

First Holy Communion Registration

Parents are advised that registration for the Sacrament of First Holy Communion is now open. Students wishing to participate in the sacrament must be at least grade three or older. Registration for this sacrament can be done through either the Qkr! app or by contacting the parish office directly.

St Benedict's Feast Day

Sunday 21 July

10.00am

We will celebrate St Benedict's Feast Day on Sunday 21 July with a multicultural theme. Come along and help celebrate in the School Hall after the 9am Mass.

Wear your national dress and bring a plate of your favourite national food to share

There will be music, singing, eats and drinks and an opportunity to thank our wonderful volunteers.

If any convenors of the various Mission groups in the Parish would like to set up a table at the Feast Day celebrations that would be a good way for people to see what is happening and invite others to join.

New Quest Machines

The parish would like to inform all parishioners who donate via the Tap-and-Go machines that they will be replaced some time in the coming months by new Quest machines. There will be two in the church, one for first collection and one for second collection, as well as a third machine to be used as a plate for parishioners without cash. More information will be provided once the machines arrive.

Thank you to all who generously give to the parish.

Archdiocesan Roundtables

You are invited to our next Roundtable that will provide a forum for discernment and discussion on how the Church can engage with public life and secular spaces. This will include an opportunity to engage with the *Conversation in the Spirit* process.

Saturday 20th July 2024 | 12:30pm - 2:00pm
In-Person (St Christopher's Pastoral Centre) + Online (Zoom)

ROSTER FOR THIS WEEKEND

20th & 21st July 2024

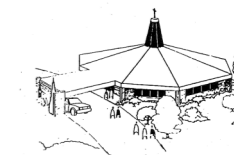
	Sat 5 pm	Sun 9am
Welcomers	Louise Gaudry	Alma Burg
Readers	BA Daly, Louise Gaudry	Shiru Kinyanjui-Young, Santhosh Jose
Offertory	BA Daly, Volunteer	Jose family
Eucharistic Ministers	Sue Neimanis	Julie Douglas
Flowers, Altar Clean	Loretta Thomas & Anne Hobday	
Church Cleaners	Jeanne Eri	
Visitation	Jonavie & Grace (Jindalee)	
Sun 6pm Mass Readers	MGL Brothers	

ROSTER FOR NEXT WEEKEND

27th & 28th July 2024

1ST READING	2ND READING	GOSPEL
KINGS 4: 42-44	EPHESIANS 4: 1-6	JOHN 6: 1-15
	Sat 5 pm	Sun 9am
Welcomers	Carmel & Peter Pistor	Robert Henry
Readers	Moira Najdecki, Robert Booth	Julie Douglas, Grace De Zilva
Offertory	Volunteers	Social group
Eucharistic Ministers	Nhung Booth	Josephus Bumaat
Flowers, Altar Clean	Claudine Smith & Louise Gaudry	
Church Cleaners	Nhung Booth	
Visitation	Carmel Henry (Mt View) Prakash & Santhosh (Jindalee)	
Sun 6pm Mass Readers	Youth	

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: Tues—Friday, 9am—12pm
 Corner of Sturt Ave & Jerrabomberra Ave
 (PO Box 55)

Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number: (02) 6239 6772

Email: Narrabundah@cg.org.au

Fr Chris Eaton, MGL (Parish Priest & Mission Centre Director)

Fr Rembert Fernando, MGL (Priest)

Fr Tony Schick, MGL (Priest)

Deacon Samson, MGL

Adrian Wellspring (Spiritual Direction & Personal Vocation)

Isabel Roberts (Parish Secretary)

Sixteenth Sunday of Ordinary Time 20th & 21st July 2024

Reflection on Gospel

In this today's Gospel, we read the report of the return of the Twelve, who were sent by Jesus to preach repentance, heal the sick, and drive out demons. When the Twelve return to Jesus, he invites them to come away from the crowds and rest. But the crowds will not give them peace. As the Twelve have shared in Jesus' ministry, they now appear to share in his popularity. The crowds continue to approach them, and Mark reports that the disciples don't even have time to eat. In an effort to get away, Jesus and his disciples board a boat in hopes of finding a deserted place. But the crowds notice this and arrive ahead of them. The crowds are so persistent that Jesus and his disciples cannot find a place to be alone. Mark's Gospel tells us that Jesus is moved with pity and begins to teach the crowds.

Our Gospel for today stops here, but Mark's report of the unyielding demands of the crowd continues in the verses that follow. If we were to continue reading from Mark's Gospel, we would hear Jesus instruct his disciples to feed the crowd in the familiar miracle of the multiplication of the loaves and fishes. The work of Jesus and his disciples appears to be a round-the-clock job. In the next few weeks, we will hear the story of Jesus' feeding of the multitude, but our Lectionary will turn to the sixth chapter of the Gospel of John to report and reflect on this story.

In today's Gospel, we hear the Twelve referred to as "apostles." The word *apostle* is a Greek word meaning "one who is sent." Jesus chose twelve men from among his disciples whom he sent to share in his ministry of preaching and healing. The first report of this is found in the third chapter of Mark's Gospel, where the Twelve are also called apostles and the names of this select group are listed.

We who are Jesus' disciples today have also been sent to share the Gospel with others. Perhaps our commitment to following Jesus as his disciple leaves us feeling tired and overwhelmed. In today's Gospel, we hear Jesus affirm the importance of times of rest and renewal. Jesus wanted his disciples to come away and spend time alone with him. This is what we seek and find in our life of prayer and in our celebration of the Eucharist.

Request for Help Regarding Parish Flowers

Each week volunteers prepare St Benedict's church for the weekend Masses and ceremonies.

A roster of two people is set up for the arrangement of flowers and a little cleaning, not vacuuming the church.

Could you please consider helping the Parish in this way, it would involve giving an hour every 4-5 weeks, usually on a Saturday morning around 9.00.

If you think you could help and would like to know what is involved please feel free to call the Parish office or contact Sue on sueneimanis@gmail.com.

Planned Giving Envelopes

Parishioners who use parish-provided envelopes for planned giving are advised that new envelopes has been placed in the parish foyer. The boxes have been labelled according to each planned giver. Additionally, some extra boxes are available for interested parties from the parish office.

To help the parish save money and reduce waste, some paper envelope givers have had their giving numbers changed, therefore it is **EXTREMELY** important that envelope givers only use the **CURRENT/NEW** envelopes from July onwards. If you have any envelopes left over from last year, please do not donate with them as there is a risk that your generous contribution may be allocated to someone else.

The St Benedict's parish would like to thank all planned givers and donators. Your generous contributions are immensely helpful to the wellbeing of the parish and its mission. The parish would also like to thank parishioners for cooperating with the changeover of envelopes during this period.

*St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.*

First reading

Jeremiah 23: 1-6

‘Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

‘See, the days are coming—it is the Lord who speaks - when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The-Lord-our-integrity.’

Psalm 22 (23) R. The Lord is my shepherd; there is nothing I shall want.

Second reading

Ephesians 2: 13-18

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God: in his own person he killed the hostility. Later he came to bring the good news of peace, *peace to you who were far away and peace to those who were near at hand*. Through him, both of us have in the one Spirit our way to come to the Father.

Gospel Acclamation

John 10: 27

Alleluia, alleluia!
My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!

Gospel

Mark 6: 30-34

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, ‘You must come away to some lonely place all by yourselves and rest for a while’; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

NEEDS OF LAY CATHOLICS TODAY

What do adult lay Catholics need today to help them live a committed Catholic life amid the circumstances of modern society? To find out and to help improve their services to our Archdiocese, the Canberra Circle of The Catenians, an international association of lay Catholics, is conducting an Archdiocesan-wide online survey. Please help by completing this brief, anonymous, tick-box survey via this URL or QR code. Thank you. <https://www.surveymonkey.com/r/CLTZGMW>



Contact: Phil Murray, President, Canberra Catenians 0419 695 927 or phil13murray@gmail.com

Healing and Wholeness in the Holy Spirit With Richard Martin

Richard Martin and his wife Gerry are Leaders at Servants of Jesus Community Sydney. He has a powerful anointing to proclaim the word of God and move powerfully in words of Knowledge for healing and the prophetic.

St Benedict's Catholic Church Narrabundah

Friday 26th July 5.30pm Healing Mass, followed by Talk and Healing Ministry.

Saturday 27th July 10am-3pm
Worship Talks Mass and Ministry

Men's Sharing Group

The St Benedict's Men's Sharing group meets every **second Tuesday in the Parish Centre**, from 7:30pm. Next meeting is on the **23rd July**.

For more details, please phone John Murray on 0480 257 761.

Donating to the parish

To deposit directly into the Parish account, please use the following details:
BSB: 062 786
Account number: 000014992
Please include your Planned Giving (envelope) number in the reference if you have one, otherwise your surname and 'Donation'.

Please pray for the sick and deceased of the parish

Our Deceased: Elaine French, Joan Evans, Antoinette Martin, Louis Pini, Thomas Fernando, Barbara Parsons, Lorna & Stanley Evans, Noanie Kelly, Leita Barron, Rathesh Fernando, Ray Pasard, Catherine Cleary, Frank Fulop, Ronnie Van Belkom, Tom French, Agnes Calvert, Clare Connell, Pat Connors, Doris Flaherty, Maud Inch, Monica Knight, Mario Krajina, Leonard Legge-Wilkinson, Kenneth Lentell, Lorna Ludwig, Antonia Martin, Fred Martin, Ronald & Marilyn Molyneux, Marie Morgan, Joan Parker, Alice Smith, Stephanie Stoddard, Monica Thomas, Fr Richard Daly, Fr Bill Keating, Fr Francis Hartigan, Fr Thomas Hilly, Fr Joseph Keating.

Our Sick: Jindalee & Mt View residents, Brian Barron, Jackie Carpenter, Sagar Julie O'Brien, Tony Sealy, Tony Evans, Rose Mason, Clem Dick, Julia Brown, Mitchell White, Germaphi, Pat Atkins, Lorraine Davis, Mathew, Lyn Walker, Anthony, Helen French, Flora Arias, Mark Ransom, Ben Melbourne, Pamela Brown, Anne Rosewarne; Carol Rees, Monica Boyton, Mary Smith, Colin Paley, Janice Paley, Caroline Evans, Gert Fletcher, Anna Pace, Edwina Gundelach, Daniel Collins, Rita Smith, Andrea Bernabey.

Parish Office Hours

9am–12pm, Tuesday–Friday

Weekend Mass Times

Saturday: 5pm (Vigil)
Sunday: 9am; 6pm (*Charismatic Mass*);
Fourth Sunday of the Month: 6pm (*Youth Mass*)

Weekday Mass Times

Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

Reconciliation

Friday following Healing Mass from 6.15pm-7pm;
Saturday: 4pm-4:30pm or by appointment

Prayer of the Church

Saturday: 7.30am 3rd Friday Padre Pio: 5pm

Baptisms: During weekend Masses or by appointment. See parish website for booking information.

Weddings: by appointment

Anointing of the Sick

During the 5.30pm Mass on first Fridays
10.30am at Jindalee 1st Thursday of the month,
10.30am at Mt View 3rd Thursday of the month

Adoration of the Blessed Sacrament

Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm
Friday 6am to Saturday 8am

Vacant hours that urgently need filling:

Tuesday: 6pm-10pm
Thursday: 7-10pm
Contact: Anne Sutherland (0413203901) or Parish office for more information.

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.