

Invite Grace

If you would like to invite more grace into your life and deepen your relationship with Jesus, then please consider joining our Adoration team. You can be one with over 60 of your fellow parishioners in giving an hour of your time every week to be with our Lord in prayer and contemplation.

We are particularly keen to get more people to the following times:

Mondays: 12 noon – 1.00 pm
5 pm – 6 pm

Tuesdays: 3 – 4 pm

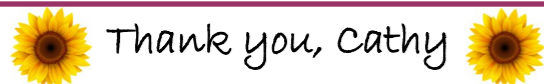
Fridays: 11 am – 12 noon

For more information email canberraadorers@gmail.com or phone Anne Sutherland on 0413 203 901

Have a great week and God bless.

Lectio Divina: Thursdays 7pm in Collins Wing

Every Thursday at 7pm the parish holds Lectio Divina (Bible reading and reflection) in the Collins Wing, with a shared meal provided. This is an offshoot of the Alpha program recently held. All parishioners welcome.



The Finance Secretary, Cathy Schneider, will be finishing up in her job at the end of July. We thank her for all her great work and dedication to the parish and wish her all the very best for the future!

World Youth Day 2023

Next week, Fr Chris Eaton and Fr Baiju Thomas will be leaving for World Youth Day 2023 in Lisbon. Fr Chris is accompanying pilgrims with the Disciples of Jesus community, and Fr Baiju is going with the Syro-Malabar community. We wish them all the best on their pilgrimage and pray for a safe and blessed journey for all!



ROSTER FOR THIS WEEKEND 22 & 23 July 2023		
	Sat 5 pm	Sun 9am
Welcomers	Carmel & Peter Pistor	Robert Henry
Readers	Robert Booth, Helen Bennett	Maria Mendoza, Christopher Ruzario
Offertory	Volunteers	Linda & Robert Henry
Eucharistic Ministers	Sue Neimanis	Janice Kelly
Flowers, Altar Clean	Sue Neimanis	
Church Cleaners	Retreat team	
Visitation	Carmel Henry (Mt View); Prakash & Shruti (Jindalee)	
Sun 6pm Mass Readers	Youth	

ROSTER FOR NEXT WEEKEND 29 & 30 July 2023		
1ST READING 1 Kgs 3:5,7-12	2ND READING Rom 8:28-30	GOSPEL Mt 13:44-52
	Sat 5 pm	Sun 9am
Welcomers	Louise Gaudry	Alma Burg
Readers	BA Daly, Louise Gaudry	Julie Douglas, Loreena D'Silva
Offertory	BA Daly, Helen Bennett	Jose family
Eucharistic Ministers	Brian Barron	Julie Douglas
Flowers, Altar Clean	Anne Sutherland & Grace De Zilva	
Church Cleaners	Santhosh Jose	
Visitation	MGL Narrabundah (Mt View); Nimmy, Maria Michas (Jindalee)	
Sun 6pm Mass Readers	Chris Ruzario, Jess Wyatt	

Life in God's Spirit Seminar

The Good Shepherd prayer group invites you to our New Life in God's Spirit seminar. It's a 7 week seminar held every Wednesday evening 7pm-9pm from Weds 19 July to Weds 30 August at St Peter Chanel's, Weston St, Yarralumla. Teachings, worship, prayer and fellowship. Everyone is welcome to encounter Jesus in a deeper way! For more info and to register, call Susanna 0419 902 293 or Neda 0415 266 019.

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: Thurs 9am-1pm, Fri 9am-4:30pm

Fr Rembert Fernando, MGL (Parish Priest)

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)

Fr Baiju Thomas, MGL (Mission Centre Director)

Narrabundah ACT 2604

Fr Chris Eaton, MGL (Mission Centre Co-Director)

Tel: +61 (02) 6295 7879/ Parish Office

Belle Joseph (Secretary, Thurs 9am-1pm, Fri 9am-5:30pm)

Emergency Number: (02) 6239 6772

Cathy Schneider (Finance Officer Wednesday 8am—12pm)

Website: cg.org.au/Narrabundah

Adrian Wellspring (Spiritual Direction & Personal Vocation)

Email: Narrabundah@cg.org.au

16th Sunday in Ordinary Time 22 & 23 July 2023

Extracts from Message of His Holiness Pope Francis for the Third World Day for Grandparents and the Elderly, 23 July 2023

Dear brothers and sisters! "His mercy is from age to age" (Lk 1:50). This is the theme of the Third World Day for Grandparents and the Elderly, and it takes us back to the joyful meeting between the young Mary and her elderly relative Elizabeth (cf. Lk 1:39-56). Filled with the Holy Spirit, Elizabeth addressed the Mother of God with words that, millennia later, continue to echo in our daily prayer: "Blessed are you among women and blessed is the fruit of your womb" (v. 42). The Holy Spirit, who had earlier descended upon Mary, prompted her to respond with the *Magnificat*, in which she proclaimed that the Lord's mercy is from generation to generation. That same Spirit blesses and accompanies every fruitful encounter between different generations: between grandparents and grandchildren, between young and old. God wants young people to bring joy to the hearts of the elderly, as Mary did to Elizabeth, and gain wisdom from their experiences. Yet, above all, the Lord wants us not to abandon the elderly or to push them to the margins of life, as tragically happens all too often in our time.

This year, the World Day for Grandparents and the Elderly takes place close to World Youth Day. Both celebrations remind us of the "haste" (cf. v. 39) with which Mary set out to visit Elizabeth. In this way, they invite us to reflect on the bond that unites young and old. The Lord trusts that young people, through their

relationships with the elderly, will realize that they are called to cultivate memory and recognize the beauty of being part of a much larger history. Friendship with an older person can help the young to see life not only in terms of the present and realize that not everything depends on them and their abilities. For the elderly, the presence of a young person in their lives can give them hope that their experience will not be lost and that their dreams can find fulfilment. Mary's visit to Elizabeth and their shared awareness that the Lord's mercy is from generation to generation remind us that, alone, we cannot move forward, much less save ourselves, and that God's presence and activity are always part of something greater, the history of a people. Mary herself said this in the *Magnificat*, as she rejoiced in God, who, in fidelity to the promise he had made to Abraham, had worked new and unexpected wonders (cf. vv. 51-55).

Sacrament of Confirmation 2023

The Sacrament of Confirmation will be celebrated by Archbishop Christopher Prowse on Thursday 21st September 2023 at 5:30pm at St Benedict's. A Confirmation Information evening will be held beforehand; date TBC. If you would like to enrol your child, please download the Qkr! app, select St Benedict's Parish (with the icon of St Benedict), and complete the Confirmation enrolment form. An administration fee of \$60 covers the cost of administration, materials, and facilities. The fee should not be an obstacle to receiving the Sacrament, so if you have any concerns about making this payment, please contact the Parish Office or speak to Fr Rem.

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

Sunday 23 July 2023

First reading Wisdom 12:13,16-19

There is no god, other than you, who cares for every thing, to whom you might have to prove that you never judged unjustly. Your justice has its source in strength, your sovereignty over all makes you lenient to all. You show your strength when your sovereign power is questioned and you expose the insolence of those who know it; but, disposing of such strength, you are mild in judgement, you govern us with great lenience, for you have only to will, and your power is there. By acting thus you have taught a lesson to your people how the virtuous man must be kindly to his fellow men, and you have given your sons the good hope that after sin you will grant repentance.

Resp. Psalm 85:5-6,9-10,15-16

O Lord, you are good and forgiving, full of love to all who call, Give heed, O Lord, to my prayer and attend to the sound of my voice.

But you, God of mercy and compassion, slow to anger, O Lord, abounding in love and truth, turn and take pity on me.

Second reading Romans 8:26-27

The Spirit comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

Gospel Acclamation of Matthew 11:25

Lord, you are good and forgiving.

All the nations shall come to adore you and glorify your name, O Lord: for you are great and do marvellous deeds, you who alone are God.

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom
Alleluia!

Gospel Matthew 13:24-43

Jesus put another parable before the crowds: 'The kingdom of heaven may be compared to a man who sowed good seed in his field. While everybody was asleep his enemy came, sowed darnel all among the wheat, and made off. When the new wheat sprouted and ripened, the darnel appeared as well. The owner's servants went to him and said, "Sir, was it not good seed that you sowed in your field? If so, where does the darnel come from?" "Some enemy has done this" he answered. And the servants said, "Do you want us to go and weed it out?" But he said, "No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: First collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn."

He put another parable before them: 'The kingdom of heaven is like a mustard seed which a man took and sowed in his field. It is the smallest of all the seeds, but when it has grown it is the biggest shrub of all and becomes a tree so that the birds of the air come and shelter in its branches.'

He told them another parable: 'The kingdom of heaven is like the yeast a woman took and mixed in with three measures of flour till it was leavened all through.'

In all this Jesus spoke to the crowds in parables; indeed, he would never speak to them except in parables. This was to fulfil the prophecy:

I will speak to you in parables and expound things hidden since the foundation of the world.

Then, leaving the crowds, he went to the house; and his disciples came to him and said, 'Explain the parable about the darnel in the field to us.' He said in reply, 'The sower of the good seed is the Son of Man. The field is the world; the good seed is the subjects of the kingdom; the darnel, the subjects of the evil one; the enemy who sowed them, the devil; the harvest is the end of the world; the reapers are the angels. Well then, just as the darnel is gathered up and burnt in the fire, so it will be at the end of time. The Son of Man will send his angels and they will gather out of his kingdom all things that provoke offences and all who do evil, and throw them into the blazing furnace, where there will be weeping and grinding of teeth. Then the virtuous will shine like the sun in the kingdom of their Father. Listen, anyone who has ears!'

PARISH GROUPS

Empower Night is held 6:40pm till 9pm Tuesday nights. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. The night is a chance for those attending training to use their skills and gifts. Everyone is very welcome to come worship and soak in the presence of the Holy Spirit.

Legion of Mary meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

Mothers Prayers: Come and pray for your children. Each Monday in the Parish Centre in school term from 9:30am followed by morning tea. Contact Rachael Nano 0412 472 243.

Donating to the parish

To deposit directly into the Parish account, please use the following details:
BSB: 062 786
Account number: 000014992
Please include your Planned Giving (envelope) number in the reference if you have one, otherwise your surname and 'Donation'. Other ways of giving are via the Qkr! app, direct debit and credit card donations; please contact the Parish Office to organise.

Please pray for the sick and deceased of the parish

Recently deceased: Vincent Ciarullo, James Brophy, Heather Harradine.

Anniversaries: Anthony Avellino, Lloyd Byrnes, Flora Cobb, Margaret Devine, Dorothy Guest, James Kirkman, Raymond Lilley, Joseph Lord, Grace McLean, Louise Nield, Robert Pirret, Eris Pollard, Wanda Price, Joan Roy, Fr Daniel Griffin, Fr John McGee, Fr Stephen Wellington.

Our Sick: Jindalee & Mt View residents, Clem Dick, Julia Brown, Mitchell White, Germaphi, Pat Atkins, Lorraine Davis, Mathew, Lyn Walker, Louis Pini, Anthony, Helen French, Flora Arias, Mark Ransom, Ben Melbourne, Pamela Brown, Anne Rosewarne; Carol Rees, Monica Boyton, Mary Smith, Colin Paley, Janice Paley, Caroline Evans, Gert Fletcher, Anna Pace, Barbara Parsons, Edwina Gundelach, Daniel Collins, Jeanette Cullen.

Parish Office Hours

Thursday, 9am-1pm; Friday, 9am - 4:30pm

Weekend Mass Times

Saturday: 5pm (Vigil)

Sunday: 9am; 6pm (*Charismatic Mass*);

Fourth Sunday of the Month: 6pm (*Youth Mass*)

Weekday Mass Times

Tuesday: 5.30pm; Wednesday: 12.30pm;

Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

Reconciliation

Friday following Healing Mass from 6.15pm-7pm;

Saturday: 4pm-4:30pm or by appointment

Prayer of the Church

Saturday: 7.30am 3rd Friday Padre Pio: 5pm

Baptisms: During weekend Masses or by appointment. See parish website for booking information.

Weddings: by appointment

Anointing of the Sick

During the 5.30pm Mass on first Fridays

10.30am at Jindalee 1st Thursday of the month,

10.30am at Mt View 3rd Thursday of the month

Adoration of the Blessed Sacrament

Monday & Tuesday: 6am-10pm

Wednesday & Thursday: 1pm-10pm

Friday 6am to Saturday 8am

Vacant hours that urgently need filling:

Monday 12noon-1pm, 5pm-6pm;

Tuesday 3pm-4pm; Friday 11am-12noon

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.