

St Benedict's Family Trivia Night:

St Benedict's school is happy to announce the Family Trivia Night will be hosted on **Friday 14th June**, from 5:30pm to 9:30pm.

Tickets will be on sale from the 1st of May, and will cost \$25 for an individual or \$200 per table (max 8 people). BBQ dinner, snacks and drinks will be available for pre-purchase or at half-time.

Pastoral and Spiritual Care Training

A Clinical Pastoral Education (CPE) 5-day course is a great way to get a feel for pastoral and spiritual care and includes topics such as:

What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. This course is excellent for Eucharistic Ministers visiting homes, volunteers in Aged Care, schools or prisons, or anyone contemplating a career change to Pastoral Care. The course runs Wednesdays, July 10-Aug 7, 9-5pm in Deakin; cost is \$450. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care.

Enrolments by end May. Please contact Susanne Schmidt on 0431 243 486 or at susannecpe@gmail.com

11 June | Marriage Preparation Courses

Upcoming Marriage Preparation courses for engaged couples: *FOCCUS* - Tues 11th June 5-9pm plus a private follow up session at CatholicCare. *Evenings for the Engaged*- Sat 13 & 20 July. *Smart Loving* – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to www.marriagefamily.org.au Enquiries: Text Helena Zobec on **0405 440 463**

St Vincent de Paul—Volunteers Needed

Vinnies have supported the poor and needy in Narrabundah for 65 years.

We currently have 2 volunteers who carry out the volunteer work. These volunteers have been involved for 20-25 years. We are seeking additional support from St Benedicts parishioners—to help with home visits.

Volunteering would require 2 hours every 3-4 weeks. There is a requirement to provide a Working with Vulnerable People card and a police clearance.

Should you wish to assist please contact Don Jeffery on 0418 944 731 OR donjeffery424@gmail.com

ROSTER FOR THIS WEEKEND

25th & 26th May 2024

	Sat 5 pm	Sun 9am
Welcomers	Carmel & Peter Pistor	Alma Burg
Readers	Moira Najdecki, Marlene Keir	Linda Henry, Brendan Bergin
Offertory	BA Daly, Volunteer	Jose family
Eucharistic Ministers	Sue Neimanis	Barry Murphy
Flowers, Altar Clean	Margie Arvellino & Sue Neimanis	
Church Cleaners	Nhung Booth	
Visitation	Carmel Henry (Mt View) Prakash & Santhosh (Jindalee)	
Sun 6pm Mass Readers		

ROSTER FOR NEXT WEEKEND

1st & 2nd June 2024

	Sat 5 pm	Sun 9am
1ST READING EXODUS 24: 3-8	2ND READING HEBREWS 9: 11-15	GOSPEL MARK 14: 12-16, 22-26
Welcomers	Marlene Keir	Robert Henry
Readers	Robert Booth, Louise Gaudry	Maria Mendoza, Loreena D'Silva
Offertory	Volunteers	Social group
Eucharistic Ministers	Nhung Booth	Josephus Bumaat
Flowers, Altar Clean	Grace De Zilva	
Church Cleaners	Jeanne Eri	
Visitation	Julie Douglas (Mt View)	
Sun 6pm Mass Readers		

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: Tues—Friday, 9am—12pm

Fr Rembert Fernando, MGL (Parish Priest)

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)

Fr Chris Eaton, MGL (Mission Centre Director)

Narrabundah ACT 2604

Fr Tony Schick, MGL (Priest)

Tel: +61 (02) 6295 7879/ Parish Office

Adrian Wellspring (Spiritual Direction & Personal Vocation)

Emergency Number: (02) 6239 6772

Isabel Roberts (Parish Secretary)

Website: cg.org.au/Narrabundah

Email: Narrabundah@cg.org.au

The Most Holy Trinity 25th & 26th May 2024

Reflection on Gospel

This week we return to the liturgical season of Ordinary Time. This Sunday and next Sunday, however, are designated as solemnities, special days that call our attention to the central mysteries of our faith. Today, on the first Sunday after Pentecost, we celebrate the Solemnity of the Most Holy Trinity. This feast invites us to consider what we believe about God, who has revealed himself to us in the Trinity, one God in three Persons. The Gospel for this Solemnity is taken from the Gospel of Matthew. In its conclusion, Matthew's Gospel quickly moves from the disciples' discovery of Jesus' empty tomb and Jesus' appearance to Mary Magdalene and the other Mary to the commission that Jesus gives to his disciples in today's Gospel.

The final commission, as this part of Matthew's Gospel is sometimes called, is given on the mountaintop. Throughout Scripture, many of the most important events happen on a mountaintop, and Matthew used this motif often. Peter, James, and John saw Jesus transfigured on the mountaintop, and Jesus taught the crowds from the mountaintop in the Sermon on the Mount. In today's Gospel, the eleven disciples go the mountaintop in Galilee, as Jesus had instructed them through Mary Magdalene and the other Mary. They see Jesus, and they worship and doubt at the same time. Jesus approaches them and commissions them to baptize and teach. It is a task for which Jesus had previously prepared his disciples; recall that Jesus had already sent the twelve apostles to preach the Kingdom of God and to heal. Yet earlier, the Twelve were sent only to the House of Israel; in this final commission, the eleven are told to go to all nations. The mission of Jesus is now to be taken to all people, and the task is to baptize and to teach.

Jesus commissions his disciples to baptize in the name of the Trinity; this is one of the clearest attestations for Baptism in the name of the Holy Trinity found in Scripture. Other New Testament references to Baptism describe it as being celebrated in the name of Jesus. As we read this Gospel on the Solemnity of the Most Holy Trinity, we are reminded that this central mystery of faith is meant to be lived. As baptized Christians, we share in the life of the blessed Trinity and seek to invite others to share in God's love.

Fr. Rem's Transition

Dear Parishioners, I have been residing at our St. Benedict's Community in Narrabundah for the past six years from 2019 as a Missionary of God's Love priest and have had experienced the love, hospitality, and care of the Parish Community.

I thank you all sincerely for allowing me to serve the Community as an assistant priest, administrator, and Parish Priest. Thanks a lot for your generosity of serving in our community by committing yourself, like in the Parish pastoral Council, Parish Finance Committee, liturgical teams, Choir, hospitality team, various prayer groups, maintenance team and Altar decoration team, and extraordinary ministers taking Communion to the sick, elders in nursing homes and house bound.

I affirm you that everyone who comes to our Church feel comfortable and welcomed in encountering and worshipping the Lord Jesus in the Sacred celebrations of the Eucharist by your warm gestures of love and hospitality.

I am grateful to the Lord Jesus for bringing me here to experience His Love, mercy, and generosity through the St. Benedict's Community. I really appreciate your valuable prayers of intercession through adoration, rosary, and the Eucharistic celebrations for my family as I had a rough year to lose my brother and my father. I do believe that they are in a better place of resting with the Risen Lord Jesus.

I am pleased to inform you that I am taking a sabbatical break from mid-September to December this year. I am gradually handing over my Parish responsibility to my MGL brother, Fr. Chris Eaton to take charge on July 14, Sunday as we celebrate the Feast of St. Benedict's this year. I am getting transferred to Melbourne next year where I am hoping to do some studies related to healing and counselling. I would appreciate your ongoing prayers for our MGL brothers and sisters as we are called to be disciples of Jesus and be faithful in our vocation of divine Love. I will be available here in the Parish Community until September 15 to continue serving the Parish Community. God bless you all.

First reading

Deuteronomy 4: 32-34, 39-40

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors—all this that the Lord your God did for you before your eyes in Egypt? 'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

Psalm 32: 4-6, 9, 18-20, 22 R. Happy the people the Lord has chosen to be his own.

Second reading

Romans 8: 14-17

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

Gospel Acclamation

Apocalypse 1: 8

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit:
to God who is, who was, and who is to come.

Alleluia!

Gospel

Matthew 28: 16-20

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

NEEDS OF LAY CATHOLICS TODAY

What do adult lay Catholics need today to help them live a committed Catholic life amid the circumstances of modern society? To find out and to help improve their services to our Archdiocese, the Canberra Circle of The Catenians, an international association of lay Catholics, is conducting an Archdiocesan-wide online survey. Please help by completing this brief, anonymous, tick-box survey via this URL or QR code. Thank you. <https://www.surveymonkey.com/r/CLTZGMW>



Contact: Phil Murray, President, Canberra Catenians 0419 695 927 or phil13murray@gmail.com

YOU ARE INVITED TO TRY ALPHA

Alpha is a series of sessions exploring Christian faith. Each week looks at different question around life and faith such as:

- Is there more to life than this?
- Who is Jesus?

How can I make the most of the rest of my life

Alpha is fun, relaxed and free - and you can ask anything you like. Millions around the world have found it a wonderful introduction to the Christian faith and a way to empower faith in people's life.

Each session starts with a meal. There is a video presentation and plenty of time to ask questions and share opinions. It is designed to create conversation and there is no obligation and no pressure. Alpha will run every Thursday 7:00pm-8:45pm from 27 June to 12 September 2024 at Collins Wing. For more information please contact the Parish office at Narrabundah@cg.org.au or contact Asterie Twizeyemariya on 0401540814 / tasterie@gmail.com

Men's Sharing Group

The St Benedict's Men's Sharing group meets every **second Tuesday in the Parish Centre**, from 7:30pm. Next meeting is on the **28th May**.

For more details, please phone John Murray on 0480 257 761.

Donating to the parish

To deposit directly into the Parish account, please use the following details:

BSB: 062 786

Account number: 000014992

Please include your Planned Giving (envelope) number in the reference if you have one, otherwise your surname and 'Donation'.

Please pray for the sick and deceased of the parish

Our Deceased: Louis Pini, Thomas Fernando, Barbara Parsons, Lorna & Stanley Evans, Noanie Kelly, Leita Barron, Rathesh Fernando, Ray Pasard, Catherine Cleary, Frank Fulop, Ronnie Van Belkom, Tom French, Agnes Calvert, Clare Connell, Pat Connors, Doris Flaherty, Maud Inch, Monica Knight, Mario Krajina, Leonard Legge-Wilkinson, Kenneth Lentell, Lorna Ludwig, Antonia Martin, Fred Martin, Ronald & Marilyn Molyneux, Marie Morgan, Joan Parker, Alice Smith, Stephanie Stoddard, Monica Thomas, Fr Richard Daly, Fr Bill Keating, Fr Francis Hartigan, Fr Thomas Hilly, Fr Joseph Keating.

Our Sick: Jindalee & Mt View residents, Brian Barron, Jackie Carpenter, Sagar Julie O'Brien, Tony Sealy, Tony Evans, Rose Mason, Clem Dick, Julia Brown, Mitchell White, Germaphi, Pat Atkins, Lorraine Davis, Mathew, Lyn Walker, Anthony, Helen French, Flora Arias, Mark Ransom, Ben Melbourne, Pamela Brown, Anne Rosewarne; Carol Rees, Monica Boyton, Mary Smith, Colin Paley, Janice Paley, Caroline Evans, Gert Fletcher, Anna Pace, Edwina Gundelach, Daniel Collins, Rita Smith, Andrea Bernabeu.

Parish Office Hours

9am—12pm, Tuesday—Friday

Weekend Mass Times

Saturday: 5pm (Vigil)

Sunday: 9am; 6pm (*Charismatic Mass*);

Fourth Sunday of the Month: 6pm (*Youth Mass*)

Weekday Mass Times

Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

Reconciliation

Friday following Healing Mass from 6.15pm-7pm; Saturday: 4pm-4:30pm or by appointment

Prayer of the Church

Saturday: 7.30am 3rd Friday Padre Pio: 5pm

Baptisms: During weekend Masses or by appointment. See parish website for booking information.

Weddings: by appointment

Anointing of the Sick

During the 5.30pm Mass on first Fridays 10.30am at Jindalee 1st Thursday of the month, 10.30am at Mt View 3rd Thursday of the month

Adoration of the Blessed Sacrament

Monday & Tuesday: 6am-10pm

Wednesday & Thursday: 1pm-10pm

Friday 6am to Saturday 8am

Vacant hours that urgently need filling:

Tuesday: 6pm-10pm

Thursday: 7-10pm

Contact: Anne Sutherland (0413203901) or Parish office for more information.

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.