

PARISH NEWS

Request for volunteers to clean the Church

Recently a few of our wonderful volunteers who clean the Church have had to step back. If any parishioners have the time to volunteer to clean the Church for two hours on a Saturday morning (approximately once every 4 weeks), please contact the Parish office to be placed on the roster.

The Liturgical rosters: There are currently some vacancies in the parish rosters. If you would like to volunteer or make changes to your current availability please contact the Parish office. Narrabundah@cg.org.au

Catholic Mission: Pre-Lent Appeal

Working tirelessly to support children and communities in most need, religious sisters are integral to the missionary Church. From catechism and teaching maths and physics, to doing home visitations and distributing food supplies throughout the pandemic, Teresa and the Salesian Sisters in Cambodia and Myanmar have been critical in supporting the communities they serve. You can help faith-filled women like Teresa complete their preparation as novices so they will become effective Church leaders for their communities.

You can learn more about Teresa and how you can support novices like her by scanning the QR code, going online to catholicmission.org.au/faith, or calling our friendly team on 1800 257 296.



Evenings for the Engaged

A marriage preparation course run over two consecutive Saturdays on 29 January and 5 February, 9am-3.30pm in Murrumbateman. \$150 includes catering and resources. Presented by married couples and a Priest. Time provided for couple to discuss topics privately. Register at www.marriagefamily.org.au. Enquiries 0451 670 041 prugordon@gmail.com.

Pastoral and Spiritual Care Training

Is your New Year's Resolution to try something new? Maybe it's to get more involved in the community? Then why not combine both by enrolling in a Clinical Pastoral Education (CPE) Introductory Course. This 5 day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. It runs on 5 Wednesdays from Mar 2 to Mar 30, 9-5pm in Queanbeyan and costs \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon. Please contact Susanne Schmidt for enrolment on 0431 243 486 or at susannecpe@gmail.com

Let us pray for those in our parish

Recently Deceased: George Wyer, Sr M Andre Guthrie, RSJ (Goulburn); Heinrich Frank; Marvel Nobleza; Dorothy Lamb, Ignacio Serrano.

Anniversaries: Rosa Gallace, Leo Keir, David Stephenson, Donald Burnheim, Silvano Busechian, Mavis Donoghoe, Joseph Kociolek, Madge McGann, John O'Reilly.

Other Celebrations:

Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Fr Laurie Blake, Mark Ransom, Pamela Brown, Caroline Evans.



READINGS & ROSTER FOR THIS WEEKEND 29 & 30 January (4th Sunday in Ordinary Time)

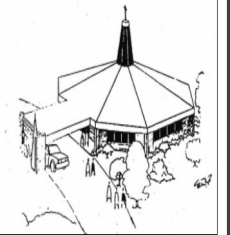
	Sat 6pm	Sun 9am
Welcomers	Carmel and Peter Pistor	Barry Murphy
Readers	Moira Najdecki H Bramanathan	Christopher Ruzario Asterie ToNiyonsenge
Presentation of the Gifts	Nick & Maria Marzano	
Eucharistic Ministers	Caroline Evans	Julie Douglas
Flowers, Altar Cleaning	Claudine Smith, Louise Gaudry & Margie Arvellino	
Church Cleaners	Loreena D'Silva & Nhung Booth	
Mt View		
Jindalee		

ROSTER FOR NEXT WEEKEND 5 & 6 February (5th Sunday in Ordinary Time)

	Sat 6pm	Sun 9am
1ST READING Is 6:1-2,3-8	2ND READING 1 Cor 15:1-11	GOSPEL Lk 5:1-11
Welcomers	Louise Gaudry	Shiro Kinyanjui
Readers	Don Jeffery Helen Bennett	Paula Keating Julie Douglas
Presentation of the Gifts	Jane Camilleri Noreen Dick	
Eucharistic Ministers	Noreen Dick	Maralyn Molyneux
Flowers, Altar Cleaning	Margie Arvellino, Claudine Smith & Louise Gaudry	
Church Cleaners	John Murray & Shruti Ruzario	
Mt View		
Jindalee		

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number: (02) 6239 6772

Email: Narrabundah@cg.org.au

Website: <http://cg.org.au/narrabundah/Home.aspx>

Parish Team:

Fr Rembert Fernando MGL (Administrator)

Fr Baiju Thomas MGL (Mission Centre Director)

Ellen Thomas (Parish Secretary)

Cathy Schneider (Finance Officer, Wednesday 8.00am—12midday)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

Jeremiah Wilkes (Youth Minister)

4th Sunday in Ordinary Time 29 & 30 January 2022

PARISH OFFICE HOURS:

Tues – Fri 9am - 12pm

WEEKEND MASS TIMES: WEEKDAY MASS TIMES:

Saturday 6pm (Vigil)	Tuesday 5.30pm
Sunday 9am	Wednesday 12.30pm
Sunday 6pm (Charismatic Mass)	Thursday 5.30pm
Sunday 6pm (Youth Mass) – (Fourth Sun of the Month)	Friday 5.30pm (Healing Mass) Saturday 8.00am

RECONCILIATION:

Friday following Healing Mass from 6.15pm-7pm
Saturday 5pm-5.30pm or by appointment

PRAYER OF THE CHURCH:

Every 3rd Friday Padre Pio 5pm
Every Saturday 7.30am

BAPTISMS: during Weekend Masses or by appointment

WEDDINGS: By appointment

ANOINTING OF THE SICK:

During the 5.30pm Mass on first Fridays,
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month

Adoration daily hours:

(Closed 18 Dec – 30 Jan)

Monday 6am-10pm	Tuesday 6am-10pm
Wednesday 1pm-10pm	Thursday 1pm-10pm
Friday 6am to Saturday 8am	

Hearing Loop is located in the right centre rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

ST BENEDICT'S WORSHIP GROUP gathers after Thursday evening 5.30pm Mass for an hour of adoration, worship and intercession. All welcome.

God's Word reflection: In today's beautiful passage from the first letter to the Corinthians, Paul speaks of the wonders of love—the love which is always patient and kind, which is always ready to forgive, which delights in the truth, and which does not come to an end. As such, love, in its purified form, reflects the character of the divinity, the essence of God himself. Each of us has experienced and participated in love in some way or another. It is a universal and even constitutive part of our human condition. But human love is often marred by possessiveness, inconstancy, lust or insecurity, and is therefore but an imperfect image of heavenly love. Yet it remains always an authentic and genuine (if, at times, somewhat tarnished) reflection of God's love and a manifestation of the divine essence which is itself love. Let us not be afraid to love ardently and passionately, all that is noble, beautiful and true. Far in whomever and whatever we love, it is God himself who is ultimately both the lover and the beloved.

Out of lockdown

Dear brothers and sisters, great news! Masses have recommenced at the usual times. **170 people** are able to attend each Mass in person. Please follow social distancing and sanitise before entry. Face mask are mandatory indoors for those 12 years and above. Parishioners are not required to produce evidence of vaccination. **Upon entry please sign in using the CBR app, if you are unable to do so please use the sign in sheets that are available.** There is also a Check In CBR card available for those without the app: call **13 22 81**. If you are unwell due to immunity issues it is better to stay home.

The Adoration roster will recommence on Monday 31 January. Thankyou all for your prayerful support and look forward to seeing you again at the end of January. Anne Sutherland 0413203901.

4th Sunday in Ordinary Time Year C

30 January 2022

First reading Jeremiah 1:4-5,17-19

In the days of Josiah, the word of the Lord was addressed to me, saying:

‘Before I formed you in the womb I knew you; before you came to birth I consecrated you; I have appointed you as prophet to the nations.

‘So now brace yourself for action.

Stand up and tell them all I command you.

Do not be dismayed at their presence, or in their presence I will make you dismayed.

‘I, for my part, today will make you into a fortified city, a pillar of iron, and a wall of bronze to confront all this land:

the kings of Judah, its princes, its priests and the country people.

They will fight against you but shall not overcome you, for I am with you to deliver you – it is the Lord who speaks.’

Responsorial Psalm 70:1-6,15,17

R: I will sing of your salvation

In you, O Lord, I take refuge;
let me never be put to shame.

In your justice rescue me, free me:
pay heed to me and save me.

R/-

It is you, O Lord, who are my hope,
my trust, O Lord, since my youth.

On you I have leaned from my birth,
from my mother’s womb you have been my help. **R/-**

Be a rock where I can take refuge,
a mighty stronghold to save me;
for you are my rock, my stronghold.

Free me from the hand of the wicked. **R/-**

My lips will tell of your justice
and day by day of your help.
O God, you have taught me from my youth
and I proclaim your wonders still. **R/-**

Second reading 1 Corinthians 12:31-13:13

Be ambitious for the higher gifts. And I am going to show you a way that is better than any of them.

If I have all the eloquence of men or of angels, but speak without love, I am simply a gong booming or a cymbal clashing. If I have the gift of prophecy, understanding all the mysteries there are, and knowing everything, and if I have faith in all its fullness, to move mountains, but without love, then I am nothing at all. If I give away all that I possess, piece by piece, and if I even let them take my body to burn it, but am without love, it will do me no good whatever.

Love is always patient and kind; it is never jealous; love is never boastful or conceited; it is never rude or selfish; it does not take offence, and is not resentful. Love takes no pleasure in other people’s sins but delights in the truth; it is always ready to excuse, to trust, to hope, and to endure whatever comes.

Love does not come to an end. But if there are gifts of prophecy, the time will come when they must fail; or the gift of languages, it will not continue for ever; and knowledge – for this, too, the time will come when it must fail. For our knowledge is imperfect and our prophesying is imperfect; but once perfection comes, all imperfect things will disappear. When I was a child, I used to talk like a child, and think like a child, and argue like a child, but now I am a man, all childish ways are put behind me. Now we are seeing a dim reflection in a mirror; but then we shall be seeing face to face. The knowledge that I have now is imperfect; but then I shall know as fully as I am known.

In short, there are three things that last: faith, hope and love; and the greatest of these is love.

Gospel Acclamation Luke 4:18

*Alleluia, alleluia!
The Lord sent me to bring Good News to the poor
and freedom to prisoners.
Alleluia!*

Gospel Luke 4:21-30

Jesus began to speak in the synagogue: ‘This text is being fulfilled today even as you listen.’ And he won the approval of all, and they were astonished by the gracious words that came from his lips. They said, ‘This is Joseph’s son, surely?’

But he replied, ‘No doubt you will quote me the saying, “Physician, heal yourself” and tell me, “We have heard all that happened in Capernaum, do the same here in your own countryside.”’

And he went on, ‘I tell you solemnly, no prophet is ever accepted in his own country.

‘There were many widows in Israel, I can assure you, in Elijah’s day, when heaven remained shut for three years and six months and a great famine raged throughout the land, but Elijah was not sent to any one of these: he was sent to a widow at Zarephath, a Sidonian town. And in the prophet Elisha’s time there were many lepers in Israel, but none of these was cured, except the Syrian, Naaman.’

When they heard this everyone in the synagogue was enraged. They sprang to their feet and hustled him out of the town; and they took him up to the brow of the hill their town was built on, intending to throw him down the cliff, but he slipped through the crowd and walked away.