

PARISH NEWS

New Life in God's Spirit seminar

Are you hungry for a deeper encounter with Jesus? Come to the New Life in God's Spirit seminar for an opportunity to activate the gifts of the Holy Spirit you received at your Baptism! The seminar runs each Wednesday evening, 7pm-9pm, from Weds 28 July to Weds 15 September 2021. The evenings include praise and worship, talks, testimonies, sharing groups, prayer ministry and fellowship. The seminar is free, and the talks will be presented by priests from our Archdiocese and members of the Good Shepherd prayer group. Held at St Peter Chaneles Catholic Church, Weston Street, Yarralumla ACT. All welcome!

PARISH OFFICE HOURS:

Tues – Fri 9am - 12pm

WEEKEND MASS TIMES: WEEKDAY MASS TIMES:

Saturday 6pm (Vigil)	Tuesday 5.30pm
Sunday 9am (Streamed via Facebook)	Wednesday 12.30pm
	Thursday 5.30pm
Sunday 6pm (Charismatic Mass)	Friday 5.30pm (Healing Mass)
Sunday 6pm Youth Mass (Fourth Sun of the Month)	Saturday 8.00am

RECONCILIATION:

Friday following Healing Mass from. 6:15-7pm
Saturday 5pm – 5.30pm or by appointment

PRAYER OF THE CHURCH:

Every 3rd Friday Padre Pio 5pm
Every Saturday 7.30am

ROSARY:

After the weekday Masses & Saturdays after 8.00am Mass
Thursdays – 7.00pm (during May & October)

BAPTISMS: during Weekend Masses or by appointment

WEDDINGS: By appointment

ANOINTING OF THE SICK:

During the 5.30pm Mass on first Fridays,
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month

EUCCHARISTIC ADORATION

Monday 6am – 9pm **Tuesday** 6am – 9pm
Wednesday 6am – 9pm **Thursday** 6am – 10pm
Friday 6am – midnight **Saturday** 12am – 8am

****hours may vary should the use of the Church be required**

Hearing Loop is located in the right Centre rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

ST BENEDICT'S WORSHIP GROUP gathers after Thursday evening 5.30pm Mass for an hour of rosary, adoration, worship and intercession. All welcome.

Recently Deceased: Fr Brian Maher; Elizabeth from L'Arche Community; Noeleen Carrick, Otis Evans; Elaine French; Jan Leyden; John Brown.

Anniversaries: Maria Bahamondes, Clarence Becker, William Brennan, Immacolata Bunopane, Margaret Carton, Christine Chang, Greg Collins, Renato Franco, Lino Lanza, Melchiorre Montagner, Elizabeth Robertson, Evelyn Ross, Frances Rowlands, Veronica Walton.

Other Celebrations:

Our Sick: Germaphi, Leita Barron, Lorraine Davis, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Dorothy Lamb, Flora Arias, Pat Atkins, Carol Rees, Mathew, Jindalee & Mt View residents, Fr Laurie Blake; Mark Ransom; Agostino Luongo, Pamela Brown .

ROSTER FOR THIS WEEKEND 31 July & 1 August 2021

	Sat 6 pm	Sun 9am
Welcomers	Louise Gaudry	Shiro Kinyanjui
Readers	Don Jeffery & Helen Bennett	Paula Keating & Julie Douglas
Presentation of the Gifts	Jane Camilleri & Noreen Dick	Not required
Eucharistic Ministers	Noreen Dick	Maralyn Molyneux
Flowers, Altar Cleaning	Maria & John Michas	
Church Cleaners	Rita Caputo & Loreena D'Silva	
Mt View	Carmel Henry	
Jindalee	MGL Narrabundah & Cathy Taylor	

READINGS & ROSTER FOR NEXT WEEKEND 7 & 8 August 2021

	1 ST READING 1Kg 17:18-16;	2 ND READING Col 3:12-17;	GOSPEL Mt 6:25-34
	Sat 6 pm		Sun 9am
Welcomers	Anna Pace		Alma Burg
Readers	Robert Booth & Marlene Keir		Philippe Moncuquet & Coline Moncuquet
Presentation of the Gifts	BA Daly		Not required
Eucharistic Ministers	Brian Barron		Barry Murphy
Flowers, Altar Cleaning	Margie Avellino, Anne Hobday & Loretta Thomas		
Church Cleaners	Ian Smith & Amir		
Mt View	MGL Garran		
Jindalee	MGL Garran		

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number : (02) 6239 6772

Email: Narrabundah@cg.org.au

Website: <http://cg.org.au/narrabundah/Home.aspx>

Fr Rembert Fernando MGL (Administrator)

Fr Baiju Thomas MGL (Mission Centre Director)

Onela Iruthayaraj (Parish Secretary)

Cathy Schneider (Finance Officer Wednesday 8.00am—12midday)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

18th Sunday in Ordinary Time Year B 31 July & 1 August 2021

Eucharistic Adoration

Vacant hours that urgently need an adorer this week:

- Tuesday 8am-9am Wednesday 7-8am, 11-12pm
- Thursday 7am-10am Friday 11am-12pm

If you would like to join the Adoration roster please contact: Anne Sutherland 0413 203 901, or Kathy Miller 0407 203 803.

Census/Planned Giving

We would be grateful if the census/planned giving forms are returned to the office as soon as possible. We are grateful for the generous financial support you have given over the last year, however if you are not able to contribute at this time, please still fill in your name and contact details and leave the rest of the form blank. For those who might be able to increase their giving by even \$2.00 per week for the coming Financial Year, this would be of immense help to the Parish. Be assured of our love and prayers, Fr Rem (on behalf of the PFC and PPC)

WwVP Cards

The ACT government automatic extension due to the

COVID crisis for WwVP cards has come to an end. If your card expired last year you were issued with an automatic one year renewal but any card expiring after the end of May needs to be renewed. The parish office needs to have a copy of your updated cards as you get them. It is an **fineable offense** to partake in visitation ministry without a valid WwVP card.

St. Benedict's Mission Foundation day

St. Benedict's celebrates the Mission Foundation day on 1st of August, after the 6pm charismatic mass there will be a celebration in the parish centre. You are most welcome to join.

Multicultural Mass

At St. Benedict's Church, Narrabundah On 22 August, at 9 AM. Followed by the Morning Tea Please bring a plate!

Message for Parish volunteers.

We are in need of volunteers to help in the parish office as well as a sacramental coordinator/ youth coordinator. If you are interested please contact the parish office. Please also ensure your current Working with Vulnerable Peoples card (WWVP) is registered at the Parish Office.

Sacraments

Our school children are preparing to celebrate the sacrament of Confirmation, a major step in their faith lives as they prepare to receive the Gifts of the Holy Spirit. So let us keep them and their families in our prayers.

St Benedict's Social Group

invites all parishioners to: morning tea after 9.00am Mass this weekend (Sunday 1 August) in the Parish Centre. Also join together on Thursday 12th August at 10.30 for coffee at Gryphon's at the Griffith shops.

Olympic gold medallist

Diaz, a 30-year-old air force sergeant, lifted not just 224 kilograms to win in her 55kg class, but lifted the spirits of a nation by ending the Philippines' 97-year wait for Olympic gold after competing at the Games since 1924. She praised God and lifted up Our Lady's Miraculous Medal from around her neck while repeatedly shouting "Thank You, Lord." Diaz spoke at a media conference afterwards and explained the significance of the Miraculous Medal. "It is a sign of ... my faith to Mama Mary and Jesus Christ," she said.

Resuming RCIA program

St. Benedict's Parish is planning to resume our RCIA program for those who are interested in becoming Catholics at Easter. If you know anyone who is interested in that please ask them to contact the Parish office.

18th Sunday in Ordinary Time Year B

31 July & 1 August 2021

Sunday 1 August 2021

18 Sunday in OT Year B.

First reading

Exodus 16:2-4,12-15

The Lord sends manna from heaven

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

Responsorial Psalm

Psalms 77(78):3-4,23-25,54

The Lord gave them bread from heaven.

The things we have heard and understood,
the things our fathers have told us,
these we will not hide from their children
but will tell them to the next generation:

The Lord gave them bread from heaven.

the glories of the Lord and his might
and the marvellous deeds he has done,
Yet he commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven.

The Lord gave them bread from heaven.

Mere men ate the bread of angels.
He sent them abundance of food;
So he brought them to his holy land,
to the mountain which his right hand had won.

The Lord gave them bread from heaven.

Second reading

Ephesians 4:17,20-24
Put aside your old self and put on the new

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

Gospel Acclamation

Matthew 4:4

Alleluia, alleluia!

**No one lives on bread alone,
but on every word that comes from the mouth of God.**
Alleluia!

Gospel

John 6:24-35

It is my Father who gives you the bread from heaven; I am the bread of life

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

Jesus answered:

'I tell you most solemnly,
you are not looking for me because you have seen the signs
but because you had all the bread you wanted to eat.
Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered:

'I tell you most solemnly,
it was not Moses who gave you bread from heaven,
it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.
He who comes to me will never be hungry;
he who believes in me will never thirst.'