St Benedict's

St Benedict's Catholic Church, Narrabundah

30th Sunday in Ordinary Time



Coming up:

Bible Study 28 Oct Alive Praise Night 30 Oct **Healing Mass for Infant Loss** 7 Nov

Community and Vision















Thank you to all involved on the day! What a fantastic day!





Events and Announcements



Congratulations to Holy Communion Recipients

Congratulations to Elsie and Zoe for making their First Holy Communion this Sunday. Please keep them both in your prayers as they continue the journey of faith!



Men's Sharing Group

All men are welcome to Men's Sharing Group that occurs fortnightly in the Parish Centre. The next meeting will be on the Tuesday 28th of October starting at 7:30pm. For more info, contact John via the Parish Office.



Join Our Parish Roster for November-January!

It's that time again! We're putting together the next Parish Roster for November 2025 - January 2026, and we'd love to hear from you! We are seeking both current and new volunteers to assist, particularly during our Weekend Masses. Roles include readers, offertory helpers, Eucharistic Ministers, musicians, welcomers, and church cleaners. If you can help, please email the Parish Office at narrabundah@cg.org.au with your availability, the ministry or role you'd like to assist with, and a scanned copy of your WWVP card. To be included in the next roster, please submit your details by Thursday, 24 October.



Mass and Healing Night with Fr Rozo Palic

Join us for a special evening with Fr Rozo Palic, visiting from Croatia, on Wednesday, 29 October at St Benedict's. The night will begin with Mass at 6:30pm, followed by a talk and healing prayer ministry. All are warmly invited to come and encounter God's healing love and grace.



ALIVE Praise Night | 7:00pm

Join us for our October ALIVE Praise Night - a time to deepen your faith and gather as a young adult community. Whether you're seeking renewal, encouragement, or simply a moment to pause and encounter God, this night is for you. Who: Young Adults (18 - 35) Date: Thursday 30th October 2025 Time: 7pm - 9pm Location: Collins Wing, St Benedict's Narrabundah (10 Tallara Pkwy, Narrabundah ACT 2604)



Healing Mass: For those who have suffered Infant Loss

On Friday at the 5:30pm Healing Mass, on the 7th of November, we will be having a special Healing Mass for those who have suffered Infant Loss, including babies lost to miscarriage, abortion, stillbirth, and those who have died in infancy.



Adoration Roster - Current hours to fill

1. Wednesday: 4-5pm 2.Thursday: 4-5pm

3. Friday Overnight: 11pm-1am

If you can fill one of these, please sign up via the QR-Code!



Captivated: Women's Twilight Retreat

The Missionaries of God's Love Sisters invite all single young women to come to a Twilight Retreat at 2pm on the Sunday 9th November at their home. Come as you are, soak in His presence and be refreshed to live the life He is calling you to, as you 'Meet Him at the Well.' For more info or to register, scan the QR code or see the flyer in the foyer.









Notices Outside the Parish

ARCHBISHOP'S DAY OF TEACHING

8 November | 8:30am-4pm | All Welcome! @ St Peter Chanel's, Yarralumla. A day of inspiring talks, praise and worship, Holy Mass, prayer ministry, Reconciliation, and fellowship - plus our famous morning tea and sausage sizzle lunch (free, with a collection taken). Guest speaker: Brother Lalith Perera, alongside Archbishop Christopher Prowse.

Register at Trybooking:

https://shorturl.at/6WK7C, call Maida 0423 658 326, or email canberra.ccr@gmail.com.

VOCATIONS DISCERNMENT DINNER

20 November | 6:00pm | Men only Vocations Discernment Dinner at Gungahlin Presbytery: Thursday 20 Nov 6pm. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To RSVP please contact Vocations Director Fr Emil emil.milat@cg.org.au

Regular Parish Groups

REST IN ME MEDITATIONS

Each Wednesday 10am-12pm, Parish Centre Ayanthi Perera

MOTHERS PRAYERS

Each Monday (school term) 9.30am, Parish Centre Rachael Nano (Contact Parish Office)

KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)

STREET MINISTRY

Friday Nights

After 5:30pm Mass, Civic

FUSION YOUTH GROUP

Friday Nights (Fortnightly) 7-9pm (Contact Axel Healey)

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Melissa Dixon, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien and all those sick in our parish.

Recently Deceased: Giuseppe Losanno

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.



First Reading Sir 35:12-14, 16-18

The prayer of the humble will penetrate the heavens. The Lord is a judge who is no respecter of personages. He shows no respect of personages to the detriment of a poor man,

he listens to the plea of the injured party. He does not ignore the orphan's supplication,

nor the widow's as she pours out her story. The man who with his whole heart serves God will be accepted,

his petitions will carry to the clouds. The humble man's prayer pierces the clouds.

until it arrives he is inconsolable nor will he desist until the Most High takes notice of him,

acquits the virtuous and delivers judgement.

And the Lord will not be slow, nor will he be dilatory on their behalf.

Responsorial Psalm Ps 32:2-3.17-19. 23. R.v.7

(R.) The Lord hears the cry of the poor.

- 1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. (R.)
- 2. The Lord turns his face against the wicked to destroy their remembrance from the earth.
 - The just call and the Lord hears and rescues them in all their distress. (R.)
- 3. The Lord is close to the broken-hearted; those whose spirit is crushed he will save. The Lord ransoms the souls of his

Those who hide in him shall not be condemned. (R.)

Second Reading 2 Tm 4:6-8, 16-18

All that remains is the crown of righteousness reserved for me.

My life is already being poured away as a libation, and the time has come for me to be gone. I have fought the good fight to the end; I have run the race to the finish; I have kept the faith; all there is to come now is the crown of righteousness

reserved for me, which the Lord, the righteous judge, will give to me on that Day; and not only to me but to all those who have longed for his Appearing.

The first time I had to present my defence. there was not a single witness to support me. Every one of them deserted me - may they not be held accountable for it. But the Lord stood by me and gave me power, so that through me the whole message might be proclaimed for all the pagans to hear; and so I was rescued from the lion's mouth. The Lord will rescue me from all evil attempts on me, and bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.

Gospel Acclamation 2 Cor 5:19 Alleluia, alleluia! God was in Christ, to reconcile the world to himself:

and the Good News of reconciliation he has entrusted to us.

Alleluia!

Gospel Lk 18:9-14

The publican returned to his home justified; the pharisee did not.

Jesus spoke the following parable to some people who prided themselves on being virtuous and despised everyone else, 'Two men went up to the Temple to pray, one a Pharisee, the other a tax collector. The Pharisee stood there and said this prayer to himself, "I thank you, God, that I am not grasping, unjust, adulterous like the rest of mankind, and particularly that I am not like this tax collector here. I fast twice a week; I pay tithes on all I get." The tax collector stood some distance away, not daring even to raise his eyes to heaven; but he beat his breast and said, "God, be merciful to me, a sinner." This man, I tell you, went home again at rights with God; the other did not. For everyone who exalts himself will be humbled, but the man who humbles himself will be exalted.'

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Reflection by Fr Michael Tate

This parable begins 'Two men went up to the Temple to pray'. But only one of them actually prayed: 'God be merciful to me, a sinner'. The other informs God how well he is doing in the piety stakes. Notice that he strings together a whole lot of verbs, all in the first person singular! This means he is in mortal danger of staying in the first person singular after death, which is Hellish.

The other is said to be 'humble'. I like the English companion word: 'humus'. He is well-grounded, knows where he is standing, sometimes in the manure of life. It takes courage and humility to admit to God exactly where we stand. We can do SO Confession. or less formally simply praying: 'God, be merciful to me, a sinner'. We could pause for a moment to humbly pray so that we may hope to hear Our Lord say: 'This woman, this man, this boy, this girl, went home at rights with God.'

mtate@bigpond.com

Our Commitment to Safeguarding:
At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs) 12:30 pm (Wed) 5.30pm Friday Healing Mass

Saturday

8am 6pm (Vigil)



6pm (Charismatic)

EUCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm Friday

7am - Sat 8am

ROSARY

After each weekday mass except Fridays. After Sat 8am Mass.

RECONCILIATION

Friday 6:15pm -7pm Saturday

4pm - 4.30pm

SPIRITUAL DIRECTION & PERSONAL VOCATION Adrian Wellspring



(02) 6295 7879 narrabundah@cg.org.au

Fr Tony Schick MGL

PARISH OFFICE

OUR PRIESTS

Tue/Thurs/Fri: 9am-12pm

Fr Chris Eaton MGL (PP)

Fr Samson Ezemuokwe MGL (APP)

Fr Joseph Nivaskaran MGL (APP)

MUSIC COORDINATOR

Ariana Strmota (Contact Parish Office)

SAFEGUARDING OFFICER

Julie Long Contact: IPPS@cg.org.au