

Invite Grace

If you would like to invite more grace into your life and deepen your relationship with Jesus, then please consider joining our Adoration team. You can be one with over 60 of your fellow parishioners in giving an hour of your time every week to be with our Lord in prayer and contemplation.

We have spaces available throughout the week but we are particularly keen to get more people to the following times:

Tuesdays: 3 – 4 pm

Fridays: 11 am – 12 pm

For more information email canberraadorers@gmail.com or phone Anne Sutherland on 0413 203 901.

Have a great week and God bless.

Message for Adorers

Dear Adorers, Last financial year the cost of heating and cooling the church was \$2,692.57. (I'd say it would be closer to \$3,000 this year). The bulk of this bill is incurred to keep the temperature at a comfortable level for Adorers. Recent Archdiocesan statistics show that church attendance is down 25% since Covid and parish financial contributions are down also. St Benedict's being a smaller, older parish is even more affected and finances are dire. If anyone feels moved/inspired to contribute to this bill then the bank details are as follows.

Account name: St Benedict's Parish

BSB: 062 786

Acc No: 000014992

Maybe for the reference you could write the word 'adoration' to let Fr Rem know how to allocate your donation. Blessings and thanks Anne

PS please pray for God's provision as part of your intercessions.

Happy Anniversary of Ordination!

Fr Rem celebrates his 7th anniversary of ordination this weekend on Saturday 19th August. Please pray for Fr Rem on this special occasion and for all priests, that God would bless them in their service of Christ and his Church.

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

ROSTER FOR THIS WEEKEND

19 & 20 August 2023

	Sat 5 pm	Sun 9am
Welcomers	Louise Gaudry	Robert Henry
Readers	Robert Booth, Marlene Keir	Josephus Bumaat, Loreena D'Silva
Offertory	Volunteers	Jose family
Eucharistic Ministers	Nhung Booth	Janice Kelly
Flowers, Altar Clean	Louise Gaudry & Claudine Smith	
Church Cleaners	Santhosh Jose	
Visitation	Jonavie & Grace (Jindalee)	
Sun 6pm Mass Readers	Jeanne Eri, Jonathon Crowley	

ROSTER FOR NEXT WEEKEND

26 & 27 August 2023

1ST READING Is 22:19-23	2ND READING Rom 11:33-36	GOSPEL Mt 16:13-20
Sat 5 pm		Sun 9am
Welcomers	Marlene Keir	Alma Burg
Readers	Don Jeffery, Moira Najdecki	Shiru Kinyanjui, Christopher Ruzario
Offertory	Volunteers	Linda & Robert Henry
Eucharistic Ministers	Brian Barron	Julie Douglas
Flowers, Altar Clean	Anne Sutherland & Grace De Zilva	
Church Cleaners	Brad Hogno	
Visitation	Carmel Henry (Mt View); Prakash & Santhosh (Jindalee)	
Sun 6pm Mass Readers	Youth	

Free bed to give away

A parishioner has a free single bed to give away to anyone who might need one. It is relatively new with a high-quality mattress and a wooden bedframe. Delivery can be arranged. Contact Paula on 0415 752 009.

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: Thurs 9am-1pm, Fri 9am-4:30pm Fr Rembert Fernando, MGL (Parish Priest)

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55) Fr Baiju Thomas, MGL (Mission Centre Director)

Narrabundah ACT 2604

Fr Chris Eaton, MGL (Mission Centre Co-Director)

Tel: +61 (02) 6295 7879/ Parish Office

Belle Joseph (Secretary, Thurs 9am-1pm, Fri 9am-5:30pm)

Emergency Number: (02) 6239 6772

Adrian Wellspring (Spiritual Direction & Personal Vocation)

Website: cg.org.au/Narrabundah

Email: Narrabundah@cg.org.au

20th Sunday in Ordinary Time 19 & 20 August 2023

God's Word

The three readings today highlight that God's love is for everyone. The foreigner in Israel, the pagans mentioned in Paul's letter to the Romans, and the Canaanite woman in the Gospel were all seen as outsiders by the Jewish people. Yet, the readings stress that all are accepted by God if we choose to follow God's law, repent and turn to receive God's love. As I reflect on today's readings, do I need to widen my acceptance to include those who are seen as outsiders today? As I listen to the readings and reflect on God's love for everyone, how can I strive to accept everyone as Jesus did?

Vocations Awareness Week

August 24 – 31 has been nominated as Archdiocesan Vocations Awareness Week. Join us as we begin the week with a special prayer vigil on Thursday, 24 August at St Christopher's Cathedral from 6 -7 pm. More Vocations information can be found at www.facebook.com/cgvocations

Lectio Divina: Thursdays 7pm in Collins Wing

Every Thursday at 7pm the parish holds Lectio Divina (Bible reading and reflection) in the Collins Wing, with a shared meal (finger food) provided. All parishioners welcome.

Fundraiser for St Benedict's: "Songs of a Golden Era", Saturday 2nd September 2023

All are invited to come and enjoy live singing, with classic hits from the 60s to the 90s, from our St Benedict's music ministry. Food, fun and prizes to be won!

When: Saturday 2nd September 2023, 6pm-9pm

Where: St Benedict's School Hall (opposite church)

Cost: \$25 a ticket (family passes available)

Tickets can be purchased online at <https://www.trybooking.com/CKLRJ>

All proceeds to be given to St Benedict's Church. Donations welcome. If you would like to help out, please contact Fr Rem at rembertfernandomgl@gmail.com.

Sacrament of Confirmation 2023

The Sacrament of Confirmation will be celebrated by Archbishop Christopher Prowse on **Thursday 21st September 2023** at 5:30pm at St Benedict's. If you would like to enrol your child, please download the Qkr! app, select St Benedict's Parish (with the icon of St Benedict), and complete the Confirmation enrolment form. An administration fee of \$60 covers the cost of administration, materials, and facilities.

A Confirmation Retreat Day will be held for children on **Thursday 31st August**, 9am-3:10pm at St Benedict's Primary School, Narrabundah, followed by a Parents Information Session conducted by Fr Rem (3:30-4:30pm).

Sunday 20 August 2023

First reading Isaiah 56:1,6-7

Thus says the Lord: Have a care for justice, act with integrity, for soon my salvation will come and my integrity be manifest.

Foreigners who have attached themselves to the Lord to serve him and to love his name and be his servants – all who observe the sabbath, not profaning it, and cling to my covenant – these I will bring to my holy mountain. I will make them joyful in my house of prayer. Their holocausts and their sacrifices will be accepted on my altar, for my house will be called a house of prayer for all the peoples.

Resp. Psalm 66:2-3,5-6,8 *O God, let all the nations praise you!*

O God, be gracious and bless us	Let the peoples praise you, O God;
and let your face shed its light upon us.	let all the peoples praise you.
So will your ways be known upon earth	May God still give us his blessing
and all nations learn your saving help.	till the ends of the earth revere him.

Let the nations be glad and exult
for you rule the world with justice.
With fairness you rule the peoples,
you guide the nations on earth.

Second reading Romans 11:13-15,29-32

Let me tell you pagans this: I have been sent to the pagans as their apostle, and I am proud of being sent, but the purpose of it is to make my own people envious of you, and in this way save some of them. Since their rejection meant the reconciliation of the world, do you know what their admission will mean? Nothing less than a resurrection from the dead! God never takes back his gifts or revokes his choice.

Just as you changed from being disobedient to God, and now enjoy mercy because of their disobedience, so those who are disobedient now – and only because of the mercy shown to you – will also enjoy mercy eventually. God has imprisoned all men in their own disobedience only to show mercy to all mankind.

Gospel Acclamation Matthew 4:23

Alleluia, alleluia!
Jesus preached the Good News of the kingdom
and healed all who were sick.
Alleluia!

Gospel Matthew 15:21-28

Jesus left Gennesaret and withdrew to the region of Tyre and Sidon. Then out came a Canaanite woman from that district and started shouting, 'Sir, Son of David, take pity on me. My daughter is tormented by a devil.' But he answered her not a word. And his disciples went and pleaded with him. 'Give her what she wants,' they said 'because she is shouting after us.' He said in reply, 'I was sent only to the lost sheep of the House of Israel.' But the woman had come up and was kneeling at his feet. 'Lord,' she said 'help me.' He replied, 'It is not fair to take the children's food and throw it to the house-dogs.' She retorted, 'Ah yes, sir; but even house-dogs can eat the scraps that fall from their master's table.' Then Jesus answered her, 'Woman, you have great faith. Let your wish be granted.' And from that moment her daughter was well again.

Parish Secretary on leave

The Parish Secretary will be on leave from Thursday 17 August to Wednesday 6 September inclusive. During this time there will be no regular office opening hours, but the phone and emails will be monitored by Fr Rem. The Secretary returns on Thursday 7 September.

Galong retreat Living in God's Divine Will:

lead by Frs Hugh Thomas & Emil Milat, 25-27 August. A retreat to explore the deeper mystical journey of the Soul's interior life. Book directly with St Clements retreat center info@stclement.com.au, 63805222 or for more info. please contact Fr Emil emil.milat@cg.org.au

PARISH GROUPS

Empower Night is held 6:40pm till 9pm Tuesday nights. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. The night is a chance for those attending training to use their skills and gifts. Everyone is very welcome to come worship and soak in the presence of the Holy Spirit.

Legion of Mary meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

Mothers Prayers: Come and pray for your children. Each Monday in the Parish Centre in school term from 9:30am followed by morning tea. Contact Rachael Nano 0412 472 243.

A Men's Sharing Group is held every second Wednesday evening at St Benedict's. Contact John Murray, 0480 257 761 for more information.

Donating to the parish

To deposit directly into the Parish account, please use the following details:
BSB: 062 786
Account number: 000014992
Please include your Planned Giving (envelope) number in the reference if you have one, otherwise your surname and 'Donation'. Other ways of giving are via the Qkr! app, direct debit and credit card donations; please contact the Parish Office to organise.

*Please pray for the sick
and deceased of the parish*

Recently deceased: Vincent Ciardullo, James Brophy, Heather Harradine.

Anniversaries: Jacqueline Fitzpatrick, Nancy Garlick, Huia Hudson, Mary Jerga, Patricia Kendel, Kataryna Kociolek, Fausto Lutero, Helen Schwalm, Fr Daniel Leahy, Fr Owen Clarke, Fr Michael O'Sullivan.

Our Sick: Jindalee & Mt View residents, Clem Dick, Julia Brown, Mitchell White, Germaphi, Pat Atkins, Lorraine Davis, Mathew, Lyn Walker, Louis Pini, Anthony, Helen French, Flora Arias, Mark Ransom, Ben Melbourne, Pamela Brown, Anne Rosewarne; Carol Rees, Monica Boyton, Mary Smith, Colin Paley, Janice Paley, Caroline Evans, Gert Fletcher, Anna Pace, Barbara Parsons, Edwina Gundelach, Daniel Collins, Jeanette Cullen, Rita Smith.

Parish Office Hours

Thursday, 9am-1pm; Friday, 9am - 4:30pm

Weekend Mass Times

Saturday: 5pm (Vigil)
Sunday: 9am; 6pm (*Charismatic Mass*);
Fourth Sunday of the Month: 6pm (*Youth Mass*)

Weekday Mass Times

Tuesday: 5.30pm; Wednesday: 12.30pm;
Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

Reconciliation

Friday following Healing Mass from 6.15pm-7pm;
Saturday: 4pm-4:30pm or by appointment

Prayer of the Church

Saturday: 7.30am 3rd Friday Padre Pio: 5pm

Baptisms: During weekend Masses or by appointment. See parish website for booking information.

Weddings: by appointment

Anointing of the Sick

During the 5.30pm Mass on first Fridays
10.30am at Jindalee 1st Thursday of the month,
10.30am at Mt View 3rd Thursday of the month

Adoration of the Blessed Sacrament

Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm
Friday 6am to Saturday 8am

Vacant hours that urgently need filling:

Monday 12noon-1pm, 5pm-6pm;
Tuesday 3pm-4pm; Friday 11am-12noon

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.