

St Benedict's Catholic Church

In the care of the Missionaries of God's Love

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number : (02) 6239 6772

Email: Narrabundah@cg.org.au

Website: www.cg.org.au/narrabundah

Parish Team:

Fr Dan Benedetti MGL (Parish Priest)

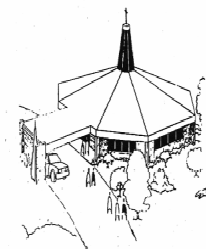
Fr Baiju Thomas (Mission Centre)

Fr Rembert Fernando MGL (Asst Priest)

Monica Nulley-Valdes (Parish Secretary)

Karina Widjaja (Finance Officer)

Adrian Wellspring (Spiritual Direction & Personal Vocation)



Fifth Sunday of Lent 28 and 29 March 2020

Message from Father Dan

Dear brothers and sisters,

this morning (Saturday) at 4am we gathered in the MGL Narrabundah Chapel to join the Holy Father, Pope Francis, Live as he prayed at St Peters for a special **Urbi et Orbi blessing**. Its difficult to describe the experience I had, deep peace, deep faith, deep hope and deep love. St Peter's Square was empty and rain fell steadily. Pope Francis was a lone figure in the light. The Gospel of Jesus calming the storm was read and the homily was both comforting and challenging. He spoke about finding peace, hope and solidarity in the storm we are in today. Everything seems lost and "we are going down" but Easter brings us the Cross by which we have been embraced and redeemed. This is a consoling embrace. "Have you no faith?" yes our faith is weak but he calls us not to be afraid. As St Peter knew, we too know that He cares for us and will not abandon us to the tempest. The Holy Father calls us in these days to a deep Spiritual Communion. After the Pope had Adoration of the Blessed Sacrament he blessed the World with the Host in the Monstrance. We received the blessing on behalf of all our Communities and loved ones.

Tomorrow morning at 10am you are invited to join us for our **Sunday Parish Mass** via our Facebook page: "St Benedict's Parish and Mission Centre" and join in that "Spiritual Communion" (Please find the Spiritual Communion Prayer on the back page of the bulletin). If you know elderly people who don't have this technology you may be able to help them out so they can join with us.

At this stage, the **Parish Office remains open** at the normal times and we will post the Newsletter on the website. If there is anyone you know who doesn't have internet access please let us know at narrabundah@cg.org.au and we can print a copy of the bulletin for them.

If you or anyone you know needs help or just a chat please contact the Parish Office or our Parish Emergency number: **62396772**.

We are working on ways of keeping in touch and supporting the elderly and vulnerable (a big thanks to the MGL Sisters who have been continuing their Visitation Ministry by ringing our regular people we visit).

If you need to please call the **Help lines** available, they can bring support at difficult times .Let's continue to reach out and care for each other.

Frs Baiju, Rem and I are offering Private Masses in our chapel for this situation and for our St Benedict's Community, and we invite you to make a "**Spiritual Communion**" with the Lord and with us.

We will stream live from the MGL Narrabundah Chapel our **Tuesday, Wednesday and Thursday Masses at 5:30pm on the Facebook Page**.

The Missionaries of God's Love at Garran will be live streaming daily Masses from their Facebook page, "Missionaries of God's Love", particularly the Healing Mass on Fridays at 5:30pm and also the Charismatic Mass at 6pm on Sunday Evenings.

Our Archdiocese is streaming daily Masses from the Archbishop's Chapel at:

<https://www.catholicvoice.org.au/mass-online/>

We are still working out ways of making Confession and Adoration available, our MGL Parish in Melbourne has successfully been having both in their Carpark. More news to follow.

Be assured of our love and prayers, let's continue to pray and grow in faith, hope and love.

St Benedict pray for us.

Frs Dan, Baiju, Rem, Ken, Chris & Dave (MGLs)

Fifth Sunday of Lent

28 and 29 March 2020

FIRST READING

Ezekial 37:12-14

I shall put my spirit in you, and you will live

The Lord says this: I am now going to open your graves; I mean to raise you from your graves, my people, and lead you back to the soil of Israel. And you will know that I am the Lord, when I open your graves and raise you from your graves, my people. And I shall put my spirit in you, and you will live, and I shall resettle you on your own soil; and you will know that I, the Lord, have said and done this – it is the Lord who speaks.

RESPONSORIAL PSALM

Psalm 129(130)

With the Lord there is mercy, and fullness of redemption.

Out of the depths I cry to you, O Lord,
Lord, hear my voice!
O let your ears be attentive
to the voice of my pleading.

If you, O Lord, should mark our guilt,
Lord who would survive?
But with you is found forgiveness:
for this we revere you.

My soul is waiting for the Lord.
I count on his word.
My soul is longing for the Lord
more than watchman for daybreak.
Let the watchman count on daybreak
and Israel on the Lord.

Because with the Lord there is mercy
and fullness of redemption,
Israel indeed he will redeem
from all its iniquity.

SECOND READING

Romans 8:8-11

The Spirit of him who raised Jesus from the dead is living in you

People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

GOSPEL ACCLAMATION

John 11:25,26

Glory and praise to you, Lord Jesus Christ!

I am the resurrection and the life, says the Lord;
whoever believes in me will not die forever.

Glory and praise to you, Lord Jesus Christ!

GOSPEL

John 11:3-7,17,20-27,33-45

I am the resurrection and the life

Mary and Martha sent this message to Jesus, 'Lord, the man you love is ill.' On receiving the message, Jesus said, 'This sickness will end not in death but in God's glory, and through it the Son of God will be glorified.' Jesus loved Martha and her sister and Lazarus, yet when he heard that Lazarus was ill he stayed where he was for two more days before saying to the disciples, 'Let us go to Judaea.' On arriving, Jesus found that Lazarus had been in the tomb for four days already. When Martha heard that Jesus had come she went to meet him. Mary remained sitting in the house. Martha said to Jesus, 'If you had been here, my brother would not have died, but I know that, even now, whatever you ask of God, he will grant you.' 'Your brother' said Jesus to her 'will rise again.' Martha said, 'I know he will rise again at the resurrection on the last day.' Jesus said: 'I am the resurrection and the life. If anyone believes in me, even though he dies he will live, and whoever lives and believes in me will never die. Do you believe this?' 'Yes, Lord,' she said 'I believe that you are the Christ, the Son of God, the one who was to come into this world.' Jesus said in great distress, with a sigh that came straight from the heart, 'Where have you put him?' They said, 'Lord, come and see.' Jesus wept; and the Jews said, 'See how much he loved him!' But there were some who remarked, 'He opened the eyes of the blind man, could he not have prevented this man's death?' Still sighing, Jesus reached the tomb: it was a cave with a stone to close the opening. Jesus said, 'Take the stone away.' Martha said to him, 'Lord, by now he will smell; this is the fourth day.' Jesus replied, 'Have I not told you that if you believe you will see the glory of God?' So they took away the stone. Then Jesus lifted up his eyes and said: 'Father, I thank you for hearing my prayer. I knew indeed that you always hear me, but I speak for the sake of all these who stand round me, so that they may believe it was you who sent me.' When he had said this, he cried in a loud voice, 'Lazarus, here! Come out!' The dead man came out, his feet and hands bound with bands of stuff and a cloth round his face. Jesus said to them, 'Unbind him, let him go free.' Many of the Jews who had come to visit Mary and had seen what he did believed in him.

PARISH NEWS

SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Catholic Military Ordinariate Anzac Day Mass

Cancelled: Given the Commonwealth Government's directives in response to COVID-19, The Catholic Diocese of the Australian Military Services has decided to cancel the National ANZAC Day Mass that was to be held at St Christopher's Cathedral on 25 April 2020. We too are mindful of the wellbeing of our veterans and the wider communities at this time, and fully support the Government's initiatives in response to the ongoing threat of COVID-19. We thank you for your ongoing support for the National ANZAC Day Mass. Whilst we recognise there will be no Mass at the Cathedral on ANZAC Day, we will remember with great devotion the supreme sacrifice paid by so many for the freedom of our country.

Amicus gatherings: In the interest of AMICUS, our members, their families and the wider community we are suspending all AMICUS activities until further notice when this Coronavirus emergency is no longer a threat to us all. We look forward to resuming again then.

As A Parish Let Us Pray For...

Our Sick: Frank Smith, Lyn Walker, Louis & Pam Pini, Anthony, Clem Dick, Dorothy Lamb, Lorraine Davis, Mathew, Noeleen Carrick, Flora Arias, Pat Atkins, Helen French, Carol Rees, Rhys Evans, Jindalee & Mt View residents.

Recently Deceased & Anniversaries: Antonia Martin, Lino Lanza, Alberto Alfredo Bonansea, Ian Patterson, Marie-Josepha Mukankuranga, Rosa and Ilario Gallace, Tom Daly, Cyril Power, Margaret Burnell, Ruth Uwimana, Fred Martin, George Douglas, Patsy Wyer, Stanley Marris, Merle Taylor, Betty O'Brien, Zeta Evans, Brian Power, John Agius, Joyce Cremer, Gerry Agnew, Ray Coppin, Ellen Brennan, Sr Zita Barron, Pat Evans, Joan Evans, William Smith, Athol Knight, Beth Moran, Clare Drinkwater, Ian Smith & family, Heather Daly, John De Freitas, Louis Camilleri, Jim Kirkman, Barbara Jeffery, Edna Keir, Lawrence Power, Barrie Marshall, Sam & Nina Agius

Marian Statue: If you would like to have Our Lady in your home, please write your name and contact details in the "Marian Statue" record book which will live on a table in the confessional. It will then be your responsibility to coordinate the exchange of Our Lady with the previous custodian. We ask that visits be kept to around 2 weeks duration. If there is nobody next on the list, please keep her safely with you until somebody requests a visit! If you have any questions or any issues arise, please contact Ingrid Kensey on 0401 489 525 or ingridparker86@gmail.com

*St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country*