wounded by life need healing. The call of the church is truly to be 'the field hospital' of Jesus and his disciples in the world. Think of someone really sick or poor; see Jesus beside him or her. Pray as you feel drawn.

Give us today, O Lord, and to all our world, our daily bread.

FEASTS OF THE WEEK

August 3 rd	St Dominic, priest
August 4 th	St John Vianney, priest
August 6 th	Transfiguration of the Lord
Saturday 8 th August	St Mary of the Cross Mackillop

READINGS OF THE WEEK

Sunday	Is 55:1-3; Rom 8:35, 37:39; Mt 14:13-21
Monday	Jer 28:1-17; Mt 14:22-36
Tuesday	Jer 30:1-2, 12-15, 18-22; Mt 15:1-2, 10-14
Wednesday	Jer 31:1-7; Mt 15:21-28
Thursday	Dan 7:9-10, 13-14 or 2 Pet 1:16-19; Mt 17:1-9
Friday	Nahum 2:1, 3, 3:1-3, 6-7; Mt 16:24-28
Saturday	1Kg 17:8-16; Col 3:12-17; Mt 6:25-34

ACT OF SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

St. Peter's Parish, Pambula Mission Statement

Our mission as the Christian community of St. Peter's Parish, enlightened and inspired by the Holy Spirit, is to be salt and light through the loving way of our words, actions and respect for the dignity of all, so that others may experience the love of Christ.

UPDATED PARISH MASS GUIDELINES

Starting 1st July 2020, we can now maximise the seating capacity of our Churches. Observing the spatial distancing as required by the government, following are the maximum seating capacity for our respective churches: Merimbula Heads : 74 Eden: 60. With this regards, **bookings are still essential for WEEKEND MASSES** only. Please call or email the Parish office. You can reserve a place for one Mass each weekend and for the following week as well. Should there be no answer, please leave your name and number and we will get back to you. **Until we are back to full swing, following must be observed when attending Mass for the meantime:** 1. Sign in with your name, contact number and signature before taking your seat. 2. SPATIAL DISTANCING OF AT LEAST 1.5 METERS FROM EACH OTHER MUST BE OBSERVED. PLEASE SIT ONLY IN MARKED PLACES. 3. Holy communion shall be received on the hand only. Chalice will not be distributed. 6. No Passing of Collection plates - you may place your envelopes/donations in the designated boxes placed at the side of the entrance door. 7. No Offertory Procession 8. No Sign of Peace, no Holy Water 9. Those who are unwell or at high risk due to compromised immune or respiratory system should not attend, those over 70 should exercise particular caution. *"You can keep Sunday holy by setting aside some time for prayer at home, reading the Scriptures of the day, watching Mass on television or online, and asking God for the graces you would normally receive in Holy Communion."* (excerpts from the memo of Bishop Christopher). God Bless, Fr Pale

THE DIVINE MERCY OF JESUS

3 O'clock Prayer THE HOUR OF GREAT MERCY

Jesus said: Call upon My mercy on behalf of sinners; I desire their salvation. When you say this prayer, with a contrite heart and with faith on behalf of some sinner, I will give that person the grace of conversion.

This is the prayer; **"O Blood and Water which gushed forth from the Heart of Jesus as a Fount of Mercy for us, I trust in you."**

The Divine Mercy Chaplet is prayed before Mass on Sunday and Adoration and Benediction on every First Friday at 8.30am Merimbula Church.

PLANNED GIVING ENVELOPES for this financial year are available in the church today. If your envelope number was over 80 last year, please note you will now have a new number.

- * If any contributor has recently switched their contributions from envelopes to direct debit or bank card, please advise the Parish Office so that your name can be removed from the envelope system.
- * In addition if any Contributor wishes to make the switch and has not yet done so, please let the Parish Office know and they will help you with this change.
- * If you now use the Direct Debit system for planned **PLEASE** do not use your old envelopes as your number Will now change.

Many thanks for your ongoing support and generous contributions. God bless. Fr Pale.

PLANNED GIVING PROGRAM

First Collection: \$371.60; Second Collection: Envelopes \$1027.00 loose \$210.00

Much appreciated. Thanks for your generosity.

Let us pray for and support those who are sick

Ruth Mercieca, Henk Westerlaken, Matthew O'Leary, Glenn Alcock, Danielle Sou, Alex Andrew, David Went, Dawn Lucas, Ros Beveridge, Roy & Joy Bugden, David Fancourt, Penny McEwan, Eric Mangion, Maureen Partridge, Marie Hart, Anselmo Giuffre, Beata Denkiewicz, Irene Spinks, Peter Hamer, Amber Keft.

For the faithful departed or whose Anniversaries occur including

David Luck, Christopher Helby, Daphne McMahon. John Seberry, Caleb Pointon, Tess Rizetti, Ian Thomas, John Seychelles, Robert “Stumpy” Wallis, Anna Marie Weinlich, Christine Fogg, Robert Gianfrotta and Ramira Gomez, Mary D’Arcy, Ananaias Javier Gonzales, Virgilio V. Gonzales, Juana Argamosa Capellan, Frisco Capellan, Otilia Villafane, Jose Villafane, Elizabeth Maxwell.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen

Prayer after Communion: Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith the day of our risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you. O Sacrament Most Holy, O Sacrament Divine. All Praise and All Thanksgiving be every moment thine.

Prayer for Australia. Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

PLENARY COUNCIL PRAYER

Come, Holy Spirit of Pentecost.

Come, Holy Spirit of the great South Land.

O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council.

Give us the grace to see your face in one another and to recognize Jesus, our companion on the road.

Give us the courage to tell our stories and to speak boldly of your truth.

Give us ears to listen humbly to each other and a discerning heart to hear what you are saying.

Lead your Church into a hope-filled future, that we may live the joy of the Gospel. Through Jesus Christ our Lord, bread for the journey from age to age. Amen.

Our Lady Help of Christians, pray for us.

St Mary MacKillop, pray for us



2021 COLUMBAN ART CALENDAR

It is time to order Calendars for next year, if you would like order please ring the parish office 64951880 or email pambula@cg.org.au Cost will be \$9.00 each.

SAINT MARY McKILLOP PILGRIMAGE 8th August 2020

A Very different celebration this year for the Archbishop’s St Mary MacKillop Pilgrimage to Eden. With COVID 19 part of our lives - our Pilgrimage will be different this year. On 8th August, at 12pm Archbishop Christopher will live stream Mass from St Christopher's Cathedral in Canberra.

With social distancing we will meet together in the Eden Church to watch and pray together this Mass to honour our special Australian Saint. 2020 also marks 10 years since Mary was canonised by Pope Benedict XVI

In Eden we will gather at 11.30 am for prayers before Mass commences. We will receive Communion during Mass. You must register at the Parish Office.

After Mass we will enjoy a cup of tea together weather permitting. For those unable to attend physically - please join us online. faithful – in this case their physical health



Choirs urged to be cautious over COVID-19

29 July 2020

The group that advises the Australian Catholic Bishops Conference on liturgical music has urged parishes and dioceses to review local health and government advice when deciding on the return of choirs.

The experience of choirs overseas suggests that COVID-19 can be spread easily within choirs, with large outbreaks in Europe and the United States traced back to choir members. In some instances, as many as 90 percent of choir members were infected after practices or performances. Experts explain that aerosols – tiny clumps of liquid or solid particles people create when they breathe, talk or cough – transmit COVID-19 from an infected person to others. **When people sing, the associated deep breathing and the projection of one’s voice amplify the number of aerosols created.**

After a number of enquiries were received in Australia, the National Liturgical Music Council was asked to provide advice to bishops and dioceses on the resumption of choirs. That advice was sent to bishops on **July 28**.

“The resumption of choral ministries within liturgical celebrations in your region, diocese or parish will depend on the level of response required to comply with official government advice currently operative in your location,” the advice stated. *(no singing)*

“Recent studies have indicated that the virus can be spread easily among groups singing in close proximity during rehearsals, concerts or liturgies.

“Before recommencing choral ministries in your region, diocese or parish, official government advice regarding what it considered safe behaviour in your locale must be considered carefully and complied with fully.”

The Council went on to say that while adherence with local government advice might see **the ongoing suspension of choral music in liturgical settings, that need not mean a cessation of liturgical music.**

“All liturgies should continue to include music as a normal element of celebrations, and musical leadership should be provided in the form of (at minimum) a **trained cantor and accompanist to support the song of the assembly,**” the Council suggested.

Paul Taylor, director of the Bishops Conference’s National Liturgy Office, said where congregational singing has resumed, the current social distancing requirements for public worship help limit the spread of COVID-19 through aerosol transmission.

Archdiocesan Protocols for Coronavirus (COVID-19)

Reception of Holy Communion in the Hand

The protocols for reception of Holy Communion that the Archdiocese has adopted are informed by the best medical expertise. In issuing these protocols, the Archbishop has acted according to Canon 837 of the Code of Canon Law which recognises that liturgical actions are “celebrations of the Church itself as the ‘sacrament of unity,’ that is, the holy people united and ordered under the bishops.”

The sensitive issue of asking all members of the faithful to receive Holy Communion in the hand – and not on the tongue – is in accord with sound reason, unity in our communities and the good of the faithful – in this case their physical health.

With social distancing we will meet together in the Eden Church to watch and pray together this Mass to honour our special Australian Saint. 2020 also marks 10 years since Mary was canonised by Pope Benedict XVI

Given the living tradition of the Church, which highlights the most ancient practice of receiving Holy Communion in the hand, the Archbishop has the authority to instruct the faithful to receive Holy Communion in the hand during this time of Pandemic, with no exceptions.

From the earliest of times, the Church has always honoured our Eucharistic Lord with deep, and somewhat graphic faith, combined with practical piety. For instance, St. Cyril (313-386), in commenting on a 1st Century church document, teaches:

In approaching Holy Communion, come not with your wrists extended, or your fingers spread, but make your left hand a throne for the right, as for that which is to receive a King. Receive the Body of Christ, saying over it, Amen. So then after having carefully hallowed your eyes by the touch of the Holy Body, partake of it. Be careful lest you lose any portion of it, for whatever you lose, is evidently a loss to you as it were from one of your own members.

Then after you have partaken of the Body of Christ, draw near also to the Cup of His Blood, not stretching forth your hands, but bending and saying with an air of worship and reverence, Amen. And while the moisture is still upon your lips, touch it with your hands, and hallow your eyes and brow and the other organs of sense. Then wait for the prayer, and give thanks unto God, who has accounted you worthy of so great mysteries (Catechetical Lecture 23).

The faithful should be assured that in receiving Communion in the hand they are acting in accord with past generations of believers.

Father Anthony Percy VG July 2020

REFLECTION by Dianne Bergant CSA

Jesus nourishes us. In a world that is fraught with meaninglessness, he offers purpose; to a world that is stumbling in darkness and confusion, he provides direction. He satisfies the hungry heart; he enlivens the drooping spirit. Those who follow Jesus will never be left to languish in the desert. If we but open our eyes, we will be amazed at the bountifulness of the nourishment that is provided for us. We will discover that God is magnanimous, even prodigal in giving, that God's generosity exceeds all of our expectations and also our understanding.

Furthermore, we are nourished by God through the ministry of each other, through the simple things of life, (distributing bread and gathering up the fragments): visiting the sick and consoling the grieving; caring for a child and giving aid to an elder; bagging groceries and directing a choir. If we but open our eyes, we will be astounded at how ordinary actions can satisfy our hunger and the hunger of others.

Most amazing of all is that this nourishment is given freely; there was no thought of requiring payment. God simply invites: Come! All we have to do is reach out our hands to receive and we will never be sent away to find nourishment for ourselves. We will discover that a bond is established that endures. Jesus is filled with compassion, a compassion that is not a fleeting emotion, but an enduring attitude. Nothing can separate us from the love of Christ.



National Vocations Awareness Week – This is a week for the entire Church to consider, support and pray for those searching for their vocations in life. We might think about and pray for the young people in our community and in our families this week especially. In prayer, ask the Lord to enlighten them and give them the grace and courage to respond to His call. The Lord calls each of us to a particular vocation (marriage, consecrated life, priesthood or a single life of service).

DO YOU WANT TO LEARN MORE ABOUT THE BIBLE?

If so please join us at 1 pm every Monday in the Parish Centre Merimbula. Everyone is welcome!

For more information contact Trevor Cooper 043800500262

SACRAMENT OF FIRST EUCHARIST ENROLMENT MASS – 8th/9th August

Children preparing for this Sacrament will commit to their preparation and pray for the support of their families, teachers and the parish community. The Sacrament of First Eucharist will be made on Wednesday 16th & Thursday 17th of September at 6:30pm after making their First Reconciliation on 3rd/10th September which has been postponed since March due to pandemic restrictions.

