

18 May 2025

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

5th Sunday of Easter



Coming up:

Alpha Course
22 May

New Life in the Spirit
18 May

RCIA
14 August



cg.org.au/narrabundah

Community and Vision

How might God be inviting you to respond to Him?

Missionaries of God's Love

Sisters



Canberra Consecrated Life Weekend

Where and how is God calling you to respond to his love?

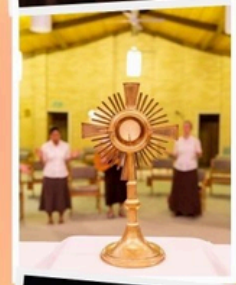
Is God calling you to consecrated life? Here's your opportunity to come and hear the voice of Jesus, ask questions and experience prayer, talks, sisterhood and times of sharing to help you discern your vocation.

Fri 23rd - Sun 25th May 2025

At the Sisters' home
in Kambah, ACT

Info/RSVP: therese.mgl@gmail.com
0432 228 250

www.mglsisters.org



St Benedict's
PRESENTS

New Life in the Spirit

After Sunday 6pm Mass

7:30pm-9:00pm

11TH MAY | 18TH MAY 25TH
MAY | 1ST JUNE 8TH JUNE
| 15TH JUNE

The Parish Centre
St Benedict's
Narrabundah

Register at narrabundah@cg.org.au

"... THE PATH TO HOLINESS ALWAYS INVOLVES GROWTH IN PERSONAL CONVERSION AND IN THE GENEROUS GIFT OF ONESELF, A GIFT TO CHRIST AND TO OTHERS, NOT MERELY IN A SENSE OF SPIRITUAL CONSOLATION" - POPE FRANCIS

why Alpha?

Alpha

ALPHA IS A PLACE TO EXPLORE LIFE'S
BIGGEST QUESTIONS!

Come, share a meal and discuss in a
safe environment.

Alpha is free and everyone's welcome!

REGISTER NOW
to find out more!

Contact:
alphanarrabundah@gmail.com

St Benedict's



WITH THE MISSIONARIES OF
GOD'S LOVE

23 to 25 May, Canberra



An opportunity for prayer, discernment
& fellowship with the MGL brothers

Scan the QR code for more details
& to register or email
vocations@mglpriestsandbrothers.org

Follow us on social media:



[stbenedicts.canberra](https://www.instagram.com/stbenedicts.canberra)



St. Benedict's Church and Mission
Centre, Canberra



St. Benedict's Mission Centre



New website coming soon....

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

Events and Announcements

NEW!

NEW Parish Office Hours!!

As of this week, Parish Office Hours will change to be:
Tuesday, Thursday, Friday: 9am-12pm.
If you have an inquiry, please contact the Office during those hours!

**18
MAY**

NEW LIFE IN THE SPIRIT- On this Sunday!

Sundays | 7:30-9:00pm | Parish Centre (after 6pm Mass)
Have you been longing to go deeper in your faith? To truly experience the joy, power, and presence of the Holy Spirit in your life?
Join us for New Life in the Spirit – a 6-week journey designed to rekindle your relationship with God and awaken the fire of the Spirit within. It's time to embrace the fullness of Easter and become an empowered people of the Resurrection! Don't miss out—your new life in the Spirit awaits!

**22
MAY**

Alpha Course – It's Not Too Late to Join!

Curious about life, faith, and meaning? St Benedict's is running the Alpha course on **Thursdays at 6:30pm in the Collins Wing.**
Alpha is an 11-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? Register by emailing: alphanarrabundah@gmail.com

**23-25
MAY**

MGL Sisters Consecrated Life Weekend

Where and how is God calling you to respond to his love? Is God calling you to consecrated life? Here's your opportunity! We are inviting young women (18-35) to our Consecrated life Weekend on the 23rd -25th of May at the Sister's home in Kambah! Come and hear the voice of Jesus, ask questions and experience prayer, talks, sisterhood and times of sharing to help you discern your vocation! For more info or to RSVP: email: therese.mgl@gmail.com or call: 0432 228 250

**23-25
MAY**

MGL Brother's Vocation Weekend

We are inviting young men to attend the upcoming MGL Vocations Weekend in Canberra, starting at 7pm Friday evening, May 23 and concluding with a 9am Sunday morning Mass on May 25. Young men (16+) are invited to a weekend of prayer, discernment, and fellowship with the Missionaries of God's Love. Includes talks, sacraments, recreation, and time with the MGL brothers. Register here:
<https://www.eventbrite.com/e/mgl-vocations-weekend-in-canberra-tickets-1281830803439?aff=oddtcreator>

**27
MAY**

Men's Sharing Group

All men are welcome to Men's Sharing Group that occurs fortnightly in the Parish Centre. The next meeting will be on the Tuesday 27th of May starting at 7pm. For more info, contact John Murray 0480257761

**14
AUG**

RCIA Course

Interested in becoming Catholic or want to know more about the Catholic faith? St Benedict's is running an RCIA Program (Rite of Christian Initiation for Adults) in 2025. RCIA is an opportunity to come together to learn more about the Catholic faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season.

For more information contact the parish office: (02) 6295 7879

Notices Outside the Parish

DOJ YOUNG ADULTS: LIFE IN THE SPIRIT

21st MAY | St John Vianney's, Waramanga
Wanting to enrich and deepen your faith, and journey with some fellow young Catholics? This is 6-week course for you! Starting at 7:00pm on Wednesday Nights beginning 7th of May, come listen to personal testimonies, sharing and encounter what it means to be live a life on fire from the Holy Spirit!
For more information:
Contact: Claire Smart 0429164845 or claire-smart@outlook.com

Sacrament Dates 2025

First Reconciliation: 19th of March

First Communion: 22nd of June

Confirmation: 30th of August

RCIA begins 14th of August
Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.
If you would like your child to receive the sacraments, please contact the parish office for more information and register through the Qkr app on the Parish Website.

Regular Parish Groups

MOTHERS PRAYERS

Each Monday (school term)
9.30am, Parish Centre
Rachael Nano 0412472243

KINGDOM KIDS

Sun 9am Mass
Contact Sherice 0408 259 502.

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic

FUSION YOUTH GROUP

Friday Nights (Fortnightly)
7-9pm (Contact Axel Healey)

Praying for the sick

Jindalee & Mt View residents: Pamela Brown and family, Sarah Lisbon, Melissa Dixon, retired Bishop Pat Power, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Mary Smith, Gert Fletcher, Anna Pace, Rita Smith, Mattia Wellspring, Wendy Fisher-Hudson, Barry Murphy and all those sick in our parish.

Recently Deceased: Henry DSouza and Ramesh Bhat

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, loan, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Acts 14:21-27

They assembled the church and gave an account of all that God had done with them.

Paul and Barnabas went back through Lystra and Iconium to Antioch. They put fresh heart into the disciples, encouraging them to persevere in the faith. 'We all have to experience many hardships' they said 'before we enter the kingdom of God.' In each of these churches they appointed elders, and with prayer and fasting they commended them to the Lord in whom they had come to believe.

They passed through Pisidia and reached Pamphylia. Then after proclaiming the word at Perga they went down to Attalia and from there sailed for Antioch, where they had originally been commended to the grace of God for the work they had now completed.

On their arrival they assembled the church and gave an account of all that God had done with them, and how he had opened the door of faith to the pagans.

Responsorial Psalm

Ps 144:8-13. R. cf. v.1

(R.) I will praise your name for ever, my king and my God.

1. The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures. (R.)
2. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God, to make known to men your mighty deeds and the glorious splendour of your reign. (R.)
3. Yours is an everlasting kingdom; your rule lasts from age to age. (R.)

Second Reading Rv 21:1-5

He will wipe away all the tears from their eyes.

I, John, saw a new heaven and a new earth; the first heaven and the first earth had disappeared now, and there was no longer any sea. I saw the holy city, and the new Jerusalem, coming down from God out of heaven, as beautiful as a bride all dressed for her husband. Then I heard a loud voice call from the throne, 'You see this city? Here God lives among men. He will make his home among them; they shall be his people, and he will be their God; his name is God-with-them. He will wipe away all tears from their eyes; there will be no more death, and no more mourning or sadness. The world of the past has gone.' Then the One sitting on the throne spoke: 'Now I am making the whole of creation new.'

Gospel Acclamation Jn 13:34

Alleluia, alleluia!

I give you a new commandment:

love one another as I have loved you.

Alleluia!

Gospel Jn 13:31-35

I give you a new commandment: love one another.

When Judas had gone Jesus said:

'Now has the Son of Man been glorified, and in him God has been glorified.

If God has been glorified in him, God will in turn glorify him in himself, and will glorify him very soon.

My little children, I shall not be with you much longer. I give you a new commandment:

love one another; just as I have loved you, you also must love one another. By this love you have for one another, everyone will know that you are my disciples.'

The psalm responses are from the English Translation of the **Lectionary for the Mass** ©1981 International Committee on English in the Liturgy Inc.(ICEL). All rights reserved. The psalm texts, from **The Psalms, A New Translation**, ©1963 by The Grail, England and used by permission of the publishers. The scriptural quotations are taken from the **Jerusalem Bible**, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers.

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Reflection by Fr Michael Tate

'Love one another as I have loved you.' You may think that Our Lord's extravagant extreme of love in voluntarily undergoing death for us, is something no human being could ever measure up to.

But actually, something like this happens whenever a mother or father sits by the bedside of a child suffering the terrible pain of a chronic illness or traumatic accident and, perhaps, even facing the prospect of death. Such a parent will invariably say 'I would rather suffer and die than see my child suffer and die.' It is the same with a person seeing their much loved life partner in a similar situation.

Each of us, usually to a lesser degree and in less fraught circumstances, has the opportunity to absorb, to some extent, the sufferings of others. We are thus given the possibility of fulfilling the command: 'Love one another as I have loved you.'

The effect of this sort of loving will be realised at the end of history, not in a garden of Paradise, but as in a wonderful City where all tears will be wiped from our eyes.

We could pause for a moment on our way to that future City, resolving to be alert to opportunities to fulfil our Lord's command: 'Love one another as I have loved you.'

mtate@bigpond.com

Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 10pm

Wed - Thurs:

1pm - 10pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.

RECONCILIATION

Friday

6:15pm - 7pm

Saturday

4pm - 4.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS AND DEACON

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuowke MGL (APP)
Deacon Joseph Nivaskaran
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879
narabundah@cg.org.au
Tue/Thurs/Fri: 9am-12pm

MUSIC COORDINATOR

Ariana Strmota: 0406377887

SAFEGUARDING OFFICER

Julie Long
Contact: IPPS@cg.org.au