

6 April 2025

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

The 5th Sunday in Lent



Coming up:

Palm Sunday
13 April

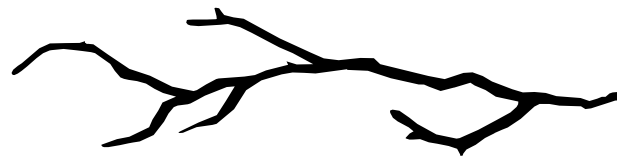
Alpha Course
1 May

Coffee at Gryphon
10 April



cg.org.au/narrabundah

Weekend Rosters



| THIS WEEKEND (5-6 Apr LENT) | | | | NEXT WEEKEND (12-13 Apr PALM SUNDAY) | | |
|-------------------------------------|--|--------------------------|----------------|--|----------------------------|-----------------|
| | Sat 6pm | Sun 9am | Sun 6pm | Sat 6pm | Sun 9am | Sun 6pm |
| Welcomers | Louise | Alma | Volunteer | Carmel & Peter | Robert | Volunteer |
| Readers | Robert B & Louise | Barry & McKinley | Mark & Maria R | BA & Louise | Brendan & Santhosh | MGL Bros |
| Readings | 1st: Isa 43:16-21 2nd: Phil 3:8-14 | | | 1st: Isa 50:4-7 2nd: Phil 2:6-11 | | |
| Offertory | BA & Volunteer | Robert Henry & Volunteer | Volunteer | Volunteers | Young family | Volunteer |
| Eucharistic Minister | Sue | Julie | Volunteer | Louise | Barry | Volunteer |
| Musicians | Melissa & Grace | David C | Ari & Team | Margot & Tim | Jovi, Rachael & Anne-Marie | Matt & MGL Bros |
| Flowers & Altar Cleaning | Loretta & Anne H | | | Grace & Sherice | | |
| Church Cleaning | Jeanne & Nhung | | | Santhosh | | |
| Visitations | Mt View: Julie Jindalee: N/A | | | Mt View: MGL Garran Jindalee: MGL Garran | | |

Follow us on social media:



St. Benedict's Church and Mission Centre, Canberra



stbenedicts.canberra



St. Benedict's Mission Centre



New website coming soon....

VOLUNTEER POSITION WANTED! *Sacramental Coordinator*



We are looking for an eager individual as a Sacramental Coordinator. This would involve the overseeing of the sacramental program; First Reconciliation, First Communion, Confirmation and RCIA. If you are interested, contact the Parish Office at narrabundah@cg.org.au

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

Events and Announcements

ASAP!

All VOLUNTEERS: Update WWVP + Code of Conducts

It is that time of year where we are asking all our volunteers, staff and groups who work and serve in the parish to send us an updated active copy of their WWVP cards and a signed copy of the Archdiocese Code of Conduct. This can be scanned and sent to the Parish email: narrabundah@cg.org.au or pop in to the Parish office during office hours with your card to scan and you can sign a new code of conduct. Any groups/volunteers working or serving in the parish need to have an active WWVP and current code of conduct signed. If you have not updated in the last two years, please email or drop in to the Parish during office hours to have it rectified. We ask that you reconciled this by the **7/4/25**.

10 APR

Coffee at Gryphon

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the second Thursday of each month, the next catch up will be Thursday 10th April.

11 APR

Meet the Man: Disciples of Jesus

Come and join us for Meet the Man on Fri 11th 7.30pm-8.30pm A time of praise and worship, sharing of the Gospel, Adoration and Fellowship.

Run at St Benedict's by Disciples of Jesus Community.

For more information, contact Grace on gracemaryprice@gmail.com

12 APR

SATURDAY VIGIL MASS TIME CHANGE! (Due to Daylight Savings)

With daylight savings ending, our Saturday Night Vigil Mass will be changing from 6pm to **5pm beginning the 12th of April** until daylight resumes again.

13-27 APR

Kingdom Kids: On Break due to School Holidays!

Kingdom Kids will be on break for 3 weeks over the Easter school holidays from 13 April-27 April and will resume again on Sunday 4 May.

If you are feeling called to bring your talents to this important ministry in 2025, please reach out to discuss ways you can join us. Contact Sherice 0408259502

15 APR

Men's Sharing Group

All men are welcome to Men's Sharing Group that occurs fortnightly in the Parish Centre. The next meeting will be on the **Tuesday 15th of April** starting at 7pm. For more info, contact John Murray 0480257761

1 MAY

ALPHA Course - GET READY!

St Benedict's is conducting an Alpha course this year in May. Alpha is a 12 week course that gives people an opportunity to explore faith in a non-threatening environment; ask questions and experience hospitality and welcome.

To register or to find out more, go to:

<https://alphastbenedictscanberra2025.eventbrite.com/>



Mass Requests: How we manage requests here at St Benedict's

Our normal practice for mass offerings at St Benedict's is to speak directly to a priest and use a mass offering envelope, which can be found at the back of the church. We always honour these requests, but not always on the exact requested date, as we receive multiple mass intentions and can only offer one per mass according to church law. However, we prioritise requests for specific dates and anniversaries whenever possible. Mass offerings are not always announced publicly unless specifically requested. Any donations given for mass offerings are not used for the parish or clergy but are directly given to those in need.

Notices Outside the Parish

LENTEN BOAT RETREAT

TUESDAY 8 APRIL | 1:30PM-5:00PM

Join Fr Troy this lent on a unique experience on Lake Burley Griffin. Come away for a few hours and be transported to the very heart of Jesus' ministry of healing and teaching on a short and prayerful cruise. Cost \$65 per person - please click here to register

<https://forms.gle/4zUH3GQuFvyGJSoy7> or contact Jovina on 62429622 or office@holyspiritgungahlin.org.au.

CHRISM MASS

MONDAY 14 APRIL | 5:00PM

Join the Archbishop and the Clergy of the Archdiocese on Monday 14 April at 5.00pm in St Christopher's Cathedral, Forrest for this most beautiful Holy Week Mass. It is in this Mass that the Holy Oils used in the various Sacramental Rites of the Church are blessed and consecrated. Everyone is most welcome.

Sacrament Dates 2025

First Reconciliation: 19th of March

First Communion: 22nd of June

Confirmation: 30th of August

RCIA begins 14th of August

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself. If you would like your child to receive the sacraments, please contact the parish office for more information and register through the Qkr app on the Parish Website.

Regular Parish Groups

MOTHERS PRAYERS

Each Monday (school term)
9.30am, Parish Centre
Rachael Nano 0412472243

KINGDOM KIDS

Sun 9am Mass
Contact Sherice 0408 259 502.

STREET MINISTRY

Friday Nights

After 5:30pm Mass, Civic

FUSION YOUTH GROUP

Friday Nights (Fortnightly)
7-9pm (Contact Axel Healey)

Praying for the sick

Jindalee & Mt View residents: Pamela Brown and family, Sarah Lisbon, Melissa Dixion, retired Bishop Pat Power, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Mary Smith, Gert Fletcher, Anna Pace, Rita Smith, Mattia Wellspring, Wendy Fisher-Hudson, Barry Murphy and all those sick in our parish.

Recently Deceased: Fr Kevin Flynn (Previous Parish Priest before the MGLs), Mike Parer, Sergio Dalla Pozzo, Luis Eduardo Mendoza (Maria Mendoza's Father)

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, loan, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Is 43:16-21

I am doing a new thing and I will give drink to my people. Thus says the Lord, who made a way through the sea, a path in the great waters; who put chariots and horse in the field and a powerful army, which lay there never to rise again, snuffed out, put out like a wick:

No need to recall the past,
no need to think about what was done before.
See, I am doing a new deed,
even now it comes to light; can you not see it?
Yes, I am making a road in the wilderness,
paths in the wilds.
The wild beasts will honour me,
jackals and ostriches,
because I am putting water in the wilderness
(rivers in the wild)
to give my chosen people drink.
The people I have formed for myself
will sing my praises.

Responsorial Psalm

Ps 125. R. v.3

(R.) The Lord has done great things for us;
we are filled with joy.

- 1.When the Lord delivered Zion from bondage, it seemed like a dream.
Then was our mouth filled with laughter, on our lips there were songs. (R.)
- 2.The heathens themselves said: ‘What marvels the Lord worked for them!’
What marvels the Lord worked for us! Indeed we were glad. (R.)
- 3.Deliver us, O Lord, from our bondage as streams in dry land.
Those who are sowing in tears will sing when they reap. (R.)
- 4. They go out, they go out, full of tears, carrying seed for the sowing:
they come back, they come back, full of song,
carrying their sheaves. (R.)

Second Reading Phil 3:8-14

Because of Christ I look upon everything else as useless in order to gain him.
I believe nothing can happen that will outweigh the supreme advantage of knowing Christ Jesus my Lord. For him I have accepted the loss of everything, and I look on everything as so much rubbish if only I can have Christ and be given a place in him.

I am no longer trying for perfection by my own efforts, the perfection that comes from the Law, but I want only the perfection that comes through faith in Christ, and is from God and based on faith. All I want is to know Christ and the power of his resurrection and to share his sufferings by reproducing the pattern of his death. That is the way I can hope to take my place in the resurrection of the dead. Not that I have become perfect yet: I have not yet won, but I am still running, trying to capture the prize for which Christ Jesus captured me. I can assure you my brothers, I am far from thinking that I have already won. All I can say is that I forget the past and I strain ahead for what is still to come; I am racing for the finish, for the prize to which God calls us upwards to receive in Christ Jesus.

Gospel Acclamation Jn 2:12-13

Praise to you, Lord Jesus Christ,
king of endless glory!
With all your heart turn to me,
for I am tender and compassionate.
Praise to you, Lord Jesus Christ,
king of endless glory!

Gospel Jn 8:1-11

Let the person without sin be the first to throw a stone.
Jesus went to the Mount of Olives. At daybreak he appeared in the Temple again; and as all the people came to him, he sat down and began to teach them.
The scribes and Pharisees brought a woman along who had been caught committing adultery; and making her stand there in full view of everybody, they said to Jesus, ‘Master, this woman was caught in the very act of committing adultery, and Moses has ordered us in the Law to condemn women like this to death by stoning. What have you to say?’ They asked him this as a test, looking for something to use against him.
But Jesus bent down and started writing on the ground with his finger. As they persisted with their question, he looked up and said, ‘If there is one of you who has not sinned, let him be the first to throw a stone at her.’
Then he bent down and wrote on the ground again. When they heard this they went away one by one, beginning with the eldest, until Jesus was left alone with the woman, who remained standing there. He looked up and said, ‘Woman, where are they? Has no one condemned you?’ ‘No one, sir,’ she replied. ‘Neither do I condemn you,’ said Jesus ‘go away, and don’t sin any more.’



Reflection by Fr Michael Tate

The accusers of this woman make her ‘stand there in full view of everybody.’ She is surrounded by the hostile glare of eyes filled with blood lust.

It is only when the accusers have left in embarrassment that Jesus, who has been bent to the ground, looks up at her. He adopts the posture of a slave, seeing her as she could be if she gives up her current pattern of behaviour.

Up till now, no-one has spoken to this woman. Now Jesus treats her as a human being worth speaking to. And what does she hear? That he does not condemn her but points her to a new sort of life in the future.

We could pause for a moment to allow Jesus the time to look at us, talk to us, in that way. Do you have the courage to ‘lock eyes’ with Jesus and live out the consequences?

‘The eyes have it.’

mtate@bigpond.com

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MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
6pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 10pm

Wed - Thurs:

1pm - 10pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.



RECONCILIATION

Friday

6:15pm - 7pm

Saturday

5pm - 5.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS AND DEACON

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuowke MGL (APP)
Deacon Joseph Nivaskaran
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879
narrabundah@cg.org.au
Tue: 1pm-4pm Thurs/Fri: 9am-12pm

MUSIC COORDINATOR

Ariana Strmota: 0406377887

SAFEGUARDING OFFICER

Julie Long: 0434583946
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