

Invite Grace

If you would like to invite more grace into your life and deepen your relationship with Jesus, then please consider joining our Adoration team. You can be one with over 60 of your fellow parishioners in giving an hour of your time every week to be with our Lord in prayer and contemplation.

We have spaces available throughout the week but we are particularly keen to get more people to the following times:

Tuesdays: 3 – 4 pm

Fridays: 11 am – 12 pm

For more information email canberraadorers@gmail.com or phone Anne Sutherland on 0413 203 901.

Have a great week and God bless.

Message for Adorers

Dear Adorers, Last financial year the cost of heating and cooling the church was \$2,692.57. (I'd say it would be closer to \$3,000 this year). The bulk of this bill is incurred to keep the temperature at a comfortable level for Adorers. Recent Archdiocesan statistics show that church attendance is down 25% since Covid and parish financial contributions are down also. St Benedict's being a smaller, older parish is even more affected and finances are dire. If anyone feels moved/inspired to contribute to this bill then the bank details are as follows.

Account name: St Benedict's Parish

BSB: 062 786

Acc No: 000014992

Maybe for the reference you could write the word 'adoration' to let Fr Rem know how to allocate your donation. Blessings and thanks Anne

PS please pray for God's provision as part of your intercessions.

Next Vocations discernment dinner on

Thursday 10 August at Queanbeyan presbytery: 5:30pm Mass, 6pm Confessions & Adoration, 6:45 dinner, 7:45 Vocations discussion & 8:30 conclude with Night Prayer. For young men considering a call to the priesthood. To rsvp contact Fr Josh josh.scott@cg.org.au or Fr Emil 0414523036.

World Youth Day 2023—Lisbon

This week, World Youth Day has brought together hundreds of thousands of young Catholics in Lisbon. You can follow events, including the Final Mass on Sunday 6th August, 6pm AEST, on the World Youth Day YouTube channel: <https://www.youtube.com/@Lisboa2023/featured>.

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

ROSTER FOR THIS WEEKEND

5 & 6 August 2023

| | Sat 5 pm | Sun 9am |
|-------------------------|--------------------------------|---------------------------------------|
| Welcomers | Marlene Keir | Alma Burg |
| Readers | Don Jeffery, Moira Najdecki | Grace De Zilva, Asterie Niyonsenga |
| Offertory | Volunteers | Social group |
| Eucharistic Ministers | Sue Neimanis | Josephus Bumaat |
| Flowers, Altar Clean | Anne Hobday | |
| Church Cleaners | Brad Hognno | |
| Visitation | Julie Douglas (Mt View) | |
| Sun 6pm Mass Readers | Diane & John Fulop | |

ROSTER FOR NEXT WEEKEND

12 & 13 August 2023

| 1ST READING 1 Kgs 3:5,7-12 | 2ND READING Rom 8:28-30 | GOSPEL Mt 13:44-52 |
|-------------------------------|--------------------------------|-----------------------------|
| Sat 5 pm | | Sun 9am |
| Welcomers | Carmel & Peter Pistor | Robert Henry |
| Readers | BA Daly, Louise Gaudry | Linda Henry, Joshua D'Silva |
| Offertory | Volunteers | Young family |
| Eucharistic Ministers | Brian Barron | Barry Murphy |
| Flowers, Altar Clean | Margie Avellino & Sue Neimanis | |
| Church Cleaners | John Murray, Nhung Booth | |
| Visitation | MGL Garran | |
| Sun 6pm Mass Readers | MGL Sisters | |

Parish Finances

Since the departure of the Parish Finance Secretary, the parish finances are now managed by the Archdiocese with help from the Parish Secretary. If you have questions about your Planned Giving, please email the Parish Office at Narrabundah@cg.org.au.

Feast Day of St Mary MacKillop

On Tuesday 8th August, we celebrate the feast day of St Mary of the Cross MacKillop. Please take one of the holy cards in the foyer. All welcome to come to 5:30pm Mass at St Benedict's on this day and commemorate Australia's first saint!

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: Thurs 9am-1pm, Fri 9am-4:30pm
 Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55) Narrabundah ACT 2604
 Tel: +61 (02) 6295 7879/ Parish Office
 Emergency Number: (02) 6239 6772
 Website: cg.org.au/Narrabundah
 Email: Narrabundah@cg.org.au

Fr Rembert Fernando, MGL (Parish Priest)
 Fr Baiju Thomas, MGL (Mission Centre Director)
 Fr Chris Eaton, MGL (Mission Centre Co-Director)
 Belle Joseph (Secretary, Thurs 9am-1pm, Fri 9am-5:30pm)
 Adrian Wellspring (Spiritual Direction & Personal Vocation)

The Transfiguration of the Lord 5 & 6 August 2023

God's Word

Peter, James and John were stunned by their experience on the mountain. Their wonder at seeing Jesus radiant in the presence of Moses and Elijah became even more overwhelming when a bright cloud cast them into shadow and the voice boomed from the cloud. It took the touch of Jesus to relieve them of fear and bring them down the mountain. The imagery in the book of Daniel indicates that much happens on levels that we cannot understand in the moment. In Peter's second letter, reflecting on the experience he shared with James and John, he writes that he now understands what had happened in the Transfiguration; he is no longer fearful but can confirm boldly what the voice said on the mountain. May the touch of Jesus guide us through the moments in our lives that seem incomprehensible, that in time we may recognise more fully their significance.

Sacrament of Confirmation 2023

The Sacrament of Confirmation will be celebrated by Archbishop Christopher Prowse on **Thursday 21st September 2023** at 5:30pm at St Benedict's. If you would like to enrol your child, please download the Qkr! app, select St Benedict's Parish (with the icon of St Benedict), and complete the Confirmation enrolment form. An administration fee of \$60 covers the cost of administration, materials, and facilities.

A Confirmation Retreat Day will be held for children on **Thursday 31st August**, 9am-3:10pm at St Benedict's Primary School, Narrabundah, followed by a Parents Information Session conducted by Fr Rem (3:30-4:30pm).

St Benedict's Social Group invites all parishioners to join them for:

- morning tea in the Parish Centre on Sunday (6th August) after the 9.00 am Mass, and
- coffee catchup at Gryphon's in Griffith on Thursday (10th August) at 10.30 am.



Lectio Divina: Thursdays 7pm in Collins Wing

Every Thursday at 7pm the parish holds Lectio Divina (Bible reading and reflection) in the Collins Wing, with a shared meal (finger food) provided. All parishioners welcome.

Fundraiser for St Benedict's: "Songs of a Golden Era", Saturday 2nd September 2023

All are invited to come and enjoy live singing, with classic hits from the 60s to the 90s, from our St Benedict's music ministry. Food, fun and prizes to be won!

When: Saturday 2nd September 2023, 6pm-9pm

Where: St Benedict's School Hall (opposite church)

Cost: \$25 a ticket (family passes available)

Tickets can be purchased online at <https://www.trybooking.com/CKLRJ>

All proceeds to be given to St Benedict's Church. Donations welcome. If you would like to help out, please contact Fr Rem at rembertfernandomgl@gmail.com.

First reading Daniel 7:9-10,13-14

As I watched:
Thrones were set in place
and one of great age took his seat.
His robe was white as snow,
the hair of his head as pure as wool.
His throne was a blaze of flames,
its wheels were a burning fire.
A stream of fire poured out,
issuing from his presence.
A thousand thousand waited on him,
ten thousand times ten thousand stood before him.
A court was held
and the books were opened.
I gazed into the visions of the night.
And I saw, coming on the clouds of heaven,
one like a son of man.
He came to the one of great age
and was led into his presence.
On him was conferred sovereignty,
glory and kingship,
and men of all peoples, nations and languages became his servants.
His sovereignty is an eternal sovereignty
which shall never pass away,
nor will his empire ever be destroyed.

Resp. Psalm 96:1-2,5-6,9 *The Lord is king, the Most High over all the earth.*

The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right.

For you indeed are the Lord
most high above all the earth,
exalted far above all spirits.

The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see his glory.

Second reading 2 Peter 1:16-19

It was not any cleverly invented myths that we were repeating when we brought you the knowledge of the power and the coming of our Lord Jesus Christ; we had seen his majesty for ourselves. He was honoured and glorified by God the Father, when the Sublime Glory itself spoke to him and said, 'This is my Son, the Beloved; he enjoys my favour.' We heard this ourselves, spoken from heaven, when we were with him on the holy mountain.

So we have confirmation of what was said in prophecies; and you will be right to depend on prophecy and take it as a lamp for lighting a way through the dark until the dawn comes and the morning star rises in your minds.

Gospel Acclamation Matthew 17:5

Alleluia, alleluia!
This is my Son, my beloved, in whom is all my delight:
listen to him.
Alleluia!

Gospel Matthew 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes

became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

Baptisms

Congratulations to **Valle Lee Irby, London Brooke Lambie, George Oliver Haydon, and Arabella Anne Greentree** who will be baptised this weekend. May God bless them always.

PARISH GROUPS

Empower Night is held 6:40pm till 9pm Tuesday nights. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. The night is a chance for those attending training to use their skills and gifts. Everyone is very welcome to come worship and soak in the presence of the Holy Spirit.

Legion of Mary meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

Mothers Prayers: Come and pray for your children. Each Monday in the Parish Centre in school term from 9:30am followed by morning tea. Contact Rachael Nano 0412 472 243.

A Men's Sharing Group is held Wednesday evenings at St Benedict's. Contact John Murray, 0480 257 761 for more information.

Donating to the parish

To deposit directly into the Parish account, please use the following details:
BSB: 062 786
Account number: 000014992
Please include your Planned Giving (envelope) number in the reference if you have one, otherwise your surname and 'Donation'. Other ways of giving are via the Qkr! app, direct debit and credit card donations; please contact the Parish Office to organise.

*Please pray for the sick
and deceased of the parish*

Recently deceased: Vincent Ciarullo, James Brophy, Heather Harradine.

Anniversaries: Maria Bahamondes, Clarence Becker, William Brennan, Immacolata Buonopane, Aloysius Camilleri, Fr Greg Collins, Frances McGinness, Melchiorre Montagner, Ethel Mulach, Mary Murray, Doris Rogers, Fr John Collins, Fr Bede McPhillips, Fr Brian Lohan, Fr Patrick Cusack.

Our Sick: Jindalee & Mt View residents, Clem Dick, Julia Brown, Mitchell White, Germaphi, Pat Atkins, Lorraine Davis, Mathew, Lyn Walker, Louis Pini, Anthony, Helen French, Flora Arias, Mark Ransom, Ben Melbourne, Pamela Brown, Anne Rosewarne; Carol Rees, Monica Boyton, Mary Smith, Colin Paley, Janice Paley, Caroline Evans, Gert Fletcher, Anna Pace, Barbara Parsons, Edwina Gundelach, Daniel Collins, Jeanette Cullen, Rita Smith.

Parish Office Hours

Thursday, 9am-1pm; Friday, 9am - 4:30pm

Weekend Mass Times

Saturday: 5pm (Vigil)
Sunday: 9am; 6pm (*Charismatic Mass*);
Fourth Sunday of the Month: 6pm (*Youth Mass*)

Weekday Mass Times

Tuesday: 5.30pm; Wednesday: 12.30pm;
Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

Reconciliation

Friday following Healing Mass from 6.15pm-7pm;
Saturday: 4pm-4:30pm or by appointment

Prayer of the Church

Saturday: 7.30am 3rd Friday Padre Pio: 5pm

Baptisms: During weekend Masses or by appointment. See parish website for booking information.

Weddings: by appointment

Anointing of the Sick

During the 5.30pm Mass on first Fridays
10.30am at Jindalee 1st Thursday of the month,
10.30am at Mt View 3rd Thursday of the month

Adoration of the Blessed Sacrament

Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm
Friday 6am to Saturday 8am

Vacant hours that urgently need filling:

Tuesday 3pm-4pm; Friday 11am-12noon

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.