

11 May 2025

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

Good Shepherd Sunday



Coming up:

Alpha Course
15 May

New Life in the Spirit
11 May

RCIA
14 August



cg.org.au/narrabundah

Community and Vision

St Benedict's
PRESENTS

New Life in the Spirit

After Sunday 6pm Mass

7:30pm-9:00pm

11TH MAY | 18TH MAY 25TH
MAY | 1ST JUNE 8TH JUNE
| 15TH JUNE

The Parish Centre
St Benedict's
Narrabundah

Register at narrabundah@cg.org.au

"... THE PATH TO HOLINESS ALWAYS INVOLVES GROWTH IN PERSONAL CONVERSION AND IN THE GENEROUS GIFT OF ONESELF, A GIFT TO CHRIST AND TO OTHERS, NOT MERELY IN A SENSE OF SPIRITUAL CONSOLATION" - POPE FRANCIS

Pope Leo XIV: Our NEW POPE!



*Lord, source of eternal life and truth give to your shepherd a spirit of courage and right judgement to build your Church into a sacrament of unity, love and peace for all the world.
Amen.*

First Week of Alpha!



Follow us on social media:



[stbenedicts.canberra](https://www.instagram.com/stbenedicts.canberra)



St. Benedict's Mission Centre

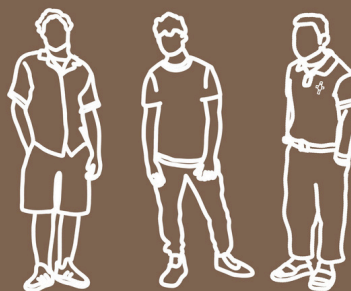


St. Benedict's Church and Mission
Centre, Canberra



New website coming soon....

VOCATIONS WEEKEND



WITH THE MISSIONARIES OF
GOD'S LOVE

23 to 25 May, Canberra



An opportunity for prayer, discernment
& fellowship with the MGL brothers

Scan the QR code for more details
& to register or email
vocations@mglpriestsandbrothers.org

Try Alpha 
THIS WEEK!

Details:

11 Week Series

Starting from Thursday 1st May | 06:30pm

Collins Wing - St Benedicts Church

Contact: alphanarrabundah@gmail.com

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

Events and Announcements

11
MAY

NEW LIFE IN THE SPIRIT- Starts this Sunday!

Sundays | 7:30–9:00pm | Parish Centre (after 6pm Mass)

Have you been longing to go deeper in your faith? To truly experience the joy, power, and presence of the Holy Spirit in your life? Join us for New Life in the Spirit – a 6-week journey designed to rekindle your relationship with God and awaken the fire of the Spirit within. It's time to embrace the fullness of Easter and become an empowered people of the Resurrection! Don't miss out—your new life in the Spirit awaits!

15
MAY

Alpha Course – It's Not Too Late to Join!

Curious about life, faith, and meaning? St Benedict's is running the Alpha course on **Thursdays at 6:30pm in the Collins Wing.**

Alpha is an 11-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? Register by emailing: alphanarrabundah@gmail.com

17
MAY

ONE-DAY RETREAT

Saturday, 17 May 2025 | 11:00am – 3:30pm

St Benedict's Catholic Church | FREE Admission

Is God inviting you to deepen your spiritual journey and grow in a more meaningful relationship with Him? Come and be refreshed at this One-Day Retreat led by Fr Sam Samuel, Director of the Divine Retreat Centre, Somersby. Enquiries: Tom – 0434 689 957
All are welcome. Come and be blessed!

23-25
MAY

MGL Brother's Vocation Weekend

We are inviting young men to attend the upcoming MGL Vocations Weekend in Canberra, starting at 7pm Friday evening, May 23 and concluding with a 9am Sunday morning Mass on May 25. Young men (16+) are invited to a weekend of prayer, discernment, and fellowship with the Missionaries of God's Love. Includes talks, sacraments, recreation, and time with the MGL brothers. Register here:
<https://www.eventbrite.com/e/mgl-vocations-weekend-in-canberra-tickets-1281830803439?aff=oddtcreator>

14
AUG

Open RCIA Course

Interested in becoming Catholic or want to know more about the Catholic faith? St Benedict's is running an RCIA Program (Rite of Christian Initiation for Adults) in 2025. RCIA is an opportunity to come together to learn more about the Catholic faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season.

For more information contact the parish office: (02) 6295 7879



Seeking New Weekend Rosters Volunteers!

We're reaching out to invite you to be a part of the beautiful work happening in our parish. We are eager to put some new names and faces on our ministry rosters—and there are plenty of ways you can get involved: **Readers (for all masses), Welcomers, Eucharistic Ministers, Offertory Procession, Church Cleaning, Music Ministry, and Mass Setup.** If you feel called to contribute in any of these areas, we'd love to hear from you. Whether you're a familiar face or new to volunteering, your time and talents will be a blessing to our community. To express your interest or find out more, please contact the Parish Office at narrabundah@cg.org.au or call 02 6295 7879 during office hours.

Notices Outside the Parish

WE HAVE A NEW POPE: Pope Leo XVI!

This week, the First American Pope was elected and thus we have a new Vicar of Christ! How fitting coming into Good Shepherd Sunday! Please keep Pope Leo XVI in our prayers!

DOJ YOUNG ADULTS: LIFE IN THE SPIRIT

14th MAY | St John Vianney's, Waramanga
Wanting to enrich and deepen your faith, and journey with some fellow young Catholics? This is 6-week course for you! Starting at 7:00pm on Wednesday Nights beginning 7th of May, come listen to personal testimonies, sharing and encounter what it means to be live a life on fire from the Holy Spirit!
For more information:
Contact: Claire Smart 0429164845 or claire-smart@outlook.com

Sacrament Dates 2025

First Reconciliation: 19th of March

First Communion: 22nd of June

Confirmation: 30th of August

RCIA begins 14th of August

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself. If you would like your child to receive the sacraments, please contact the parish office for more information and register through the Qkr app on the Parish Website.

Regular Parish Groups

MOTHERS PRAYERS

Each Monday (school term)
9.30am, Parish Centre
Rachael Nano 0412472243

KINGDOM KIDS

Sun 9am Mass
Contact Sherice 0408 259 502.

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic

FUSION YOUTH GROUP

Friday Nights (Fortnightly)
7-9pm (Contact Axel Healey)

Praying for the sick

Jindalee & Mt View residents: Pamela Brown and family, Sarah Lisbon, Melissa Dixon, retired Bishop Pat Power, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Mary Smith, Gert Fletcher, Anna Pace, Rita Smith, Mattia Wellspring, Wendy Fisher-Hudson, Barry Murphy and all those sick in our parish.

Recently Deceased: Henry DSouza and Ramesh Bhat

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, loan, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Acts 13:14, 43-52
We are now turning to the gentiles.
Paul and Barnabas carried on from Perga till they reached Antioch in Pisidia. Here they went to synagogue on the sabbath and took their seats.

When the meeting broke up, many Jews and devout converts joined Paul and Barnabas, and in their talks with them Paul and Barnabas urged them to remain faithful to the grace God had given them. The next sabbath almost the whole town assembled to hear the word of God. When they saw the crowds, the Jews, prompted by jealousy, used blasphemies and contradicted everything Paul said. Then Paul and Barnabas spoke out boldly, 'We had to proclaim the word of God to you first, but since you have rejected it, since you do not think yourselves worthy of eternal life, we must turn to the pagans. For this is what the Lord commanded us to do when he said:

I have made you a light for the nations, so that my salvation may reach the ends of the earth.'

It made the pagans very happy to hear this and they thanked the Lord for his message; all who were destined for eternal life became believers. Thus the word of the Lord spread through the whole countryside.

But the Jews worked upon some of the devout women of the upper classes and the leading men of the city and persuaded them to turn against Paul and Barnabas and expel them from their territory. So they shook the dust from their feet in defiance and went off to Iconium; but the disciples were filled with joy and the Holy Spirit.

R sponsorial Psalm
Ps 99:1-3. 5. R. v.3
(R.) We are his people, the sheep of his flock.

1. Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, singing for joy. (R.)
2. Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the sheep of his flock. (R.)
3. Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from age to age. (R.)

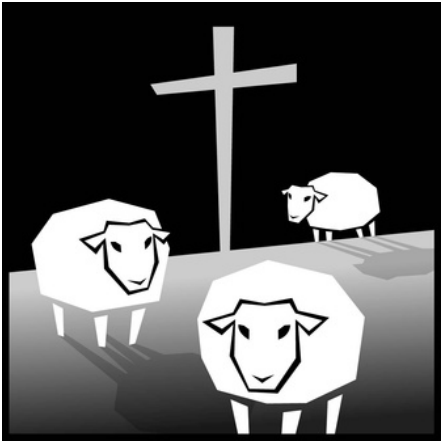
Second Reading Rv 7:9, 14-17
The Lamb who is at the throne will be their shepherd and will lead them to springs of living water.
I, John, saw a huge number, impossible to count, of people from every nation, race, tribe and language; they were standing in front of the throne and in front of the Lamb, dressed in white robes and holding palms in their hands. One of the elders said to me, 'These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eyes.'

Gospel Acclamation Jn 10:14
Alleluia, alleluia! I am the good shepherd, says the Lord; I know my sheep, and mine know me. Alleluia!

Gospel Jn 10:27-30
I give my sheep eternal life.
Jesus said:

'The sheep that belong to me listen to my voice;
I know them and they follow me.
I give them eternal life;
they will never be lost
and no one will ever steal them from me.
The Father who gave them to me is greater than anyone,
and no one can steal from the Father.
The Father and I are one.'

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Reflection by Fr Michael Tate
You and I are Gentiles – part of the non-Jewish world. We are the sort of Christians we are, because of St Paul. He became the strongest advocate of the grace that the early Christian community should be inclusive of all nations and tribes and ethnic groups on the face of the earth. We have not yet realised this potential.

What riches of intellectual traditions, cultural expressions and organisational structure are we still to receive from the Chinese, the Korean, Indonesians, the Africans, the Indian Catholics who are part of our 'Church without Borders'?

How do we maintain unity and identity amongst such diversity? By listening for the voice of the Good Shepherd, Our Lord Jesus Christ.

But it takes a good teacher to help us to hear The Voice in the clamour of life. Some of those teachers may be found amongst the Bishops who carry a shepherd's staff. But at least in my experience the best assistant-shepherds have been my parents, and some others. They have helped me hear The Voice assuring me that I will never perish, that I will receive eternal life.

That is a Voice worth following! We could pause for a moment to get on the same wavelength as the Good Shepherd so as to echo His Voice in our lives.

mtate@bigpond.com

MASS TIMES
Weekdays
5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday
8am
5pm (Vigil)

Sunday
9am
6pm (Charismatic)



EUCCHARISTIC ADORATION



Come adore Jesus in the Blessed Sacrament.

Mon - Tue:
7am - 10pm
Wed - Thurs:
1pm - 10pm
Friday
7am - Sat 8am

ROSARY



After each weekday mass except Fridays.
After Sat 8am Mass.

RECONCILIATION

Friday
6:15pm - 7pm
Saturday
4pm - 4.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION
Adrian Wellspring

OUR PRIESTS AND DEACON
Fr Chris Eaton MGL (PP)
Fr Samson Ezemuowke MGL (APP)
Deacon Joseph Nivaskaran
Fr Tony Schick MGL

PARISH OFFICE
(02) 6295 7879
narrabundah@cg.org.au
Tue: 1pm-4pm Thurs/Fri: 9am-12pm

MUSIC COORDINATOR
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